Supplementary Information for:

Frequent floods in the European Alps coincide with cooler periods of the past 2500 years

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Supplementary Figure S1 | Robustness of Central Alpine flood reconstruction.

Compiled flood reconstruction (blue line) illustrated with 95% confidence interval (red lines) calculated from Alpine flood reconstructions omitting one (a), two (b) or three (c) lake records for every compilation (Jackknife analysis).



Supplementary Figure S2 | R-value distribution of the correlation between summer temperature reconstruction²¹ and 10 000 randomized composite frequency curves. Red lines illustrate the 95% confidence interval of r-values of the correlation between the randomized composite frequency curves and the summer temperature reconstruction over 2500 a) and 1300 b) years. Each randomized frequency curve compromises 10 sites with randomized and re-shuffled events. Green lines indicate the r-value of the anti-correlation between the Central Alpine flood reconstruction and the summer temperature reconstruction.



Supplementary Figure S3 | (Left) Daily mean of 500 hPa geopotential pressure levels during heat wave (2003) in Central Europe established online with ECMWF ERA-Interim reanalysis³². A high-pressure system dominates the Alpine area and shifts the westerly storm tracks poleward. Grey rectangle indicates Alpine study area. (Right) Gridded daily precipitation values in the study area. Maps are created with the ArcGIS[®] software by Esri using instrumental daily precipitation data provided by

swisstopo³³. Stars indicate studied lake sites. Map of Switzerland reproduced with permission of swisstopo / JA100119.



Supplementary Figure S4 | (Left) Daily mean of 500 hPa geopotential pressure levels during intense precipitation in the Swiss Alps caused by westerly storm tracks in 2007 established online with ECMWF ERA-Interim reanalysis³². Grey rectangle indicates Alpine study area. (**Right**) Gridded daily precipitation values in the study area. Maps are created with the ArcGIS[®] software by Esri using instrumental daily

precipitation data provided by swisstopo³³. Stars indicate studied lake sites. Map of Switzerland reproduced with permission of swisstopo / JA100119.



Supplementary Figure S5 | (Left) Daily mean of 500 hPa geopotential pressure levels during intense precipitation in the Swiss Alps caused by Vb circulation track in 2005 established online with ECMWF ERA-Interim reanalysis³². Grey rectangle indicates Alpine study area. (Right) Gridded daily precipitation values in the study area. Maps are created with the ArcGIS[®] software by Esri using instrumental daily

precipitation data provided by swisstopo³³. Stars indicate studied lake sites. Map of Switzerland reproduced with permission of swisstopo / JA100119.



Supplementary Figure S6 | Graphs of age-depth models of lakes B, F, G, Gr, H and I Age-depth models are based on ¹³⁷Cs dating and AMS radiocarbon ages. Agedepth modeling was carried out applying spline interpolation between the dating points using the Clam software³¹. The grey area indicates 2σ ranges of age models.



Supplementary Figure S7 | Graphs of age-depth models of lakes L, S, Hs and T Age-depth models are based on ¹³⁷Cs dating and AMS radiocarbon ages. Age-depth modeling was carried out applying spline interpolation between the dating points using the Clam software³¹. The grey area indicates 2σ ranges of age models.



Supplementary Figure S8 | Flood frequency records of all studied lakes. Flood

frequencies are presented as a 50-year moving sum of events normalized to 0 to 100%.



Supplementary Figure S9 | Significance test of Central Alpine flood

reconstruction. Compiled flood reconstruction (blue line) illustrated with 95% confidence interval (red lines) of 10 000 frequency curves calculated from randomized event series. Each randomized frequency curve compromises 10 sites with randomized and re-shuffled events and was generated the same way as the Central Alpine flood reconstruction (Fig. 3).



Supplementary Figure S10 | Effect of different window sizes on moving average curves of Central Alpine flood reconstruction. The main peaks and the general flood pattern seem not to be affected by changing window sizes.

Supplementary Table S1 | Characteristics of studied lakes.

