

Home Dialysis Patients Symptom Reference Form¹

How bad are your symptoms of kidney disease?

Please look at the picture below to help you tell us about your symptoms.

You may choose a score of zero, which means "no symptoms", or a score of 10, which means "very bad symptoms". Otherwise, choose a point somewhere on the line between 0 to 10, which is equal to the severity of your symptoms.

	No Symptoms		Very Bad Symptoms
1. Shortness of breath	0	1 2 3 4 5 6 7 8 9	10
2. Cough	0	1 2 3 4 5 6 7 8 9	10
3. Fatigue/tiredness	0	1 2 3 4 5 6 7 8 9	10
4. Lack of appetite	0	1 2 3 4 5 6 7 8 9	10
5. Nausea	0	1 2 3 4 5 6 7 8 9	10
6. Vomiting	0	1 2 3 4 5 6 7 8 9	10
7. Diarrhea	0	1 2 3 4 5 6 7 8 9	10
8. Constipation	0	1 2 3 4 5 6 7 8 9	10
9. Pain	0	1 2 3 4 5 6 7 8 9	10
10. Itching	0	1 2 3 4 5 6 7 8 9	10
11. Other: _____	0	1 2 3 4 5 6 7 8 9	10
	No Symptoms		Very Bad Symptoms

References:

¹ Murtagh FEM, Addington---Hall J, and Higginson IJ. The Prevalence of Symptoms in End---Stage Renal Disease: A Systematic Review. *Advances in Chronic Kidney Disease* 2007;14:82---99.