

SUPPLEMENTAL MATERIAL

Early Life Exposure to Outdoor Air Pollution and Respiratory Health, Ear Infections, and Eczema in Infants from the INMA Study

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Figure S1. Flowchart illustrating the main phases in the study

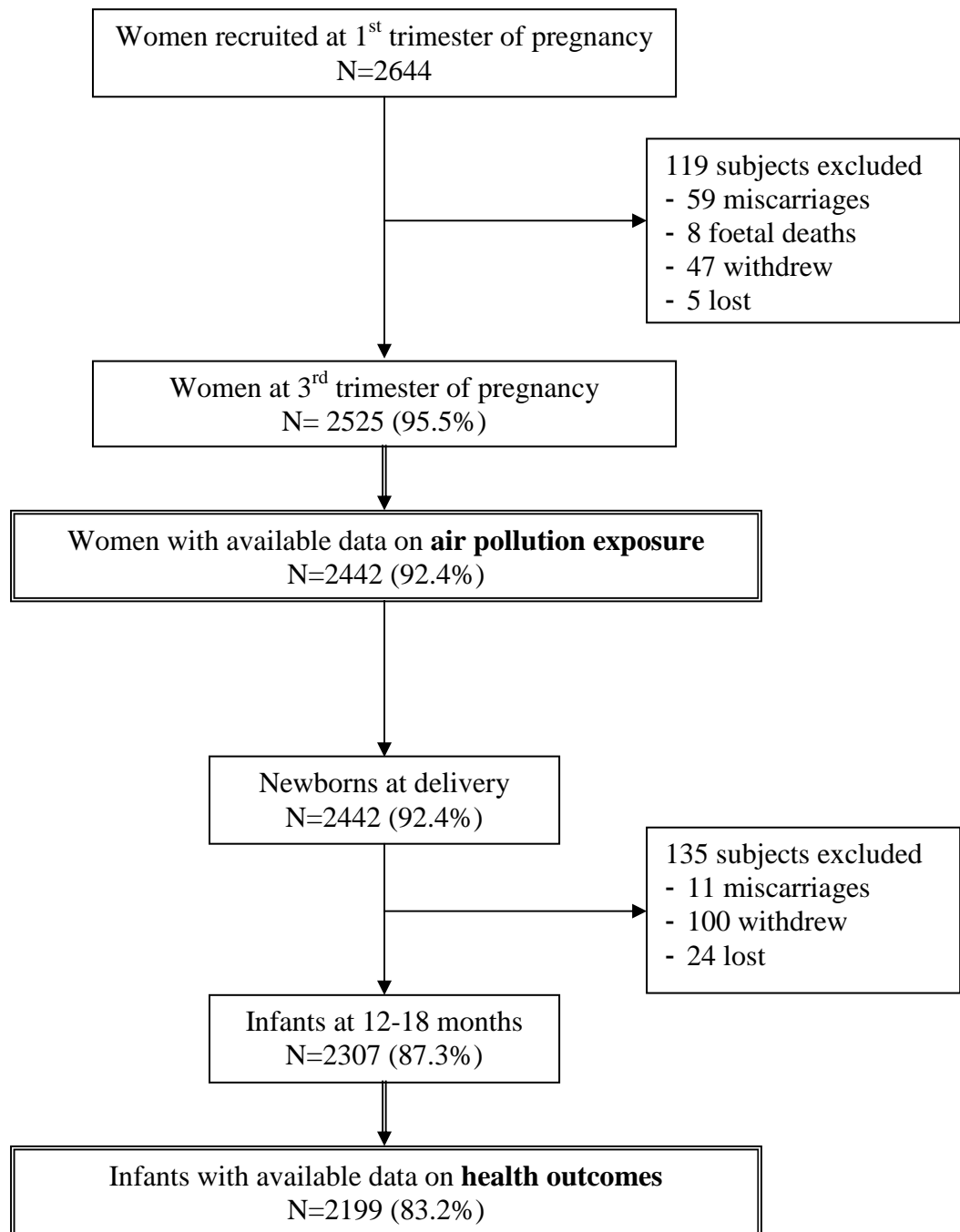


Table S1. Air pollution sampling campaigns, LUR models and fixed stations used for temporal adjustment in each study area

