

## Appendix B: Studies identified in search that described PDSA method in sufficient detail to be included for full analysis

First Author	Cycle(s) referred to as PDSAs or PDCAs?	Iterative Cycles			Prediction-based test of change	Small-scale testing							Data over time			
		Iterative nature of cycles	Number of cycles / chains of cycles	Content of final "act" stage		Prediction-based test of change categorisation	Sample		Complexity	Duration			Length of cycle	Regular (R) / isolated (I)	Use of statistics	Data Time Interval (months)
Total sample size post PDSA cycle initiation per chain	Incremental scale over cycles of an iterative chain	Several tests of change in a cycle	Total Length of PDSA cycle conduct (start of first cycle to end of last cycle)	Length of individual cycles	Deduced average duration per cycle (Total PDSA use duration/ number of PDSA)											
Beger (1)	PDCA	Single isolated cycle	1	2 Further changes implemented	Testing change - with explicit prediction articulated in plan	33	N/A	No	30	Not Stated	30	30	I	None	Before and after	Quantitative and Qualitative
Bittle(2)	PDSA	Iterative chain	3	1 Not referred to	Testing change	Not Stated	No sample size data	Yes	45	Cycles 1: 4, Cycle 2: 3, Cycle 3: 12	N/A	4; 3; 12	R	p value	12	Quantitative
Boyd(3)	PDSA	Iterative chain	7	5 New PDSA scheduled	Testing change	100	Not incremental	No	7	1	N/A	1	R	p value	Weekly	Quantitative
Brown(4)	PDSA	Single isolated cycle	1	5 New PDSA scheduled	Testing change	Not Stated	N/A	Yes	1	1	N/A	1	N	None	N/A	Qualitative
Buckley(5)	PDSA	Multiple Iterative chains	Chain 1: 6, Chain 2: unclear	2 Further changes implemented	Testing change - with explicit prediction articulated in plan	Not Stated	No sample size data	No	Chain 1: 45, Chain 2: 36	Not Stated	7.5	7.5	R	p value	3	Quantitative
Buhr(6)	PDSA	Multiple isolated cycles	4	3 Changes made permanent	Testing change	Cycle 1: 66, Cycle 2, 3, 4: Not stated	N/A	No	16	Cycle 1: 3, Cycle 2: Not stated, Cycle 3: 11, Cycle 4: Not stated	N/A	3; 11	I	none	Before and after	Quantitative

Caswell(7)	PDCA	Single isolated cycle	1	2 Further changes implemented	Testing change	46	N/A	Yes	9	9	N/A	9	I	None	Before and after	Quantitative
Chen(8)	PDCA	Single isolated cycle	1	3 Changes made permanent	Testing change	90	N/A	Yes	20	Not Stated	20	20	I	p value	Before and after	Quantitative
Christie(9)	PDSA	Single isolated cycle	1	2 Further changes implemented	Testing change	Not Stated	N/A	No	Not Stated	Not Stated	Not Stated	Not Stated	I	None	Before and after	Quantitative
Curran(10)	PDSA	Single isolated cycle	1	5 New PDSA scheduled	Testing change	307	N/A	Yes	12	12	N/A	12	R	None	Weekly	Quantitative and Qualitative
Dover(11)	PDSA	Iterative chain	4	3 Changes made permanent	Collecting data in first followed by testing change	Not Stated	No sample size data	No	12	Not Stated	3	3	I	None	Before and after	Quantitative and Qualitative
Dunn(12)	PDSA	Single isolated cycle	1	2 Further changes implemented	Collecting data	332	N/A	No	2	2	N/A	2	N	None	N/A	Qualitative
Eckhart(13)	PDCA	Single isolated cycle	1	4 Further changes suggested	Testing change	43	N/A	No	18	18	N/A	18	I	None	Irregular 4 data points	Quantitative
Eisenberg(14)	PDCA	Single isolated cycle	1	2 Further changes implemented	Testing change	1100	N/A	Yes	18	Not Stated	18	18	N	None	N/A	Quantitative but not presented
Fernandes(15)	PDCA	Single isolated cycle	1	3 Changes made permanent	Testing change	70	N/A	No	13	Not Stated	13	13	R	None	1	Quantitative
Flynt(16)	PDCA	Single isolated cycle	1	4 Further changes suggested	Testing change	Not Stated	N/A	Yes	Not Stated	Not Stated	Not Stated	Not Stated	N	None	N/A	Quantitative but not presented

