

## Supplementary materials

**Supplementary Fig. 1.** American ginseng-mediated cytotoxicity in H9C2 cells. H9C2 cells at 80-90% confluence were cultured in serum-free DMEM for 24 hours, and then treated with or without American ginseng extract (Am. g.) in serum-free DMEM as indicated for additional 24 hours. LDH release and cell survival were assessed by the Cytotoxicity Detection Kit <sup>PLUS</sup>. Cell viability = (LDH activity of cell lysate)/(LDH activity of cell lysate + LDH activity of culture media) × 100%. \*p < 0.05 vs Am. g. (0), n=4. (A) American ginseng-induced LDH release into supernatant of H9C2 cells. (B) American ginseng-induced cell death of H9C2 cells. Serum starvation induced 30% of cell death in H9C2 cells.

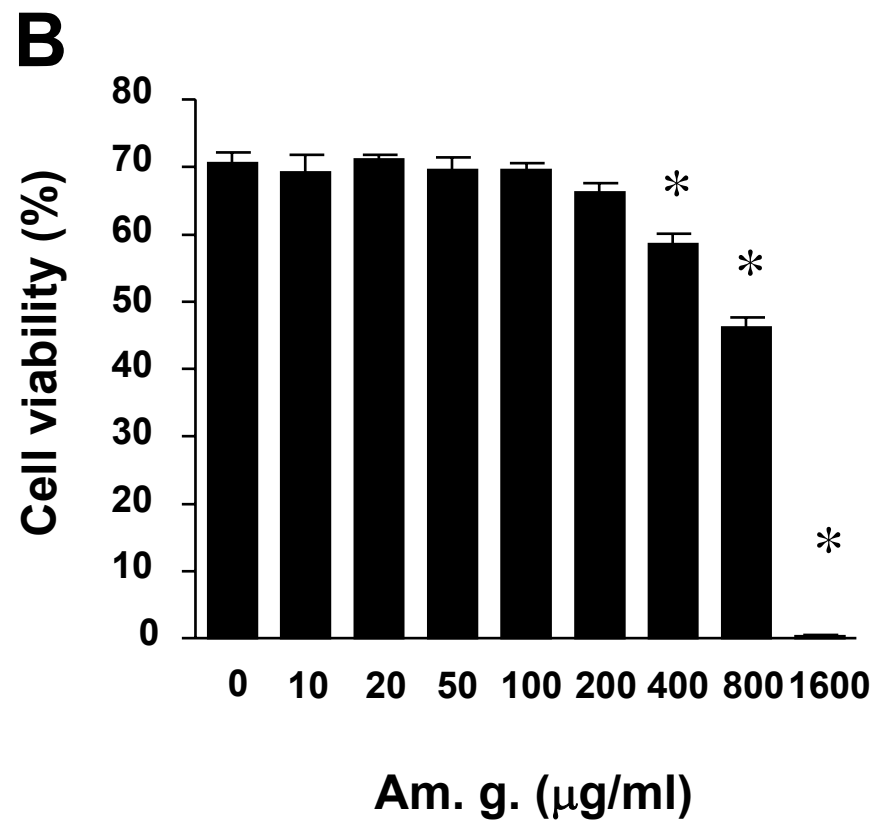
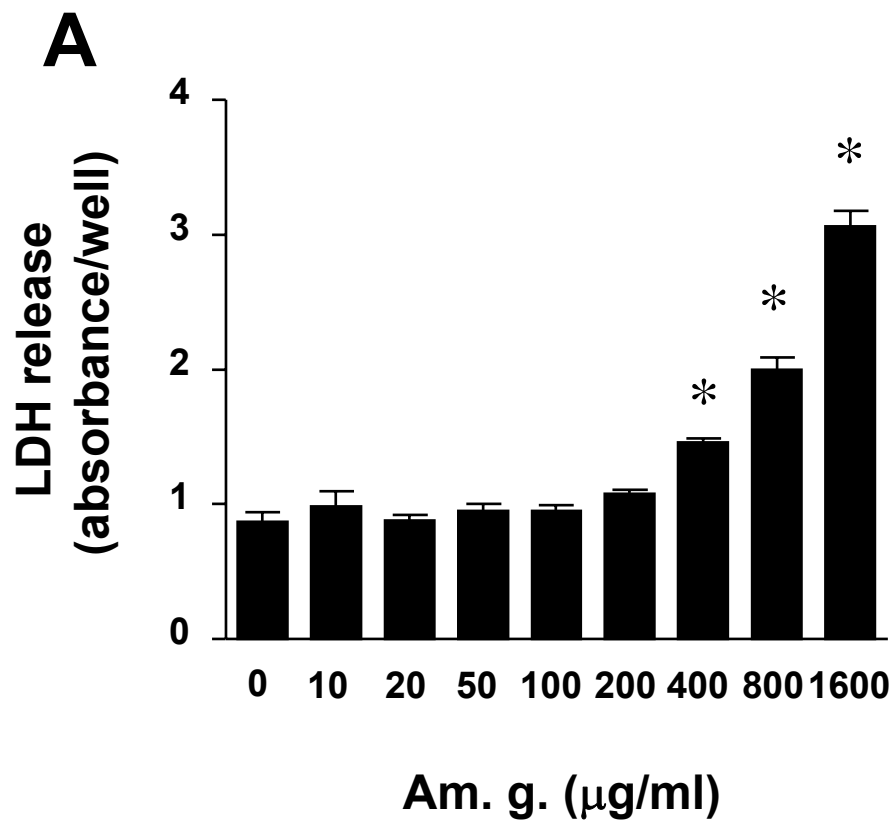
**Supplementary Fig. 2.** American ginseng-induced Nrf2 nuclear translocation in H9C2 cells. H9C2 cells at 80-90% confluence were cultured in serum-free DMEM for 24 hours, and then treated with or without American ginseng extract (Am. g.) in serum-free DMEM as indicated. Nuclear fractions were prepared using NE-PER Nuclear and Cytoplasmic Extraction Reagents (Pierce) following the manufacturer's instructions. Nuclear fractions were confirmed by the immunoblotting of histone using anti-Histone H3 (FL-136, sc-10809, Santa Cruz). Nuclear Nrf2 was assessed by the immunoblotting of Nrf2 using an antibody of Nrf2 (H-300, sc-13032, Santa Cruz). Results are representatives of duplicated experiments.