| | Altitude | Surface | Catchment | Reconstructed flood | Number of | |
|---------------------------|------------|------------|------------|-------------------------|--------------|--|
| Lake name (label) | (m.a.s.l.) | area (km²) | area (km²) | interval | flood layers | |
| Baldegg (B) | 463 | 5.2 | 73 | 2002 C.E. to 500 B.C.E. | 150 | |
| Faelen (F) | 1446 | 0.12 | 5.1 | 2009 C.E. to 500 B.C.E. | 100 | |
| Glattalp (G) | 1850 | 0.2 | 6.8 | 2011 C.E. to 500 B.C.E. | 162 | |
| Grimsel (Gr) | 1908 | 2.7 | 96.4 | 1930 C.E. to 500 B.C.E. | 32 | |
| Hinterburg (H) | 1514 | 0.05 | 1.62 | 2010 C.E. to 500 B.C.E. | 50 | |
| Hinterer Schwendisee (Hs) | 1159 | 0.012 | 5 | 2009 C.E. to 500 B.C.E. | 42 | |
| Iffig (I) | 2065 | 0.1 | 4.6 | 2010 C.E. to 500 B.C.E. | 69 | |
| Lauerz (L) | 447 | 3 | 69 | 2004 C.E. to 70 B.C.E. | 54 | |
| Seelisberg (S) | 740 | 0.18 | 2.8 | 2004 C.E. to 500 B.C.E. | 76 | |
| Trueb (T) | 1766 | 0.27 | 6.2 | 1920 C.E. to 450 C.E. | 107 | |

Supplementary Table S2 | AMS radiocarbon ages for all lake records.

Radiocarbon ages were calibrated using the IntCal09 calibration curve³⁴.

| Sample ID | Lake | Composite | Composite | Conventional | ±1σ | 2σ age range of |
|-----------|-------|------------|----------------|--------------|-----|------------------------|
| | label | depth (cm) | depth without | radiocarbon | | calibrated |
| | | | event deposits | Age (BP) | | radiocarbon |
| | | | (cm) | | | ages (BP) |
| UZ-4904 | В | 79 | 70.8 | 300 | 45 | 278-351 |
| UZ-4905 | В | 89.6 | 79.5 | 335 | 55 | 313-396 |
| UZ-4903 | В | 175.7 | 147.4 | 785 | 45 | 681-790 |
| UZ-4690 | В | 352.5 | 291 | 1625 | 55 | 1433-1628 |
| UZ-4691 | В | 402 | 327.9 | 1850 | 65 | 1631-1867 |
| UZ-4729 | В | 483.4 | 403.2 | 2800 | 50 | 2757-2898 |
| ETH-39519 | F | 150.1 | 120.2 | 1190 | 35 | 989-1237 |
| ETH-39523 | F | 214.8 | 172.9 | 1805 | 45 | 1611-1865 |
| ETH-39520 | F | 415.6 | 335.8 | 3065 | 35 | 3169-3369 |
| ETH-44207 | G | 151.7 | 120.5 | 960 | 75 | 726-1052 |
| ETH-44205 | G | 292.9 | 207.1 | 1715 | 35 | 1545-1705 |
| ETH-45030 | G | 671 | 448.8 | 3815 | 55 | 4011-4413 |
| ETH-41797 | Gr | 138.5 | 120.9 | 1410 | 80 | 1175-1518 |
| ETH-41798 | Gr | 174.1 | 149.1 | 1895 | 35 | 1730-1922 |
| ETH-41799 | Gr | 281.3 | 228.4 | 3230 | 45 | 3372-3561 |
| UA-14630 | Н | 77.7 | 30.4 | 805 | 60 | 660-905 |
| UA-14631 | Н | 171.1 | 47.9 | 1425 | 60 | 1188-1511 |
| ETH-42027 | Н | 205.4 | 65.1 | 2475 | 40 | 2364-2716 |
| ETH-38342 | Hs | 185.6 | 63.6 | 900 | 30 | 739-910 |
| ETH-39878 | Hs | 238.6 | 98.5 | 1800 | 50 | 1605-1865 |
| ETH45158 | Hs | 300.8 | 135.7 | 2425 | 50 | 2349-2703 |
| POZ-45473 | Ι | 96.3 | 59.8 | 310 | 30 | 301-466 |
| ETH-41795 | Ι | 143.7 | 95 | 755 | 40 | 653-743 |

| POZ-45472 | Ι | 218.4 | 159.2 | 1870 | 35 | 1717-1882 |
|-----------|---|-------|-------|------|----|-------------|
| POZ-39380 | Ι | 251.7 | 187.8 | 2460 | 30 | 2363-2705 |
| ETH-32360 | L | 562 | 470.5 | 1195 | 45 | 985-1260 |
| ETH-32361 | L | 606 | 492 | 2195 | 45 | 2068-2337 + |
| ETH-32472 | L | 799.5 | 657.5 | 1470 | 55 | 1291-1516 |
| ETH-32462 | L | 960 | 802 | 1910 | 55 | 1718-1986 |
| UZ-4649 | S | 57 | 32.2 | 365 | 50 | 311-504 |
| UZ-4935 | S | 160 | 155 | 555 | 55 | 510-654 + |
| UZ-4809 | S | 224 | 168.6 | 1545 | 50 | 1336-1539 |
| UZ-4735 | S | 238 | 181.1 | 2265 | 50 | 2152-2351 + |
| UZ-4804 | S | 341 | 244.6 | 2525 | 65 | 2365-2752 |
| ETH-42680 | Т | 362.8 | 332.4 | 620 | 40 | 546-662 |
| ETH-42683 | Т | 529.1 | 475 | 1245 | 35 | 1075-1270 |
| ETH-42681 | Т | 641.6 | 573.8 | 1760 | 60 | 1541-1822 |
| ETH-42908 | Т | 784.5 | 703.4 | 2515 | 35 | 2471-2742 + |
| | l | I | l | l | 1 | l |

+ Discarded date: sample material derives from mass-movement deposits.

