Statement over the past one month	All the time	Very often	Sometimes	Seldom
1. Are you thinking about too many things or thinking too much?*	4	3	2	1
2. Are you feeling depressed?	4	3	2	1
3. Are you feeling anxious?*	4	3	2	1
4. Is your sleep disturbed? <sup>†</sup>	4	3	2	1
5. Do you feel it may be better to die?	4	3	2	1
6. Do you get less pleasure from things? Loss of pleasurable feelings?	4	3	2	1
7. Do you have difficulty in concentrating?*	4	3	2	1
8. Have you been experiencing increased heartbeat for the past one month?*	4	3	2	1
9. Do you experience less desire for food?	4	3	2	1
10. Do you feel tired for no apparent reason?	4	3	2	1

SUPPLEMENTAL TABLE 1 Screening tool for primary health care clinic workers, Zambia

\*Item identifies anxiety; other items identify depression. †Item possibly related to both conditions.