

## Supplemental Materials

**Supplemental Table 1** Characteristics of 32 established SNPs for BMI

SNP	Nearest Gene	Chr	Allele*		Beta (SE)†	Women (NHS)		Men (HPFS)	
			Effect	Other		EAF	r <sup>2</sup> ‡	EAF	r <sup>2</sup> ‡
rs543874	<i>SEC16B</i>	1	G	A	0.22 (0.03)	0.19	1.00	0.19	1.00
rs1514175	<i>TNNI3K</i>	1	A	G	0.07 (0.02)	0.42	1.00	0.40	1.00
rs1555543	<i>PTBP2</i>	1	C	A	0.06 (0.02)	0.59	1.00	0.58	1.00
rs2815752	<i>NEGR1</i>	1	A	G	0.13 (0.02)	0.63	1.00	0.63	1.00
rs2890652	<i>LRP1B</i>	2	C	T	0.09 (0.03)	0.17	0.99	0.17	0.99
rs887912	<i>FANCL</i>	2	T	C	0.10 (0.02)	0.30	0.99	0.30	0.99
rs713586	<i>RBJ</i>	2	C	T	0.14 (0.02)	0.47	1.00	0.48	1.00
rs2867125	<i>TMEM18</i>	2	C	T	0.31 (0.03)	0.82	1.00	0.81	1.00
rs13078807	<i>CADM2</i>	3	G	A	0.10 (0.02)	0.21	0.99	0.22	0.99
rs9816226	<i>ETV5</i>	3	T	A	0.14 (0.03)	0.82	0.97	0.82	0.97
rs13107325	<i>SLC39A8</i>	4	T	C	0.19 (0.04)	0.08	0.86	0.09	0.83
rs10938397	<i>GNPDA2</i>	4	G	A	0.18 (0.02)	0.44	0.98	0.44	0.99
rs4836133	<i>ZNF608</i>	5	A	C	0.07 (0.02)	0.48	0.94	0.52	0.93
rs2112347	<i>FLJ35779</i>	5	T	G	0.10 (0.02)	0.64	0.97	0.63	0.97
rs987237	<i>TFAP2B</i>	6	G	A	0.13 (0.03)	0.18	1.00	0.18	1.00
rs206936	<i>NUDT3</i>	6	G	A	0.06 (0.02)	0.20	1.00	0.20	1.00
rs10968576	<i>LRRN6C</i>	9	G	A	0.11 (0.02)	0.31	1.00	0.31	1.00
rs3817334	<i>MTCH2</i>	11	T	C	0.06 (0.02)	0.42	1.00	0.41	1.00
rs4929949	<i>RPL27A</i>	11	C	T	0.06 (0.02)	0.51	0.97	0.49	0.97
rs10767664	<i>BDNF</i>	11	A	T	0.19 (0.03)	0.78	1.00	0.78	1.00
rs7138803	<i>FAIM2</i>	12	A	G	0.12 (0.02)	0.38	1.00	0.39	1.00
rs4771122	<i>MTIF3</i>	13	G	A	0.09 (0.03)	0.22	0.95	0.21	0.95
rs11847697	<i>PRKD1</i>	14	T	C	0.17 (0.05)	0.05	0.85	0.05	0.80
rs10150332	<i>NRXN3</i>	14	C	T	0.13 (0.03)	0.22	1.00	0.20	1.00
rs2241423	<i>MAP2K5</i>	15	G	A	0.13 (0.02)	0.77	1.00	0.74	1.00
rs7359397	<i>SH2B1</i>	16	T	C	0.15 (0.02)	0.39	0.98	0.37	0.97
rs1558902	<i>FTO</i>	16	A	T	0.39 (0.02)	0.42	1.00	0.44	1.00
rs12444979	<i>GPRC5B</i>	16	C	T	0.17 (0.03)	0.86	0.99	0.86	0.98
rs571312	<i>MC4R</i>	18	A	C	0.23 (0.03)	0.24	1.00	0.24	1.00
rs29941	<i>KCTD15</i>	19	G	A	0.06 (0.02)	0.68	1.00	0.68	1.00
rs3810291	<i>TMEM160</i>	19	A	G	0.09 (0.02)	0.65	0.70	0.64	0.71
rs2287019	<i>QPCTL</i>	19	C	T	0.15 (0.03)	0.81	0.75	0.80	0.67

Chr: chromosome; EAF: effect allele frequency.

\*Allele coding based on the forward strand. Effect allele is the one associated with a higher BMI; and other is the reference allele.

†Effect sizes in kg/m<sup>2</sup> of BMI obtained from GWAS.

‡r<sup>2</sup> refers to the measurement of SNPs imputation quality.

**Supplemental Figure 1** Genetic risk score and body mass index in the NHS and HPFS

The histograms represent the percentage of participants; and the means ( $\pm$ SE) of BMI are plotted, with the trend lines across the genetic risk score.

