

Supplementary Table 15. Plasma unesterified fatty acid concentrations for rats fed the control, ALA or DHA diet for 15 weeks

Fatty Acid	Control (n=3)	ALA (n=6)	DHA (n=5)
14:0	51 ± 15	15 ± 3	69 ± 24
16:0	287 ± 50 ^{ab}	183 ± 33 ^a	744 ± 138 ^b
16:1n-7	35 ± 9 ^{ab}	24 ± 5 ^a	119 ± 26 ^b
18:0	169 ± 10	128 ± 31	220 ± 28
18:1n-9	157 ± 48 ^{ab}	104 ± 24 ^a	500 ± 99 ^b
18:1n-7	43 ± 15 ^{ab}	29 ± 7 ^a	118 ± 28 ^b
18:2n-6	153 ± 39 ^{ab}	106 ± 23 ^a	408 ± 97.3 ^b
18:3n-6	1 ± 0.4 ^{ab}	1 ± 0.1 ^a	2 ± 0.6 ^b
18:3n-3	1 ± 0.3 ^a	7 ± 1.6 ^b	4 ± 0.9 ^{ab}
20:0	2 ± 0.2	2 ± 0.5	3 ± 0.5
20:1n-9	3 ± 1.3	9 ± 5.3	7 ± 2
20:2n-6	2 ± 0.5 ^{ab}	1.7 ± 0.4 ^a	6 ± 2 ^b
20:3n-3	7 ± 3	8 ± 3	15 ± 6
ARA (20:4n-6)	26 ± 7	15 ± 3.2	35 ± 8
EPA (20:5n-3)	5 ± 3	3 ± 1.7	5 ± 2
22:1n-9	48 ± 42	11 ± 4.3	8 ± 1
22:4n-6	4 ± 1	2.0 ± 0.4	5 ± 1.8
22:5n-6	5 ± 1.6 ^a	1 ± 0.3 ^b	2 ± 0.2 ^{ab}
24:1n-9	3 ± 1	4 ± 2	6 ± 2
22:5n-3	3 ± 2.9	3 ± 2	5 ± 2
DHA (22:6n-3)	1 ± 0.3 ^a	4 ± 0.9 ^{ab}	65 ± 21 ^b

Data shown are means +/- SEM and are expressed in nmol/ml of plasma. Different letters signify the means are significantly different (p<0.05) measured by Kruskal-Wallis test followed by Dunn's test for multiple comparisons.