

Induction by Glucocorticoids of Angiotensin Converting Enzyme Production from Bovine Endothelial Cells in Culture and Rat Lung In Vivo

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ABSTRACT The effect of corticosteroids on angiotensin converting enzyme was investigated in endothelial cell cultures and intact rat lung. Cultured endothelial cells from bovine aorta showed net production of angiotensin converting enzyme (ACE) over 2 d culture in serum-free medium. Dexamethasone (DM) increased cell ACE activity six- to sevenfold at 100 nM with a threshold effect at 0.3 nM. The effect of DM on ACE production was completely inhibited by actinomycin D or cycloheximide. Deoxycorticosterone (DOC) and aldosterone were markedly less active, with a threshold near 100 nM and significant (two to threefold) stimulation of ACE activity at 1 μ M. In cells incubated in the presence of 10 nM DM, DOC (10 μ M) significantly inhibited ACE production compared with 10 nM DM alone, suggesting that DOC is a partial agonist/partial antagonist in this enzyme system. Protein content of cells or medium was unchanged by steroids at all doses used.

In vivo, adrenalectomized rats showed lower pulmonary ACE compared with intact controls, and when injected with DM (40 μ g/d for 4 d) showed a significant (twofold, $P < 0.002$) increase in lung ACE over oil-injected, adrenalectomized controls; serum ACE did not change. Injection with DOC (40 μ g/d) or aldosterone (10 μ g/d) had no effect on lung or serum ACE. Over a range (0.6 to 2,000 μ g) of concentrations of DM administered daily for 7 d, the dose-response curve of DM for induction of pulmonary ACE mirrored that for thymolysis; for both, half-maximal effects were seen at ~ 6 μ g DM/d, and plateau levels at 60 μ g/d.

We conclude that glucocorticoids are potent inducers of ACE activity in endothelial cells in culture and in rat lung in vivo, and that the action of aldosterone and DOC reflects occupancy of glucocorticoid receptors. This effect may be of (patho)physiological relevance in regulating levels of ACE in local vascular beds, and thereby modulating local levels of the vasoactive peptides angiotensin II and bradykinin.

INTRODUCTION

The production of angiotensin II (AII)¹ from renin substrate is regulated by two enzymes: renin (EC 3.4.99.19) and angiotensin converting enzyme (ACE, peptidyl-dipeptide hydrolase, EC 3.4.15.1). The factors controlling release of renin have been intensively studied (1), but the regulation of ACE activity has been largely ignored.

ACE is localized to the luminal surface of vascular endothelial cells (2) and also occurs at other sites in tissues such as kidney (3), brain (4), and small intestine (5). Techniques for harvesting and culture of endothelial cells have been described (6), and the cultured cells have been shown to produce ACE in vitro (7). We therefore chose cultured endothelial cells as a convenient system to investigate the regulation of ACE production.

Previously, glucocorticoids have been shown to induce ACE production in rabbit alveolar macrophages in culture (8). There are, however, no published re-

¹ *Abbreviations used in this paper:* AI, AII, angiotensin I and II; ACE, angiotensin converting enzyme; Aldo, aldosterone; ANOVA, analysis of variance; DM, dexamethasone; DOC, deoxycorticosterone hemisuccinate; HL, histidyl-leucine; LDH, lactate dehydrogenase.

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ports of steroid modulation of ACE in vascular endothelium, one possible mechanism whereby steroids might influence vascular tone. This is of interest since the hypertension of Cushing's syndrome in man has been reported to be dependent on AII (9), as has experimental hypertension due to glucocorticoid administration (10). The present demonstration, that endothelial ACE is induced by glucocorticoids both in vivo and in vitro, suggests a possible role in clinical and experimental hypertension associated with glucocorticoid excess.

METHODS

Bovine endothelial cell cultures. Endothelial cells were collected from fresh bovine aortae using collagenase digestion (11) and cultured in RPMI 1640 medium (Flow Laboratories, Stanmore, N.S.W., Australia) containing 30% fetal calf serum, amphotericin B (1.25 µg/ml), gentamycin (80 µg/ml), 2 mM additional glutamine, and buffered with 15 mM HEPES to pH 7.5. Before the experiments described below, the cells were harvested with 0.025% trypsin-0.02% EDTA, subcultured into 25-cm² flasks and grown to confluence.

