

Supporting Information

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SI Text

SI Materials and Methods

Protein Expression and Purification. Bovine RI α (91-244) was subcloned into a pTriEX vector as a rare codon optimized fusion construct with His₆-small ubiquitin-related modifier (SUMO) connected to the N terminus of RI α by a TEV cleavable linker. RI α (91-244) was then expressed in the *Escherichia coli* strain BL-21(DE3). Cells were grown in M9 minimal media and induced with 0.5 mM isopropyl β -D-1-thiogalactopyranoside at an optical density of 0.6–0.9 ($\lambda = 600$ nm), and further incubated at 18–20° for 16 h. After harvesting, the cells were resuspended in the lysis buffer (50 mM Mops, pH 7 with 100 mM NaCl) and lysed by French press. The cell lysate was centrifuged and the supernatant was further purified by nickel-NTA (nitrilotriacetic acid) affinity chromatography with wash buffer (50 mM Mops, pH 7 with 0.5 M NaCl and 20 mM imidazole) and elution buffer (50 mM Mops, pH 7 with 0.5 M NaCl and 250 mM imidazole). The His₆-SUMO was cleaved by His₆-tagged tobacco etch virus (TEV) protease before a second Ni²⁺ column purification to remove both the cleaved His₆-SUMO and TEV. The cleaved protein was purified by gel filtration on a Superdex 75 column. Uniformly ¹³C and ¹⁵N labeled RI α (96-244) subcloned into the pRSET vector was expressed and purified according to the previously described protocols for RI α (119-244). To prepare the *apo* sample, the purified protein was unfolded with 8 M urea and passed through a PD10 column. The protein was then refolded by dialysis against a 20-mM Mops buffer (pH 7 containing 100 mM KCl, 5 mM β -ME, and 0.5 mM EDTA) with two buffer exchanges. After refolding, the protein was further purified through size exclusion chromatography. All mutants were prepared by site-directed mutagenesis.

H/H Exchange. The H/H exchange rates between water and the backbone amide protons were measured using the clean chemical exchange-phase modulated (CLEANEX-PM)-FHSQC (fast HSQC) experiment (1) for Rp-cAMPS- and cAMP-bound ¹⁵N-labeled RI α (91-244). For this purpose, the protein was concentrated to 10 μ M in 50 mM Mops (pH 7), 100 mM NaCl, 10 mM MgCl₂, 5 mM DTT, 0.02% sodium azide, and 5% ²H₂O. For the cAMP- and Rp-cAMPS-bound states, 1 mM cAMP and 1 mM Rp-cAMPS were added to the protein samples, respectively. The ¹H and ¹⁵N carrier frequencies were set at the water resonance and in the middle of the amide region, respectively. A total of 88 scans were accumulated with an interscan delay of 2 s and an rf strength of 6.9 kHz for the CLEANEX-PM mixing block, which minimizes offset effects. The mixing time was 80 ms.

Urea Unfolding. *apo* RI α (91-244) and *apo* RI α (119-244) were incubated for 3 h at room temperature with increasing concentrations of urea (0–8 M). For the cAMP- and Rp-cAMPS-bound samples, 100-fold excess cAMP and Rp-cAMPS in the assay buffer (50 mM Mops, pH 7 containing 100 mM NaCl, 10 mM MgCl₂) were used. The final protein concentration was 5 μ M. All fluorescence measurements were performed with a TECAN infinite M200. The samples were excited at 293 nm and the resulting emission spectra were followed from 335 to 365 nm. The fluorescence intensity ratio (353 nm/340 nm) was used to follow the shift in wavelength caused by the unfolding of the cAMP-binding domain A (CBD-A) (2). Unfolding curves (Fig. S3) were calculated using the following equation: $X_U = (R_{obs} - R_N) / (R_U - R_N)$, where X_U is the fraction of unfolded protein and R_{obs} is the observed ratio of intensity at various urea concentrations. R_N and R_U

are R_{obs} of the fully folded and unfolded states, respectively. A two-state model was used to calculate the free energy of unfolding ΔG according to $\Delta G_{unfolding} = -RT \ln(X_U/X_N)$ with $X_N + X_U = 1$, where X_N is the fraction of native protein. ΔG^{H2O} and m were calculated using the equation $\Delta G = \Delta G^{H_2O} + m[Urea]$, where ΔG^{H_2O} is the free energy of unfolding in the absence of denaturant.

NMR of the Holoenzyme RI α (91-244):C Complex. ²H, ¹⁵N-labeled RI α (91-244) was prepared using deuterated M9 media. The C-subunit of protein kinase A (PKA) was expressed and purified from the *E. coli* strain BL-21(DE3) according to established protocols (3). Holoenzyme was formed overnight by mixing PKA C and *apo* ²H, ¹⁵N-labeled RI α (91-244) at a 1.2:1 ratio and purified by gel filtration to separate the RI α (91-244):C complex from the free RI α (91-244). The holoenzyme sample was then concentrated to 0.2 mM in 50 mM Mops (pH 7), 100 mM NaCl, 10 mM MgCl₂, 5 mM DTT, 1 mM AMP-PNP, 0.02% sodium azide, and 5% ²H₂O. Transverse-relaxation optimized spectroscopy (TROSY) 2D experiments with 80 (t_1) and 1024 (t_2) complex points and spectral widths of 31.82 and 15.94 ppm for the ¹⁵N and ¹H dimensions, respectively, were recorded with 12 scans and a recycle delay of 1.70 s.

