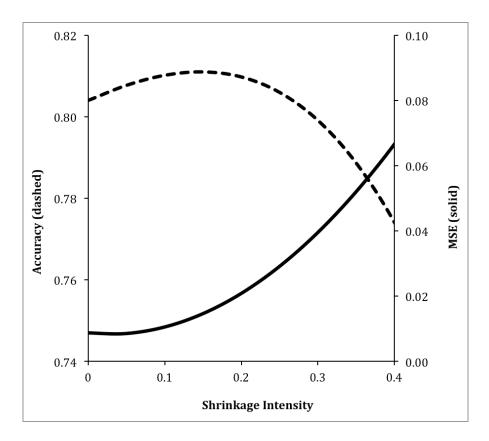


Figure S1 Histograms of the off-diagonal realized relationship coefficients.



**Figure S2** Maximizing accuracy vs. minimizing MSE for the 2+6-row barley population (see Figure 3 caption).

## File S1

Starting from the parent-offspring regression (Equation 31):

$$h^{2} = \frac{\operatorname{cov}_{i} \left[ a_{i}, y_{i} \right]}{\operatorname{var}_{i} \left[ y_{i} \right]} = \frac{\mathbf{a}' (\mathbf{y} - \mu \mathbf{1})}{\left\| \mathbf{y} - \mu \mathbf{1} \right\|^{2}}$$

we derive an expression for heritability in terms of the variance components of the mixed model  $\mathbf{y} = \mu \mathbf{1} + \mathbf{a} + \boldsymbol{\varepsilon}$ , where  $\mathbf{a} \sim N(0, \mathbf{G})$ ,  $\mathbf{G} = \mathbf{A}\sigma^2$ , and  $\boldsymbol{\varepsilon} \sim N(0, \mathbf{I}\sigma_c^2)$ . The numerator (*N*) and denominator (*D*) in Equation 31 are univariate random variables that can be written as quadratic forms:

$$N \equiv \mathbf{a}' (\mathbf{y} - \mu \mathbf{1}) = \mathbf{z}' \mathbf{Q}_N \mathbf{z}$$

$$D \equiv (\mathbf{y} - \mu \mathbf{1})' (\mathbf{y} - \mu \mathbf{1}) = \mathbf{z}' \mathbf{Q}_D \mathbf{z}$$
(S1)

where the stacked vector  $\mathbf{z}$  and matrices  $\mathbf{Q}_N$ ,  $\mathbf{Q}_D$  are

$$\mathbf{z} = \begin{bmatrix} \mathbf{a} \\ \mathbf{y} - \mu \mathbf{1} \end{bmatrix} \sim N \left( \begin{bmatrix} \mathbf{0} \\ \mathbf{0} \end{bmatrix}, \begin{bmatrix} \mathbf{G} & \mathbf{G} \\ \mathbf{G} & \mathbf{G} + \sigma_e^2 \mathbf{I} \end{bmatrix} \right)$$

$$\mathbf{Q}_N = \frac{1}{2} \begin{bmatrix} \mathbf{0} & \mathbf{I} \\ \mathbf{I} & \mathbf{0} \end{bmatrix}$$

$$\mathbf{Q}_D = \begin{bmatrix} \mathbf{0} & \mathbf{0} \\ \mathbf{0} & \mathbf{I} \end{bmatrix}$$
(S2)

Since  $E[\mathbf{z}'\mathbf{Q}\mathbf{z}] = tr(\mathbf{Q}\mathbf{V})$  for  $\mathbf{z} \sim N(\mathbf{0}, \mathbf{V})$  (Searle 1971), it follows that

$$E[N] = E[\mathbf{z}'\mathbf{Q}_{N}\mathbf{z}] = \frac{1}{2}tr\left(\begin{bmatrix} \mathbf{0} & \mathbf{I} \\ \mathbf{I} & \mathbf{0} \end{bmatrix}\begin{bmatrix} \mathbf{G} & \mathbf{G} \\ \mathbf{G} & \mathbf{G} + \sigma_{e}^{2}\mathbf{I} \end{bmatrix}\right) = tr(\mathbf{G})$$

$$E[D] = E[\mathbf{z}'\mathbf{Q}_{D}\mathbf{z}] = tr\left(\begin{bmatrix} \mathbf{0} & \mathbf{0} \\ \mathbf{0} & \mathbf{I} \end{bmatrix}\begin{bmatrix} \mathbf{G} & \mathbf{G} \\ \mathbf{G} & \mathbf{G} + \sigma_{e}^{2}\mathbf{I} \end{bmatrix}\right) = tr(\mathbf{G}) + n\sigma_{e}^{2}$$
(S3)

Since the trace of **G** equals  $n(1+f)\sigma^2$ , an approximate formula for heritability is

$$\mathbf{E}\left[h^{2}\right] = \mathbf{E}\left[\frac{N}{D}\right] \approx \frac{\mathbf{E}[N]}{\mathbf{E}[D]} = \frac{(1+f)\sigma^{2}}{(1+f)\sigma^{2} + \sigma_{e}^{2}}$$
(S4)

