

Appendix 2 (as supplied by the authors): Phenocopies of hypertrophic cardiomyopathy and distinguishing characteristics

HCM Phenocopies	Differences from hypertrophic cardiomyopathy
Athlete's Heart ^{1,2}	<ul style="list-style-type: none"> • Concentric LVH • LVH regresses with cessation of exercise • Cardiopulmonary exercise stress test, Echo parameters of diastolic function may help distinguish from HCM
Fabry's Disease ³	<ul style="list-style-type: none"> • X-linked recessive multisystem disease <ul style="list-style-type: none"> ○ Cardiac manifestations include LVH, conduction defects, CAD, aortic and mitral regurgitation, aortic root dilatation ○ Renal failure ○ Stroke ○ Skin manifestations: telangiectasias, angiokeratomas (typical locations include groin, hip and periumbilical regions) • Diagnosis can be achieved by measurement of low alpha-galactosidase activity, endomyocardial biopsy or genetic testing • Enzyme replacement may alter the disease course
Amyloidosis ⁴	<ul style="list-style-type: none"> • ECG is marked by low voltage; Echo may be characterized by LVH with increased echogenicity and decreased systolic function • AL Amyloid <ul style="list-style-type: none"> ○ Multisystem disease caused by deposition of monoclonal light chains • ATTR Amyloid; abnormal Tc pyrophosphate scan <ul style="list-style-type: none"> ○ Due to autosomal dominant mutations in transthyretin characterized by neuropathy, cardiomyopathy or both ○ Liver transplantation can be curative, however those with significant cardiac manifestations may require dual organ transplantation
Danon Disease ⁵	<ul style="list-style-type: none"> • Characterized by deficiency of lysosomal-associated membrane protein 2 with severe cardiomyopathy and mild skeletal myopathy • Other clinical features can include mental retardation and ophthalmologic manifestations • Elevated creatine kinase or muscle biopsy can aid diagnosis

	<ul style="list-style-type: none"> • Limited treatment options; may progress to need for heart transplantation
Mitochondrial Cardiomyopathies ⁶	<ul style="list-style-type: none"> • Characterized by multisystem disease with possible manifestations including: <ul style="list-style-type: none"> • Optic atrophy; pigmental retinopathy • Cardiomyopathy • CNS features • Peripheral Nervous System features including hypotonia, muscle weakness, neuropathy
Noonan Syndrome ⁷	<ul style="list-style-type: none"> • Autosomal dominant disease • Can be characterized by short stature, pectus excavatum, hypertelorism, low set ears, pulmonic valve stenosis amongst other features • Abnormalities platelet function and clotting

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