Study area	No. sampling sites	Sampling campaigns	Variables LUR model	R ² LUR model	No. fixed stations (prenatal period)	No. fixed stations (postnatal period)	Pollutant used for temporal adjustment ^a
NO₂							
Asturias	67	June 05 November 05	Altitude Log-transformed distance to nearest road Agricultural or forest land cover within 300 m	0.52	4	4	NO ₂
Gipuzkoa	85	February 07 June 07	Altitude (3 cat) Valley factor Distance to nearest major road (defined as ADT ^b >20,000) Urban land cover within 100 m Industrial land cover within 300 m	0.51	2	2	NO ₂
Sabadell	57	April 05 June 05 October 05 March 06	Altitude Urban and industrial land cover within 500 m Road type (3 cat)	0.75	1	1	NO ₂
Valencia	93	April 04 June 04 November 04 February 05	Log-transformed distance to nearest major road (defined as ADT ^b >10000) Kriging estimate ^c Industrial or urban land cover within 500 m	0.73	7	3	NO ₂

Table S1 (continued)

Study area	No. sampling sites	Sampling campaigns	Variables LUR model	R ² LUR model	No. fixed stations (prenatal period)	No. fixed stations (postnatal period)	Pollutant used for temporal adjustment ^a
BENZENE							
Asturias	67	June 05 November 05	Altitude Distance to nearest road with ADT ^b =1,001-5,000 Continuous urban land cover within 300 m Discontinuous urban land cover within 1,000 m Agricultural or forest land cover within 1,000 m	0.73	4	4	SO ₂
Gipuzkoa	85	February 07 June 07	Valley factor Log-transformed distance to nearest major road (defined as ADT ^b >20,000) Urban land cover within 100 m Distance to industry	0.44	2	2	NO ₂
Sabadell	57	April 05 June 05 October 05 March 06	Road type (3 cat) Population density within 50 m Urban land cover within 300 m Building density within 500 m	0.73	1	1	NO ₂
Valencia	93	April 04 June 04 November 04 February 05	Urban land cover within 500 m Log-transformed distance to nearest major road (defined as ADT ^b >50,000) Longitude	0.44	7	3	NO

^a Due to the lack of benzene measurements in many stations and high missing data in those stations measuring benzene, we used the pollutant that exhibited the highest correlation with benzene for temporal adjustment

^b ADT: Average daily traffic (vehicles/day)

^c Mean of estimated NO₂ from kriging among campaigns

References:

- Aguilera et al. Estimation of outdoor NO_x, NO₂, and BTEX exposure in a cohort of pregnant women using land use regression modeling. *Environ Sci Technol* 42:815-821.

- Fernández-Somoano et al. Outdoor NO₂ and benzene exposure in the INMA (Environment and Childhood) Asturias cohort (Spain). *Atmos Env* 2011; 45:5240-5246.

- Iñiguez et al. Estimation of personal NO₂ exposure in a cohort of pregnant women. *Sci Total Environ* 2009; 407:6093-6099.

Table S2. Adjusted associations^a between prenatal exposure to outdoor NO₂ or benzene (per IQR increase) and LRTI, wheezing, eczema, and ear infections during the first 12-18 months of age

Health outcome	Exposure period	NO ₂ (per IQR increase)			Benzene (per IQR increase)		
		IQR (µg/m ³)	RR	(95% C.I.)	IQR (µg/m ³)	RR	(95% C.I.)
Doctor-diagnosed LRTI	Entire prenatal	16.5	1.08	(0.97, 1.21)	1.3	1.06	(0.94, 1.19)
	First trimester	18.6	1.11	(1.00, 1.24)	1.3	1.08	(0.99, 1.17)
	Second trimester	17.0	1.14	(1.03, 1.26)	1.0	1.10	(1.01, 1.20)
	Third trimester	17.5	0.99	(0.87, 1.12)	1.1	0.99	(0.86, 1.13)
	First year of life	15.7	1.04	(0.92, 1.17)	1.2	1.02	(0.92, 1.13)
Wheezing	Entire prenatal	16.5	1.05	(0.94, 1.18)	1.3	1.01	(0.92, 1.11)
	First trimester	18.6	1.04	(0.93, 1.17)	1.3	1.00	(0.93, 1.07)
	Second trimester	17.0	1.09	(0.99, 1.20)	1.0	1.02	(0.96, 1.09)
	Third trimester	17.5	1.01	(0.90, 1.14)	1.1	1.00	(0.93, 1.07)
	First year of life	15.7	1.07	(0.96, 1.19)	1.2	0.97	(0.88, 1.07)
Eczema	Entire prenatal	16.5	1.00	(0.85, 1.18)	1.3	1.02	(0.87, 1.21)
	First trimester	18.6	0.94	(0.80, 1.10)	1.3	0.92	(0.76, 1.11)
	Second trimester	17.0	1.02	(0.87, 1.19)	1.0	1.02	(0.86, 1.22)
	Third trimester	17.5	1.02	(0.87, 1.19)	1.1	1.08	(0.97, 1.20)
	First year of life	15.7	1.03	(0.88, 1.20)	1.2	1.10	(0.97, 1.26)
Ear infections	Entire prenatal	16.5	1.31	(0.97, 1.76)	1.3	1.17	(0.93, 1.46)
	First trimester	18.6	1.22	(0.99, 1.50)	1.3	1.11	(1.03, 1.20)
	Second trimester	17.0	1.29	(0.97, 1.71)	1.0	1.13	(1.00, 1.27)
	Third trimester	17.5	1.23	(0.96, 1.57)	1.1	1.02	(0.91, 1.14)
	First year of life	15.7	1.24	(1.01, 1.52)	1.2	1.10	(0.99, 1.22)

