

**Supplementary Table 1.** Repeated-measures ANOVA on alpha power during relaxing conditions

	Variable	F	p value
Fz	CT	1.130	0.296
	B	0.065	0.800
	CT×B	0.536	0.470
Oz	CT	0.540	0.468
	B	0.403	0.530
	CT×B	2.671	0.112

ANOVA, analysis of variance; CT, color temperature; B, brightness.