

## SUPPLEMENTAL MATERIAL

**Supplementary Table I. Baseline Characteristics of Stroke/TIA Study Samples based on BDNF quartiles**

<i>Clinical Characteristics</i>	Entire Sample N=3440	Q1 BDNF N=847	Q2-Q3-Q4 BDNF N=2593	p
Women, %	56%	50%	59%	<0.001
Age, years*	65±11	66±11	64±11	<0.001
Systolic Blood Pressure, mmHg*	130±20	130±21	129±20	0.214
Anti-hypertensive medication, %	36%	37%	36%	0.506
Current smokers, %	11%	9%	12%	0.015
Diabetes mellitus, %	12%	14%	12%	0.070
Prevalent cardiovascular disease, %	14%	16%	13%	0.066
Atrial fibrillation, %	3.8%	5.8%	3.2%	<0.001

\* mean+SD.

**Supplementary Table II. Baseline Characteristics of NP Study Samples based on BDNF quartiles**

<u>Clinical Characteristics</u>	Entire Sample N=2104	Q1 BDNF N=498	Q2-Q3-Q4 BDNF N=1606	p
Women, %	55%	48%	57%	<0.001
Age, years*	61±9	62±10	61±9	<0.001
Systolic Blood Pressure, mm Hg*	126±19	127±19	126±18	0.161
Anti-hypertensive medication, %	31%	32%	30%	0.354
Current smokers, %	11%	9%	12%	0.067
Diabetes mellitus, %	11%	15%	10%	0.007
Prevalent cardiovascular disease, %	10%	12%	9%	0.077
Atrial fibrillation, %	3%	3%	2%	0.233
Total cholesterol, mg/dl	201±37	195±36	203±37	<0.001
**Total homocysteine, µmol/L**	7.8 [6.5,9.5]	7.7 [6.3,9.7]	7.8 [6.6,9.5]	0.584
College Degree	39%	42%	38%	0.095
Depression (CES-D score)**	3 [1,7]	3 [1,7]	3 [1,7]	0.805
Physical activity index (PAI) **	37 [33,41]	36 [34,41]	37 [33,41]	0.920
<b><u>Brain MRI Measures</u></b>				
WMHI (Log)	-3.0 ± 1.0	-2.9 ± 1.1	-3.1 ± 1.0	0.001
Extensive WMH	12%	14%	11%	0.142
<b><u>Cognitive Measures</u></b>				
VRd	8.1±3.4	7.7±3.4	8.3±3.3	0.002
TrB-TrA**	0.67 [0.45,0.98]	0.72 [0.48,1.07]	0.65 [0.43,0.97]	0.042

\* mean+SD.

\*\* Comparison made using log-transformed measures

**Supplementary Table III. Baseline Characteristics of MRI Study Samples based on BDNF quartiles**

<u>Clinical Characteristics</u>	<b>Entire Sample N=1863</b>	<b>Q1 BDNF N=440</b>	<b>Q2-Q3-Q4 BDNF N=1423</b>	<b>p</b>
Women, %	55%	48%	57%	<b>0.002</b>
Age, years*	61±9	62±10	61±9	<b>0.001</b>
Systolic Blood Pressure, mm Hg*	126±19	127±19	125±18	0.069
Anti-hypertensive medication, %	30%	30%	30%	0.908
Current smokers, %	11%	8%	12%	<b>0.039</b>
Diabetes mellitus, %	12%	14%	11%	<b>0.037</b>
Prevalent cardiovascular disease, %	9%	11%	9%	0.095
Atrial fibrillation, %	2%	3%	2%	0.120
Total cholesterol, mg/dl	201±37	195±36	203±37	<b>&lt;0.001</b>
**Total homocysteine, µmol/L**	7.8 [6.5,9.5]	7.7 [6.3,9.7]	7.8 [6.6,9.5]	0.621
College Degree	39%	42%	39%	0.210
Depression (CES-D score)**	3 [1,7]	3 [1,7]	3 [1,7]	0.951
Physical activity index (PAI) **	37 [33,41]	37 [34,41]	37 [33,41]	0.794
<b><u>Brain MRI Measures</u></b>				
WMHI (Log)	-3.0 ± 1.0	-2.9 ± 1.1	-3.1 ± 1.0	<b>0.001</b>
Extensive WMH	12%	14%	11%	0.142
<b><u>Cognitive Measures</u></b>				
VRd	8.2±3.3	7.8±3.4	8.4±3.3	<b>0.002</b>
TrB-TrA**	0.67 [0.45-0.98]	0.73 [0.50-1.08]	0.65 [0.43-0.95]	<b>0.015</b>

\*mean±SD.

\*\* Comparison made using log-transformed measures

**Supplementary Table IV. Association of serum BDNF and logVEGF and risk of stroke/ only**

Case/N			All Stroke (151/3513)*	
			HR [95% CI]	P
BDNF	Per SD	<b>Model A</b>	0.91[0.77-1.08]	0.28
		<b>Model B</b>	0.93[0.78-1.10]	0.38
	Q1	Model A	1.00	REF
	Q2		0.96 [0.64-1.45]	0.86
	Q3		<b>0.58 [0.36-0.94]</b>	<b>0.028</b>
	Q4		0.82 [0.53-1.31]	0.43
	Q1vsQ2-Q4	<b>Model A</b>	1.26 [0.89-1.78]	0.20
		<b>Model B</b>	1.23[0.87-1.75]	0.24
	logVEGF	<b>Model A</b>	<b>1.22[1.03-1.43]</b>	<b>0.019</b>
		<b>Model B</b>	<b>1.23[1.05-1.46]</b>	<b>0.013</b>

Model A: adjusted for age and sex

Model B: adjusted for systolic blood pressure, prevalent CVD, diabetes mellitus, atrial fibrillation, current smoking

\*Study Sample 1b; over a 10-year follow-up period we observed 151 incident strokes  
(129 ischemic, 21 hemorrhagic and one definite stroke of uncertain etiology)

**Supplementary Table V. Additional effect of serum BDNF and VEGF on risk of stroke/TIA**

†Model B		HR [95% CI]	P	NRI [95%CI]	C-Statistics
BDNF	Q1 vs Q2-Q4	<b>1.47[1.09-2.00]</b>	<b>0.012</b>	<b>0.199 [0.023-0.384]</b>	0.79 [0.76-0.81]
Log(VEGF)	Per SD	<b>1.21[1.04-1.40]</b>	<b>0.012</b>	<b>0.234 [0.067-0.401]</b>	0.79 [0.76-0.82]

**Model with both markers included**

BDNF	Q1 vs Q2-Q4	<b>1.62[1.20-2.20]</b>	<b>0.002</b>		
Log(VEGF)	Per SD	<b>1.25[1.08-1.45]</b>	<b>0.003</b>	<b>0.274 [0.090-0.449]</b>	0.79 [0.76-0.82]

†Model B: Model A additionally adjusted for SBP, CVD, DM, AF and SMK

Note: the interaction between log(VEGF) and Q1-BDNF has p=0.465.