

SUPPLEMENTARY MATERIALS

Supplemental tables

Table S1. Population characteristics of studies included in DietGen by cohort.

Study	Female (%)	Age (y)	BMI (kg/m ²)	Total Energy Intake (kcal)	% kcals from Carbohydrates	% kcals from Protein	% kcals from Fat
HPFS							
T2D Cohort Cases	0	55.0 (8.5)	27.6 (4.0)	2057.1 (627.4)	45.7 (15.5)	18.5 (6.5)	34.5 (12.4)
N=2315 Controls	0	55.0 (8.4)	25.0 (2.7)	2038.0 (611.7)	47.8 (16.3)	18.4 (5.7)	32.6 (11.5)
CHD Cohort Cases	0	56.4 (8.7)	25.7 (3.0)	2063.1 (655.0)	48.7 (16.6)	18.9 (5.7)	33.2 (10.5)
N=1212 Controls	0	56.2 (8.6)	25.2 (3.1)	2020.9 (613.8)	48.2 (16.8)	19.0 (6.8)	32.9 (12.4)
KS Cohort Cases	0	49.4 (7.9)	25.3 (2.8)	1961.5 (589.3)	48.7 (16.3)	19.0 (6.9)	34.2 (13.9)
N=549 Controls	0	48.7 (6.8)	25.5 (2.8)	2040.4 (584.5)	46.8 (15.6)	18.2 (5.5)	33.0 (11.0)
NHS							
T2D Cohort Cases	100	53.6 (6.7)	27.8 (7.8)	1803.4 (541.1)	48.3 (7.5)	19.3 (3.4)	33.1 (5.7)
N=3218 Controls	100	53.2 (6.7)	24.0 (6.2)	1780.0 (514.9)	48.2 (7.8)	18.7 (3.2)	32.9 (5.6)
CHD Cohort Cases	100	56.1 (6.3)	26.4 (5.2)	1820.1 (543.9)	48.1 (7.7)	18.8 (3.4)	32.9 (5.8)
N=1013 Controls	100	56.0 (6.3)	24.9 (4.3)	1765.7 (520.3)	47.8 (8.0)	18.7 (3.3)	32.7 (5.8)
KS Cohort Cases	100	52.2 (4.4)	25.1 (5.4)	1815.1 (564.1)	47.9 (7.4)	18.5 (3.3)	34.0 (6.1)
N=490 Controls	100	52.0 (3.7)	23.3 (4.5)	1770.5 (502.4)	48.4 (7.5)	18.5 (2.8)	33.2 (5.6)
BC Cohort Cases	100	54.4 (6.4)	25.2 (4.7)	1769.7 (512.6)	47.9 (7.9)	18.8 (3.2)	32.4 (5.7)
N=2043 Controls	100	54.5 (6.4)	25.0 (4.5)	1781.3 (502.1)	48.7 (7.8)	18.7 (3.3)	32.4 (5.8)
WGHS							
N=22691 Cohort	100	54.7 (7.1)	25.9 (5.0)	1732.4 (524.9)	51.0 (8.0)	18.9 (3.3)	30.0 (6.1)

Abbreviations: HPFS, Health Professionals' Follow-up Study; NHS, Nurses' Health Study; WGHS, Women's Genome Health Study; T2D, type 2 diabetes; CHD, coronary heart disease; KS, kidney stone; BC, breast cancer; BMI, body mass index; MET, metabolic equivalent of task; HRT, hormone replacement therapy

Table S1. cont.

Study		Current Smoking (%, n)	Alcohol Use (g/day)	Exercise (METs/wk)	Menopause (%,n)	HRT user (%,n)
HPFS						
T2D Cohort	Cases	11.8 (139)	11.3 (16.3)	14.6 (18.7)	NA	NA
	Controls	7.2 (94)	12.0 (15.2)	21.1 (25.2)	NA	NA
CHD Cohort	Cases	10.8 (47)	11.2 (15.9)	18.3 (23.1)	NA	NA
	Controls	10.3 (90)	13.3 (16.4)	20.0 (27.0)	NA	NA
KS Cohort	Cases	2.3 (23)	8.8 (13.0)	22.3 (41.2)	NA	NA
	Controls	3.4 (24)	14.0 (18.2)	24.4 (41.3)	NA	NA
NHS						
T2D Cohort	Cases	17.5 (268)	4.0 (9.5)	11.9 (15.4)	84.8 (1297)	8.5 (130)
	Controls	10.3 (90)	6.4 (10.4)	14.2 (18.6)	81.7 (1428)	6.5 (114)
CHD Cohort	Cases	30.6 (154)	5.7 (10.0)	14.4 (21.3)	91.2 (453)	0 (0)
	Controls	28.5 (290)	7.5 (12.2)	14.3 (19.2)	89.6 (917)	0 (0)
KS Cohort	Cases	6.7 (66)	4.3 (7.6)	14.8 (19.4)	76.7 (302)	0 (0)
	Controls	5.6(39)	5.3 (8.7)	12.5 (13.9)	72.4 (165)	0 (0)
BC Cohort	Cases	17.7 (203)	7.8 (12.4)	14.5 (18.2)	87.0 (996)	0 (0)
	Controls	13.0 (148)	6.5 (10.3)	16.0 (26.2)	87.2 (996)	0 (0)
WGHS	Cohort	11.0 (2710)	4.3 (8.4)	14.7 (18.4)	54.3 (12660)	43.8 (10197)

Table S2. Genome-wide and sub-genome-wide association results from discovery (DietGen) meta-analysis, and replication (CHARGE), and combined joint meta-analysis for percentage of total caloric intake from macronutrients (carbohydrates, protein, and fat), sorted by P-value (P(2GC)) and regression model for association in the discovery cohort.

