

Supplementary Table 1. Relative risk of kidney stones according to categories of consumption of different beverages - cohort specific results

A. Health Professionals Follow-Up Study

	<1/week	1/week	2-4/week	5-6/week	≥1/day	p-value trend
Regular cola						
Multivariate HR [95% CI]	1.00 (reference)	1.00 [0.84, 1.20]	1.19 [0.98, 1.45]	1.19 [0.85, 1.67]	0.97 [0.74, 1.26]	0.47
Diet cola						
Multivariate HR [95% CI]	1.00 (reference)	1.15 [0.95, 1.40]	1.02 [0.84, 1.25]	1.19 [0.87, 1.63]	1.08 [0.89, 1.30]	0.80
Regular non-cola						
Multivariate HR [95% CI]	1.00 (reference)	1.34 [1.10, 1.63]	1.21 [0.94, 1.56]	1.51 [0.90, 2.53]	1.00 [0.59, 1.67]	0.11
Diet non-cola						
Multivariate HR [95% CI]	1.00 (reference)	0.99 [0.79, 1.24]	1.06 [0.83, 1.34]	1.28 [0.86, 1.92]	1.28 [0.93, 1.77]	0.05
Coffee						
Multivariate HR [95% CI]	1.00 (reference)	0.83 [0.62, 1.12]	0.79 [0.62, 1.00]	0.68 [0.50, 0.93]	0.74 [0.65, 0.85]	<0.001
Decaffeinated coffee						
Multivariate HR [95% CI]	1.00 (reference)	0.94 [0.73, 1.21]	1.13 [0.92, 1.38]	0.70 [0.50, 1.00]	0.77 [0.66, 0.90]	<0.001
Tea						
Multivariate HR [95% CI]	1.00 (reference)	1.16 [0.96, 1.41]	1.13 [0.94, 1.37]	1.17 [0.90, 1.53]	0.88 [0.74, 1.04]	0.36
Red wine						
Multivariate HR [95% CI]	1.00 (reference)	1.02 [0.82, 1.27]	0.74 [0.57, 1.00]	1.13 [0.74, 1.72]	0.64 [0.40, 1.02]	0.08
White wine						
Multivariate HR [95% CI]	1.00 (reference)	0.99 [0.81, 1.20]	1.04 [0.84, 1.29]	0.87 [0.57, 1.33]	0.80 [0.53, 1.20]	0.35
Beer						
Multivariate HR [95% CI]	1.00 (reference)	1.06 [0.88, 1.27]	0.95 [0.79, 1.14]	0.81 [0.57, 1.13]	0.55 [0.40, 0.74]	<0.001
Liquor						
Multivariate HR [95% CI]	1.00 (reference)	1.02 [0.83, 1.26]	0.90 [0.74, 1.11]	0.95 [0.70, 1.27]	0.93 [0.75, 1.15]	0.41
Apple juice						
Multivariate HR [95% CI]*	1.00 (reference)	1.13 [0.94, 1.37]	1.38 [1.12, 1.70]	1.25 [0.80, 1.95]	1.47 [1.01, 2.13]	0.001
Grapefruit juice						
Multivariate HR [95% CI]*	1.00 (reference)	1.20 [0.95, 1.51]	1.05 [0.80, 1.38]	1.34 [0.82, 2.20]	1.05 [0.69, 1.60]	0.35
Orange juice						
Multivariate HR [95% CI]*	1.00 (reference)	1.23 [1.02, 1.47]	1.00 [0.84, 1.19]	0.95 [0.75, 1.21]	1.13 [0.96, 1.32]	0.32
Tomato juice						
Multivariate HR [95% CI]*	1.00 (reference)	0.88 [0.72, 1.08]	0.85 [0.63, 1.16]	1.08 [0.55, 2.11]	1.15 [0.67, 1.96]	0.91
Other juice						

