SUPPLEMENTARY DATA

Supplementary Table 1. Meal Composition.

	Carb (grams)	Carb %	Protein %	Fat %	Fiber (grams)	kcal
B	53.2±0.7	31.6±1.0	28.8±1.2	39.6±0.5	0	689.4±26
L	52.5±0.4	33.9±1.2	26.6±1.1	39.5±0.2	0	640.0±25
D	53.0±0.7	31.2±1.1	28.6±1.1	40.2±0.3	0	694.3±26

SUPPLEMENTARY DATA

Supplementary Figure 1. Shows the mean and 95% pointwise Confidence Interval Band of glucose concentrations obtained during breakfast in healthy controls (Blue) {reference#1} and type 1 diabetes subjects (Orange).
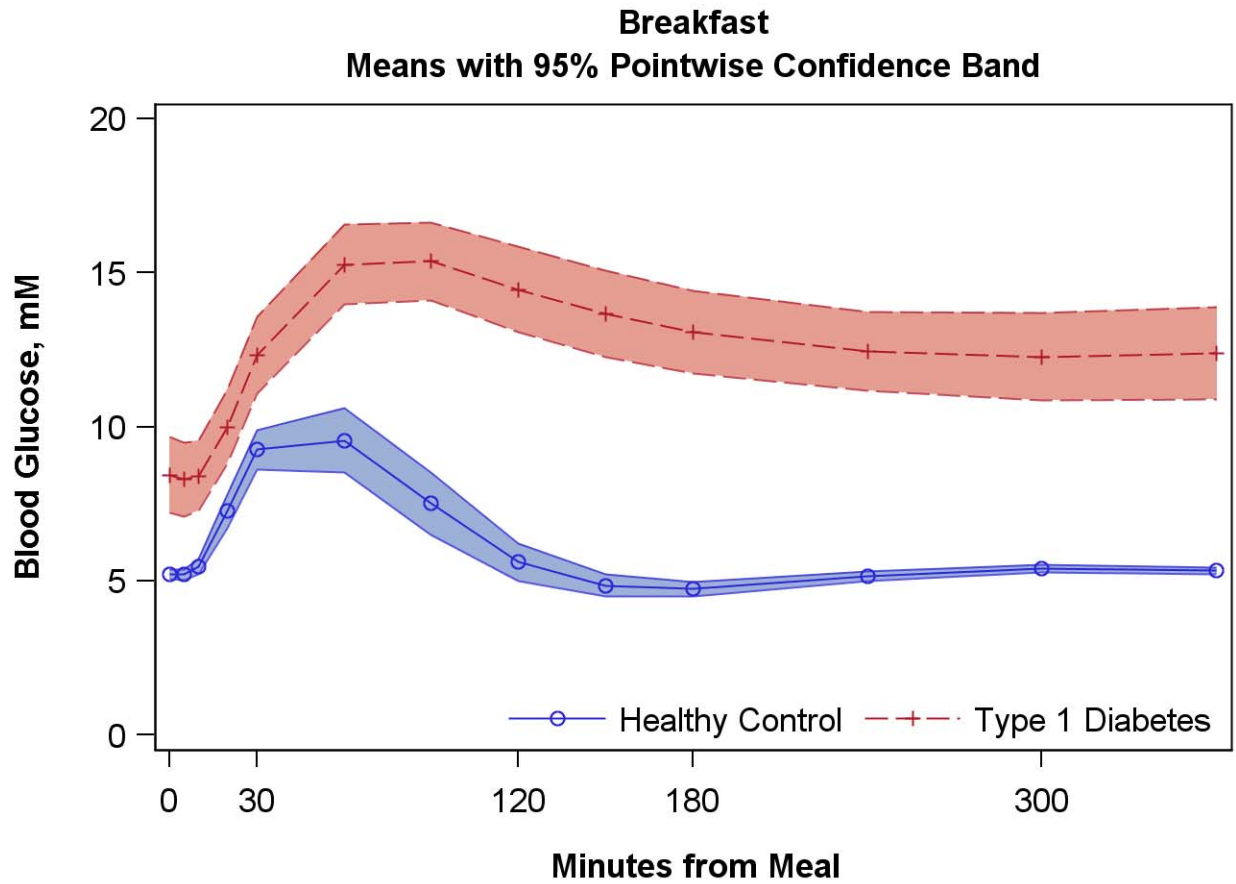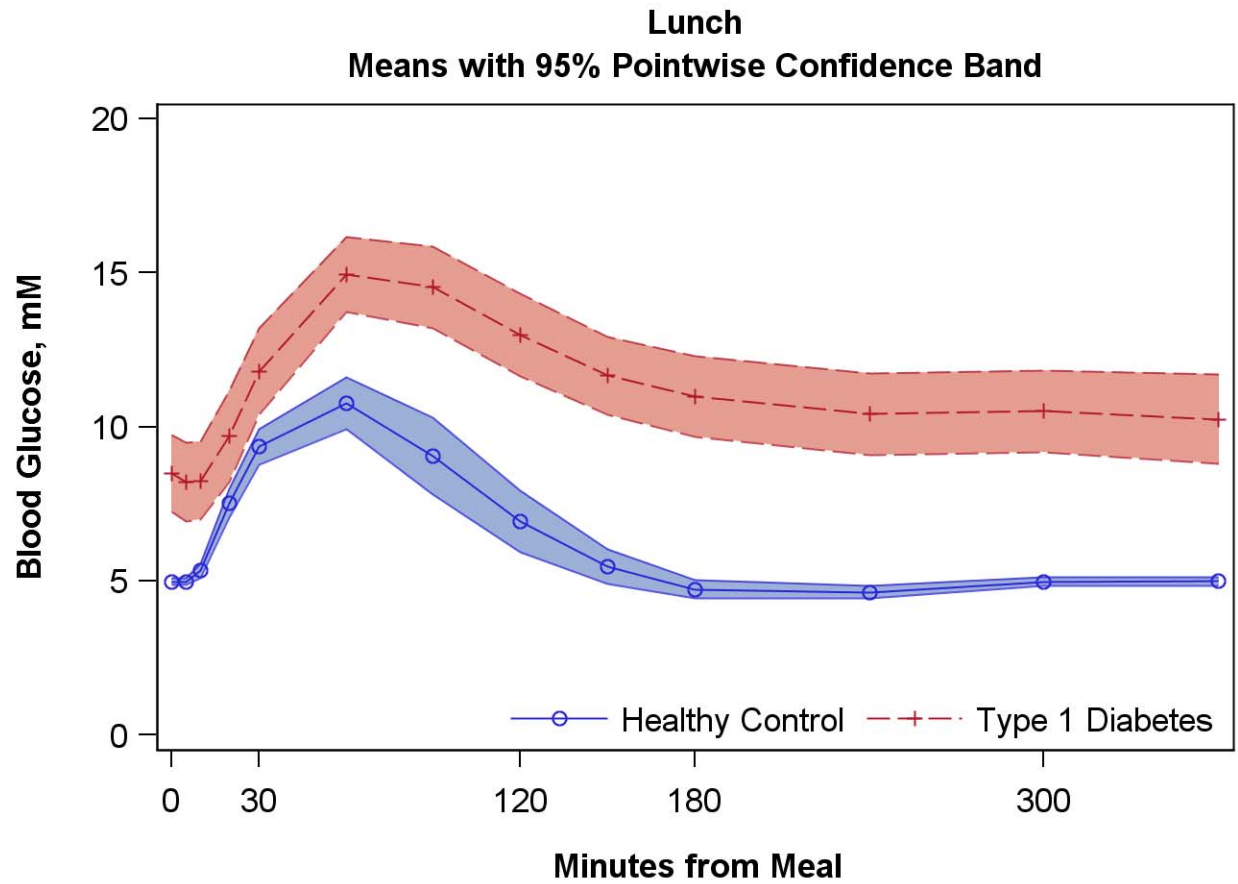
SUPPLEMENTARY DATA

Supplementary Figure 2. Shows the mean and 95% pointwise Confidence Interval Band of glucose concentrations obtained during lunch in healthy controls (Blue) {reference#1} and type 1 diabetes subjects (Orange).

Lunch
Means with 95% Pointwise Confidence Band

SUPPLEMENTARY DATA

Supplementary Figure 3. Shows the mean and 95% pointwise Confidence Interval Band of glucose concentrations obtained during dinner in healthy controls (Blue) {reference#1} and type 1 diabetes subjects (Orange).