Model	SNPID	Nearest Gene	Chr	BP	EA	non EA	EAF	DietGen					
								β (%)	SE	P(2GC)	I ²		
Carbohydrates													
Model 1*	rs10163409	<i>FTO</i>	16	52696381	a	t	0.69	0.441	0.075	7.4E-09	8.7		
	rs6558687	<i>CSMD1</i>	8	2591594	t	g	0.07	0.653	0.131	9.1E-07	30.9		
	rs197273	<i>TANK</i>	2	161602909	a	g	0.48	0.309	0.064	2.4E-06	0.0		
	rs133055	<i>MKLI</i>	22	39380817	a	g	0.35	0.317	0.067	2.9E-06	0.0		
	rs703058	<i>CUBN</i>	10	16916058	t	g	0.14	-0.481	0.102	3.2E-06	0.0		
	rs7689746	<i>PDLIM5</i>	4	95793146	a	g	0.24	-0.357	0.076	3.5E-06	0.0		
	rs2970933	<i>DPP4</i>	2	162562522	t	c	0.39	-0.316	0.067	4.0E-06	0.0		
	rs13065635	<i>ARGFX</i>	3	122785100	t	g	0.13	-0.493	0.108	6.5E-06	11.4		
rs1512130	<i>GABRA4</i>	4	46647228	a	g	0.33	0.304	0.068	9.5E-06	16.0			
Model 2†	rs10163409	<i>FTO</i>	16	52696381	a	t	0.69	0.420	0.075	3.4E-08	19.9		
	rs197273	<i>TANK</i>	2	161602909	a	g	0.48	0.310	0.064	2.0E-06	0.0		
	rs2014821	<i>ITGA8</i>	10	15588753	a	g	0.11	0.493	0.106	4.2E-06	0.0		
	rs13065635	<i>ARGFX</i>	3	122785100	t	g	0.13	-0.501	0.108	4.6E-06	26.4		
	rs2970933	<i>DPP4</i>	2	162562522	t	c	0.39	-0.312	0.067	5.0E-06	0.0		
	rs6558687	<i>CSMD1</i>	8	2591594	t	g	0.07	0.605	0.131	5.2E-06	40.2		
	rs139920	<i>TNRC6B</i>	22	39056695	t	c	0.51	-0.299	0.065	5.4E-06	0.0		
	rs2896655	<i>KCNQ3</i>	8	133354156	a	g	0.11	-0.454	0.099	6.5E-06	0.0		
	rs7689746	<i>PDLIM5</i>	4	95793146	a	g	0.24	-0.345	0.076	7.3E-06	0.0		
	rs589064	<i>KATNALI</i>	13	29589808	c	g	0.39	0.306	0.068	8.3E-06	0.0		
	Protein												
	Model 1*	rs7958151	<i>GPR133</i>	12	130183588	a	c	0.38	0.138	0.025	9.6E-08	7.9	
		rs17158276	<i>PRR15</i>	7	29614602	t	c	0.86	-0.172	0.036	2.4E-06	0.0	
		rs1039755	<i>BUD13</i>	11	115889336	t	c	0.70	0.136	0.029	3.6E-06	9.5	
		rs1440620	<i>PROX1</i>	1	212327973	t	c	0.65	-0.158	0.035	7.6E-06	0.0	
rs152621		<i>FAM105A</i>	5	14636006	a	g	0.18	0.145	0.032	8.4E-06	0.0		
rs1457974		<i>IMPG1</i>	6	77481181	a	g	0.34	-0.114	0.025	9.1E-06	0.0		
rs7958151		<i>GPR133</i>	12	130183588	a	c	0.38	0.131	0.025	3.8E-07	5.2		
Model 2†	rs1039755	<i>BUD13</i>	11	115889336	t	c	0.70	0.145	0.029	7.7E-07	15.1		
	rs838133	<i>FGF21</i>	19	53951341	a	g	0.45	-0.124	0.026	2.3E-06	29.2		
	rs17810895	<i>PRR15</i>	7	29581016	c	g	0.07	0.220	0.046	2.5E-06	0.0		
	rs152621	<i>FAM105A</i>	5	14636006	a	g	0.18	0.148	0.032	5.0E-06	0.0		
	rs1440620	<i>PROX1</i>	1	212327973	t	c	0.65	-0.159	0.035	7.0E-06	0.0		
	Fat												
Model 1*	rs6598192	<i>EP400</i>	12	131095602	t	c	0.92	-0.480	0.104	5.2E-06	0.0		
	rs10789371	<i>EDN2</i>	1	41711015	a	g	0.30	0.248	0.054	6.2E-06	19.1		
Model 2†	rs10789371	<i>EDN2</i>	1	41711015	a	g	0.30	0.251	0.054	4.9E-06	18.7		
	rs6598192	<i>EP400</i>	12	131095602	t	c	0.92	-0.465	0.104	9.9E-06	0.0		

Table S2. cont.