Production of converting enzyme in vitro. Because fetal calf serum was found to contain high concentrations of ACE, it was necessary to culture the cells in serum-free medium. After the medium was removed from confluent subcultures of endothelial cells, and cells were washed twice with phosphate-buffered saline and once with RPMI medium free of fetal calf serum. 5 ml of serum-free medium was added to each flask.

Steroids. Stock solutions of dexamethasone (DM, Sigma Chemical Co., St. Louis, Mo., lot no. 49C0474), deoxycorticosterone hemisuccinate (DOC, Steraloids, Inc., Pawling, NY, batch no. 7413), and aldosterone (Aldo; Sigma Chemical Co., lot no. 28C-0079) were freshly prepared in RPMI medium and volumes of 10–100 µl added to the cultures to achieve the desired concentrations. Cultures were maintained at 37°C for 2 d in room air, and samples of cells and medium were collected from duplicate flasks. The medium was centrifuged at 1,700 g for 10 min, and the supernatant stored at –20°C for subsequent ACE assay; the cell pellet was combined with the cells from the culture flask, lysed in 2 ml of distilled water, and stored at –20°C.

ACE assay. Samples of medium and cells were dialyzed at 4°C against distilled water for 24 h and then for 24 h against 300 mM NaCl, 50 mM sodium phosphate buffer, pH 8.3, to reduce the blank fluorescence derived from the medium. Cell suspensions were sonicated before dialysis. In both dialyzed media and cell sonicates, ACE was determined by a fluorometric procedure (12) using the substrate hippuryl-histidyl-leucine (Vega-Fox Biochemicals Div., Newbery Energy Corp., Tucson, AZ) under the assay conditions described by Cushman and Cheung (13), except that the incubation was prolonged to 2 h in order to increase the sensitivity of the assay. The generation of histidyl-leucine was linear with both time (15–120 min) and protein concentration of the sample (0.5–3 µg protein). Recovery of added histidyl-leucine (10 nmol) was 98.4±2.4%, (SD, *n* = 10). Protein content of cells and medium was measured by a modified Lowry method (14).

Characterization of the enzyme. The identity of the cleavage product after the ACE assay was checked by thin-

layer chromatography on silica gel using n-butanol/acetic acid/water (18:2:5) as solvent. The spots were identified using ninhydrin and Pauly's reagent (15).

To assess the effect of Cl⁻ on the activity of the enzyme, samples were dialyzed against Cl⁻-free, 50 mM sodium phosphate buffer, pH 8.3, and the incubation mixtures made up with a range of NaCl concentrations from 0 to 400 mM. The effect of the inhibitors Na₂ EDTA, SQ 20881, and SQ 14225 (E. R. Squibb & Sons, New York) was assessed on the enzyme activity.

Action of actinomycin D and cycloheximide on the effect of DM. In two experiments inhibitors of translation and transcription were used to evaluate the mechanism of action of DM on ACE production. Actinomycin D (40 µM, lot 1151416, Boehringer Mannheim Biochemicals, Indianapolis, IN) or cycloheximide (1 µM, lot 501284, Calbiochem-Behring Corp., American Hoechst Corp., San Diego, CA) were added to cell cultures with and without DM (100 nM), and ACE production measured after 2 d as described above.

Lactate dehydrogenase assay. In one experiment the distribution of ACE, protein, and lactate dehydrogenase (LDH) between cells and medium was measured in cultures at day 0 and day 2 with and without DM (100 nM) in order to assess the contribution of cell lysis to medium ACE. LDH assays (16) were performed on fresh, unfrozen samples of cells and medium before dialysis for ACE assay. In sonicated cells, incubated at 37°C, no loss of LDH activity occurred over 24 h.