NMR of RI α (91-379). ²H, ¹⁵N-labeled RI α (91-379) was prepared using deuterated M9 media. The *apo* sample was prepared according to the previously described protocols for the RI α (91-244). *apo* ²H, ¹⁵N-labeled RI α (91-379) was concentrated to 0.2 mM in 50 mM Mops (pH 7), 100 mM NaCl, 10 mM MgCl₂, 5 mM DTT, 0.02 mM ¹⁵N-acetylglycine, 0.02% sodium azide, and 5% ²H₂O. For the cAMP-bound states, 1 mM cAMP was added to the protein samples. Holoenzyme was formed according to the protocol for the holoenzyme sample of RI α (91-244) as described above. The holoenzyme sample was then concentrated to 0.2 mM in 50 mM Mops (pH 7), 100 mM NaCl, 10 mM MgCl₂, 5 mM DTT, 1 mM 5'-Adenylyl imidodiphosphate (AMP-PNP), 0.02% sodium azide, and 5% ²H₂O. TROSY 2D experiments with 80 (t_1) and 1024 (t_2) complex points and spectral widths of 31.82 and 15.94 ppm for the ¹⁵N and ¹H dimensions, respectively, were recorded with 80 scans and a recycle delay of 1.70 s.

Spin Labeling and Paramagnetic Relaxation Enhancement Analysis. Ala109Cys PKA RI α (91-244) was prepared according to the protocol used for wt RI α (91-244), but during the purification of the mutant, DTT or β -mercaptoethanol was added to the buffer. The spin label 1-oxy-2,2,5,5-tetra-methyl-pyrroline-3-methyl-16-methanethiosulfonate (MTSL) was covalently attached to the free cysteine residue in the mutant Ala109Cys PKA RI α (91-244). The reducing reagent was exchanged using a PD10 column before the addition of MTSL. The reduced mutated PKA RI α (91-244) was incubated with a threefold molar excess of MTSL for 3 h at room temperature. After the excess MTSL was removed using a PD10 column, 2 mM Rp-cAMPS was added to 10 μ M *apo* mutated PKA RI α (91-244). To prepare the cAMP-bound sample, 2 mM cAMP was added to 10 μ M *apo* mutated PKA RI α (91-244). The PRE ¹H transverse relaxation rates were obtained from two time-points measurements (4) for both the cAMP- and the Rp-cAMPS-bound sample. The detection block for the PRE experiments was a sensitivity-enhanced ¹H¹⁵N hetero-nuclear single quantum coherence (HSQC) with 256 (t_1) and 1024 (t_2) complex points and spectral widths of 31.82 and 14.06 ppm for the ¹⁵N and ¹H dimensions, respectively. Ninety-six scans were recorded with a recycle delay of 1.50 s. The variation in the PRE relaxation delay (ΔT) was optimized to 5.9 ms. After recording the data for the paramagnetic

state, 5 mM DTT was added to obtain the diamagnetic control for both the cAMP- and the Rp-cAMPS-bound samples. The diamagnetic sample was incubated at room temperature for 1 h, after which we repeated the same experiments carried out for the paramagnetic sample. The H^N Γ_2 -rates were then quantified as previously described (4).

Measurement of PKA Holoenzyme Activation by cAMP. The activity of recombinant purified C subunit was determined by a luminescent kinase assay (Kinase-Glo, Promega) that quantifies decrements in ATP due to kinase activation. The PKA holoenzyme was exposed (5 min, 20 °C) to cAMP (0.1–10 μ M), after which 5 μ M Kemptide and 4 μ M ATP were added and allowed to react for 60 min in 50 μ L assay buffer (Tris-HCl 40 mM pH 7.5, BSA 0.1 mg/mL, and $MgCl_2$ 20 mM). Reactions were stopped by adding 50 μ L of the Ultra-Glo Luciferase reagent (Promega), which was incubated for an additional 10 min at room temperature. Luminescence was measured with a TECAN infinite M200 microplate luminometer.

Inhibition of PKA Activity by RI α (91-244). The catalytic subunit (4 nM) was incubated with different concentrations of RI α (91-244) for 10 min at room temperature. A mixture of Kemptide 50 μ M and 10 μ M ATP was added to 50 μ L assay buffer (Tris-HCl 40 mM pH 7.5, BSA 0.1 mg/mL, and $MgCl_2$ 20 mM) to start the phosphorylation reaction. A mixture of the catalytic subunit (4 nM) and 10 μ M ATP without Kemptide was prepared as a positive control sample in 50 μ L assay buffer. After 60 min, the reaction was stopped by adding 50 μ L of the Ultra-Glo Luciferase solution to the reaction solution and incubating for 10 min. Luminescence was measured with a TECAN ULTRA Evolution spectrophotometer. Normalized relative luminescence units (RLU) were calculated by subtracting the luminescence of the free catalytic subunit sample from that of all samples and dividing by the luminescence of the positive control, which was also corrected by subtracting the luminescence of the free catalytic subunit.