Model	SNPID	CHARGE					Joint analysis			
		β (%)	SE	P(2GC)	1sidedP	I ²	β (%)	SE	P	N
Carbohydrates										
Model 1*	rs10163409	-0.029	0.069	6.9E-01	3.5E-02	34.8	0.188	0.051	2.2E-04	71885
	rs6558687	0.016	0.117	8.9E-01	5.9E-02	23.9	0.300	0.087	6.0E-04	71802
	rs197273	0.141	0.058	1.8E-02	2.9E-02	0.0	0.217	0.043	5.4E-07	71887
	rs133055	0.066	0.060	2.8E-01	3.0E-02	45.5	0.178	0.045	6.4E-05	71773
	rs703058	0.065	0.085	4.6E-01	4.3E-02	6.8	-0.161	0.065	1.4E-02	71888
	rs7689746	0.165	0.072	2.5E-02	3.6E-02	16.9	-0.084	0.052	1.1E-01	69585
	rs2970933	0.040	0.061	5.2E-01	3.0E-02	0.8	-0.120	0.045	7.9E-03	71888
	rs13065635	0.094	0.091	3.1E-01	4.6E-02	0.0	-0.151	0.070	3.0E-02	71883
	rs1512130	-0.033	0.060	5.9E-01	3.0E-02	24.7	0.116	0.045	1.0E-02	71879
Model 2†	rs10163409	-0.052	0.070	4.6E-01	3.5E-02	32.3	0.166	0.051	1.1E-03	71326
	rs197273	0.165	0.058	5.7E-03	2.9E-02	0.0	0.231	0.043	9.6E-08	71328
	rs2014821	-0.055	0.096	5.8E-01	4.8E-02	0.0	0.194	0.071	6.4E-03	71329
	rs13065635	0.054	0.091	5.7E-01	4.6E-02	0.0	-0.178	0.070	1.1E-02	71324
	rs2970933	0.006	0.061	9.2E-01	3.0E-02	15.9	-0.137	0.045	2.5E-03	71329
	rs6558687	-0.020	0.117	8.7E-01	5.9E-02	37.6	0.259	0.087	3.0E-03	71243
	rs139920	-0.086	0.063	1.8E-01	3.1E-02	1.0	-0.189	0.045	2.7E-05	69024
	rs2896655	-0.082	0.090	3.8E-01	4.5E-02	0.0	-0.250	0.067	1.7E-04	71279
	rs7689746	0.184	0.072	1.3E-02	3.6E-02	9.7	-0.069	0.052	1.9E-01	69026
	rs589064	0.059	0.059	3.2E-01	2.9E-02	0.0	0.165	0.044	1.9E-04	71327
	Protein									
Model 1*	rs7958151	0.016	0.026	5.4E-01	1.3E-02	0.0	0.079	0.018	1.4E-05	71764
	rs17158276	0.073	0.036	5.1E-02	1.8E-02	0.0	-0.052	0.026	4.4E-02	71889
	rs1039755	-0.044	0.036	2.4E-01	1.8E-02	0.0	0.066	0.023	3.2E-03	62060
	rs1440620	-0.067	0.034	5.6E-02	1.7E-02	0.0	-0.112	0.024	4.3E-06	68633
	rs152621	-0.011	0.034	7.7E-01	1.7E-02	1.1	0.073	0.023	1.9E-03	69538
	rs1457974	-0.021	0.026	4.4E-01	1.3E-02	41.2	-0.069	0.018	1.5E-04	71890
	rs7958151	0.007	0.026	8.0E-01	1.3E-02	0.0	0.071	0.018	9.2E-05	71151
Model 2†	rs1039755	-0.037	0.038	3.4E-01	1.9E-02	0.0	0.078	0.023	6.3E-04	68028
	rs838133	-0.098	0.030	1.5E-03	1.5E-02	48.7	-0.113	0.020	7.9E-09	68968
	rs17810895	-0.076	0.047	1.2E-01	2.4E-02	0.0	0.077	0.033	2.0E-02	71263
	rs152621	-0.008	0.034	8.1E-01	1.7E-02	0.0	0.075	0.023	1.2E-03	68925
	rs1440620	-0.078	0.032	1.8E-02	1.6E-02	0.0	-0.116	0.024	1.0E-06	61460
Fat										
Model 1*	rs6598192	-0.026	0.128	8.4E-01	6.4E-02	0.0	-0.299	0.081	2.1E-04	59982
	rs10789371	-0.010	0.052	8.5E-01	2.6E-02	0.0	0.113	0.037	2.5E-03	71880
Model 2†	rs10789371	-0.014	0.052	8.0E-01	2.6E-02	0.0	0.112	0.037	2.7E-03	71267
	rs6598192	-0.041	0.128	7.6E-01	6.4E-02	0.0	-0.297	0.081	2.3E-04	59390

* Model 1 adjusts for age, sex (if applicable), location and sub-population stratification

† Model 2 adjusts for model 1 covariates in addition to BMI (kg/m²)

Abbreviations: CHARGE, Cohorts for Heart and Aging Research in Genomic

Epidemiology Consortium; SNP, single nucleotide polymorphism; CHR, chromosome;

BP, base pair position – build 36; EA, effect allele; nonEA, non-effect allele; EAF, effect

allele frequency; β , beta-coefficient; SE, standard error; P(2GC), p-value doubly

corrected for genomic control; 1sidedP, one-sided p-value; P, p-value; N, sample size

Table S3. Secondary macronutrient intake associations in DietGen (HPFS/NHS/WGHS) for SNPs with genome-wide associations for macronutrient intake from discovery or joint meta-analysis.

SNP	Model	Gene	Chr	Carbohydrates			Protein			Fat		
				$\beta\%$	SE	P	$\beta\%$	SE	P	$\beta\%$	SE	P
rs197273		<i>TANK</i>	2									
	Model 1*			0.31	0.06	2.4E-06	-0.05	0.02	6.8E-02	-0.16	0.05	1.4E-03
	Model 2†			0.31	0.06	2.0E-06	-0.04	0.02	8.6E-02	-0.17	0.05	7.8E-04
rs10163409		<i>FTO</i>	16									
	Model 1*			0.44	0.08	7.4E-09	-0.05	0.03	6.1E-02	-0.23	0.06	6.1E-05
	Model 2†			0.42	0.07	3.4E-08	-0.05	0.03	8.0E-02	-0.22	0.06	1.6E-04
rs838133		<i>FGF21</i>	19									
	Model 1*			0.22	0.07	1.3E-03	-0.12	0.03	1.1E-05	-0.22	0.05	3.5E-05
	Model 2†			0.23	0.07	5.9E-04	-0.12	0.03	2.3E-06	-0.21	0.05	7.1E-05

* Model 1 adjusts for age, sex, location and sub-population stratification

† Model 2 adjusts for model 1 covariates in addition to BMI (kg/m²)

Abbreviations: SNP, single nucleotide polymorphism; CHR, chromosome; β , beta-coefficient; SE, standard error; P, p-value; N, sample size

Table S4. Estimates of variance in percentage of caloric intake from carbohydrates, protein and fat explained by 339,596 genotyped SNPs with MAF>1% (top panel) and 326,504 genotyped SNPs with MAF>5% (bottom panel) from the WGHS.

