

Supplemental Table 1: Correlations of main outcome variables

Outcome Variable	Heart Rate Variability	Hawthorne Friendship Scale (Isolation)	Perceived Stress Scale	Visual Analog Scale
Heart Rate Variability	1			
Hawthorne Friendship Scale (Isolation)	-0.04 (0.68)	1		
Perceived Stress Scale	0.03 (0.75)	0.64 (<0.01)	1	
Visual Analog Scale	0.15 (0.13)	-0.14 (0.18)	0.19 (0.06)	1
HIV Stigma Scale	0.03 (0.78)	-0.61 (<0.01)	0.60 (<0.01)	0.08 (0.44)

Data are presented as pearson correlation coefficient r and the corresponding p-value is parentheses