

^aHRs represent the risk of type 2 diabetes for women reporting menarche at age 8-11 years versus 13 years over 9 years of follow-up.

^bPower calculations assume alpha=0.05. Sample sizes for African-American women: menarche age 8-11 years, n=343; menarche age 13, n=527. Sample sizes for white women: menarche age 8-11, n=916; menarche age 13, n=1,601.