MAF>0.01	Univariate			Model 1*			Model 2†		
	h^2	SE	P	h^2	SE	P	h^2	SE	P
Carbohydrates	0.066	0.021	9.1E-05	0.066	0.021	1.2E-04	0.061	0.021	2.9E-04
Protein	0.081	0.022	2.7E-05	0.081	0.022	1.5E-05	0.081	0.022	2.6E-05
Fats	0.073	0.022	3.8E-05	0.067	0.022	2.3E-04	0.061	0.022	8.1E-04

MAF>0.05	Univariate			Model 1*			Model 2†		
	h^2	SE	P	h^2	SE	P	h^2	SE	P
Carbohydrates	0.062	0.021	1.4E-04	0.062	0.021	2.1E-04	0.057	0.021	5.5E-04
Protein	0.080	0.022	2.4E-05	0.080	0.022	1.4E-05	0.079	0.022	2.4E-05
Fats	0.070	0.021	5.1E-05	0.064	0.021	3.2E-04	0.057	0.021	1.3E-03

* Model 1 adjusts for age, sex, location and sub-population stratification

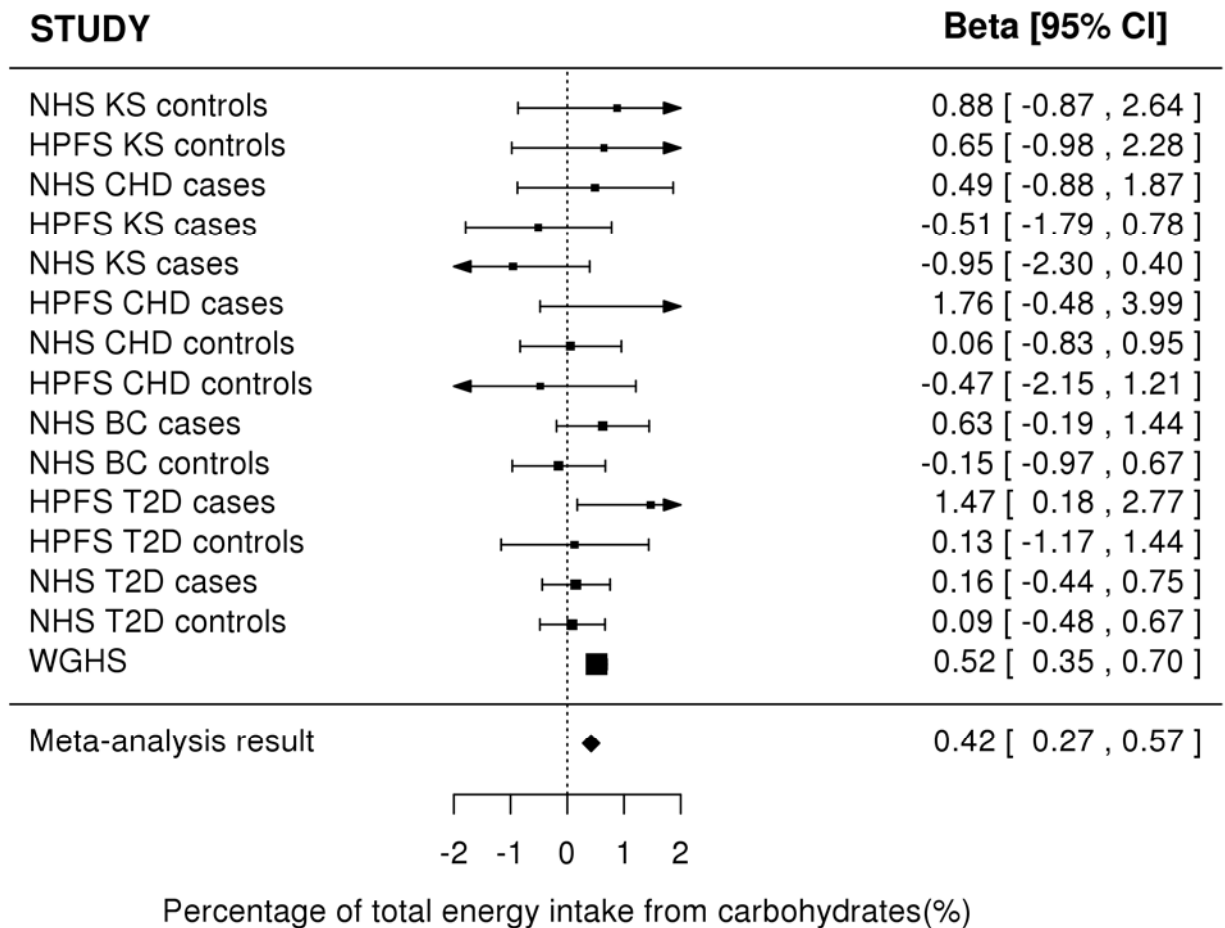
† Model 2 adjusts for model 1 covariates in addition to BMI (kg/m²)

Abbreviations: h^2 , proportion of variance explained or heritability; SE, standard error; P, p value

Supplemental figures

Figure S1. Forest plot of the effect of rs10163409 in *FTO* on percentage of total energy intake from carbohydrates in a fixed-effects meta-analysis of 33,388 men and women of European ancestry in models with (a) and without adjustment for BMI (b). Studies are listed in ascending order by sample size starting with the smallest study (NHS kidney stone controls) to the largest (WGHS). The beta represents the percentage of total energy intake from carbohydrates per “A” allele of rs10163409.

a.



b.