**Supplementary Fig. 3.** Effect of Nrf2 knockdown on American ginseng-mediated suppression of ROS and RNS formation in H9C2 cells. Cells infected with adenovirus of control scramble shRNA or Nrf2 shRNA for 48 hours, and then treated with TNF $\alpha$  (100 ng/ml) and American ginseng extract (Am. g., 200  $\mu$ g/ml) for 1 hour. Free radical formation was determined as described in “*Methods*” \*p < 0.05 vs Ad-scramble (-); #p < 0.05 vs Ang II (+) of Ad-scramble; § p < 0.05 vs Ang (+) of Ad-Nrf2 shRNA; †p < 0.05 vs Ad-Nrf2 shRNA (-); n=6.

**Supplementary Table 1.** Primers for Q-PCR.

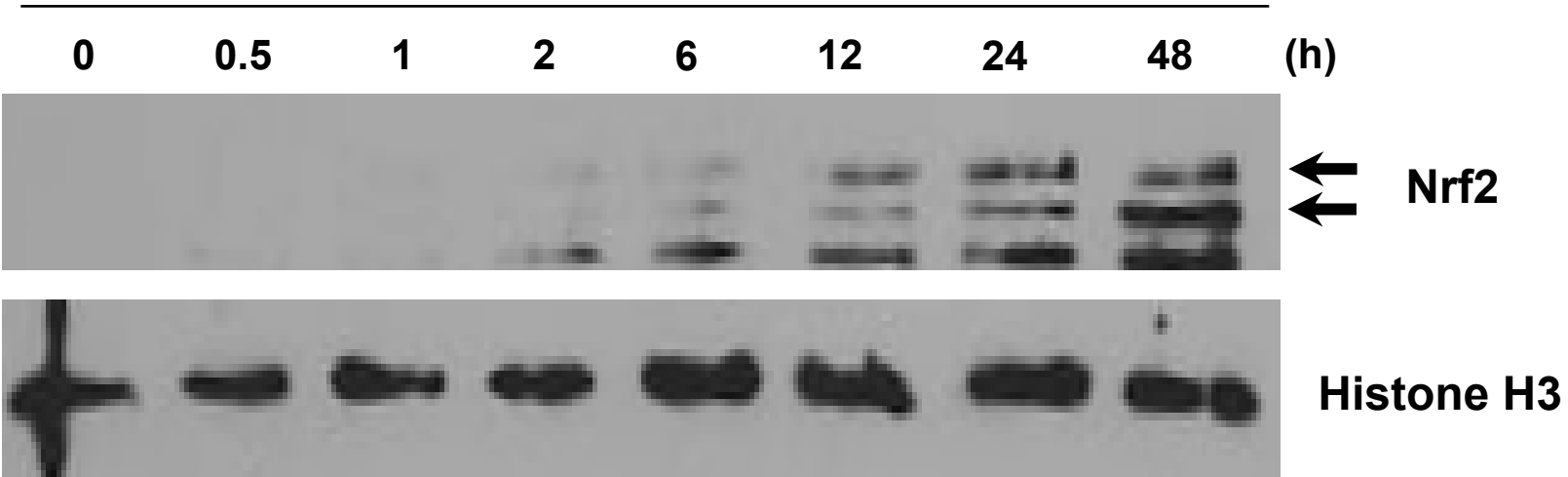
**Supplementary Table 2.** Primers for CHIP assay.

