

SUPPLEMENTAL MATERIAL

1) Supplemental Figure

2) Excel tool screenshots

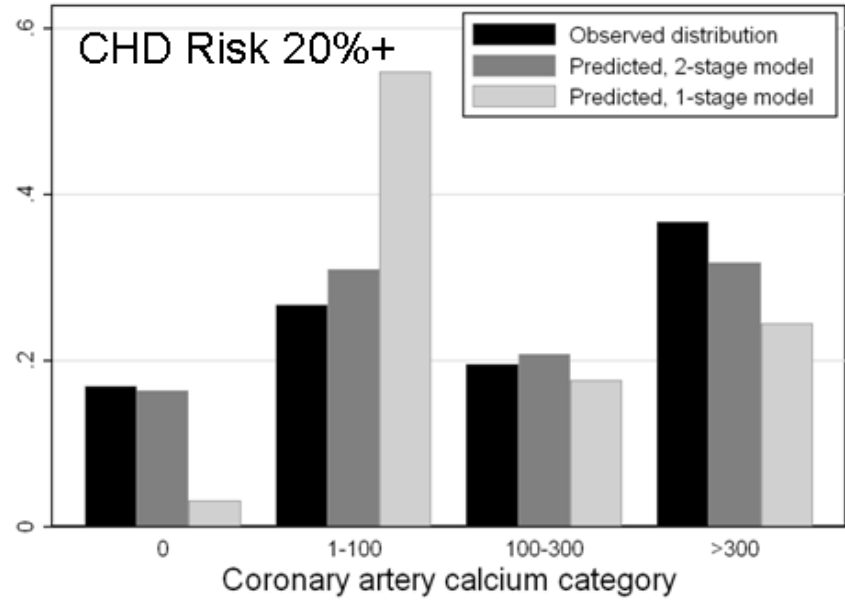