Singular Value Decomposition Analysis of the Chemical Shift Matrix. Singular value decomposition (SVD) analysis indicates that the first two principal components (PCs) alone account for more than 90% of the total variance (Table S2) and Fig. S4C shows the PC1 vs. PC2 map of the residue-specific scores (black circles) and of the perturbation-specific loadings (red diamonds). The loadings with the largest component along PC1 correspond to differences between active and inactive forms of R_A , which are all ligand-bound (e.g., cAMP-Rp-cAMPS, Fig. S4C), indicating that PC1 reports primarily on allosteric activation as opposed to binding. Unlike PC1, the second PC reports mainly on binding rather than activation, because the loading with the largest component along PC2 corresponds to differences between the *apo* and the Rp-cAMPS-bound states (Fig. S4C), which are both inactive. The SVD scores for the residues in the largest agglomerative clustering (AC) cluster (Fig. 3B) are distributed mostly along PC1 (Fig. S4C, gray filled circles), confirming that the AC network, which includes the linker, is functionally linked to the cAMP-dependent allosteric activation of PKA.

Thermodynamic Modeling of the cAMP-Dependent Activation of PKA. The first step in the thermodynamic model of the cAMP-dependent activation of PKA is to consider that in the absence of cAMP (*apo* form) the inhibiting R-subunit construct RI α (91-244) exists as an equilibrium between the inhibiting (inactive) conformation, denoted as H, and the active conformation, denoted as B. If L is defined as the equilibrium constant for the H vs. B equilibrium in the *apo* form

$$L = [H]_{apo} / [B]_{apo}, \quad [S1]$$

then the $[H]_{total} / [B]_{total}$ ratio in the presence of cAMP defines an apparent equilibrium constant L_{app} , computed as

$$L_{app} = L(1 + K_{a,R(H):cAMP}[cAMP]) / (1 + K_{a,R(B):cAMP}[cAMP]), \quad [S2]$$

where $[cAMP]$ is the concentration of free cAMP, whereas $K_{a,R(H):cAMP}$ and $K_{a,R(B):cAMP}$ are the association constants between cAMP and RI α (91-244) in the H and B conformations, respectively. The apparent equilibrium constant L_{app} is then used to compute the overall molar fractions of the H and B conformations, i.e., x_H and x_B , at any given concentration of cAMP, as

$$x_H = L_{app} / (1 + L_{app}), \quad [S3]$$

$$x_B = 1 - x_H. \quad [S4]$$

The molar fractions of the H and B conformations are in turn used for calculating the conformation-average association constant between RI α (91-244) and the catalytic subunit of PKA (i.e., C):

$$K_{a,R:C} = x_H K_{a,R(H):C} + x_B K_{a,R(B):C}, \quad [S5]$$

where $K_{a,R(H):C}$ and $K_{a,R(B):C}$ are the association constants between C and RI α (91-244) in the H and B conformations, respectively. Note that Eqs. S1–S5 can also be derived by differentiating with respect to $[C]$ the binding polynomial based on the thermodynamic linkage model of Fig. 4A: $Q = L(1 + K_{a,R(H):C}[C])(1 + K_{a,R(H):cAMP}[cAMP]) + (1 + K_{a,R(B):C}[C])(1 + K_{a,R(B):cAMP}[cAMP])$. In principle, $K_{a,R:C}$ computed according to Eq. S5 should be downscaled to account for the competing effect of the Kemptide substrate binding to C. However, the downscaling factor caused by the competitive binding of Kemptide is $(1 + [Kemptide] / K_{d,Kemptide:C})$, which is negligible considering that $K_{d,Kemptide:C}$ is estimated at ~ 300 μ M (5) and that under our experimental conditions $[Kemptide] \leq 5$ μ M. We therefore relied on Eq. S5 for the calculation of the $K_{a,R:C}$ association constant, which was then used to compute the average fraction of inhibited C, i.e., bound to RI α (91-244), or $\langle \nu \rangle$ at any given concentration of cAMP as

$$\langle \nu \rangle = \left\{ \beta - \sqrt{\beta^2 - 4[R]_{tot}[C]_{tot}} \right\} / (2[C]_{tot}), \quad [S6]$$

where $\beta = [R]_{tot} + [C]_{tot} + (1/K_{a,R:C})$ and $[R]_{tot}$ and $[C]_{tot}$ are the total concentrations of RI α (91-244) and C, respectively.