Gillaspie(17)	PDSA	Iterative chain	3	0 - Unclear	Testing change	Not Stated	No sample size data	No	0.0333333333	Not Stated	0.0111111111	0.0111111111	N	None	N/A	Qualitative
Gordon(18)	PDCA	Single isolated cycle	1	2 Further changes implemented	Testing change	Not Stated	N/A	Yes	60	60	N/A	60	I	None	Irregular - 5 points	Quantitative
Gordon(19)	PDCA	Single isolated cycle	1	2 Further changes implemented	Testing change	Not Stated	N/A	Yes	24	Not Stated	24	24	R	None	Daily	Quantitative
Hallett(20)	PDSA	Single isolated cycle	1	2 Further changes implemented	Testing change	7	N/A	No	3	3	N/A	3	A	None	N/A	Quantitative
Hoskins(21)	PDCA	Multiple isolated cycles	2	3 Changes made permanent	Testing change	Not Stated	N/A	Yes	Cycle 1:6, Cycle 2: Not Stated	Not Stated	6	6	R	p value	1	Quantitative
Isouard(22)	PDCA	Single isolated cycle	1	2 Further changes implemented	Testing change	Not Stated	N/A	Yes	12	Not Stated	12	12	R	p value	2	Quantitative
Johnson(23)	PDSA	Multiple isolated cycles	5	4 Further changes suggested	Testing change	Not Stated	N/A	Yes	Not Stated	Not Stated	N/A	Not Stated	A	None	N/A	Quantitative
Leone(24)	PDSA	Single isolated cycle	1	5 New PDSA scheduled	Testing change	40	N/A	Yes	2	2	N/A	2	A	None	N/A	Quantitative
Lynch-Jordan(25)	PDSA	Multiple Iterative chains	4 chains of multiple cycles(not stated)	5 New PDSA scheduled	Testing change	Chain 1:5, Chain 2:34, Chain 3:5, Chain 4:unclear	Incremental of same sample	Yes	6	Not Stated	Not Stated	Not Stated	R	None	Weekly	Quantitative
Manfredi(26)	PDCA	Iterative chain	3	5 New PDSA scheduled	Collecting data in first followed by testing change	29	Not incremental	Yes	6	Not Stated	2	2	I	None	Per PDSA cycle	Quantitative

Marcellus(27)	PDSA	Iterative chain	3	0 - Unclear	Collecting data in first followed by testing change	178	Not incremental	Yes	32	Cycle 1: 8, Cycle 2: 7, Cycle 3: 16	N/A	8; 7; 16	I	None	Per PDSA cycle	Quantitative
McPharlin(28)	PDCA	Single isolated cycle	1	2 Further changes implemented	Testing change	68	N/A	No	14	5	N/A	5	I	None	Before and after	Quantitative
Meehan(29)	PDCA	Single isolated cycle	1	2 Further changes implemented	Testing change - with explicit prediction articulated in plan	62	N/A	No	0.5	0.5	N/A	0.5	N	None	N/A	Qualitative
Miano(30)	PDCA	Single isolated cycle	1	2 Further changes implemented	Testing change	31	N/A	No	6	6	N/A	6	A	None	N/A	Quantitative
Miller(31)	PDCA	Iterative chain	3	1 Not referred to	Collecting data in first followed by testing change	75	Not incremental	No	Not Stated	Cycle 1: 6, Cycle 2: 6, Cycle 3: Not Stated	N/A	6; 6	R	None	Per data item	Quantitative
Moran(32)	PDSA	Single isolated cycle	1	4 Further changes suggested	Testing change	Not Stated	N/A	Yes	Not Stated	Not Stated	Not Stated	Not Stated	N	None	N/A	Qualitative
Nayeri(33)	PDCA	Single isolated cycle	1	3 Changes made permanent	Testing change	44	N/A	No	Not Stated	Not Stated	Not Stated	Not Stated	I	p value	Before and after	Quantitative
New(34)	PDCA	Single isolated cycle	1	3 Changes made permanent	Testing change	Not Stated	N/A	No	1	1	N/A	1	N	None	N/A	Qualitative
Pace(35)	PDCA	Iterative chain	3	3 Changes made permanent	Collecting data in first followed by testing change	Sample changed during iterative chain	Change sample	Yes	48	Not Stated	16	16	R	None	3	Quantitative
Pronovost(36)	PDSA	Multiple isolated cycles	3	3 Changes made permanent	Testing change	Not Stated	N/A	No	Not Stated	Cycle 1: 3, Cycle 2, 3: Not Stated	N/A	3;3	R	None	1	Quantitative and Qualitative