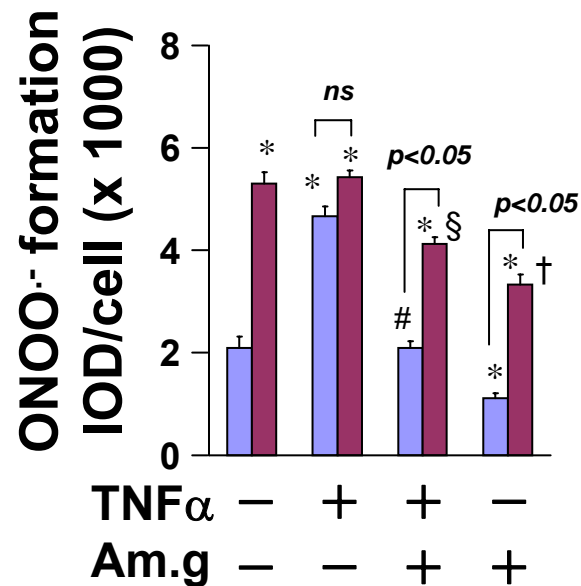
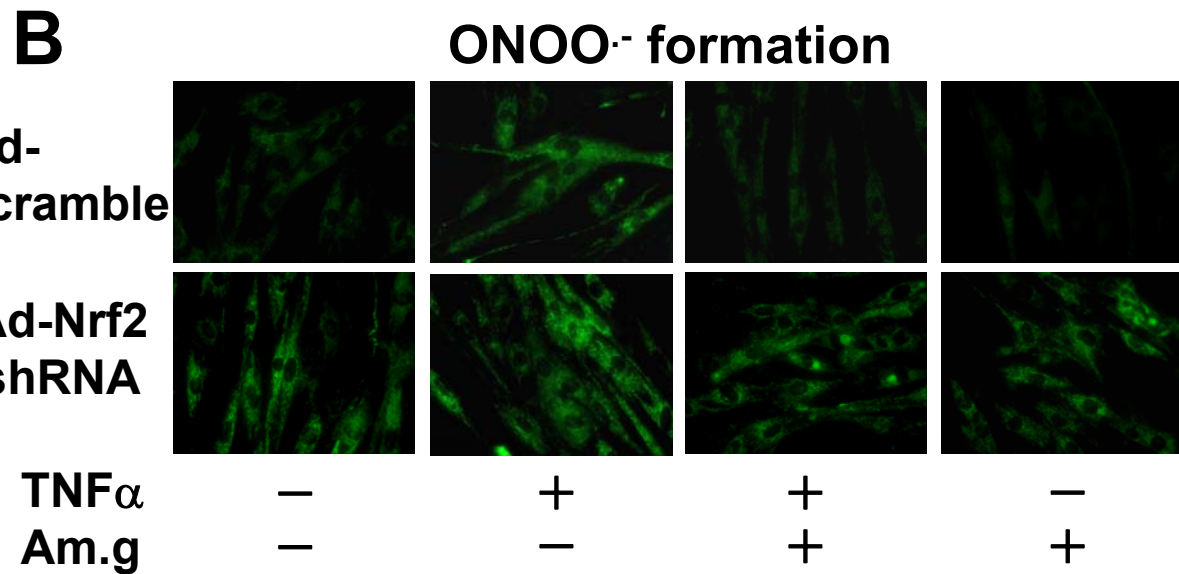
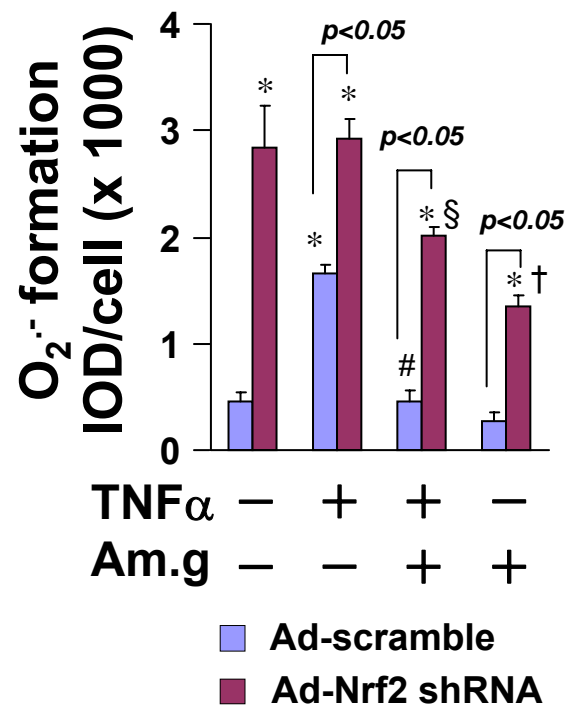
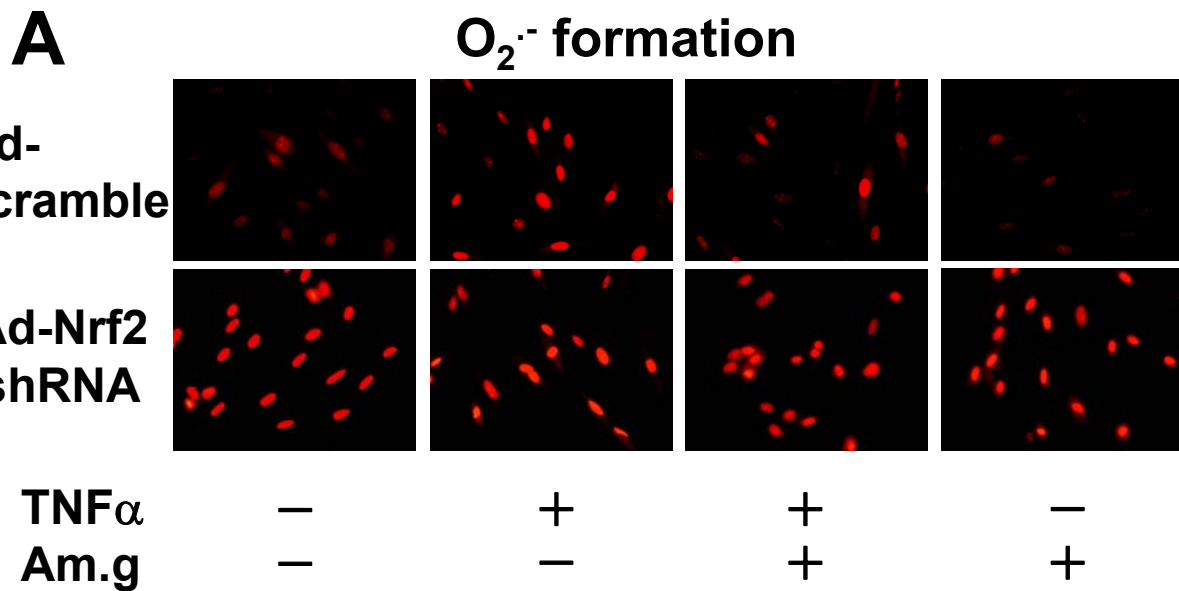
**Supplementary Table 3.** Cells were stimulated with or without American ginseng extract (Am. g., 50  $\mu$ g/ml) for 12 hours and subjected to CHIP assay as described in “*Methods*”. A, p < 0.05 vs vehicle, n=4. ns, non-significant.