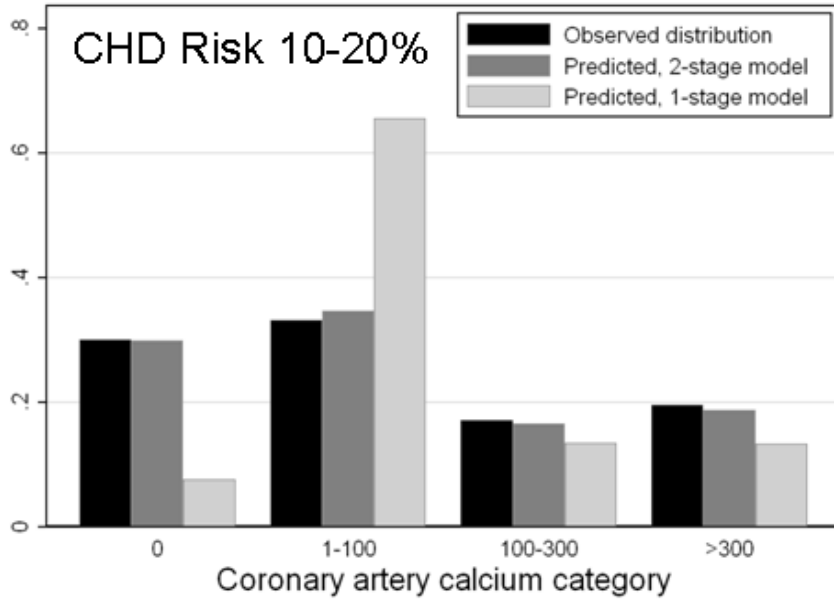
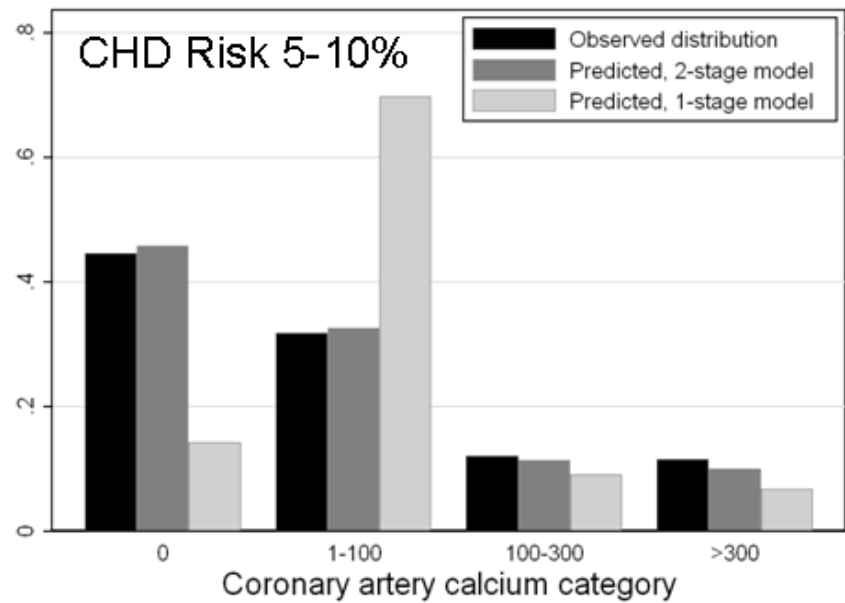
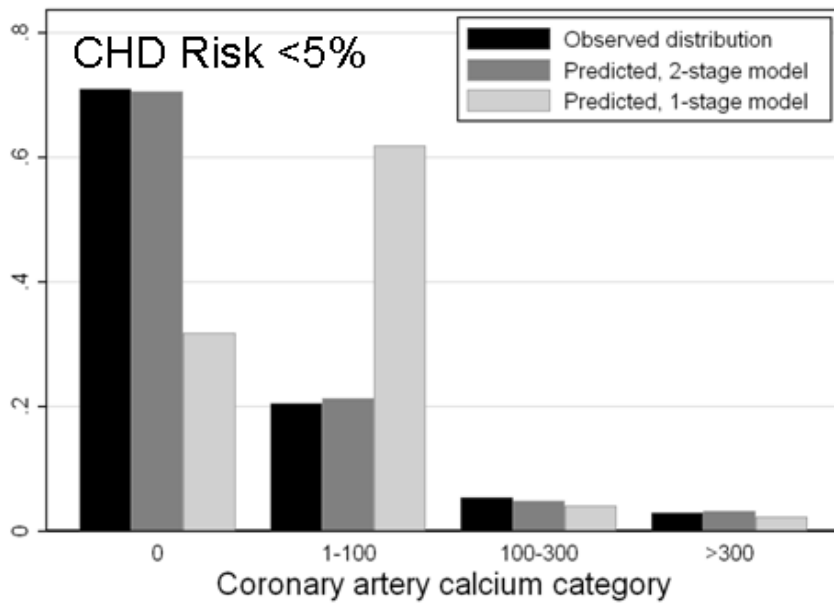
3) Supplemental Table 1