Effect of steroids on lung and serum ACE in vivo. Female Sprague Dawley rats, bilaterally adrenalectomized 5 d previously, were injected daily for 4 d with either subcutaneous DM (40 µg/d), DOC (40 µg/d), Aldo (10 µg/d), or vehicle (peanut oil, 0.1 ml). The animals (*n* = 10 per group) were killed by decapitation, serum collected for ACE assay, and the lungs homogenized in 9 vol of 0.3 M NaCl, 0.1 M potassium phosphate buffer, pH 8.3. Homogenates were centrifuged at 1,000 g for 10 min, the supernatant diluted 20-fold in the phosphate buffer, and 10 µl used for ACE assay.

In a dose-response study, female Sprague Dawley rats were adrenalectomized or sham-adrenalectomized, housed at a different institution (Medical Research Centre, Prince Henry's Hospital) and injected daily with DM (0.6–2,000 µg/d) in oil from the first to the seventh days inclusive postadrenalectomy. Six animals were used per group (sham adrenalectomized, adrenalectomized, and eight doses of DM).

Statistical analysis. The significance of changes in ACE and protein with steroid treatment was assessed by one-way analysis of variance (ANOVA) (17). Where treatment effects were significant by ANOVA, comparison of individual treatments with the control was by the least significant difference test using the error mean square obtained by ANOVA (17).

RESULTS

Characteristics of the enzyme. The enzyme activity produced by the cells in culture closely resembled classical ACE in several respects. It was inhibited 93 and 97% by EDTA (1 mM, 10 mM), 78 and 99% by SQ 20881 (1 µM, 25 µM), and 96 and 99% by SQ 14225 (1 µM and 25 µM). Thin-layer chromatography of the incubation mixture revealed the appearance of histidyl-leucine (HL) but neither histidine or leucine. The

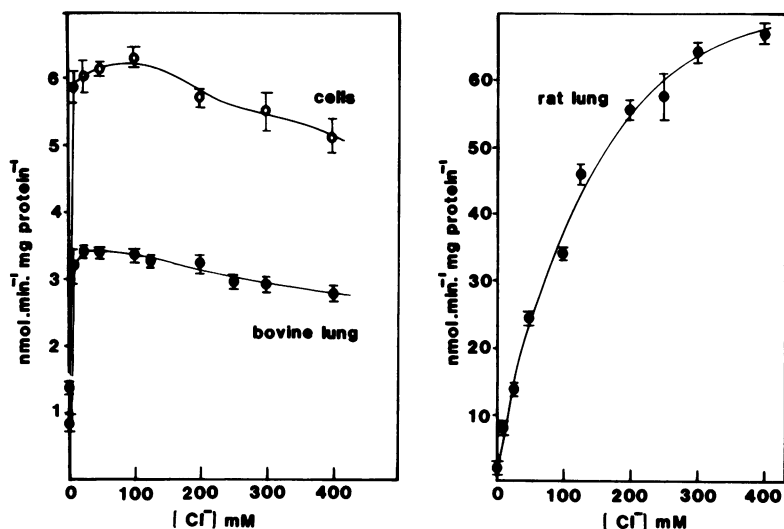


FIGURE 1 Cl^- activation of ACE derived from bovine endothelial cells in culture (cells), fresh bovine lung, or fresh rat lung.

release of HL was inhibited by EDTA or SQ 20881. These results indicate the action of a dipeptidylcarboxypeptidase sensitive to EDTA and SQ 20881.

In the absence of Cl^- the enzyme has only $\sim 20\%$ of maximal activity. It was markedly activated by low concentrations of Cl^- with a half maximal effect at < 2 mM (Fig. 1). The profile of the Cl^- activation curve of ACE from cultured endothelial cells closely resembled that obtained using microsomes from fresh bovine lung (Fig. 1) but was different from that observed for rat lung where the half maximal Cl^- concentration was ~ 100 mM.

Evidence for net production of ACE in vitro and its inhibition by cycloheximide in this system has been published (7).

