

Multimedia appendix: The GerdQ self-assessment questionnaire

Symptoms present in the last 7 days

		Symptom presence		
		0 days	1 day	2 days
Question:				
1.	How often did you have a burning feeling behind your breastbone (heartburn)?	0	1	2
2.	How often did you have stomach contents (liquid or food) moving upwards to your throat or mouth (regurgitation)?	0	1	2
3.	How often did you have a pain in the center of the upper stomach?	3	2	1
4.	How often did you have nausea?	3	2	1
5.	How often did you have difficulty getting a good night's sleep because of your heartburn and/ or regurgitation?	0	1	2
6.	How often did you take additional medication for your heartburn and/ or regurgitation other than what the physician told you to take (such as Maalox)?	0	1	2

GerdQ symptom scores:

GerdQ < 8: low probability for GERD

GerdQ ≥ 8 and ≤ 3 on questions 5 and 6 (impact questions): GERD with low impact on daily life

GerdQ ≥ 8 and ≥ 3 on questions 5 and 6 (impact questions): GERD with high impact on daily life