

New Mexico Center
For
Joint Replacement Surgery

Answer the following questions regarding
 your overall activity level.

Patient Name (First Initial - Middle Initial - Last Name) - -
 (MM-DD-YYYY)

Form Completion Date - -

S.S.N - -

Gender Male Female Surgeon

CHECK ONE

Right Hip Right Hip Surgery Date - -

Left Hip Left Hip Surgery Date - -

Right Knee Right Knee Surgery Date - -

Left Knee Left Knee Surgery Date - -

1. In general, would you say your health is: Excellent Very Good Good Fair Poor

The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much? (Check one box on each line)

- | | | | |
|--|--------------------------|--------------------------|--------------------------|
| | Yes, limited a lot | Yes, limited a little | No, not limited at all |
| 2. Moderate Activities, such as moving a table, pushing a vacuum cleaner, bowling or playing golf: | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Climbing several flights of stairs: | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

During the past 4 weeks have you had any of the following problems with your work or other regular daily activities as a result of your physical health? (Check one box on each line)

- | | | |
|--|--------------------------|--------------------------|
| | Yes | No |
| 4. Accomplished less than you would like: | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Were limited in the kind of work or other activities: | <input type="checkbox"/> | <input type="checkbox"/> |

During the past 4 weeks have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)? (Check one box on each line)

- | | | |
|--|--------------------------|--------------------------|
| | Yes | No |
| 6. Accomplished less than you would like: | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Didn't do work or other activities as carefully as usual: | <input type="checkbox"/> | <input type="checkbox"/> |

8. During the past 4 weeks how much did pain interfere with your normal work (including both work outside the home and housework)? (Check one box)
- Not at all A little bit Moderately Quite a bit Extremely

These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the past 4 weeks...(Check one box on each line)

- | | | | | | | |
|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| | All of the Time | Most of the Time | A Good Bit of the Time | Some of the Time | A Little of the Time | None of the Time |
| 9. Have you felt calm and peaceful? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Did you have a lot of energy? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Have you felt downhearted and blue? | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

12. During the past 4 weeks, how much of the time has your physical health or emotional problems interfered with your visiting with friends, relatives, etc.?(Check one box)

- | | | | | |
|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| All of the time | Most of the time | Some of the time | A little of the time | None of the time |

For Joint Replacement Surgery

PLEASE COMPLETE ONE FORM PER OPERATIVE SIDE

Patient Name (First Initial - Middle Initial - Last Name)

Form for Patient Name with boxes for initials and last name.

S.S.N.

Form for Social Security Number with boxes.

Gender Male Female

Surgeon

Form for Surgeon name with boxes.

CHECK ONE

Right Hip Surgery Date

Right hip

Date form for Right Hip Surgery.

Left Hip Surgery Date

Left hip

Date form for Left Hip Surgery.

Right Knee Surgery Date

Right knee

Date form for Right Knee Surgery.

Left Knee Surgery Date

Left knee

Date form for Left Knee Surgery.

1. Referred to this practice by:

2. List meds, dosage, how taken, for what problem:

Large text area for listing medications and dosages.

3. Allergic to any meds, specify:

Text area for specifying allergies.

4. Previous surgeries (check all that apply):

- List of surgical procedures with checkboxes: Appendectomy, Bladder suspension, Breast biopsy, Carotid endarterectomy, Cataract, Cesarean section, Cholecystectomy, Excision herniated lumbar disc, Heart bypass, Hemorrhoidectomy, Hernia repair, Gastrointestinal surgery, Hysterectomy, Prostatectomy, Thyroid surgery, Removal skin lesion, Tonsillectomy, Tubal ligation, TURP, Vasectomy, Vein stripping, Exploratory laparoscopy, Other.

5. Specify other previous surgeries:

Text area for specifying other previous surgeries.

For

Joint Replacement Surgery

PLEASE COMPLETE ONE FORM PER OPERATIVE SIDE

S.S.N. - -

6. Primary healthcare provider: _____

7. Specialist: _____

8. Specialist: _____

9. Specialist: _____

10. Marital Status: Married Never married Divorced Separated Widowed

11. Number of children: None 1 2 3 4 or more

12. Do you ever drink alcohol: Yes No

13. Do you smoke now: Yes No

14. How many years have you smoked:

15. Family History (does anyone in your family have):

- Back problems Kidney disease Lung problems High blood pressure
- Heart problems Artherosclerosis Major paralysis or neurologic problems
- Diabetes Cancer diagnoses Ulcer Any bleeding problems
- Liver disease Depression Rheumatoid arthritis Osteoarthritis or degenerative arthritis
- Previous anesthesia problems Other medical problem

16. Specify other medical problem:

S.S.N. - -

Activity Level

44. If pain in joints, when does it hurt: Never Only occasionally or intermittently
 Only when I first get up from a sitting or standing position
 Only when I walk more than 30 minutes
 Anytime I walk At all times