Production of ACE during culture. Cell cultures in serum-free medium showed a net increase of total ACE content (cells and medium) from 104 ± 12 (SEM, $n = 16$) pmol HL/min per flask ($\sim 3\text{--}4 \times 10^6$ cells) to 247 ± 35 (SEM, $n = 16$) after 2 d. In terms of enzyme activity per milligram protein this represents an increase from 149 ± 16 to 286 ± 45 pmol/min per mg protein. In the absence of steroids, after 2 d, approximately equal activities of ACE were found in the medium (130 ± 19 pmol/min per flask, SEM, $n = 16$) and in the cells (117 ± 16). After 2 d of culture in serum-free medium, protein content in cells was 714 ± 21 μg /flask, and of medium was 176 ± 7 μg /flask, compared with values at day 0 of 646 ± 32 and 47 ± 4 μg , respectively.

Effect of steroids on ACE production during culture. The effects of a range of concentrations of the steroids on ACE production by endothelial cells during

2 d in serum-free culture is shown in Fig. 2. DM markedly increased ACE content of both cells and medium. The effects of DM on ACE content of cells and medium, and total ACE, were all highly significant (ANOVA, $F_{5,8} = 84.9$, $P = 10^{-7}$; $F_{5,8} = 8.8$, $P < 0.004$, and $F_{5,8} = 54.8$, $P < 10^{-5}$, respectively). The threshold effect ($P < 0.05$ vs. control) occurred at 0.3 nM DM for cell ACE, 10 nM for medium ACE, and 1 nM for total ACE. A graded, almost linear, increase in ACE then occurred up to the highest dose of DM used (100 nM). At 100 nM DM, ACE in cells was six to seven times, and total ACE production four times that in controls without added steroid. In a different set of six separate experiments, DM (100 nM) produced increases (mean \pm SD) in ACE content of $664 \pm 29\%$, $216 \pm 23\%$, and $429 \pm 23\%$ in cells, medium and total production, respectively.

In the presence of DM (100 nM), ACE content of the cells was 2.9 (SD = 0.6, $n = 6$) times greater than the medium content; this contrasts with cultures without added steroid, where nearly equal values were found. Thus, DM not only increased total ACE content of the cultures, but also favoured storage of new ACE over release.

DOC and aldosterone produced highly significant increases in total ACE ($F_{5,8} = 6.1$, $P < 0.02$, and $F_{5,8} = 66.7$, $P < 10^{-5}$), but were both markedly less potent than DM (Fig. 2).

There was no effect of any of the three steroids on total protein content of either cells or medium (Table I). No differences in morphology were observed, between steroid-treated cells and control cultures, using a Leitz Wetzlar inverted light microscope.

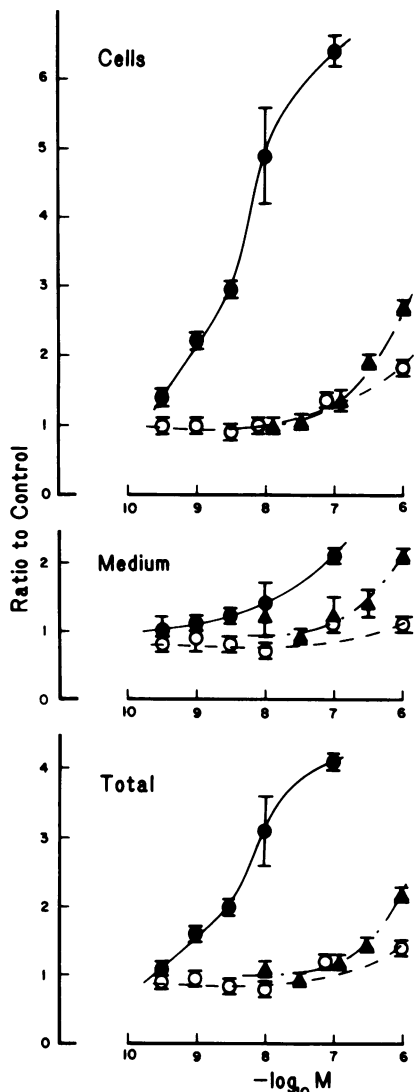


FIGURE 2 Dose-response curves for the effects of DM (●), DOC (○), and Aldo (▲) on ACE specific activity nmol/min per mg protein) in bovine endothelial cells, culture medium or both (total). ACE activity (mean and range, $n = 2$) is expressed as a ratio of that in control cultures in each experiment.