Eqs. S1–S6 were used to compute $\langle \nu \rangle$ at different concentrations of free cAMP. However, the concentrations of free cAMP are often not experimentally available and only the total concentrations of cAMP are measured. To circumvent this problem the concentration of free cAMP can be computed from the total concentration of cAMP through the following approximations. First, we consider that under the experimental conditions used for the measurement of the activation of PKA,

$$[R]_{tot} > [C]_{tot} \gg K_{d,R:C}. \quad [S7]$$

The inequalities in [S7] imply that in the absence of cAMP essentially all C is bound to R and excess free R is present in the amount of

$$[R]_{free} \approx [R]_{tot} - [R:C] \quad [S8]$$

with $[R:C] \approx [C]_{tot}$ at the beginning of the cAMP titration. (The concentration of $[R:C]$ for subsequent points in the cAMP titration is estimated based on the computation of $\langle \nu \rangle$ for the preceding total cAMP concentration considered.) The excess free R acts as a high-affinity sink for cAMP that depletes the cAMP pool available for targeting the R:C complex, which exhibits a lower affinity for cAMP. However, the high-affinity sink effect arising from the

excess free R can be easily modeled once $[R]_{\text{free}}$ and $K_{a,R:cAMP}$ are known:

$$[cAMP]_{\text{free}} = [cAMP]_{\text{tot}} - 0.5 \left\{ \gamma - \sqrt{\gamma^2 - 4[R]_{\text{free}}[cAMP]_{\text{tot}}} \right\}, \quad \text{[S9]}$$

where $\gamma = [R]_{\text{free}} + [cAMP]_{\text{tot}} + (1/K_{a,R:cAMP})$ and

$$K_{a,R:cAMP} = x_{H,apo} K_{a,R(H):cAMP} + x_{B,apo} K_{a,R(B):cAMP}. \quad \text{[S10]}$$

Eqs. S9 and S10 allow the computation of $[cAMP]_{\text{free}}$ starting from $[cAMP]_{\text{tot}}$.

In conclusion, using Eqs. S1–S10 the fraction of C bound to R (i.e., $\langle \nu \rangle$) is computed for each $[cAMP]_{\text{tot}}$ value considered. $[cAMP]_{\text{tot}}$ was varied between a minimum of 1 nM and a maximum of 1 mM and the resulting calculated $\langle \nu \rangle$ vs. $[cAMP]_{\text{tot}}$ function was used to model the experimental RLU profile, assuming that the $\langle \nu \rangle$ computed at the minimum and maximum

$[cAMP]_{\text{tot}}$ correspond to the maximum and minimum measured RLU values, respectively. Overall, the computation of $\langle \nu \rangle$ vs. $[cAMP]_{\text{tot}}$ based on Eqs. S1–S10 relies on five key thermodynamic constants: $K_{a,R(H):cAMP}$ and $K_{a,R(B):cAMP}$, which together define the affinity and the H vs. B selectivity of cAMP for RI α (91-244), $K_{a,R(H):C}$ and $K_{a,R(B):C}$, which together define the affinity and the H vs. B selectivity of C for RI α (91-244), and L, which, although an exquisite property of the apo form, is also a key determinant of the cAMP-dependent activation of PKA. Table S3 summarizes the values of these five key thermodynamic parameters that reproduce the experimental data of Fig. 4 and are consistent with the available dissociation constants independently measured by stopped flow kinetic measurements (6). Note that, although this two-state mechanism is the simplest model we could propose to fit the experimental data of Fig. 4, we cannot rule out that more complex models (with more than two states) may apply as well. For instance, it is possible the apo and C-bound H states may differ, as C binding might quench the dynamics at the R:C interface, including part of the cAMP phosphate binding cassette.

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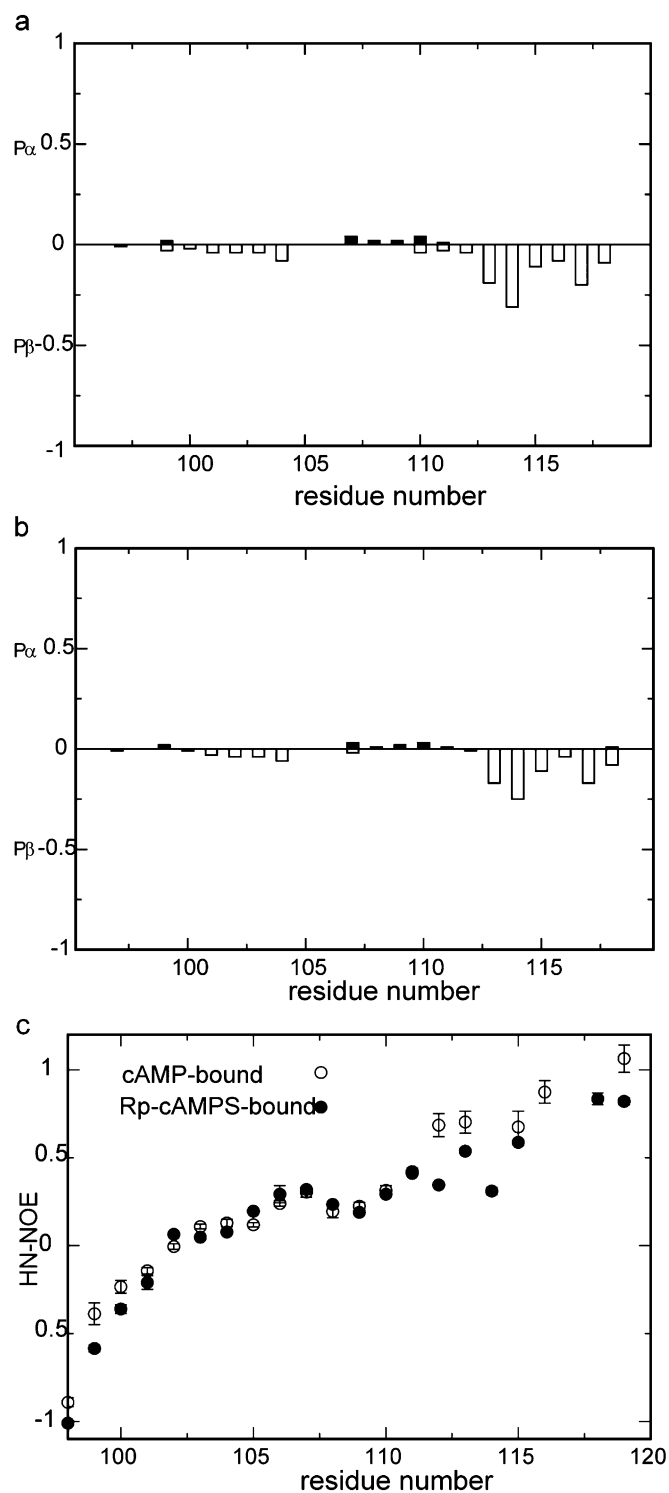