Multivariate HR [95% CI]*	1.00 (reference)	1.01 [0.83, 1.22]	1.08 [0.88, 1.34]	0.96 [0.64, 1.45]	1.06 [0.79, 1.42]	0.52
Punch						
Multivariate HR [95% CI]	1.00 (reference)	1.02 [0.83, 1.25]	1.32 [1.06, 1.64]	1.41 [0.96, 2.05]	1.23 [0.88, 1.71]	0.006
Whole milk						
Multivariate HR [95% CI]**	1.00 (reference)	1.05 [0.74, 1.48]	1.13 [0.85, 1.51]	0.87 [0.48, 1.55]	0.91 [0.65, 1.27]	0.76
Skim milk						
Multivariate HR [95% CI]**	1.00 (reference)	0.89 [0.69, 1.15]	0.97 [0.82, 1.15]	1.00 [0.80, 1.25]	0.87 [0.74, 1.03]	0.23
Water						
Multivariate HR [95% CI]	1.00 (reference)	0.97 [0.65, 1.45]	0.95 [0.69, 1.30]	1.13 [0.82, 1.55]	1.01 [0.81, 1.27]	0.77

Model adjusted for age, race, region of residence, BMI, use of furosemide, use of thiazides, high blood pressure, diabetes, gout, intake of calcium, potassium, phytate, animal protein, vitamin C, total calories, profession and mutually adjusted for all the beverages. *No adjustment for potassium.

**No adjustment for calcium.

B. Nurses' Health Study I

	<1/week	1/week	2-4/week	5-6/week	≥1/day	p-value trend
Regular cola						
Multivariate HR [95% CI]	1.00 (reference)	0.94 [0.76, 1.16]	1.25 [0.99, 1.58]	0.89 [0.53, 1.50]	1.52 [1.18, 1.97]	0.005
Diet cola						
Multivariate HR [95% CI]	1.00 (reference)	1.06 [0.86, 1.29]	1.15 [0.96, 1.38]	1.00 [0.73, 1.35]	0.81 [0.68, 0.97]	0.02
Regular non-cola						
Multivariate HR [95% CI]	1.00 (reference)	0.97 [0.75, 1.26]	1.15 [0.84, 1.57]	1.00 [0.47, 2.13]	1.20 [0.72, 2.00]	0.38
Diet non-cola						
Multivariate HR [95% CI]	1.00 (reference)	0.84 [0.67, 1.06]	1.28 [1.06, 1.56]	0.62 [0.38, 1.00]	1.31 [1.03, 1.67]	0.07
Coffee						
Multivariate HR [95% CI]	1.00 (reference)	0.93 [0.67, 1.30]	1.00 [0.78, 1.29]	0.79 [0.55, 1.12]	0.79 [0.70, 0.89]	<0.001
Decaffeinated coffee						
Multivariate HR [95% CI]	1.00 (reference)	0.96 [0.73, 1.25]	0.87 [0.69, 1.10]	0.93 [0.67, 1.30]	0.88 [0.77, 1.01]	0.13
Tea						
Multivariate HR [95% CI]	1.00 (reference)	1.21 [1.01, 1.46]	0.99 [0.82, 1.19]	1.16 [0.88, 1.52]	0.85 [0.74, 0.98]	0.04
Red wine						
Multivariate HR [95% CI]	1.00 (reference)	1.04 [0.79, 1.38]	0.99 [0.72, 1.35]	0.20 [0.05, 0.80]	0.74 [0.43, 1.26]	0.04
White wine						
Multivariate HR [95% CI]	1.00 (reference)	1.02 [0.82, 1.26]	0.75 [0.58, 1.00]	0.65 [0.39, 1.07]	0.65 [0.45, 0.93]	0.001
Beer						
Multivariate HR [95% CI]	1.00 (reference)	1.11 [0.82, 1.51]	0.70 [0.44, 1.10]	0.83 [0.37, 1.85]	0.63 [0.34, 1.19]	0.07
Liquor						
Multivariate HR [95% CI]	1.00 (reference)	0.81 [0.61, 1.07]	1.22 [0.96, 1.55]	0.88 [0.56, 1.37]	0.82 [0.63, 1.08]	0.37
Apple juice						
Multivariate HR [95% CI]*	1.00 (reference)	0.84 [0.67, 1.06]	1.22 [0.94, 1.57]	0.64 [0.28, 1.44]	0.64 [0.32, 1.29]	0.54
Grapefruit juice						
Multivariate HR [95% CI]*	1.00 (reference)	0.90 [0.71, 1.15]	0.96 [0.74, 1.25]	0.98 [0.59, 1.65]	1.52 [1.10, 2.10]	0.06
Orange juice						
Multivariate HR [95% CI]*	1.00 (reference)	0.81 [0.67, 0.99]	0.93 [0.79, 1.09]	0.98 [0.78, 1.24]	0.85 [0.72, 0.99]	0.13
Tomato juice						
Multivariate HR [95% CI]*	1.00 (reference)	1.06 [0.87, 1.29]	1.11 [0.83, 1.47]	1.18 [0.61, 2.29]	0.66 [0.31, 1.40]	0.94
Other juice						
Multivariate HR [95% CI]*	1.00 (reference)	1.23 [1.02, 1.48]	1.32 [1.09, 1.59]	1.13 [0.78, 1.62]	1.10 [0.84, 1.45]	0.11
Punch						
Multivariate HR [95% CI]	1.00 (reference)	1.08 [0.89, 1.31]	1.00 [0.80, 1.24]	1.05 [0.71, 1.56]	0.97 [0.72, 1.30]	0.96