**Nuclear fraction**

**American ginseng (10  $\mu$ g/ml)**





Supplementary Fig. 3

## Supplementary Table 1. Primers for Q-PCR

Gene	Species	Accession No.	5' primer	3' primer	PCR product size
NQO-1	Rat	NM_017000.3	ACTACGATCCGCCCCCAACTTCTG	CTTCGGCTCCCCTGTGATGTCGT	212
HO-1	Rat	NM_012580.2	TCCTGCGATGGGTCCTCACACTC	CAGCCGCCTCTACCGACCACAG	340
GCLc	Rat	NM_012815.2	TTGTTACTGAATGGCGGCGATGTT	GCGGGGGTGCTTGTTTATGG	357
SOD-2	Rat	NM_017051.2	GGACGCCGCAGAGCAGAC	GCCCCGCCATTGAACTT	360
Txn-1	Rat	NM_053800.3	CTGATCGAGAGCAAGGAAGC	CAGAGCATGATTAGGCAAAC	319
Txnrd-1	Rat	NM_031614.2	AGTGGTTGGCGCGTCCTATGTC	TTCACGCCACGGTCTCTAAGC	342
HO-1	Mouse	NM_010442.2	AGGAGATAGAGCGCAACAAGCAGA	CCAGTGAGGCCCATACCAGAAG	116
NQO-1	Mouse	NM_008706.5	CGGTATTACGATCCTCCCTCAACA	AGCCTCTACAGCAGCCTCCTTCAT	120
Trxnd-1	Mouse	NM_001042523.1	GTGTTGCTGGCGGTAGGAAGAGAT	GTCACCGATGGCGTAGATGTAAGG	144