4) Supplemental Table 2

FIGURE LEGEND

Supplemental Figure. Observed and Predicted Coronary Artery Calcium Score Distributions Across Different Levels of Coronary Heart Disease Risk.

Each bar chart shows 1) The observed distribution of coronary artery calcium (CAC) scores, 2) The expected distribution of scores given the participants' coronary heart disease (CHD) risk factors using the two-stage modeling approach described in the Methods (Model 3), and 3) The expected distribution of scores given the same CHD risk factor predictors but using a one-stage modeling approach (linear regression with $\log(\text{CAC}+1)$ as the outcome). Four bar charts are provided, stratifying the MESA study population by level of CHD risk (10-year Framingham Risk Score). The two-stage modeling approach predicts a CAC distribution that closely matches the observed distribution; the one-stage approach does not.



Excel Tool output - Example 5 from Table 4

Microsoft Excel - MESA risk integrator with ATPIII.xls

File Edit View Insert Format Tools Data Window Help

Type a question for help

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A	B	C	D	E	F	G	H	I	J
1	MESA Risk Integrator								
2									
3	<i>Input your patient's information (red numbers)</i>				<i>Results</i>				
4									
5	Characteristic		Value		Pre-test 10-year CHD Risk estimate:		(5-year CHD risk recalibrated for race):		
6	Age -		45		(Framingham-derived) 10%		6%		
7	Male (1) or Female (0) -		0						
8	Race/Ethnicity (1-White, 2-Asian, 3-Black, 4-Hispanic) -		3		Proportion of scores falling into each category:				
9	Total cholesterol -		240						
10	HDL cholesterol -		45		CAC category				
11	Current smoker? (1 or 0) -		1		Proportion				
12	Diabetes mellitus? (1 or 0) -		0		0 0.79				
13	Systolic Blood Pressure -		145		1-100 0.18				
14	BP medications? (1 or 0) -		1		101-300 0.02				
15					>300 0.01				
16					Post-test 10-year CHD Risk estimate:		(5-year CHD risk recalibrated for race):		
17					CAC category				
18					10-year risk				
19					0 6%				
20	Use Framingham Risk Score for pre-test risk?:		Yes		1-100 20%				
21			5%		101-300 38%				
22					>300 45%				
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36									
37									

Log coronary calcium score

Coronary calcium score

Risk Calculator / ATPIII with coefficients / Recalibrated 5-year risk / MESA CAC dist - Model 3

Ready NUM

Excel Tool output - For Example 6 from Table 4

Microsoft Excel - MESA risk integrator with ATPIII.xls

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	A	B	C	D	E	F	G	H	I	J
1		MESA Risk Integrator								
2										
3		<i>Input your patient's information (red numbers)</i>						<i>Results</i>		
4										
5		Characteristic	Value				Pre-test 10-year CHD Risk estimate:	(5-year CHD risk recalibrated for race):		
6		Age -	55			(Framingham-derived)	10%	1%		
7		Male (1) or Female (0) -	1							
8		Race/Ethnicity (1-White, 2-Asian, 3-Black, 4-Hispanic) -	4				Proportion of scores falling into each category:			
9		Total cholesterol -	220				CAC category	Proportion		
10		HDL cholesterol -	50				0	0.49		
11		Current smoker? (1 or 0) -	0				1-100	0.33		
12		Diabetes mellitus? (1 or 0) -	0				101-300	0.10		
13		Systolic Blood Pressure -	140				>300	0.08		
14		BP medications? (1 or 0) -	1							
15										
16							Post-test 10-year CHD Risk estimate:	(5-year CHD risk recalibrated for race):		
17							CAC category	10-year risk		
18							0	3%	0%	
19							1-100	12%	2%	
20		Use Framingham Risk Score for pre-test risk?:	Yes				101-300	23%	3%	
21			5%				>300	28%	4%	
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Log coronary calcium score

Coronary calcium score

Risk Calculator / ATPIII with coefficients / Recalibrated 5-year risk / MESA CAC dist - Model 3

Ready NUM

Excel Tool output - For Example 7 from Table 4

Microsoft Excel - MESA risk integrator with ATPIII.xls

File Edit View Insert Format Tools Data Window Help

Type a question for help

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	A	B	C	D	E	F	G	H	I	J
1		MESA Risk Integrator								
2										
3		<i>Input your patient's information (red numbers)</i>						<i>Results</i>		
4										
5		Characteristic	Value				Pre-test 10-year CHD Risk estimate:	(5-year CHD risk recalibrated for race):		
6		Age -	75			(Framingham-derived)	10%	3%		
7		Male (1) or Female (0) -	1							
8		Race/Ethnicity (1-White, 2-Asian, 3-Black, 4-Hispanic) -	1				Proportion of scores falling into each category:			
9		Total cholesterol -	170				CAC category	Proportion		
10		HDL cholesterol -	80				0	0.19		
11		Current smoker? (1 or 0) -	0				1-100	0.30		
12		Diabetes mellitus? (1 or 0) -	0				101-300	0.21		
13		Systolic Blood Pressure -	120				>300	0.30		
14		BP medications? (1 or 0) -	0							
15										
16							Post-test 10-year CHD Risk estimate:	(5-year CHD risk recalibrated for race):		
17							CAC category	10-year risk		
18							0	2%	0%	
19							1-100	6%	2%	
20		Use Framingham Risk Score for pre-test risk?:	Yes				101-300	13%	3%	
21			5%				>300	16%	4%	
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Frequency

