MULTIMEDIA APPENDIX 5

Model of the effect of interactivity on self-determination.

| Endogenous variable | Standa | rdized | Explained | |
|-------------------------------------|-------------|---------|-----------------|-----|
| _ | Disturbance | | $Variance(R^2)$ | |
| Self-determination T2 | .48 | | .52 | |
| НО Т2 | .51 | | .49 | |
| Measurement model | Loading | | Reliability | |
| L Self-determination T1 to Item1 T1 | .75 | | .56 | |
| L Self-determination T1 to Item2 T1 | .89 | | .79 | |
| L Self-determination T1 to Item3 T1 | .80 | | .64 | |
| L Self-determination T2 to Item1 T2 | .76 | | .57 | |
| L Self-determination T2 to Item2 T2 | .91 | | .82 | |
| L Self-determination T2 to Item3 T2 | .75 | | .56 | |
| Structural model | | | | |
| Effects | B | P value | B 95% CI | b |
| Self-det. T1 to Self-det. T2 | .61 | < .001 | .47 to .78 | .70 |
| Age to Self-determination T2 | 01 | .14 | 005 to .03 | 09 |
| YD to Self-determination T2 | 003 | .86 | 03 to .03 | 01 |
| HO T1 to HO T2 | .68 | < .001 | .56 to .80 | .69 |
| Self-determination T2 to HO T2 | 06 | .40 | 23 to .10 | 05 |
| Mean differences | | | | |
| G1 vs. G2 | 33 | .10 | 73 to .04 | - |
| G1 vs. G3 | 18 | .36 | 63 to .23 | - |
| G2 vs. G3 | .14 | .48 | 28 to .57 | - |

Notes:

T1 = pre-test, T2 = post-test, YD = years since first diagnosis, HO = health outcomes, G1/G2/G3 = experimental groups, B = unstandardized coefficient, b = standardized coefficient, CI = confidence interval.

Bollen-Stine p-value = .09; CFI = .978; RMSEA = .053; p-value for close fit = .415; Standardized RMR = .046. No theoretically meaningful modification indices > 4 and no values > 1.96 in the standardized residuals covariance matrix.