# **Supplementary Table 1.** Insulin Treatment Protocols:

# **1.A.** Sitagliptin Group

Discontinue oral antidiabetic drugs or low-dose insulin on admission.

Sitagliptin once daily - Dosage

- 100 mg/day (at any time of day) for patients with GFR 50–100 ml/min
- 50 mg/day for patients with GFR 30–50 ml/min

Supplemental (correction) insulin:

- Give supplemental insulin lispro following the "sliding scale" protocol (1D) for blood glucose > 140 mg/dl.
- If a patient is able and expected to eat all, give supplemental lispro insulin before each meal and at bedtime following the "usual" column.
- If a patient is not able to eat, give supplemental lispro insulin every 6 hours (6-12-6-12) following the "sensitive" column.

# Insulin adjustment:

- If the fasting and pre-meal plasma glucose are persistently >140 mg/dl in the absence of hypoglycemia, the insulin scale of lispro insulin could be increased from sensitive to usual, or to usual to resistant scale
- If a patient develops hypoglycemia, the sliding scale of lispro insulin should be decreased from insulin resistant to usual scale or from usual to sensitive scale.

### Blood glucose monitoring:

• Measure BG before each meal and at bedtime (or every 6 hours if a patient is not eating) using a glucose meter. In addition, measure BG at any time if a patient experiences symptoms of hypoglycemia.

# **1.B.** Sitagliptin plus Glargine Group.

Discontinue oral antidiabetic drugs or low-dose insulin on admission.

Sitagliptin once daily - Dosage

- 100 mg/day (at any time of day) for patients with GFR 50–100 ml/min
- 50 mg/day for patients with GFR 30–50 ml/min

Glargine once daily - starting daily dose:

- Patients with BG between 140-200 mg/dL= 0.2 units per kg weight per day.
- Patients with BG between 201-400 mg/dL= 0.25 units per kg weight per day.
- Glargine insulin will be given once daily, at the same time of the day.
- Patients will receive the full-dose of glargine insulin (even if NPO) except for those that have GFR <50 ml/min. Patients with GFR <50ml/min will receive only ½ of the calculated insulin dose.

Supplemental (correction) insulin:

- Give supplemental insulin lispro following the "sliding scale" protocol (1D) for blood glucose > 140 mg/dl.
- If a patient is able and expected to eat all, give supplemental lispro insulin before each meal and at bedtime following the "usual" column.
- If a patient is not able to eat, give supplemental lispro insulin every 6 hours (6-12-6-12) following the "sensitive" column.

Daily insulin adjustment:

- Fasting and pre-meal BG between 100-140 mg/dl without hypoglycemia the previous day: no change
- Fasting and pre-meal BG between 141-180 mg/dl: increase glargine dose by 10% every day
- Fasting and pre-meal BG >180 mg/dl: increase glargine dose by 20% every day
- Fasting and pre-meal BG between 70-99 mg/dl: decrease glargine dose by 10% every day
- If a patient develops hypoglycemia (BG < 70 mg/dL), decrease glargine dose by 20%.</li>
- If a patient develops hypoglycemia (BG <40 mg/dL), decrease glargine dose by 30-40%.

Blood glucose monitoring:

Measure BG before each meal and at bedtime (or every 6 hours if a patient is not eating) using a
glucose meter. In addition, measure BG at any time if a patient experiences symptoms of
hypoglycemia.

# **1.C.** Basal Bolus Insulin Regimen

Discontinue oral antidiabetic drugs or low-dose insulin on admission.

## Starting total daily insulin dose:

- Patients with BG between 140-200 mg/dL= 0.4 units per kg weight per day.
- Patients with BG between 201-400 mg/dL= 0.5 units per kg weight per day.
- Half of total daily dose will be given as glargine and half as lispro/aspart.
- Glargine insulin will be given once daily, at the same time of the day. Patients will receive the full-dose of glargine insulin (even if NPO) except for those that have GFR <50 ml/min. Patients with GFR <50ml/min will receive only ½ of the calculated insulin dose.
- Insulin lispro will be given in three equally divided doses before each meal. To prevent hypoglycemia, if a subject is not able to eat, the dose of lispro will be held. Patients with GFR <50ml/min receive ½ of the calculated insulin dose.

### Daily insulin adjustment:

- Fasting and pre-meal BG between 100-140 mg/dl without hypoglycemia the previous day: no change
- Fasting and pre-meal BG between 141-180 mg/dl: increase glargine dose by 10% every day
- Fasting and pre-meal BG >180 mg/dl: increase glargine dose by 20% every day
- Fasting and pre-meal BG between 70-99 mg/dl: decrease glargine dose by 10% every day
- If a patient develops hypoglycemia (BG <70 mg/dL), decrease glargine dose by 20%.
- If a patient develops hypoglycemia (BG <40 mg/dL), decrease glargine dose by 30-40%.

#### Supplemental (correction) insulin:

- Give supplemental insulin lispro following the "sliding scale" protocol (1D) for blood glucose > 140 mg/dl.
- If a patient is able and expected to eat all, give supplemental lispro insulin before each meal and at bedtime following the "usual" column.
- If a patient is not able to eat, give supplemental lispro insulin every 6 hours (6-12-6-12) following the "sensitive" column.

#### Blood glucose monitoring:

• Measure BG before each meal and at bedtime (or every 6 hours if a patient is not eating) using a glucose meter. In addition, measure BG at any time if a patient experiences symptoms of hypoglycemia.

# 1.D. Supplemental Lispro Insulin Scale

Blood Glucose (mg/dL)	Insulin Sensitive	Usual	Insulin Resistant
>141-180	2	4	6
181-220	4	6	8
221-260	6	8	10
261-300	8	10	12
301-350	10	12	14
351-400	12	14	16
> 400	14	16	18

<sup>\*\*</sup> Check appropriate column below and cross out other columns

**Supplementary Figure 1.** Mean daily glucose concentration in patients with randomization BG <180 mg/dl (1A) and BG  $\geq$ 180 mg/dl (1B) treated with sitagliptin, sitagliptin plus basal insulin and basal bolus.