Reid(37)	PDSA	Single isolated cycle	1	4 Further changes suggested	Collecting data	50	N/A	No	1	Not Stated	1	1	A	None	N/A	Quantitative
Robarts(38)	PDSA	Multiple Iterative chains	2 chains of multiple cycles(not stated)	3 Changes made permanent	Testing change	Not Stated	No sample size data	No	Not Stated	Not Stated	N/A	Not Stated	A	p value	N/A	Quantitative and Qualitative
Sanchez(39)	PDCA	Single isolated cycle	1	4 Further changes suggested	Testing change	52	N/A	No	0.5	0.5	N/A	0.5	A	None	N/A	Quantitative
Simon(40)	PDCA	Single isolated cycle	1	3 Changes made permanent	Testing change	1094	N/A	No	24	Not Stated	24	24	I	p value	Before and after	Quantitative
Sorokin(41)	PDSA	Single isolated cycle	1	2 Further changes implemented	Testing change	2079	N/A	Yes	20	Not Stated	20	20	R	None	3	Quantitative
Stadt(42)	PDSA	Iterative chain	Multiple (not stated)	0 - Unclear	Testing change	Not Stated	Individual cycle sample size not reported	Yes	48	Not Stated	Not Stated	Not Stated	R	None	3	Quantitative and Qualitative
Sumrall(43)	PDSA	Single isolated cycle	1	4 Further changes suggested	Testing change	Not Stated	N/A	Yes	18	Not Stated	18	18	R	None	3	Quantitative
Torkki(44)	PDCA	Single isolated cycle	1	2 Further changes implemented	Testing change	923	N/A	Yes	12	Not Stated	12	12	R	p value	12	Quantitative
Varkey(45)	PDSA	Iterative chain	5	0 - Unclear	Testing change	68	Incremental of same sample	No	0.75	Not Stated	0.15	0.15	I	p value	Before and after	Quantitative
Wheatland(46)	PDSA	Single isolated cycle	1	2 Further changes implemented	Collecting data	253	N/A	No	Not Stated	Not Stated	N/A	Not Stated	A	None	N/A	Quantitative

Wojciechowski(47)	PDSA	Multiple Iterative chains	4 chains of multiple cycles(not stated)	5 New PDSA scheduled	Mixed	Not Stated	Not incremental	No	48	Not Stated	Not Stated	Not Stated	1	None	Before and after	Quantitative and Qualitative
-------------------	------	---------------------------	---	----------------------	-------	------------	-----------------	----	----	------------	------------	------------	---	------	------------------	------------------------------

1. Beger D, Messenger F, Roth S. Self-Administered Medication Packet for Patients Experiencing a Vaginal Birth. *Journal of Nursing Care Quality*. 1999;13(4):47-59.
2. Bittle MJ, Charache P, Wassilchak DM. Performance Improvement: Registration-Associated Patient Misidentification in an Academic Medical Center: Causes and Corrections. *Joint Commission Journal on Quality and Patient Safety*. 2007;33(1):25-33.
3. Boyd S, Aggarwal I, Davey P, Logan M, Nathwani D. Peripheral intravenous catheters: the road to quality improvement and safer patient care. *Journal of Hospital Infection*. [doi: 10.1016/j.jhin.2010.09.011]. 2011;77(1):37-41.
4. Brown A. Redesigning patient services. *Nursing Management - UK*. 2006;13(2):26-30.
5. Buckley JD, Joyce B, Garcia AJ, Jordan J, Scher E. Linking Residency Training Effectiveness to Clinical Outcomes: A Quality Improvement Approach. *Joint Commission Journal on Quality and Patient Safety*. 2010;36(5):203-8.
6. Buhr GT, White HK. Quality Improvement Initiative for Chronic Pain Assessment and Management in the Nursing Home: A Pilot Study. *Journal of the American Medical Directors Association*. [doi: 10.1016/j.jamda.2005.11.002]. 2006;7(4):246-53.
7. Caswell DR, Williams JP, Vallejo M, Zaroda T, McNair N, Keckeisen M, et al. Improving pain management in critical care. *The Joint Commission journal on quality improvement*. 1996;22(10):702-12.
8. Chen M, Deng, Jin-Hua, Zhou, Fu-De, Wang M, et al. Improving the management of anemia in hemodialysis patients by implementing the continuous quality improvement program. Basel, SUISE: Karger; 2006.
9. Christie P, Robinson H. Using a communication framework at handover to boost patient outcomes. *Nurs Times*. 2009 Dec 1-7;105(47):13-5.
10. Curran E, Bunyan D. Using a PDSA cycle of improvement to increase preparedness for, and management of, norovirus in NHS Scotland. *Journal of Hospital Infection*. 2012.
11. Dover N. Caring for patients in the right place at the right time. *Emergency nurse: the journal of the RCN Accident and Emergency Nursing Association*. 2012;20(3):30.
12. Dunn SL, Shattuck SR, Baird L, Mau J, Bakker D. Developing a nursing model of care? Try focus groups. *Nursing Management*. 2011;42(8):24-6.
13. Eckhart J, Gilbert P. Improved Coumadin therapy using a continuous quality improvement process. *Clin Lab Manage Rev*. 1996 Mar-Apr;10(2):153-6.
14. Eisenberg P, Painter JD. Intravascular therapy process improvement in a multihospital system: don't get stuck with substandard care. *Clin Nurse Spec*. 2002 Jul;16(4):182-6.

