Supplementary Data

Supplementary Table S1. Characteristics of the Sasang Constitutional Types^a

Characteristics	TY	TE	SY	SE
Physiology ^b	Lung>Liver	Liver>Lung	Spleen > Kidney	Kidney > Spleen
	Respiratory > Preservative	Respiratory < Preservative	Digestive > Excretive	Digestive < Excretive
Physique	Big	Big	Small	Small
	Slender waist	Thick waist	Developed chest	Weak chest
	Developed nape of the neck		Small hip	Developed hip
Psychology	Progressive	Pragmatic	Hot-tempered	Nervous
. 0,	Creative	Gentle	Unstable	Logical

^aThis table was constructed by adaptations from previously published tables.^{2,3} ^bThe names of organs symbolize physiologic function rather than anatomical identity. TE, *Taeum*; SE, *Soeum*; SY, *Soyang*.