

STROBE Statement—Checklist of items that should be included in reports of *cohort studies*

	Item No	Recommendation
Title and abstract Page 1 Page 2	1	(a) Indicate the study’s design with a commonly used term in the title or the abstract <hr/> (b) Provide in the abstract an informative and balanced summary of what was done and what was found
Introduction Page 3		
Background/rationale	2	Explain the scientific background and rationale for the investigation being reported
Objectives	3	State specific objectives, including any prespecified hypotheses
Methods		
Study design Page 4	4	Present key elements of study design early in the paper
Setting Page 4	5	Describe the setting, locations, and relevant dates, including periods of recruitment, exposure, follow-up, and data collection
Participants Page 4	6	(a) Give the eligibility criteria, and the sources and methods of selection of participants. Describe methods of follow-up <hr/> (b) For matched studies, give matching criteria and number of exposed and unexposed
Variables Pages 5+6	7	Clearly define all outcomes, exposures, predictors, potential confounders, and effect modifiers. Give diagnostic criteria, if applicable
Data sources/ measurement Pages 5+6	8*	For each variable of interest, give sources of data and details of methods of assessment (measurement). Describe comparability of assessment methods if there is more than one group
Bias Pages 5	9	Describe any efforts to address potential sources of bias
Study size Page 5	10	Explain how the study size was arrived at
Quantitative variables Page 7	11	Explain how quantitative variables were handled in the analyses. If applicable, describe which groupings were chosen and why
Statistical methods Page 7	12	(a) Describe all statistical methods, including those used to control for confounding <hr/> (b) Describe any methods used to examine subgroups and interactions <hr/> (c) Explain how missing data were addressed <hr/> (d) If applicable, explain how loss to follow-up was addressed <hr/> (e) Describe any sensitivity analyses
Results		
Participants not fully applicable Figure 1 Figure 1	13*	(a) Report numbers of individuals at each stage of study—eg numbers potentially eligible, examined for eligibility, confirmed eligible, included in the study, completing follow-up, and analysed <hr/> (b) Give reasons for non-participation at each stage <hr/> (c) Consider use of a flow diagram
Descriptive data Table 1	14*	(a) Give characteristics of study participants (eg demographic, clinical, social) and information on exposures and potential confounders <hr/> (b) Indicate number of participants with missing data for each variable of interest <hr/> (c) Summarise follow-up time (eg, average and total amount)

Outcome data Table 2 + Page 8+9	15*	Report numbers of outcome events or summary measures over time
Main results Table 2+3	16	(a) Give unadjusted estimates and, if applicable, confounder-adjusted estimates and their precision (eg, 95% confidence interval). Make clear which confounders were adjusted for and why they were included <hr/> (b) Report category boundaries when continuous variables were categorized <hr/> (c) If relevant, consider translating estimates of relative risk into absolute risk for a meaningful time period
Other analyses	17	Report other analyses done—eg analyses of subgroups and interactions, and sensitivity analyses
Discussion		
Key results Page 10	18	Summarise key results with reference to study objectives
Limitations Page 11+12	19	Discuss limitations of the study, taking into account sources of potential bias or imprecision. Discuss both direction and magnitude of any potential bias
Interpretation Whole section “DISCUSSION”	20	Give a cautious overall interpretation of results considering objectives, limitations, multiplicity of analyses, results from similar studies, and other relevant evidence
Generalisability Page 11 last paragraph	21	Discuss the generalisability (external validity) of the study results
Other information		
Funding footnotes	22	Give the source of funding and the role of the funders for the present study and, if applicable, for the original study on which the present article is based

*Give information separately for exposed and unexposed groups.

Note: An Explanation and Elaboration article discusses each checklist item and gives methodological background and published examples of transparent reporting. The STROBE checklist is best used in conjunction with this article (freely available on the Web sites of PLoS Medicine at <http://www.plosmedicine.org/>, Annals of Internal Medicine at <http://www.annals.org/>, and Epidemiology at <http://www.epidem.com/>). Information on the STROBE Initiative is available at <http://www.strobe-statement.org>.