Fig. S1. Lack of well-defined secondary structure in the linker as confirmed by the secondary structure probabilities of the R1 α linker (97-120) computed based on the observed chemical shifts using the PECAN software (1) for (A) cAMP-bound and (B) Rp-cAMPS-bound R1 α . The α -helix and β -strand probabilities are reported as positive and negative values, respectively. The R1 α (96-244) construct was used because of its solubility at the concentrations required for the acquisition of triple resonance experiments. (C) The linker appears quite flexible in the picosecond–nanosecond timescale, as indicated by the HN-NOEs measured for the R1 α linker (97-120) residues in cAMP-bound (open circles) and Rp-cAMPS-bound (filled circles) R1 α (96-244). This construct was used because of its solubility at the concentrations required for the measurement of reliable HN-NOE values.

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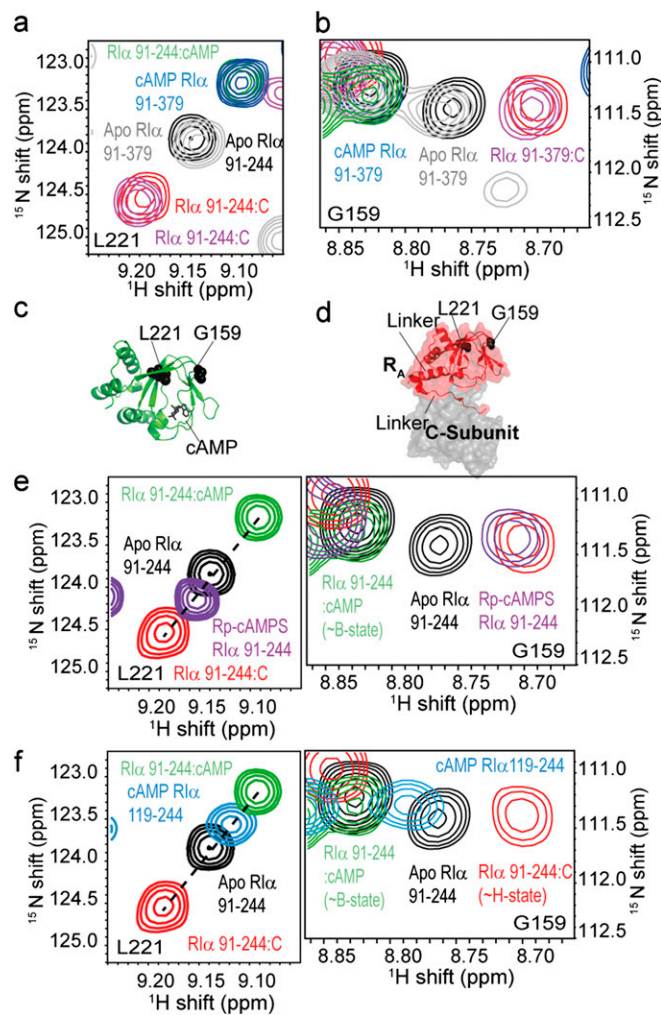


Fig. S2. Position of the H vs. B equilibrium of CBD-A in apo, cAMP-, and C-bound R α (91–244) and R α (91–379), as sensed by the HSQC peak of L221 (A) and G159 (B). Whenever R is bound to C, TROSY spectra were acquired. Location of L221, G159 relative to the C-subunit (C) and cAMP (D) binding interfaces in H and B conformation. Representative H-N correlation peaks for Rp-cAMPS bound R α (91-244) (purple) (E) or cAMP bound R α (119–244) (cyan) (F).

