

Additional file 2 – Overview of Expected Needs of Prospective Users

Expected Needs	n	%
<i>Support and feedback</i>	<i>17</i>	<i>94</i>
Contact with counselor	8	44
Feedback	8	44
Personal attention	3	17
Specific instructions	3	17
Chat function	1	6
Being taken seriously	1	6
<i>Application</i>	<i>14</i>	<i>78</i>
User friendly	12	67
Attractive	5	28
Encouragement to complete the course	3	17
<i>Content</i>	<i>13</i>	<i>72</i>
Added value	8	44
Effective	6	33
To-the-point	3	17
Focus on real world	1	6
Varied assignments	1	6
<i>Service</i>	<i>10</i>	<i>56</i>
Flexible time planning	5	28
Fixed endpoint	3	17
Limited time behind pc	1	6
No need to go outdoors	1	6
Flexible pace	1	6
Anonymity	1	6
Combines well with other activities	1	6
Aftercare	1	6
<i>Social support</i>	<i>8</i>	<i>44</i>
Contact with others using the application	8	44