Addition of any of the three steroids (0.1–10 μ M) to the ACE assay system had no effect on the rate of generation of histidyl-leucine ($F_{3,6} = 0.4$, $P > 0.7$).

Effects of culture and DM on cell and medium content of ACE, LDH, and total protein. In one study we have compared the effects of culture and steroid exposure on LDH and total protein, in addition to ACE, to evaluate the possible combination of cell lysis to medium ACE and the effects of steroid on the release of ACE. Table II shows values for ACE, LDH,

and total protein in both cells and medium, before and after 2-d culture with or without DM (100 nM). Of particular interest is the proportion of total activity found in the medium in each case. In the absence of added steroid, ACE increased in both cells and medium; the percentage of total ACE in the medium markedly increased over 2 d in culture (19 ± 3 to $42 \pm 2\%$). This value is much higher than the extent of cell lysis as assessed by the increase in percentage of LDH or protein in the medium (9.0, 9.3%).

In the presence of DM (100 nM), both medium and cell ACE were markedly increased after 2 d, as shown previously. As opposed to the marked increase in medium ACE as a percentage of the total under steroid-free conditions, cells cultured with DM showed no change in medium to total ratio (26 ± 2 , $24 \pm 1\%$). In contrast, the medium proportions of both LDH and

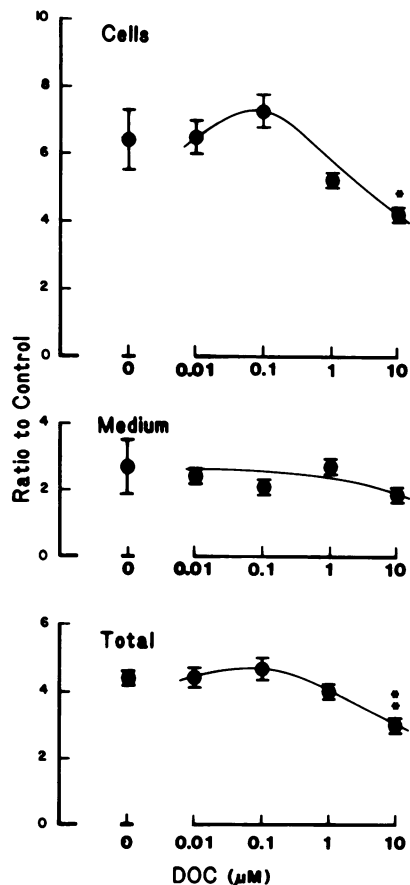


FIGURE 3 Effects of DOC on the ACE specific activity of endothelial cells, culture medium, or both (total) in the presence of 10 nM DM in all flasks. Results (mean and range, $n = 2$) are expressed as a ratio of the activity in control cultures without added steroids. * $P < 0.05$; ** $P < 0.01$, compared with DM alone.

TABLE I
Effect of Steroids on Protein Content of Endothelial Cells in Culture

	Protein content, $\mu\text{g}/\text{flask}$						F ratio for treatment effect	Degrees of freedom	P
	nM								
	Dexamethasone								
	0	0.3	1	3	10	100			
Cells	653±24	653±6	661±20	727±12	579±63	642±40	1.9	5,8	>0.2
Medium	141±13	138±16	142±5	158±20	154±16	138±0	0.3	5,8	>0.9
	DOC								
	0	0.3	1	3	10	100			
Cells	653±24	599±9	678±3	653±35	687±86	698±28	0.8	5,8	>0.5
Medium	141±13	136±15	157±24	157±17	146±29	166±29	0.3	5,8	>0.8
	DOC								
	0	100	1,000	10,000					
Cells	739±47	762±82	852±41	702±33			1.1	3,6	>0.4
Medium	206±6	213±9	190±10	202±5			1.3	3,6	>0.3
	Aldo								
	0	10	30	100	300	1,000			
Cells	678±42	584±23	665±52	639±71	762±26	630±107	0.9	5,8	>0.5
Medium	171±9	141±20	147±2	120±33	122±15	119±12	2.2	5,8	>0.15

Values are mean±SEM, $n = 2-4$.

total protein were not affected by the presence or absence of DM.