^a Associations are adjusted for the covariates indicated in Table 3 of the main manuscript

Table S3. Adjusted associations between prenatal and postnatal exposure to outdoor NO₂ or benzene and ear infections by study area

Study area	NO ₂ (per 10 µg/m ³ increase)		Benzene (per 1 µg/m ³ increase)	
	RR	(95% C.I.)	RR	(95% C.I.)
Exposure during the entire prenatal period				
Asturias ^a	1.40	(1.14, 1.71)	1.10	(1.01, 1.21)
Gipuzkoa ^b	1.22	(1.01, 1.48)	0.87	(0.54, 1.40)
Sabadell ^c	0.92	(0.80, 1.06)	0.90	(0.57, 1.43)
Valencia ^d	1.25	(1.10, 1.42)	1.38	(1.12, 1.71)
Meta-analysis	1.18	(0.98, 1.41)	1.13	(0.95, 1.34)
p-Value ^e	0.002		0.121	
Exposure during 1 st trimester of pregnancy				
Asturias ^a	1.27	(1.06, 1.51)	1.08	(1.00, 1.16)
Gipuzkoa ^b	1.16	(0.97, 1.39)	0.87	(0.55, 1.36)
Sabadell ^c	0.96	(0.86, 1.09)	1.00	(0.67, 1.50)
Valencia ^d	1.13	(1.03, 1.25)	1.11	(1.00, 1.23)
Meta-analysis	1.11	(0.99, 1.24)	1.08	(1.02, 1.15)
p-Value ^e	0.048		0.726	
Exposure during 2 nd trimester of pregnancy				
Asturias ^a	1.34	(1.12, 1.59)	1.11	(1.01, 1.21)
Gipuzkoa ^b	1.18	(0.98, 1.42)	0.85	(0.53, 1.36)
Sabadell ^c	0.94	(0.84, 1.05)	0.92	(0.62, 1.36)
Valencia ^d	1.25	(1.13, 1.39)	1.24	(1.12, 1.37)
Meta-analysis	1.16	(0.98, 1.37)	1.13	(1.00, 1.27)
p-Value ^e	<0.001		0.120	
Exposure during 3 rd trimester of pregnancy				
Asturias ^a	1.34	(1.12, 1.61)	1.10	(1.00, 1.21)
Gipuzkoa ^b	1.20	(0.99, 1.45)	0.85	(0.53, 1.38)
Sabadell ^c	0.94	(0.83, 1.06)	0.91	(0.60, 1.37)
Valencia ^d	1.11	(1.01, 1.22)	0.96	(0.85, 1.08)
Meta-analysis	1.12	(0.98, 1.29)	1.02	(0.92, 1.13)
p-Value ^e	0.008		0.228	
Exposure during the first year of life				
Asturias ^a	1.34	(1.11, 1.62)	1.08	(0.98, 1.20)
Gipuzkoa ^b	1.23	(1.03, 1.46)	1.04	(0.74, 1.47)
Sabadell ^c	0.97	(0.84, 1.12)	1.01	(0.64, 1.59)
Valencia ^d	1.14	(1.01, 1.29)	1.10	(0.89, 1.37)
Meta-analysis	1.15	(1.01, 1.31)	1.08	(0.99, 1.18)
p-Value ^e	0.006		0.120	

Adjusted for:

^a Child's sex, age at follow-up, day care attendance, siblings at birth, and maternal asthma.

^b Child's sex, age at follow-up, day care attendance, parental allergy, exposure to secondhand smoke during pregnancy, and birth season.

^c Child's sex, age at follow-up, day care attendance, siblings at birth, and maternal post-natal smoking.

^d Child's sex, age at follow-up, day care attendance, parental asthma, maternal pre-pregnancy BMI, and paternal post-natal smoking.

^e *p*-Value for the Chi-square test for heterogeneity

Table S4. Adjusted associations^a between prenatal exposure to outdoor NO₂ or benzene and LRTI, wheezing, eczema, and ear infections during the first 12-18 months of age, stratified by potential modifying factors.