Supplementary notes

- Lake selection

Several criteria for the selection of lake sites potentially providing sensitive flood records were applied (Supplementary Tab. S1) (see also ref¹³ for detailed discussion). i) The lake catchments have to be characterized by a high relief in order to enable the transport of eroded sediment particles to the downstream lake during heavy precipitation events. ii) Preferably, the lake inflows are only active during flood events. This facilitates the differentiation between flood deposits and authigenic background sediments. iii) The lake basins should have a well-defined depositional center, where the flood deposits material is accumulated. Sediment coring at this location allows retrieving continuous sediment sequences and, therefore, complete flood records.

- Age models

For age-depth modeling, event deposits, such as mass-movement-related and floodrelated event layers, were removed from the sediment sequence as they were deposited very rapidly (hours to days). Age-depth models are based on ¹³⁷Cs and radiocarbon age horizons and were established using the Clam software³¹ and the IntCal09 calibration curve³⁴. Resulting age uncertainties (2σ -ranges) of the calibrated radiocarbon ages range between +/- 36 and +/- 201 years. The age of every flood layer was determined (Fig. 3a) by applying the spline interpolation between age horizons implemented in the Clam software³¹ (Supplementary Figs. S6 and S7). The resulting age uncertainty (2σ -ranges) of individual flood deposits ranges between +/-2 and +/- 175 years.

- Jackknife analyses

In order to test the robustness of the compiled Alpine flood reconstruction against a potentially only local signal of individual lake records, a Jackknife analysis was performed. First, the individual flood records were compiled to Alpine flood chronologies by omitting one lake record for each compilation. This test revealed 10 flood compilations containing 9 lake records each. The Central Alpine flood reconstruction was then plotted together with the 2σ standard deviation of these routines (Supplementary Fig. S1). The influence of outliers from single lakes flood record affecting the overall signal seems minor, which is expressed by the 2σ standard deviation ranging between 2 and 23 %. Afterwards, the Jackknife analysis was also performed omitting 2 and 3 lakes, respectively. The variability of the flood frequency curves increases when performing the Jackknife analysis omitting 2 and 3 lakes, which is expressed by increased 2σ standard deviations ranging from 2 to 30% and 2 to 35%, respectively.

- Recent examples of atmospheric conditions and their effects on Alpine precipitation

Common circulation patterns over the North Atlantic and Europe, which do favor/impede the occurrence of intense precipitation events in the Alps, show typical characteristics at 500 hPa geopotential pressure levels as discussed using the following examples based on instrumental data:

(1) In August 2003, Central Europe was under the influence of a strong high-pressure system³⁵. Under this weather situation, Central Europe has suffered its hottest summer for at least 500 years and temperatures in Switzerland were topping the previous record by 2.4 °C³⁶. During this year, the Alps experienced prolonged drought and heat and the entire summer period was characterized by a lack of convective rainfall in

many parts of Europe. This situation is projected to occur more frequently in the future³⁵ (Supplementary Fig. S3).

(2) In contrast, from August 6-9, 2007, the Alps were affected by strong westerly storm tracks that led to intense precipitation due to orographic rainfall mainly north of the central Alpine divide⁷. Consequentially, severe floods were recorded in the Alpine region. This specific weather situation was characterized by a weak Azores high-pressure system in a southerly position and a strong pressure gradient at mid-latitudes, generating strong westerly winds (Supplementary Fig. S4).

(3) A further extreme weather situation, referred to as 'Vb storm track', was observed from August 20-23, 2005, causing intense precipitation and severe flooding in the Northern Alpine region^{19,37}. This Vb storm track was characterized by a low-pressure system travelling from the Mediterranean Sea northeastward. As in 2007, this weather situation was accompanied by a weak and southerly position of the Azores high-pressure system (Supplementary Fig. S5).

The above-mentioned recent weather situations that triggered droughts or floods in the Alpine region (Central Europe) support our finding of less (more) intense precipitation events during warmer (cooler) summers accompanied by a strong (weak) high-pressure systems dominating Europe during the past 2500 years.

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