45. Pain Scale: 0 = No pain/10 = Severe pain:

- 0 - No pain 1 2 3 4 5 6 7 8 9 10 - Severe pain

46. Current general activity level:

- I am bedridden or confined to a wheelchair
 I am sedentary (in a chair) with minimal capacity for walking or other activity
 I am partially sedentary and can do desk work/light housekeeping or bench work
 I perform light labor such as heavy house cleaning/assembly line work/yard work/or light sports
 I perform moderate manual labor with lifting heavy weight and/or participate in moderate sports
 I participate in heavy manual labor/frequently lift heavy weights or participate in vigorous sports

47. Physical therapy for arthritis:

- Never Less than once per week Once per week More than once per week but not daily Every day

48. Number of time had joint injections (steroid) for arthritis:

- None 1 2 3 More than 3

49. During past week how often taken pain medications:

- 3 or more times a day Once or twice a day Once every couple of days Once Not at all

50. During past 6 months did you take NSAIDS medication: Yes No

51. During past 6 months taken any narcotic pain medication for arthritis: Yes No

52. Do you use a walking aid: Yes No

- 53. If using a walking aid, why:** Hip pain/discomfort Knee pain/discomfort
 Other joint problems Stability

New Mexico Center
For
Joint Replacement Surgery

**General Physical Exam/
Evaluation and Treatment**

PLEASE COMPLETE ONE FORM PER OPERATIVE SIDE

S.S.N. - -

7. Planned Pre-Operative Hip Procedure-Right:

- Primary THR Revision THR - Acetabular Components Revision THR - Femoral Component
 Conversion of Previous Surgery to THR Preparation and Insertion of buld allograft
 Removal of Hardware Resection Arthroplasty

8. Planned Pre-Operative Hip Procedure-Left:

- Primary THR Revision THR - Acetabular Components Revision THR - Femoral Component
 Conversion of Previous Surgery to THR Preparation and Insertion of buld allograft
 Removal of Hardware Resection Arthroplasty

9. Planned Pre-Operative Knee Procedure-Right:

- Primary TKR with patella Revision TKR-Patellar component Revision TKR - Tibial component
 Revision TKR - Femoral component Medial Unicompartmental Knee replacement
 Lateral Unicompartmental Knee replacement Conversion of Previous Surgery to TKR
 Resection Arthroplasty Prep and insertion of bulk allograft

10. Planned Pre-Operative Knee Procedure-Left:

- Primary TKR with patella Revision TKR-Patellar component Revision TKR - Tibial component
 Revision TKR - Femoral component Medial Unicompartmental Knee replacement
 Lateral Unicompartmental Knee replacement Conversion of Previous Surgery to TKR
 Resection Arthroplasty Prep and insertion of bulk allograft

New Mexico Center
For
Joint Replacement Surgery

Pre-Op Hip Physical Exam
Right Hip

PLEASE COMPLETE ONE FORM PER OPERATIVE SIDE

S.S.N. - -

11. Specify Previous Operations

- | | | |
|---|--|---|
| <input type="checkbox"/> Bi/uni replace | <input type="checkbox"/> Bone graft femoral neck | <input type="checkbox"/> Core decompress |
| <input type="checkbox"/> Curettage tumor | <input type="checkbox"/> Fusion | <input type="checkbox"/> Girdlestone resection |
| <input type="checkbox"/> Multi revision THR | <input type="checkbox"/> ORIF head fracture | <input type="checkbox"/> ORIF femoral head fracture |
| <input type="checkbox"/> ORIF femoral neck fracture | <input type="checkbox"/> ORIF intertroch. fracture | <input type="checkbox"/> ORIF other femur fracture |
| <input type="checkbox"/> Pelvis osteotomy | <input type="checkbox"/> Proxi. femoral osteotomy | <input type="checkbox"/> Revise acet. cup |
| <input type="checkbox"/> Revise femoral stem | <input type="checkbox"/> Revise THR (acet and femur) | <input type="checkbox"/> Surface replace |
| <input type="checkbox"/> Total hip replace | <input type="checkbox"/> Troch. advance | <input type="checkbox"/> Resurface arthroplasty |
| <input type="checkbox"/> Other | | |

12. Specify other hip operations:

13. Previous hip infection: Yes No

14. Range of Motion (degrees) - Operative Side (All Measurements Active Assisted, Supine, Goniometer)

Fixed Flexion: ° Abduction: ° External Rotation in Extension: °
Further Flexion to: ° Adduction: ° Internal Rotation in Extension: °

15. Deformity (operative side): Fixed ADD \geq 10 degrees Leg Length Discrepancy \geq 3.5cm
 Fixed IRE \geq 10 degrees PFC \geq 30 degrees None of the above

16. Trendelenburg: Positive Level/equivocal Negative Unable to Test

17. True Length Discrepancy: Legs Equal Right Short Left Short

If Right or Left Short Specify: True: mm

18. Limp without Support: No Limp Slight Moderate
 Severe Unable to Walk N/A (always use support)

19. On which side does patient limp: Right Left Both N/A (does not limp)