Effects of inhibitors on DM stimulation of ACE production. In the experiment detailed in Table III, endothelial cell cultures showed an 8.4-fold increase

in total ACE content (cells and medium) during culture for 2 d. In the presence of DM (100 nM) ACE production was further increased nearly sixfold. Both actinomycin D (40 μM) and cycloheximide (1 μM) completely blocked the increases in total ACE content

TABLE II
Total Protein, LDH, and ACE in Cells and Medium

	ACE			LDH			Protein		
	Cells	Medium	% of total in medium	Cells	Medium	% in medium	Cells	Medium	% in medium
	<i>pmol/min/flask</i>			<i>mU/flask</i>			<i>$\mu\text{g}/\text{flask}$</i>		
Day 0 control, $n = 4$	179±6	43±7	19±3	641±10	39±2	5.7±0.3	335±9	161±20	32±3
Day 0 DM, 100 nM, $n = 4$	180±13	62±7	26±2	651±30	38±8	5.5±1.2	288±20	176±15	38±1
Day 2 control, $n = 4$	413±22	301±8	42±2	755±11	133±10	15±0.8	351±22	251±43	41±6
Day 2 DM, 100 nM, $n = 4$	1909±117	593±54	24±1	803±5	131±15	14±1.4	342±28	310±26	48±1

Values are mean±SEM, $n = 4$.

TABLE III
Effects of Inhibitors on DM Stimulation of ACE Production from Cultured Endothelial Cells

Incubation condition	ACE content pmol/min/flask	
	Basal	DM, 100 nM
Day 0 control	167±22° (3)	—
Day 2 control	1,433±193 (4)	8,232±491‡
Actinomycin D, 40 μM	170±33° (3)	473±130§¶
Cycloheximide, 1 μM	140±58‡ (3)	370±104¶¶

Total ACE content of cells and medium combined before (day 0 control) or after 2-d culture (day 2 control) with or without dexamethasone, actinomycin D, or cycloheximide. Values are mean±SEM with number of replicates in brackets.

° $P < 0.005$, compared with day 2 control.

‡ $P < 0.001$, compared with day 2 control.

§ $P < 0.05$, compared with day 2 control

¶ $P < 0.001$, compared with dexamethasone alone.

¶¶ $P < 0.01$, compared with day 2 control.

of cultures incubated with or without DM; all values were below the day 2 control and approached the initial ACE activity on day 0.

Cultures treated with the inhibitors for 2 d appeared morphologically normal under light microscopy.

Interaction of DOC and DM on ACE. In the experiment shown in Fig. 3, addition of DM (10 nM) produced an approximately sixfold increase in cell ACE specific activity and a two- to threefold increase in the medium ACE. Addition of DOC to the cultures containing 10 nM DM lowered ACE specific activity in the cells ($F_{4,5} = 5.3$, $P < 0.05$) and in the total ACE of cells and medium ($F_{4,5} = 10.5$, $P = 0.01$).

Effects of steroids on ACE in vivo. Fig. 4 shows the effects of three steroids on lung and serum ACE of adrenalectomized rats. Treatment with DM was associated with a doubling of ACE activity in the lung ($t = 4.13$, $P < 0.001$) whereas the effects of DOC and aldosterone were not significantly different from control ($t = 1.64$, $P > 0.1$ and $t = 1.03$, $P > 0.3$, respectively). Serum ACE did not change with any of the steroid treatments ($F_{3,33} = 1.7$, $P > 0.17$).