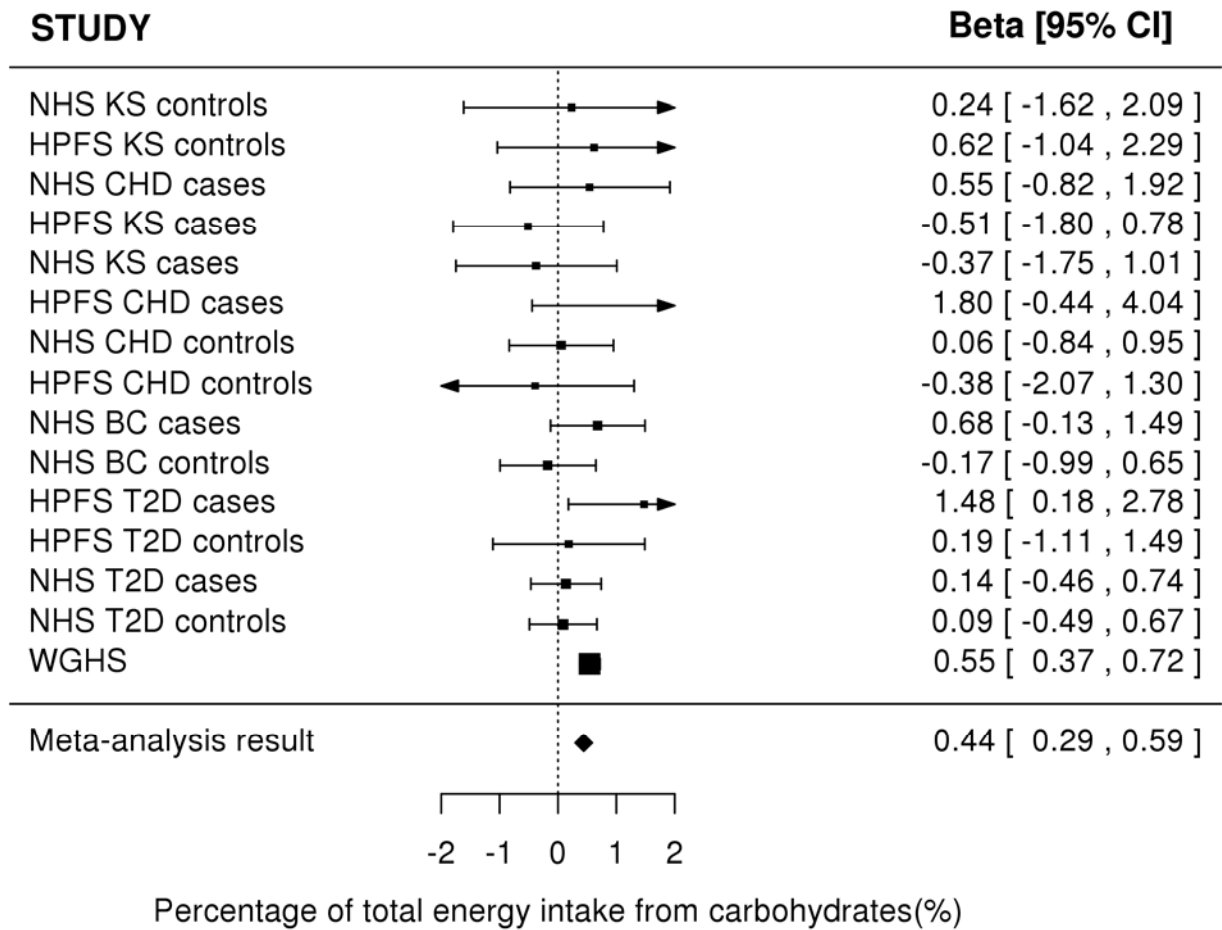
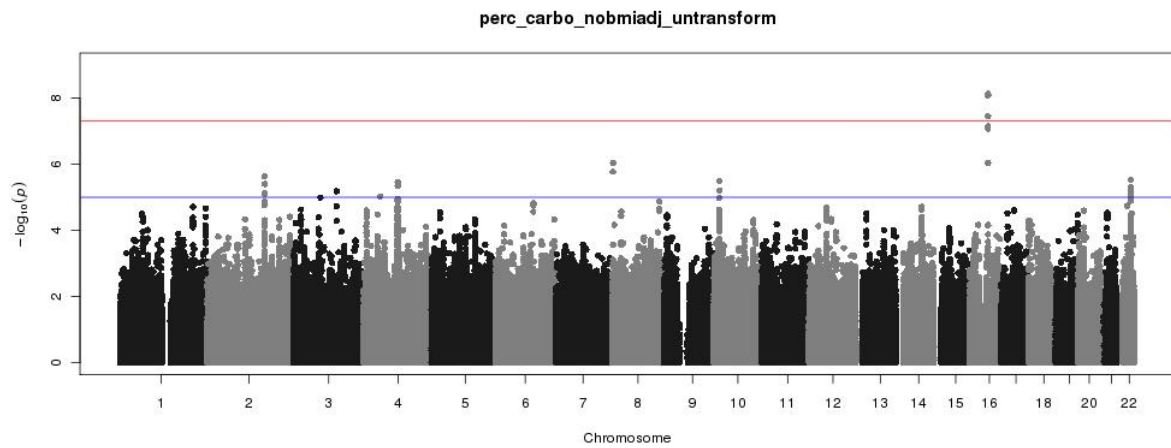
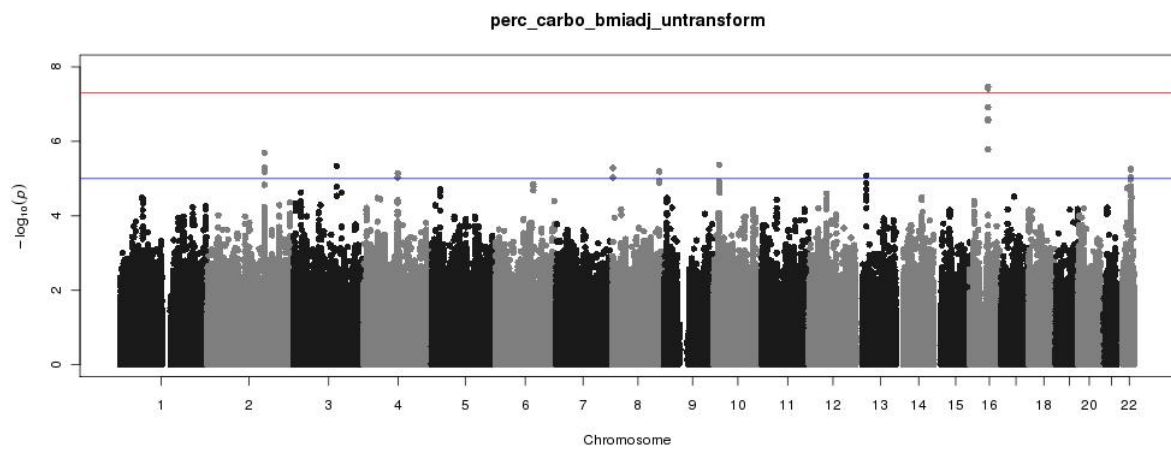