Whole milk						
Multivariate HR [95% CI]**	1.00 (reference)	1.28 [0.96, 1.71]	0.72 [0.51, 1.01]	0.69 [0.35, 1.33]	1.09 [0.81, 1.46]	0.46
Skim milk						
Multivariate HR [95% CI]**	1.00 (reference)	1.16 [0.91, 1.47]	0.99 [0.84, 1.18]	0.87 [0.69, 1.10]	0.79 [0.68, 0.91]	<0.001
Water						
Multivariate HR [95% CI]	1.00 (reference)	0.92 [0.62, 1.38]	0.89 [0.65, 1.22]	0.93 [0.66, 1.31]	0.91 [0.74, 1.10]	0.59

Model adjusted for age, race, region of residence, BMI, use of furosemide, use of thiazides, high blood pressure, diabetes, gout, intake of calcium, potassium, phytate, animal protein, vitamin C, total calories and mutually adjusted for all the beverages. *No adjustment for potassium. **No adjustment for calcium.

C. Nurses' Health Study II

	<1/week	1/week	2-4/week	5-6/week	≥1/day	p-value trend
Regular cola						
Multivariate HR [95% CI]	1.00 (reference)	1.25 [1.07, 1.46]	1.15 [0.96, 1.38]	1.39 [1.04, 1.84]	1.26 [1.04, 1.52]	0.01
Diet cola						
Multivariate HR [95% CI]	1.00 (reference)	0.85 [0.71, 1.03]	1.00 [0.84, 1.17]	0.96 [0.75, 1.23]	0.88 [0.77, 1.01]	0.02
Regular non-cola						
Multivariate HR [95% CI]	1.00 (reference)	1.18 [0.99, 1.41]	0.90 [0.69, 1.16]	1.09 [0.67, 1.78]	1.57 [1.17, 2.11]	0.02
Diet non-cola						
Multivariate HR [95% CI]	1.00 (reference)	1.08 [0.90, 1.29]	1.03 [0.84, 1.26]	1.31 [0.95, 1.79]	1.01 [0.81, 1.26]	0.73
Coffee						
Multivariate HR [95% CI]	1.00 (reference)	1.10 [0.86, 1.41]	1.03 [0.84, 1.26]	1.06 [0.82, 1.36]	0.71 [0.64, 0.79]	<0.001
Decaffeinated coffee						
Multivariate HR [95% CI]	1.00 (reference)	1.13 [0.92, 1.39]	0.78 [0.62, 0.99]	0.67 [0.44, 1.00]	0.84 [0.72, 0.98]	0.003
Tea						
Multivariate HR [95% CI]	1.00 (reference)	0.98 [0.83, 1.15]	0.93 [0.79, 1.09]	1.10 [0.88, 1.37]	0.93 [0.82, 1.04]	0.20
Red wine						
Multivariate HR [95% CI]	1.00 (reference)	0.84 [0.65, 1.10]	0.97 [0.72, 1.29]	0.83 [0.42, 1.60]	0.75 [0.38, 1.44]	0.25
White wine						