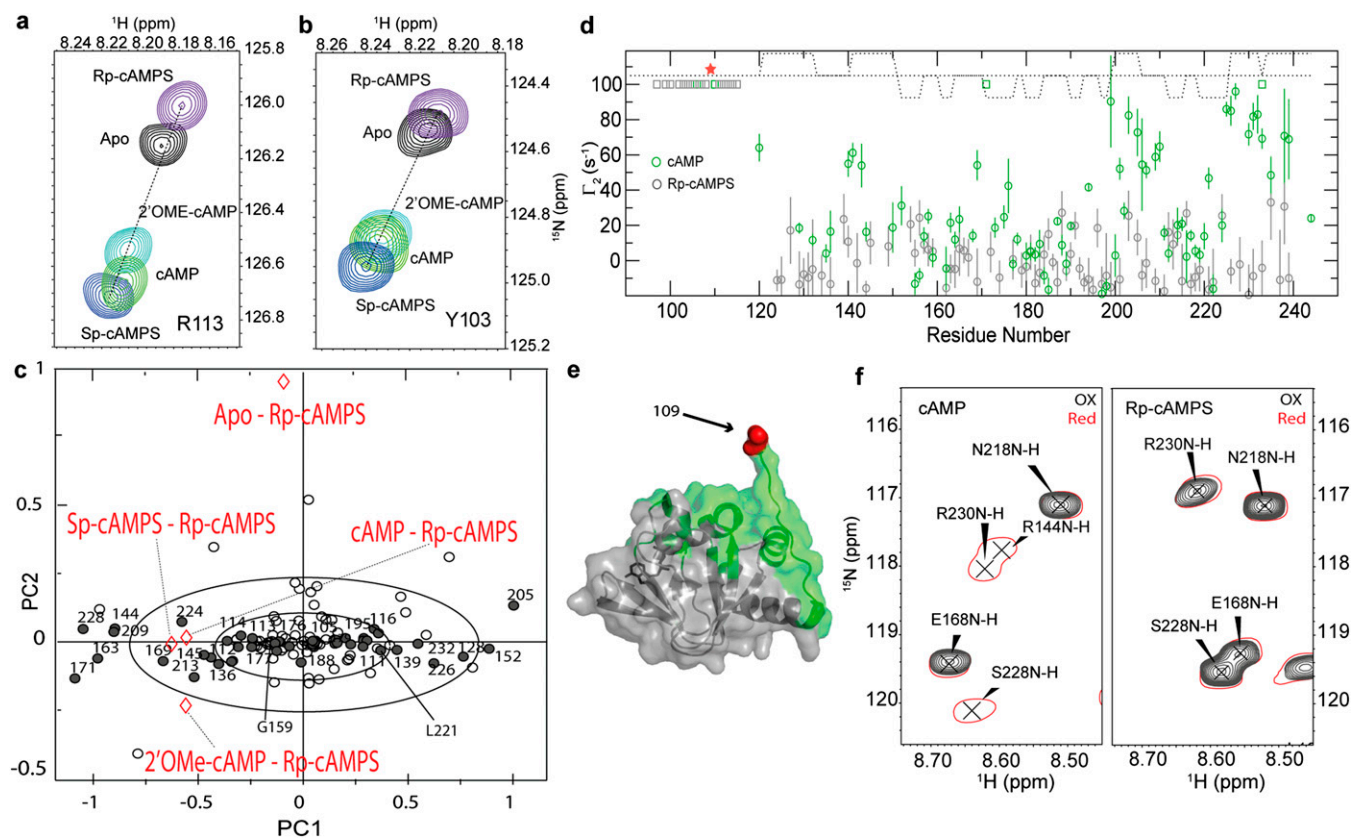


Fig. S4. Chemical shift covariance analysis (CHESCA) and the comparison of PRE profiles observed for cAMP- and Rp-cAMPS-bound R1 α (91-244). (A and B) Representative cross-peaks from the HSQC spectra used for CHESCA: apo, cAMP, 2'-OMe-cAMP, Sp-cAMPS, and Rp-cAMPS-bound R1 α (91-244). (C) SVD of the chemical shift matrix referenced to the Rp-cAMPS-bound state (1) because the first two PCs alone account for more than 90% of the total variance (Table S2), the PC1 vs. PC2 map of the residue-specific scores (black circles) and of the perturbation-specific loadings (red diamonds) is shown. Ellipsoids at 1 and 2 SDs for the first two PCs are displayed with solid black lines. PC1 reports primarily on allosteric activation as opposed to binding. Unlike PC1, the second PC reports mainly on binding rather than activation. The scores for the residues in the largest AC cluster (Fig. 3B) are distributed mostly along PC1 (gray filled circles), confirming that this network is functionally linked to the cAMP-dependent allosteric activation of PKA. (D) $^1\text{H}^N$ T_2 -rates quantified for a sample with a nitroxide at the 109 position (indicated by a red star). Green circles refer to the cAMP-bound state, whereas black circles are for the Rp-cAMPS-bound state. Squares indicate disappearance of peaks in the oxidized state, which is observed in the linker region (97-118). Overall, the PREs observed in the presence of cAMP are markedly higher than those detected with the Rp-cAMPS reverse-agonist, as expected based on the B vs. H preferential interactions of the linker. (E) Map of the residues for which the T_2 -rates in the B state exceed the average + 1 SD [green surface and ribbon representation; Protein Data Bank (PDB) code 1NE6]. The locations of the PRE spin-label (Ala109Cys) are indicated in red. The CBD-A residues experiencing the most significant PREs are those on the side of the CBD-A proximal to the linker in the cAMP-bound state. (F) Representative $^1\text{H}^{15}\text{N}$ HSQC expansions. The spectra recorded with nitroxide in the oxidized (black) and reduced states (red) are shown for both the cAMP- and Rp-cAMPS-bound forms.