Equation S4 is only approximate because the expectation of the ratio of two random variables does not equal the ratio of expectations. By Taylor series expansion a more accurate formula is (Rice 2006)

$$E\left[\frac{N}{D}\right] = \frac{E[N]}{E[D]} + \frac{\left(\operatorname{var}[D]E[N] - \operatorname{cov}[N, D]E[D]\right)}{E^{3}[D]} + \cdots$$
(S5)

To investigate the magnitude of the correction term, note that for  $\mathbf{z} \sim N(\mathbf{0}, \mathbf{V})$ ,

$$\operatorname{var}[\mathbf{z}'\mathbf{Q}_{D}\mathbf{z}] = 2\operatorname{tr}\left(\left(\mathbf{Q}_{D}\mathbf{V}\right)^{2}\right)$$
  
$$\operatorname{cov}[\mathbf{z}'\mathbf{Q}_{D}\mathbf{z},\mathbf{z}'\mathbf{Q}_{N}\mathbf{z}] = 2\operatorname{tr}\left(\mathbf{Q}_{D}\mathbf{V}\mathbf{Q}_{N}\mathbf{V}\right)$$
  
(S6)

(Searle 1971). Upon substituting S2 into S6 and simplifying, the result is

$$\operatorname{var}[D] = 2n \left[ \sigma^4 n \left\langle A_{ij}^2 \right\rangle + 2\sigma^2 \sigma_e^2 \left( 1 + f \right) + \sigma_e^4 \right]$$

$$\operatorname{cov}[N, D] = 2n \left[ \sigma^4 n \left\langle A_{ij}^2 \right\rangle + \sigma^2 \sigma_e^2 \left( 1 + f \right) \right]$$
(S7)

where

$$\left\langle A_{ij}^{2} \right\rangle = n^{-2} \sum_{i=1}^{n} \sum_{j=1}^{n} A_{ij}^{2}$$
 (S8)

is the mean-squared element of A. From Equation S7 the correction is

$$\frac{\left(\operatorname{var}[D]\operatorname{E}[N] - \operatorname{cov}[N, D]\operatorname{E}[D]\right)}{\operatorname{E}^{3}[D]} = \frac{2\sigma^{4}\sigma_{e}^{2}\left[\left(1+f\right)^{2} - n\left\langle A_{ij}^{2}\right\rangle\right]}{n\left[\sigma_{e}^{2} + \sigma^{2}\left(1+f\right)\right]^{3}} \approx \frac{-2\left\langle A_{ij}^{2}\right\rangle\sigma^{4}\sigma_{e}^{2}}{\left[\sigma_{e}^{2} + \sigma^{2}\left(1+f\right)\right]^{3}}$$
(S9)

where the last expression holds for large populations.

Using Equation 13, the mean-squared realized relationship is

$$\left\langle A_{ij}^{2} \right\rangle = \left( 2 \left\langle \tilde{p}_{i} \tilde{q}_{i} \right\rangle \right)^{-2} n^{-2} \sum_{i=1}^{n} \sum_{j=1}^{n} \sum_{k=1}^{m} \sum_{k'=1}^{m} \left( \tilde{X}_{ik'} - 2 \tilde{p}_{k'} \right) \left( \tilde{X}_{ik} - 2 \tilde{p}_{k'} \right) \left( \tilde{X}_{jk'} - 2 \tilde{p}_{k'} \right) \left( \tilde{X}_{jk} - 2 \tilde{p}_{k'} \right) \\ = \left( 2 \left\langle \tilde{p}_{i} \tilde{q}_{i} \right\rangle \right)^{-2} \tilde{m}^{-2} \sum_{k} \sum_{k'} r_{kk'}^{2} \tilde{p}_{k} \tilde{q}_{k} \tilde{p}_{k'} \tilde{q}_{k'}$$
(S10)

where

$$r_{kk'} = \left(\tilde{p}_k \tilde{q}_k \tilde{p}_{k'} \tilde{q}_{k'}\right)^{-1/2} n^{-1} \sum_{i=1}^n \left(\tilde{X}_{ik} - 2\tilde{p}_k\right) \left(\tilde{X}_{ik'} - 2\tilde{p}_{k'}\right)$$
(S11)

is the correlation between loci. If the correlation length between causal loci is small compared to the size of the genome, then  $\langle A_{ij}^2 \rangle$  will also be small. For example, if the causal loci are in linkage equilibrium, then

$$\left\langle A_{ij}^{2} \right\rangle = \frac{\left\langle \tilde{p}_{k}^{2} \tilde{q}_{k}^{2} \right\rangle}{4 \tilde{m} \left\langle \tilde{p}_{i} \tilde{q}_{j} \right\rangle^{2}} \tag{S12}$$

More generally we can write  $\langle A_{ij}^2 \rangle = c/\tilde{m}$  for some finite constant *c*, which upon substitution in Equation S9 shows the correction term tends to zero under the infinitesimal model ( $\tilde{m} \rightarrow \infty$ ).

## **Literature Cited**

Rice, J., 2006 Mathematical Statistics and Data Analysis, 3rd ed. Duxbury, Pacific Grove.

Searle, S. R., 1971 Linear Models. John Wiley & Sons, New York.