Log coronary calcium score

Frequency

Coronary calcium score

Risk Calculator / ATPIII with coefficients / Recalibrated 5-year risk / MESA CAC dist - Model 3

Ready NUM

Excel Tool output - For Example 6 from Table 4, except with diabetes

Microsoft Excel - MESA risk integrator with ATPIII.xls

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Arial 10

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A	B	C	D	E	F	G	H	I	J	
1	MESA Risk Integrator									
2										
3	<i>Input your patient's information (red numbers)</i>				<i>Results</i>					
4										
5	Characteristic		Value	Pre-test 10-year CHD Risk estimate:		(5-year CHD risk recalibrated for race):				
6	Age -		55	(Framingham-derived) 12%		2% WARNING*				
7	Male (1) or Female (0) -		1							
8	Race/Ethnicity (1-White, 2-Asian, 3-Black, 4-Hispanic) -		4	Proportion of scores falling into each category:						
9	Total cholesterol -		220							
10	HDL cholesterol -		50	CAC category		Proportion				
11	Current smoker? (1 or 0) -		0	0		0.46				
12	Diabetes mellitus? (1 or 0) -		1	1-100		0.32				
13	Systolic Blood Pressure -		140	101-300		0.12				
14	BP medications? (1 or 0) -		0	>300		0.10				
15										
16	* - Pre-test and post-test risks are calculated using a non-standard risk correction for diabetics (RR=1.5 for men, 1.8 for women) based on Wilson et al. Circulation. 1998;97:1837-1847.				Post-test 10-year CHD Risk estimate:		(5-year CHD risk recalibrated for race):			
17					CAC category		10-year risk			
18					0		4% 1% WARNING*			
19					1-100		13% 2% WARNING*			
20	Use Framingham Risk Score for pre-test risk?: Yes				101-300		25% 5% WARNING*			
21					>300		31% 6% WARNING*			
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Log coronary calcium score

Coronary calcium score

Risk Calculator / ATPIII with coefficients / Recalibrated 5-year risk / MESA CAC dist - Model 3

Ready NUM

Excel Tool output - For Example 6 from Table 4, except with diabetes; AND using a custom user-defined pre-test CHD risk estimate

Microsoft Excel - MESA risk integrator with ATPIII.xls

File Edit View Insert Format Tools Data Window Help

Type a question for help

100%

Arial 10

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MESA Risk Integrator		Results	
<i>Input your patient's information (red numbers)</i>			
Characteristic	Value		
Age -	55	Pre-test 10-year CHD Risk estimate: (User-defined)	5% (5-year CHD risk recalibrated for race): 2% WARNING*
Male (1) or Female (0) -	1	Proportion of scores falling into each category:	
Race/Ethnicity (1-White, 2-Asian, 3-Black, 4-Hispanic) -	4	CAC category	Proportion
Total cholesterol -	220	0	0.46
HDL cholesterol -	50	1-100	0.32
Current smoker? (1 or 0) -	0	101-300	0.12
Diabetes mellitus? (1 or 0) -	1	>300	0.10
Systolic Blood Pressure -	140	Post-test 10-year CHD Risk estimate: (5-year CHD risk recalibrated for race):	
BP medications? (1 or 0) -	0	CAC category	10-year risk
* - Pre-test and post-test risks are calculated using a non-standard risk correction for diabetics (RR=1.5 for men, 1.8 for women) based on Wilson et al. Circulation. 1998;97:1837-1847.		0	1% WARNING*
Use Framingham Risk Score for pre-test risk?:	No	1-100	5% WARNING*
Enter 10-year pre-test CHD risk (e.g., 5%):	5%	101-300	11% WARNING*
		>300	13% WARNING*