Dose-response curves for the effects of DM treatment on lung ACE and thymus weight in a separate group of animals are shown in Fig. 5. Adrenalectomized rats had lower lung ACE and higher thymus weight than sham-operated controls. Significant thy-

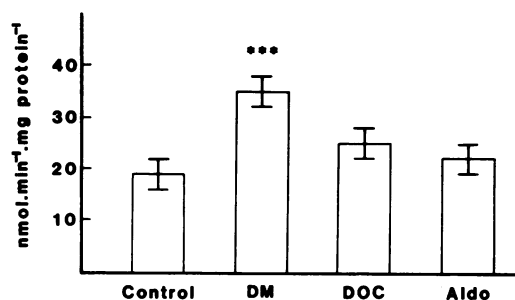


FIGURE 4 Effect of DM, 40 μg/d, DOC, 40 μg/d, Aldo, 10 μg/d, or vehicle (control) administered daily for 4 d on lung ACE activity of adrenalectomized rats. *** $P < 0.001$, compared with control; $n = 10$ per group. Values are mean±SEM.

molysis was observed with DM 2 μg/d and above. Lung ACE activity was significantly increased by DM 6 μg/d and above.

DISCUSSION

The current experiments show that bovine endothelial cells in culture produce an enzyme that closely resembles ACE in its susceptibility to inhibitors, cleavage of a dipeptide from a synthetic substrate, and marked Cl^- activation. Although many groups have reported

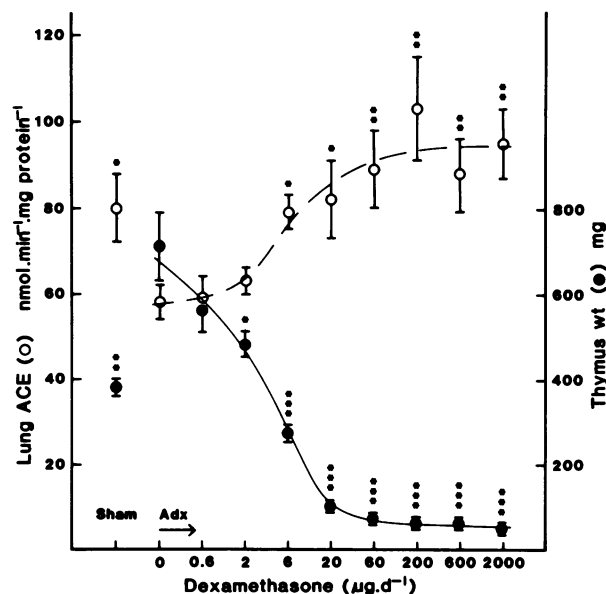


FIGURE 5 Effects of DM on thymus weight (●) and lung ACE activity (O) of adrenalectomized rats. Sham refers to sham-operated rats not given steroid. Significance values obtained by ANOVA are shown as: * $P < 0.05$; ** $P < 0.01$; *** $P < 0.001$, compared with adrenalectomized, oil-injected controls; $n = 6$ per group. Values are mean±SEM.

the presence of ACE activity in cultured endothelial cells, most of these observations are difficult to interpret due to high concentrations of ACE in fetal calf serum. This difficulty has often not been acknowledged but has recently been highlighted by others (18). There are, however, reports of production of ACE by endothelial cells cultured in medium free of ACE activity (19, 20).

In our study, DM produced a dramatic increase in ACE production in endothelial cells in culture. Glucocorticoids have been shown to increase the surface area and rate of protein synthesis by human umbilical endothelial cells in culture, but ACE activity was not assessed (21). Glucocorticoids have, however, been shown to induce ACE production by rabbit alveolar macrophages in culture (8), and in human monocytes (22) in culture. Although the physiological role of ACE in alveolar macrophages and circulating monocytes is currently unknown, the endothelial cell appears to be the major site of conversion of AI *in vivo* (23).

Contrasting the studies on macrophages and monocytes (8, 22), Johnson and Erdos (24) found no effect of cortisol (15 μ M) on ACE activity of cultured endothelial cells from human umbilical vein and pulmonary artery and vein. Both the species and anatomical site from which the cells were derived and the conditions of culture were different from this study. Their culture medium contained 20% fetal calf serum and 10% human serum, in contrast to our studies conducted in serum-free medium. It is possible that the endogenous levels of glucocorticoids in serum may stimulate control levels of ACE in cells, thus masking the glucocorticoid effect noted in our experiments. Alternatively, human endothelial cells in general, or umbilical and pulmonary vessel endothelial cells in particular, may be unresponsive to glucocorticoids.