Figure S2. Manhattan plots of $-\log_{10} P$ values from genome-wide association by meta-analysis for percentage of caloric intake from carbohydrates (a, b), protein (c, d), and fat (e, f). All regression models included basic adjustment for age, location and sub-population stratification measures (a-f). Additional adjustment for BMI was included for regression results shown in b, d and f. The threshold for genome-wide significance ($P < 5 \times 10^{-8}$) is indicated by the red horizontal line in the Manhattan plot, and the threshold for sub-genome-wide significance is indicated by the blue horizontal line.

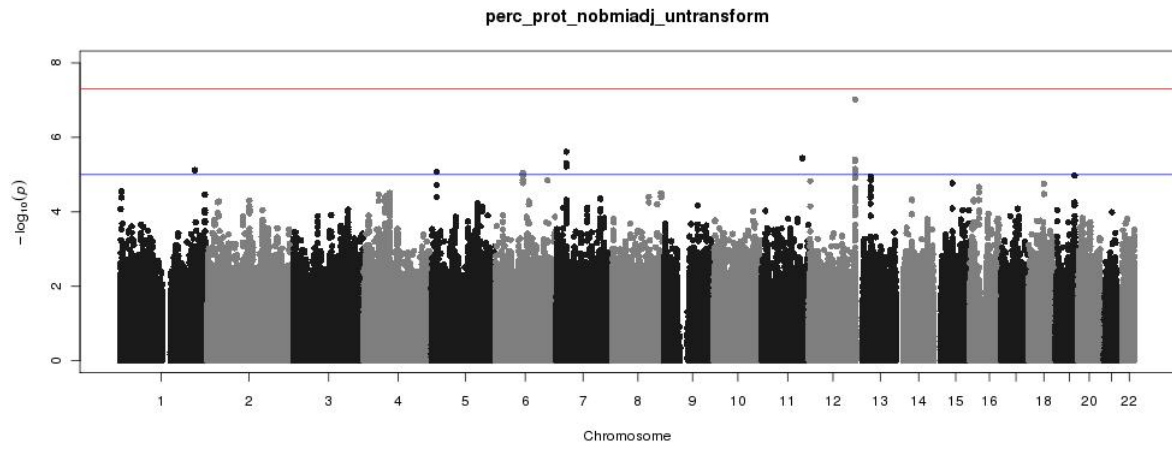
a.



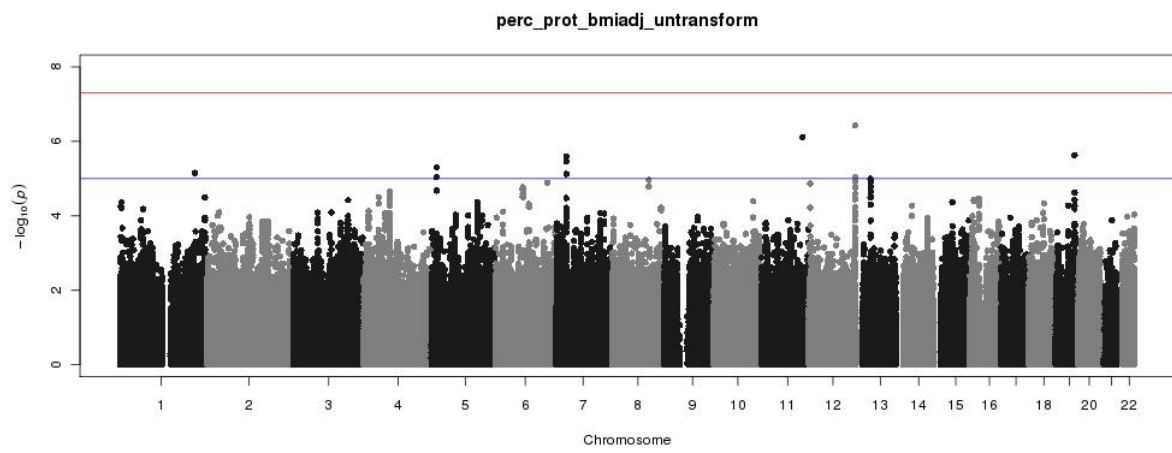
b.