Health outcome	NO ₂ (per 10 µg/m ³ increase)			Benzene (per 1 µg/m ³ increase)		
	RR	(95% C.I.)	<i>p</i> -Value ^b	RR	(95% C.I.)	<i>p</i> -Value ^b
Doctor-diagnosed LRTI						
Fruits and vegetables intake during pregnancy						
≤ 517.26 gr/day	0.94	(0.85, 1.04)		1.07	(0.94, 1.23)	
> 517.26 gr/day	1.13	(1.04, 1.23)	0.094	1.10	(0.93, 1.29)	0.498
Circulating vitamin D during pregnancy						
≤ 20.89 ng/mL	1.11	(0.99, 1.26)		1.11	(0.84, 1.47)	
20.90 - 30.20 ng/mL	1.10	(0.94, 1.28)		1.24	(1.10, 1.40)	
> 30.20 ng/mL	0.99	(0.88, 1.12)	0.492	1.00	(0.84, 1.21)	0.041
Duration of breastfeeding						
None	1.05	(0.88, 1.25)		1.08	(0.84, 1.39)	
≤ 6 months	1.12	(0.94, 1.33)		1.03	(0.84, 1.25)	
> 6 months	0.89	(0.74, 1.08)	0.600	0.86	(0.59, 1.25)	0.537
Wheezing						
Fruits and vegetables intake during pregnancy						
≤ 517.26 gr/day	0.99	(0.88, 1.11)		1.04	(0.91, 1.18)	
> 517.26 gr/day	1.04	(0.95, 1.14)	0.675	1.02	(0.88, 1.19)	0.925
Circulating vitamin D during pregnancy						
≤ 20.89 ng/mL	1.06	(0.94, 1.20)		1.09	(0.85, 1.39)	
20.90 - 30.20 ng/mL	1.03	(0.90, 1.18)		1.07	(0.96, 1.19)	
> 30.20 ng/mL	0.98	(0.84, 1.15)	0.922	0.96	(0.76, 1.20)	0.416
Duration of breastfeeding						
None	1.05	(0.91, 1.22)		1.01	(0.90, 1.13)	
≤ 6 months	1.00	(0.89, 1.12)		0.95	(0.77, 1.17)	
> 6 months	1.13	(0.95, 1.34)	0.531	1.27	(0.97, 1.67)	0.182

Table S4 (continued)

Health outcome	NO₂ (per 10 µg/m³ increase)			Benzene (per 1 µg/m³ increase)		
	RR	(95% C.I.)	<i>p</i>-Value^b	RR	(95% C.I.)	<i>p</i>-Value^b
Eczema						
Fruits and vegetables intake during pregnancy						
≤ 517.26 gr/day	1.00	(0.87, 1.16)	0.981	1.08	(0.91, 1.28)	0.588
> 517.26 gr/day	1.02	(0.90, 1.16)		1.12	(0.95, 1.32)	
Circulating vitamin D during pregnancy						
≤ 20.89 ng/mL	0.97	(0.82, 1.16)	0.354	1.06	(0.88, 1.29)	0.876
20.90 - 30.20 ng/mL	0.98	(0.81, 1.17)		0.98	(0.83, 1.16)	
> 30.20 ng/mL	0.98	(0.81, 1.19)		1.05	(0.83, 1.34)	
Duration of breastfeeding						
None	0.99	(0.71, 1.38)	0.077	0.95	(0.45, 2.04)	0.135
≤ 6 months	1.25	(0.86, 1.81)		1.19	(0.98, 1.46)	
> 6 months	0.97	(0.64, 1.48)		1.16	(0.76, 1.78)	
Ear infections						
Fruits and vegetables intake during pregnancy						
≤ 517.26 gr/day	1.22	(1.00, 1.48)	0.655	1.15	(0.94, 1.39)	0.954
> 517.26 gr/day	1.13	(0.95, 1.34)		1.15	(1.04, 1.28)	
Maternal circulating vitamin D during pregnancy						
≤ 20.89 ng/mL	1.12	(0.88, 1.42)	0.294	1.11	(0.95, 1.29)	0.534
20.90 - 30.20 ng/mL	1.29	(1.03, 1.60)		1.12	(0.99, 1.26)	
> 30.20 ng/mL	1.13	(0.88, 1.46)		1.31	(1.01, 1.70)	
Duration of breastfeeding						
None	1.20	(0.98, 1.47)	0.906	1.19	(0.90, 1.59)	0.185
≤ 6 months	1.21	(0.95, 1.53)		1.15	(0.88, 1.51)	
> 6 months	1.30	(0.98, 1.72)		1.31	(1.10, 1.56)	

^a Associations are adjusted for the covariates indicated in Table 3 of the main manuscript

^b Combined p -value of the area-specific interaction term p -values