Log coronary calcium score

Coronary calcium score

Risk Calculator / ATPIII with coefficients / Recalibrated 5-year risk / MESA CAC dist - Model 3

Ready NUM

Supplemental Table 1. Predictors of coronary calcium presence and extent – Model 4, all CHD risk factors but without race/ethnicity

Model	Logistic Regression for Coronary Calcium Presence (score>0)			Linear Regression for Coronary Calcium Extent (ln(coronary calcium score)) among persons with a score>0			
	Odds ratio (95% CI)	p-value	Cross-validated C-statistic	Coefficients (95% CI)	Corresponding percent increase in natural CAC scores*	p-value	Cross-validated R ²
Model 4: All CHD risk factors (Model 3 but without race/ethnicity)*							
- Age, per 10 years	2.51 (2.36-2.68)	<.001	.778	0.61 (0.55-0.68)	85% (73%-97%)	<.001	.151
- Male (vs. female)	2.70 (1.39-3.05)	<.001		0.75 (0.62-0.87)	111% (86%-140%)	<.001	
- Total cholesterol, per 10 mg/dl	1.059 (1.042-1.077)	<.001		0.0084 (-0.009-0.025)	1% (-1%-3%)	.34	
- HDL cholesterol, per 10 mg/dl	0.893 (0.857-0.931)	<.001		0.0045 (-0.039-0.048)	0% (-4%-5%)	.84	
- Current smoker	1.44 (1.22-1.70)	<.001		0.19 (0.011-0.36)	21% (1%-44%)	.04	
- Diabetes mellitus	1.29 (1.08-1.53)	.004		0.36 (0.20-0.52)	43% (22%-68%)	<.001	
- Systolic blood pressure, per 10 mmHg	1.086 (1.046-1.127)	<.001		0.069 (0.030-0.109)	7% (3%-11%)	.001	
- Taking blood pressure medications	4.5 (2.2-9.3)	<.001		1.18 (0.46-1.90)	225% (58%-570%)	.001	
- BPmeds * SBP, per 10 mg/dl	0.914 (0.866-0.966)	.001		-0.069 (-0.123- -0.015)	-7% (-12%- -1%)	.013	

* - Additional model parameters required for estimating coronary calcium distribution (see Table 3) for Models 4 would be the intercept for the logistic models on the log-odds scale (-7.98017), intercepts for the linear regression model (-1.44688) and the standard deviation of the residuals for the linear model (1.684672).

Supplemental Table 2. Using the coronary artery calcium score with conventional cardiovascular risk factors to estimate future risk: 11 examples using Model 3, with 5-year race/ethnicity recalibrated risk*

Clinical scenario	Pre-test 5-year CHD risk, recalibrated*	CAC score category	Proportion of CAC scores falling within the given category†	Post-test 5-year recalibrated risk* for each CAC score category‡
1 – 45 year old white man with SBP = 120 mmHg (no medication), TC/HDL = 160/60 mg/dl	0.6%	0: 1-100: 101-300: >300:	.76 .19 .03 .02	0% 1% 2% 3%
2 – 65 year old Asian woman with SBP = 110 mg/dl (no medication), TC/HDL = 160/80 mg/dl	Not available*	0: 1-100: 101-300: >300:	.73 .21 .04 .02	Not available* Not available* Not available* Not available*
3 – 45 year old Hispanic woman with SBP = 150 mmHg (no medication), TC/HDL = 210/40 mg/dl who smokes	Not available*	0: 1-100: 101-300: >300:	.84 .14 .01 .00	Not available* Not available* Not available* Not available*
4 – 60 year old white man with SBP = 120 mmHg (no medication), TC/HDL = 150/65 mg/dl	0.8%	0: 1-100: 101-300: >300:	.47 .31 .12 .10	0% 1% 2% 2%
5 - 45 year old black woman with SBP = 145 mmHg on medication, TC/HDL = 240/45 mg/dl who smokes	6%	0: 1-100: 101-300: >300:	.79 .18 .02 .01	3% 12% 24% 29%
6 – 55 year old Hispanic man with SBP = 140 mmHg on medication, TC/HDL = 220/50 mg/dl	1%	0: 1-100: 101-300: >300:	.49 .33 .10 .08	0% 2% 3% 4%