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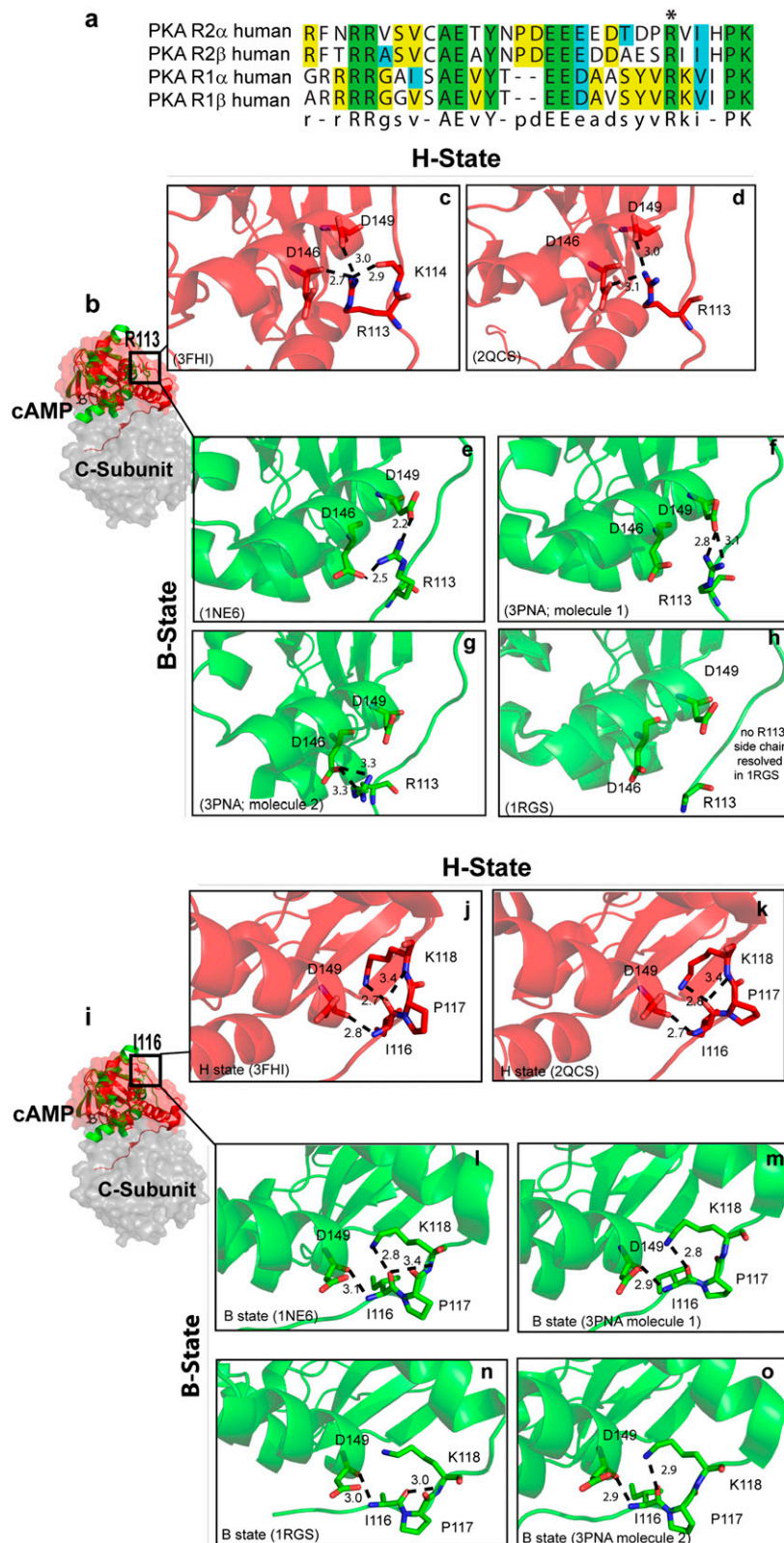