In these experiments, adrenalectomized rats had lower lung ACE activity than controls; this was restored by low doses of DM, but not DOC or Aldo. These data suggest that induction of ACE occurs with physiological concentrations of glucocorticoids, and may thus be an important regulator of ACE in the intact animal.

That the induction of ACE in both bovine endothelial cells *in vitro* and rat lung *in vivo* is a glucocorticoid-specific effect is strongly suggested by several lines of direct evidence. *In vitro*, elevation of cell content of ACE occurs at a very low threshold concentration of DM (0.3 nM), and ACE levels rise progressively thereafter. *In vivo*, the fall in pulmonary ACE postadrenalectomy mirrors the rise in thymus weight; with progressively increasing doses of DM there are similarly parallel, opposite changes in thymus weight and pulmonary ACE. Finally, the glucocorticoid induction of

ACE is actinomycin D and cycloheximide inhibitable, evidence suggesting a classical action via DNA-dependent, RNA-mediated protein synthesis (25).

Thus, both *in vivo* and *in vitro*, ACE appears to be a system that is modulated by a classical glucocorticoid and not mineralocorticoid mechanisms. DOC (40 μ g) and Aldo (10 μ g) are near-maximal doses of steroid in terms of urinary electrolyte activity (26); their failure to elevate pulmonary ACE in lungs of adrenalectomized rats is, therefore, strong presumptive evidence against a specific mineralocorticoid effect on ACE *in vivo*; the high levels of DOC or Aldo required for *in vitro* induction are similarly consistent with an effect of these steroids by other than mineralocorticoid-specific mechanisms.

That Aldo and DOC at high concentrations can mimic, at least in part, the effect of DM of ACE is consistent with their modest affinity for glucocorticoid receptors and their partial or full glucocorticoid agonist activity upon occupying glucocorticoid receptors (27–29).

During culture of the cells in serum-free medium, the fraction of total ACE released into the medium increases disproportionately more than the fraction of either total protein or LDH. This suggests that ACE is selectively released into the medium rather than merely accumulating due to cell lysis. This process is consistent with the known localization of ACE as an ectoenzyme on the cell surface (23). DM had an interesting action in inhibiting this release process: in the presence of DM, marked increases in cell-ACE and a lesser increase in medium-ACE occurred, but the proportion of total ACE appearing in the medium was much less than in culture without steroid ($P < 0.0001$). No such effect occurred with either LDH or total protein, suggesting that this effect is specific for ACE. This phenomenon would explain why the magnitude of the effect of steroids on medium ACE was less and the dose-response curve shifted to the right compared with the effect on cell-ACE. A dual effect of glucocorticoids in increasing ACE synthesis and reducing its release would also explain why lung, but not serum ACE, increased with DM in the *in vivo* experiments.

Although the mineralocorticoid hormones are commonly considered to be the predominant corticosteroids in terms of fluid and electrolyte homeostasis, a considerable number of functions related to salt and water handling have remained within the glucocorticoid domain. Examples of such effects are the glucocorticoid, but not mineralocorticoid, induction of Na⁺/K⁺ ATPase (30); the glucocorticoid dependence of renin substrate (31); and, from the data presented in this study, the specific glucocorticoid dependence of ACE.

It has previously been assumed that peripheral ACE was not an important regulatory step in the control of AII production, based mainly on studies of the conversion of circulating AI across the lung (32). However, there is now evidence that AII may be formed locally in tissues such as kidney (33), brain (34), adrenal (35), and possibly vascular wall (36). Because ACE occurs in all of these sites (2-4, 23), it is probable that tissue levels of the enzyme could exert a regulatory role in the local production of AII.

In addition to its role in the conversion of AI to AII, ACE is one of the enzyme systems concerned in the inactivation of bradykinin (23), a potent vasodilator. Steroid induction of ACE and consequent increased inactivation of bradykinin might contribute to the anti-inflammatory effects of glucocorticoids and their reduction of vascular permeability. In terms of vascular tone, glucocorticoid-induced alterations in ACE levels might, thus, be expected to have a twofold effect: that of reciprocal changes in levels of the vasoconstrictor AII, and of the vasodilator bradykinin.

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