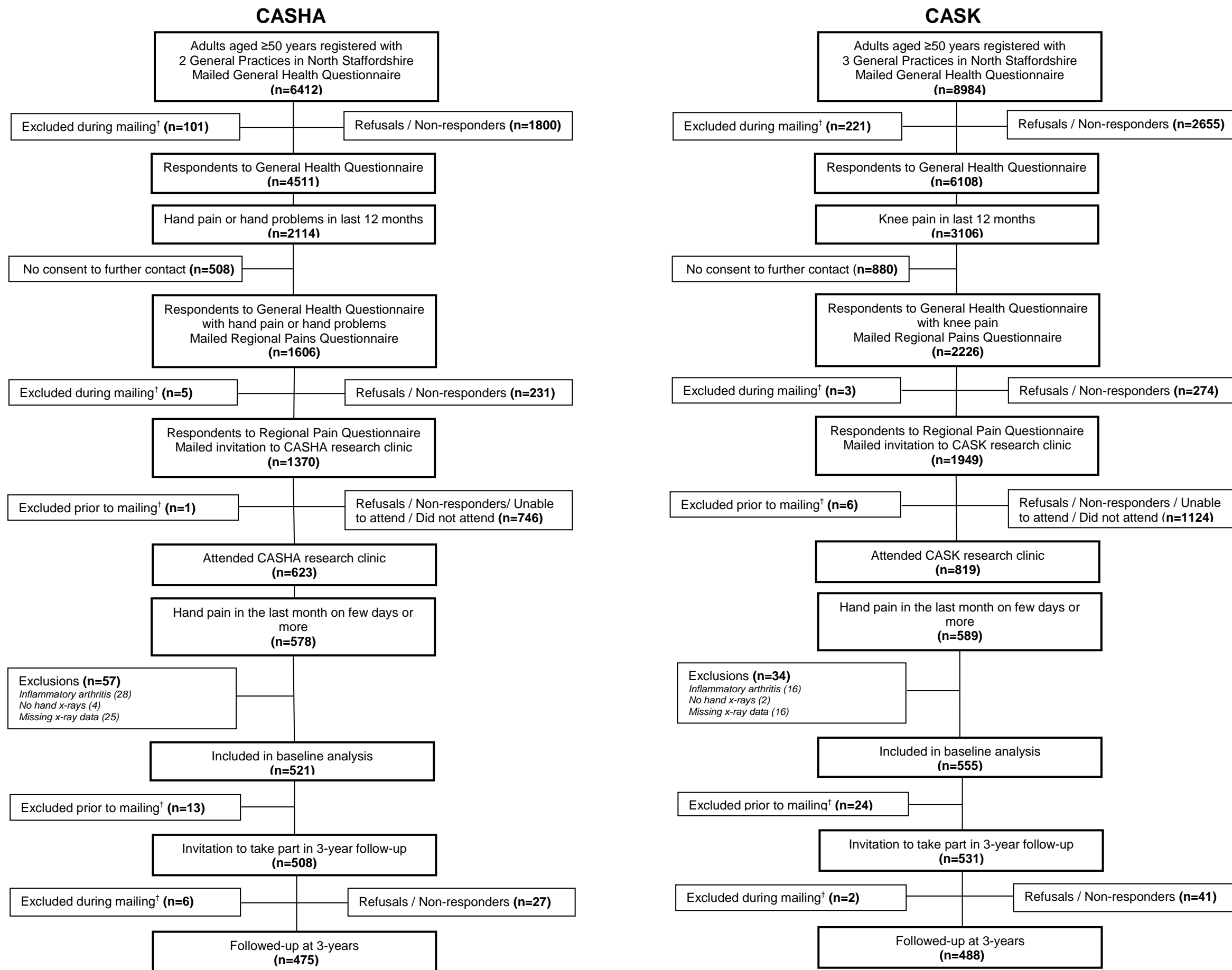


**Supplementary Figure 1. Flow diagram showing recruitment of CASHA and CASK study participants**



†Reason for exclusion prior to or during mailing include death, departure from the GP practice, incorrect address or certain health conditions that would make it difficult to complete the questionnaire including stroke, dementia or a severe mental health condition.