Supplemental Materials Molecular Biology of the Cell

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Supplemental Figure 1. ECM softness prevents AJs formation, upregulates MMP secretion, promotes MMP activity and induces ILP formation. (A) Primary human fibroblasts (1 x 10⁴ cells per well) were seeded onto various stiffness gels in 12-well plates and cultured for 16 hrs. Cell surface cadherin-11 were live stained by monoclonal anti-cadherin-11 (3H10) antibody for 1hr at room temperature followed by fixation and secondary antibody staining. Plasma membranes were then permeablized and intracellular F-actins were stained by Phalloidin. Cell nuclei were stained by DRAQ5. Arrows point to cadherin-11 adherens junctions. Scale bar is 100 µm. (B) Primary human fibroblasts (2 x 10^4 cells per well) were seeded onto various stiffness gels in 12-well plates and cultured for 4 hrs. Cell culture medium from each condition was collected and subject to the RayBio® Human MMP Array to determine the total secreted MMP protein quantity in each media. (C) Primary human fibroblasts were seeded onto fibronectin-coated various stiffness gels and cultured for 4 hrs. MMP-14 and cortactin were stained by primary antibodies and followed by fluorescent secondary antibodies. F-actin was stained by phalloidin-Alexa 647. All 2D images were projected from relevant confocal 3D stacks by maximum projection method. Scale bar is 100 µm. Scale bar in zoom panels is 10 µm. Arrows point to ILPs.

Supplemental Figure 2. Time frame of ILP formation on 0.2 kPa stiffness gels. (A) Primary human fibroblasts were seeded onto 0.2 kPa stiffness gels and cultured for the time as indicated. MMP-14, and cortactin were stained by primary antibodies and followed by fluorescent secondary antibodies. F-actin was stained by phalloidin-Alexa 647. Scale bar is 100 μ m. (B) Three independent experiments (n = 3, ±SD) as in (A) were performed and percentage of cells forming ILPs at various time points on 0.2 kPa

stiffness gels was quantified. In each experiment, 200 cells in total were counted. **(C)** Primary human fibroblasts were seeded onto various stiffness gels and cultured for 4 hrs with or without SFK inhibitor Dasatinib. Arrowheads in top panels point to cells unable to form ILPs upon SFK inhibition on 0.2 kPa stiffness gels. Arrows in bottom panels point to cells unable to form stress fibers upon SFK inhibition on 6.4 kPa stiffness gels. Scale bar is 100 µm.

Supplemental Figure 3. Phospho-kinase antibody array. (A-E) Primary human fibroblasts were seeded onto various stiffness gels and cultured for the time as indicated. Whole cell lysates were subject to the phospho-kinase antibody array by following the manufacturer's protocols.

Supplemental Figure 4. ECM softness differentially induces spontaneous ILP formation in primary cells, cancer cells and fibrosarcoma cells. BT549 human breast cancer cells (A) and HS 913T human fibrosarcoma cells (B) were seeded onto various stiffness gels and cultured for 4 hrs. Invadosome marker proteins MMP-14 and cortactin were stained by primary antibodies and followed by fluorescent secondary antibodies. Arrowheads point to cells forming ILPs. Scale bar is 50 µm (A); 100 µm (B).

Supplemental Figure 5. Schematics of the 3D directional invasion assay.

Video - ILP formation is detected in cells invading through soft 3D matrices Primary human fibroblasts were live stained by Dil and then seeded into the 3D cell invasion assay as in Supplemental Figure 5.

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Matrigel dam (90% matrigel + 10% gelatin-488)



Primary human fibroblasts low density in DMEM 10%FBS, 24 hours culture



4 hr culture media 0.2 kPa 25.6 kPa Glass



Fibronectin coated stiffness gels



0.2 kPa





6.4 kPa

0.2 kPa



10 nM Dasatinib

F-actin

100 nM Dasatinib



1 μM Dasatinib







Pyk2 and SFKs phosphorylation			
Pyk2 (Y402)	2 hr	4 hr	6 hr
0.2 KPa			
25.6 KPa			
Glass			
Src (Y419)	2 hr	4 hr	6 hr
0.2 KPa			
25.6 KPa			-
Glass			
Fyn (Y420)	2 hr	4 br	6 br
0.2 KPa	2 11	• •	0111
25.6 KPa			-
Glass			4.0
Hck (Y411)	2 hr	4 br	6 br
0.2 KPa	2 111		0111
25.6 KPa			
Glass	0 0		-
Lyn (Y397)	2 hr		6 br
0.2 KPa	2 11		0111
25.6 KPa			19-10
Glass			1. 20
Yes (Y426)	2 hr	4 hr	6 hr
0.2 KPa			
25.6 KPa			-
Glass			4.4
Lck (Y394)	2 hr	4 hr	6 hr
0.2 KPa	2 111		0111
25.6 KPa	-		
Glass	•		
Fgr (Y412)	2 hr	4 br	6 br
0.2 KPa	2 11		0.111

25.6 KPa Glass 9 0 0 9 0 0 0 0 0

Paxillin and FAK phosphorylation Paxillin (Y118)



FAK (Y397)



AKT phosphorylation

Akt (T308)



Akt (S473)







Positive Control