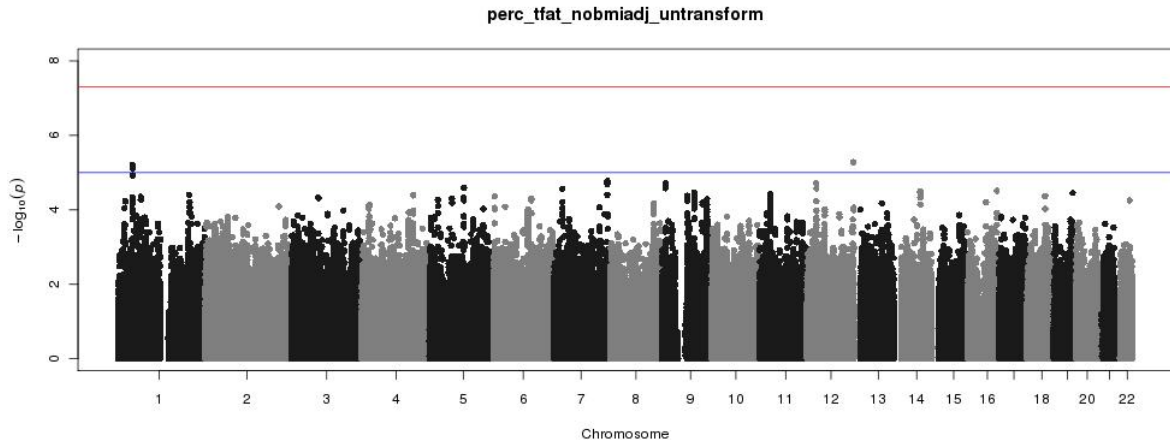
c.



d



e.



f.