Multivariate HR [95% CI]	1.00 (reference)	0.97 [0.79, 1.20]	1.03 [0.82, 1.30]	0.77 [0.45, 1.31]	0.50 [0.28, 0.89]	0.02
Beer						
Multivariate HR [95% CI]	1.00 (reference)	0.80 [0.62, 1.04]	0.59 [0.40, 0.87]	1.30 [0.75, 2.25]	0.81 [0.42, 1.57]	0.19
Liquor						
Multivariate HR [95% CI]	1.00 (reference)	0.83 [0.63, 1.09]	1.05 [0.77, 1.44]	0.67 [0.30, 1.50]	0.82 [0.45, 1.48]	0.31
Apple juice						
Multivariate HR [95% CI]*	1.00 (reference)	1.02 [0.88, 1.19]	0.92 [0.74, 1.13]	1.45 [0.98, 2.14]	0.89 [0.55, 1.45]	0.61
Grapefruit juice						
Multivariate HR [95% CI]*	1.00 (reference)	1.16 [0.93, 1.43]	1.18 [0.91, 1.54]	0.88 [0.48, 1.59]	1.19 [0.76, 1.88]	0.26
Orange juice						
Multivariate HR [95% CI]*	1.00 (reference)	0.95 [0.83, 1.09]	0.91 [0.79, 1.05]	0.93 [0.74, 1.15]	0.95 [0.81, 1.12]	0.51
Tomato juice						
Multivariate HR [95% CI]*	1.00 (reference)	1.32 [1.09, 1.59]	1.34 [1.00, 1.79]	0.65 [0.24, 1.75]	1.89 [1.06, 3.37]	0.01
Other juice						
Multivariate HR [95% CI]*	1.00 (reference)	1.19 [1.04, 1.37]	1.16 [1.00, 1.36]	1.02 [0.77, 1.34]	1.00 [0.80, 1.26]	0.59
Punch						
Multivariate HR [95% CI]	1.00 (reference)	1.14 [0.99, 1.32]	1.16 [0.99, 1.35]	1.21 [0.94, 1.55]	1.26 [1.05, 1.53]	0.004

Whole milk						
Multivariate HR [95% CI]**	1.00 (reference)	0.92 [0.68, 1.25]	1.03 [0.76, 1.39]	0.81 [0.41, 1.57]	0.92 [0.65, 1.30]	0.62
Skim milk						
Multivariate HR [95% CI]**	1.00 (reference)	0.86 [0.69, 1.07]	0.97 [0.83, 1.12]	0.91 [0.73, 1.12]	1.00 [0.88 [1.14]]	0.98
Water						
Multivariate HR [95% CI]	1.00 (reference)	0.83 [0.62, 1.10]	0.98 [0.79, 1.22]	0.84 [0.65, 1.08]	0.85 [0.74, 0.98]	0.04

Model adjusted for age, race, region of residence, BMI, use of furosemide, use of thiazides, high blood pressure, diabetes, gout, intake of calcium, potassium, phytate, animal protein, vitamin C, total calories and mutually adjusted for all the beverages. *No adjustment for potassium. **No adjustment for calcium.