

Appendix 1 – Websites that hosted the link to the questionnaire

- <http://www.lifesigns.org.uk>
- <http://www.selfharm.co.uk>
- http://www.mind.org.uk/help/diagnoses_and_conditions/self-harm
- <http://health.groups.yahoo.com/group/secrecutters>
- <http://www.sirius-project.org>
- <http://self-injury.net>
- <http://buslist.org/injury.html>
- <http://www.thesite.org/healthandwellbeing/mentalhealth/selfharm>
- <http://www.crazyboards.org/forums/>
- <http://www.teenhelp.org>
- http://ehealthforum.com/health/health_forums
- <http://www.patient.co.uk>
- <http://www.oxfordmhf.org.uk>
- <http://www.prettythin.com>
- <http://www.pandys.org>
- <http://www.tumblr.com>
- <http://www.psychforums.com>
- <http://www.mentalhealthforum.net>
- <http://www.thestudentroom.co.uk>
- <http://www.recoveryourlife.com>