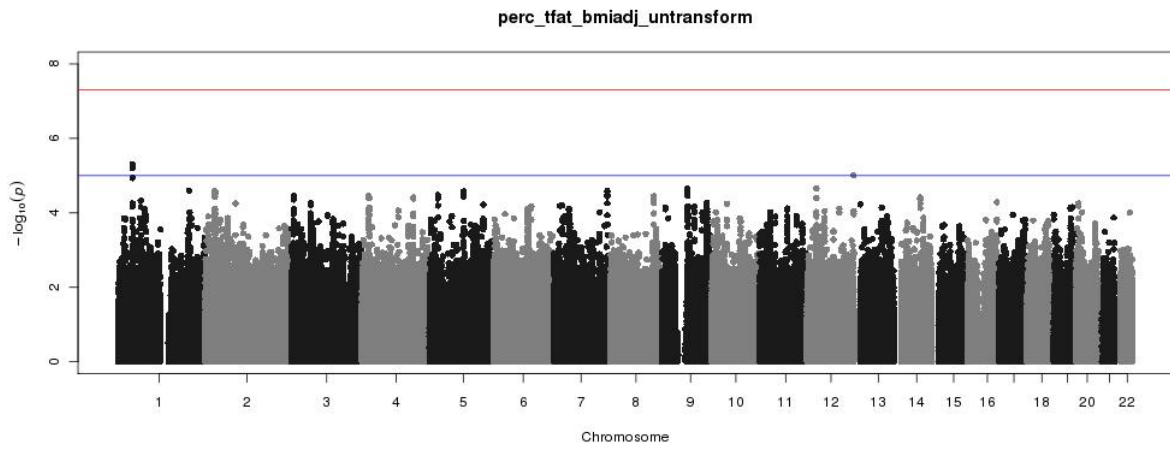
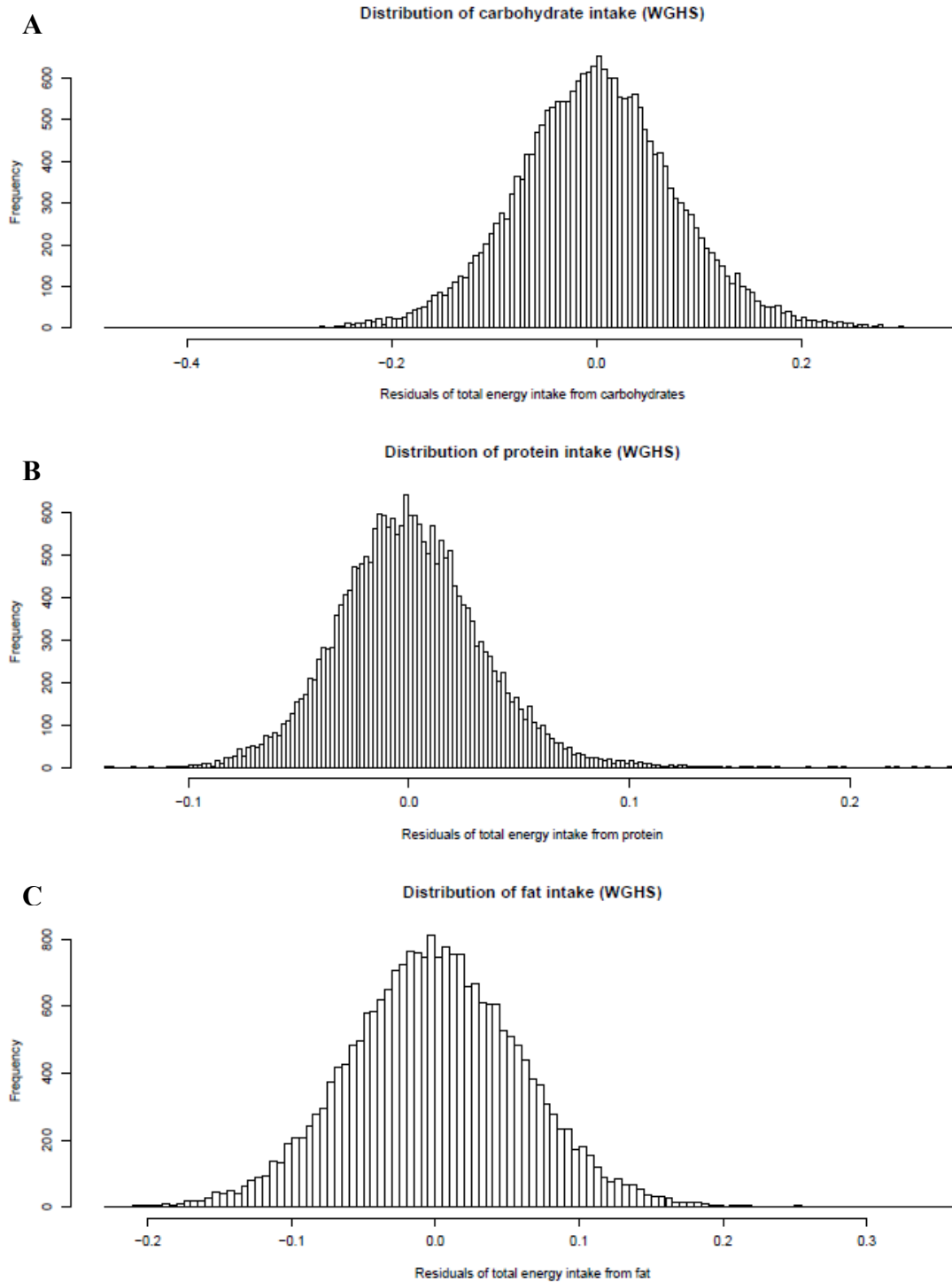
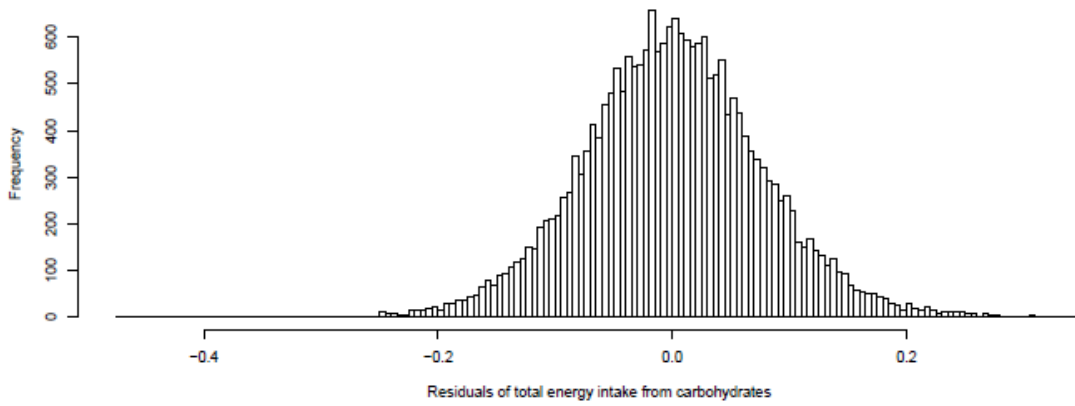


Figure S3. Distributions of macronutrient intake in the Women's Genome Health Study (WGHS). Residuals from percentage of total energy intake from A+D) carbohydrates, B+E) proteins, and C+F) fats adjusted for age, location, measures of population stratification, with (D-F) and without (A-C) adjustment for BMI.



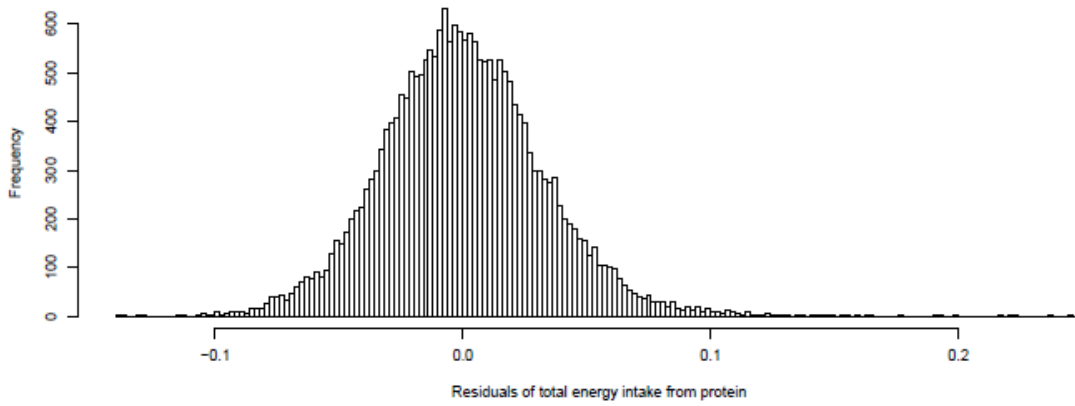
D

Distribution of carbohydrate intake (WGHS)



E

Distribution of protein intake (WGHS)



F

Distribution of fat intake (WGHS)