Fig. S6. (A) Sequence alignment with CLUSTALW, among the four isoforms of the human R subunit for the region corresponding to the (91-118) linker of R α . The position of R113 in R α is marked by an asterisk. (B) Location of R113 relative to the cAMP and C-binding interfaces. (C and D) Hydrogen bonds (dashed lines) formed by the R113 guanidinium in the H-state crystal structures, i.e., C-bound R α subunit. Note that all residue numbers refer to the R-subunit. (E-H) As in C and D but for the B-state, i.e., cAMP- or Sp-cAMPS-bound R α subunit. Distances are reported in angstrom. The PDB codes are indicated in parentheses in the figure. The R113 side chain is missing in the 1RGS structure. (I) Location of I116 relative to the cAMP and C-binding interfaces. (J and K) Hydrogen-bonds (dashed lines) formed by I116 in the H-state crystal structures, i.e., C-bound R α subunit. All residue numbers refer to the R subunit. (L-O) As in J and K but for the B state, i.e., cAMP-, or Sp-cAMPS-bound R α subunit. Distances are reported in angstrom. The PDB codes are indicated in parentheses in the figure.

Table S1. Summary of urea-induced unfolding thermodynamics data for the (91-244) and (119-244) R1 α constructs

R1 α constructs	Bound to	C _m , M	$\Delta_{UF}G^{\circ}_{H_2O}$, kcal/mol*	$\Delta_L\Delta_{UF}G^{\circ}_{H_2O}$, kcal/mol [†]	m, kcal/mol M
(91-244)	cAMP	5.9 ± 0.2	11.4 ± 0.2		-1.9 ± 0.1
(119-244)	cAMP	5.1 ± 0.1	9.9 ± 0.2	1.5 ± 0.3	-1.9 ± 0.1
(91-244)	-apo	3.7 ± 0.2	3.6 ± 0.1		-1.0 ± 0.1
(119-244)	-apo	3.1 ± 0.2	3.0 ± 0.1	0.6 ± 0.2	-1.0 ± 0.1
(91-244)	Rp-cAMPS	4.0 ± 0.2	5.3 ± 0.2		-1.4 ± 0.1
(119-244)	Rp-cAMPS	4.0 ± 0.1	5.2 ± 0.2	0.1 ± 0.3	-1.3 ± 0.1

*Free energy of unfolding extrapolated to 0 M urea concentration.

[†]Difference between the $\Delta_{UF}G^{\circ}_{H_2O}$ free energies measured with and without the (91-118) linker. $\Delta_L\Delta_{UF}G^{\circ}_{H_2O}$ quantifies the overall strength of the interactions between the (91-118) linker and the cAMP-binding domain A (CBD-A) of R1 α .

Table S2. PC breakdown of total variance

PC	Percentage of total variance, %
PC1	80.1 (80.1)
PC2	11.4 (91.5)
PC3	7.1 (98.6)
PC4	1.4 (100)

Percentages reported in parentheses reflect the cumulative contributions of the PCs in a given row and above.

Table S3. Thermodynamic constants used for the modeling of PKA activation

R1 α (91-244)	$K_{a,R(H):C}$, M ⁻¹	$K_{a,R(B):C}$, M ⁻¹	$K_{a,R(H):cAMP}$, M ⁻¹	$K_{a,R(B):cAMP}$, M ⁻¹	L
wt	$2.5 \times 10^{10*}$	$3.1 \times 10^{7†}$	$\leq 10^{4‡}$	$0.5 \times 10^{9§}$	1.0 [¶]
I116A	$2.5 \times 10^{10*, }$	$3.1 \times 10^{7†, }$	$\leq 10^{4‡, }$	$0.5 \times 10^{9§, }$	2.5 [§]
R113A	$2.5 \times 10^{10*, }$	$3.1 \times 10^{7†, }$	$\leq 10^{4‡, }$	$0.5 \times 10^{9§, }$	6.0 [§]

These constants are defined as follows: $K_{a,R(H):C}$ and $K_{a,R(B):C}$ are the association constants between C and R1 α (91-244) in the H and B conformations, respectively, whereas $K_{a,R(H):cAMP}$ and $K_{a,R(B):cAMP}$ are the association constants between cAMP and R1 α (91-244) in the H and B conformations, respectively. L is the H vs. B equilibrium constant of R1 α (91-244) in the absence of cAMP (i.e., apo form), as defined in Eq. S1.

* $K_{a,R(H):C}$ is approximated as the association constant between C and the reverse agonist Rp-cAMPS-bound R1 α (91-244) previously measured by stopped flow kinetic measurements (1).

[†] $K_{a,R(B):C}$ is approximated as the association constant between C and cAMP-bound R1 α (91-244) previously measured by stopped flow kinetic measurements (1).

[‡]This estimate is based on ref. 2, indicating that cAMP binds the R:C complex with a $K_d > 1 \mu\text{M}$ and on the fitting of the activation data for the R113A and I116A mutants.

[§]Obtained by fitting to the measured activation profile of Fig. 4.

[¶]L was independently measured using the NMR chemical shifts of Fig. 2.

^{||}These association constants were assumed to be unaffected by the mutation as the mutated residue is well outside both interfaces with C and cAMP (Fig. S6 B and I).

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