

Supplemental Table 1. Increase (Δ) in plasma values of insulin, GIP and GLP 30 minutes after a standardized carbohydrate-rich breakfast meal at the start and end of the study.

	Control			Rose hip			p
	Δ start	Δ end	%	Δ start	Δ end	%	
Insulin(mIU/L)	65.9 \pm 8.6	64.8 \pm 6.0	-1.7	65.6 \pm 6.3	66.1 \pm 6.3	+0.8	NS
GIP (pg/mL)	160 \pm 14	179 \pm 13	+12.4	171 \pm 12	185 \pm 19	+8.4	NS
GLP (pg/mL)	63 \pm 12	72 \pm 16	+15.5	62 \pm 9	55 \pm 13	-10.9	NS

¹Mean \pm SEM, n=25.