**Supplementary Table 2. Primers for ChIP assay**

<b>Gene</b>	<b>ARE location</b>	<b>5' primer</b>	<b>3' primer</b>	<b>PCR product size</b>
<b>NQO-1</b>	<b>-468 ~ -459</b>	<b>GATCTTGGACAGGGAGCAGTTGAA</b>	<b>ATTGGCAGGGAGAAGCAGTTTAGG</b>	<b>143</b>
	<b>-4683 ~ -4674</b>	<b>CCTGGCCTGGGAACACTGA</b>	<b>TCTTGGCCTATAAAACACATCCTG</b>	<b>181</b>
	<b>-5449 ~ -5440</b>	<b>CAAACACTGCCAACCTG</b>	<b>AGCTAAATCCCCAACCCCTGTGT</b>	<b>182</b>
<b>SOD-2</b>	<b>-886 ~ -877</b>	<b>GCTGCGGCTATCAAATGTT</b>	<b>GCAAAGGGGGTGGGAAAAA</b>	<b>158</b>
	<b>-3723 ~ -3714</b>	<b>CTGAGGGCAAGAGAAAAGAGAT</b>	<b>TACCCCTAAGTGAGTCCATTGAT</b>	<b>164</b>
	<b>-11188 ~ -11179</b>	<b>AGGATGTCTGCGATGGCTATTCT</b>	<b>GTCTCCCCAGTTCTAACGATTCAA</b>	<b>124</b>
	<b>-19099 ~ -19090</b>	<b>CTGGGAACTCCTGCGTCTCT</b>	<b>ATGGGCTTCGTTGTATCTTTCTG</b>	<b>173</b>
<b>Txn-1</b>	<b>-3769 ~ -3760</b>	<b>GACAAGGCAAATCACAGAC</b>	<b>ACACATACACATACATACATCC</b>	<b>165</b>
	<b>-11405 ~ -11396</b>	<b>GGCCCTCTGCTGGAAAAG</b>	<b>AGCACGGTCACTACTACG</b>	<b>151</b>
	<b>-11423 ~ -11414</b>	<b>GGCCCTCTGCTGGAAAAG</b>	<b>AGCACGGTCACTACTACG</b>	<b>151</b>
	<b>-11584 ~ -11575</b>	<b>GGCCCTCTGCTGGAAAAG</b>	<b>AGCACGGTCACTACTACG</b>	<b>151</b>
	<b>-19433 ~ -19424</b>	<b>TGGCACAGTTCTAAGGATTCATTC</b>	<b>CGGTGGTTATACGGTTTTGTTCTA</b>	<b>96</b>
	<b>-22521 ~ -22512</b>	<b>CCGCCTTCCTGTTCTGCTCTC</b>	<b>TAAATGGGTGGGTATGGAACAAG</b>	<b>87</b>

### Supplementary Table 3. CHIP analysis of direct binding of Nrf2 to ARE on its target gene promoters

Gene	ARE location	direction	Chip assay		<i>p</i>
			Vehicle	Am. g.	
NQO-1	-468 ~ -459	5'→3'	1.00 ± 0.045	1.76 ± 0.141	A
	-4683 ~ -4674	3'→5'	0.99 ± 0.340	36.6 ± 12.42	A
	-5449 ~ -5440	3'→5'	0.99 ± 0.361	9.00 ± 1.803	A
SOD-2	-886 ~ -877	3'→5'	1.07 ± 0.110	1.72 ± 0.251	A
	-3723 ~ -3714	5'→3'	0.90 ± 0.075	2.23 ± 0.237	A
	-11188 ~ -11179	5'→3'	0.87 ± 0.145	0.82 ± 0.122	ns
	-19099 ~ -19090	5'→3'	0.91 ± 0.102	1.22 ± 0.176	ns
Txn-1	-3769 ~ -3760	3'→5'	1.04 ± 0.631	12.4 ± 3.893	A
	-11405 ~ -11396	5'→3'	1.22 ± 0.214	4.01 ± 0.265	A
	-11423 ~ -11414	5'→3'	1.22 ± 0.214	4.01 ± 0.265	A
	-11584 ~ -11575	3'→5'	1.22 ± 0.214	4.01 ± 0.265	A
	-19433 ~ -19424	3'→5'	1.07 ± 0.110	1.72 ± 0.251	A
	-22521 ~ -22512	3'→5'	0.93 ± 0.579	2.10 ± 0.995	ns