

1 Table 5: Fibromyalgia survey questionnaire [25]

2 **Symptom severity score (SSS)**

3 I. Using the following scale, indicate for each item the level of severity **over the past**  
4 **week** by checking the appropriate box.

5 0: No problem

6 1: Slight or mild problems; generally mild or intermittent

7 2: Moderate; considerable problems; often present and/or at a moderate level

8 3. Severe: continuous, life-disturbing problems

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10 Fatigue  0  1  2  3

11 Trouble thinking or remembering  0  1  2  3

12 Waking up tired (unrefreshed)  0  1  2  3

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14 II. During the **past 6 months** have you had any of the following symptoms?

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16 Pain or cramps in lower abdomen:  Yes (1)  No (0)

17 Depression:  Yes (1)  No (0)

18 Headache :  Yes (1)  No (0)

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21 **Widespread pain index (WPI)**

22 Please indicate below if you have had pain or tenderness over the past 7 days in  
 23 each of the areas listed below. Please make an X in the box if you have had pain or  
 24 tenderness. Be sure to mark both right side and left side separately

25

<input type="checkbox"/> Shoulder, left <input type="checkbox"/> Shoulder, right	<input type="checkbox"/> Upper leg, left <input type="checkbox"/> Upper leg, right	<input type="checkbox"/> Lower back <input type="checkbox"/> Upper back <input type="checkbox"/> Neck
<input type="checkbox"/> Hip, left <input type="checkbox"/> Hip, right	<input type="checkbox"/> Lower leg, left <input type="checkbox"/> Lower leg, right	
<input type="checkbox"/> Upper am, left <input type="checkbox"/> Upper arm, right	<input type="checkbox"/> Jaw, left <input type="checkbox"/> Jaw, right	<input type="checkbox"/> No pain in any of these areas
<input type="checkbox"/> Lower rarm, left <input type="checkbox"/> Lower arm, right	<input type="checkbox"/> Chest <input type="checkbox"/> Abdomen	

26

27 IV. Overall, were the symptoms listed in I - III above generally present for at **least 3**  
 28 **months?**  Yes  No

29 The criteria of the symptoms of FMS are met if > 7 pain sites in the WPI and the SSS  
 30 score is > 4 and IV is answered with “yes” [6].

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