7 – 75 year old white man with		0:	.19	0%
SBP = 120 mmHg (no medication),	3%	1-100:	.30	2%
TC/HDL = 170/80 mg/dl		101-300:	.21	3%
		>300:	.30	4%
8 – 45 year old Asian woman with		0:	.68	Not available*
SBP = 155 mmHg on medication,	Not available*	1-100:	.27	Not available*
TC/HDL = 250/40 mg/dl who		101-300:	.04	Not available*
smokes		>300:	.02	Not available*
9 – 75 year old black man with		0:	.31	1%
SBP = 130 mmHg (no medication),	5%	1-100:	.34	4%
TC/HDL = 180/55		101-300:	.17	8%
		>300:	.18	9%
10 – 55 year old Hispanic woman		0:	.56	Not available*
with SBP = 160 mmHg on	Not available*	1-100:	.34	Not available*
medication, TC/HDL = 260/40		101-300:	.07	Not available*
mg/dl who smokes		>300:	.04	Not available*
11 – 80 year old white man with		0:	.06	1%
SBP = 130 mmHg on medication,	9%	1-100:	.22	4%
TC/HDL = 210/60 mg/dl		101-300:	.22	9%
		>300:	.50	11%

* - The 5-year CHD risk, recalibrated for race/ethnicity, was obtained using estimates and methods from a published Framingham validation article(REF). All pre-test risk estimates use relative hazard estimates derived from Framingham (presented in Table 1 of the reference(REF)). Estimates for white men and white women use the average 5-year CHD rate and average CHD risk factor levels from Framingham, but estimates for other race/sex groups were “recalibrated” using race/sex-specific average 5-year CHD rates and risk factor averages, as described(REF). To obtain the average age² value, we used the age range to estimate the standard deviation (SD = range/4), and then used the following formula: average(age²) = (average(age))² + SD². Values for black men and women were derived from the Atherosclerosis Risk in Communities (ARIC) Study; values for Asian men were derived from the Honolulu Heart Program; values for Hispanic men were derived from the Puerto Rico

Heart Program(REF). Note that our reference did not present results for Asian or Hispanic women, so these values are left missing in the table.

† - Uses model parameters from Table 2 (Model 3) and the two-step estimation procedure described in the Methods section. Results are identical to the last panel of Table 3.

‡ - Post-test risk estimates are calculated by assuming that the pre-test 10-year CHD risk estimate represents an average of persons with different CAC scores, weighted by the probability of having a CAC score in each category†. The risk in each category is calculated algebraically using these relative risk estimates from Detrano et al²: CAC=0: Reference; CAC=1-100: 3.61; CAC=101-300: 7.73; CAC>300: 9.67. Resulting risk scores are rounded to the nearest whole percentage. See Methods for details.

|| - All possible combinations of risk factors cannot be described here; only selected scenarios are presented. Results for other clinical scenarios can be calculated using the Excel-based calculator available in the Online Materials. Where the risk factor level is not specified, we used SBP = 120, no blood pressure medications, TC = 160, HDL = 55, non-smoker, non-diabetic. Note: Pre- and Post-test risk cannot be calculated for diabetics; see Methods.

CHD – Coronary heart disease; CAC score – Coronary artery calcification score; SBP – systolic blood pressure; TC – Total cholesterol; HDLC – High density lipoprotein cholesterol