15. Fernandes S, Benjamin EE, Edwards G. Using evidence to reduce the rate of episiotomy in a Dubai hospital. *Evidence-based Midwifery*. 2009;7(2):60.
16. Flynt G, Caraway C. Using OASIS data to improve skin care. *Home Healthc Nurse*. 2002 Apr;20(4):263-6.
17. Gillaspie M. Better Pain Management After Total Joint Replacement Surgery: A Quality Improvement Approach. *Orthopaedic Nursing*. 2010;29(1):20-4 10.1097/NOR.0b013e3181c8cd32.
18. Gordon DB, Jones HD, Goshman LM, Foley DK, Bland SE. A Quality Improvement Approach to Reducing Use of Meperidine. *Joint Commission Journal on Quality and Patient Safety*. 2000;26(12):686-99.
19. Gordon DB, Rees SM, McCausland MP, Pellino TA, Sanford-Ring S, Smith-Helmenstine J, et al. Improving Reassessment and Documentation of Pain Management. *Joint Commission Journal on Quality and Patient Safety*. 2008;34(9):509-17.
20. Hallett N, Hewison A. How to address the physical needs of clients in a mental health setting. *Nursing management (Harrow, London, England: 1994)*. 2012;18(10):30.
21. Hoskins EJ, Sayger SA, Westman JS. Quality Improvement in Patient Distribution at a Major University Student Health Center. *Journal of American College Health*. [doi: 10.1080/07448480209603449]. 2002 2002/05/01;50(6):303-8.
22. Isouard G. A quality management intervention to improve clinical laboratory use in acute myocardial infarction. *The Medical journal of Australia*. 1999;170(1):11-4.
23. Johnson P, Raterink G. Implementation of a diabetes clinic-in-a-clinic project in a family practice setting: using the plan, do, study, act model. *J Clin Nurs*. 2009;18(14):2096-103.
24. Leone AF, Standoli F, Hirth V. Implementing a Pain Management Program in a Long-Term Care Facility Using a Quality Improvement Approach. *Journal of the American Medical Directors Association*. 2009;10(1):67-73.
25. Lynch-Jordan AM, Kashikar-Zuck S, Crosby LE, Lopez WL, Smolyansky BH, Parkins IS, et al. Applying Quality Improvement Methods to Implement a Measurement System for Chronic Pain-Related Disability. *Journal of Pediatric Psychology*. 2010 January 1, 2010;35(1):32-41.
26. Manfredi SR, Canziani ME, Draibe SA, Dalboni MA, Andreolli MC, Watanabe R, et al. A model for improving quality in nephrology settings. *Nephrol Nurs J*. 2003 Jun;30(3):295-9.
27. Marcellus L, Harrison A, MacKinnon K. Quality Improvement for Neonatal Nurses, Part II: Using a PDSA Quality Improvement Cycle Approach to Implement an Oral Feeding Progression Guideline for Premature Infants. *Neonatal Network: The Journal of Neonatal Nursing*. 2012;31(4):215-22.
28. McPharlin M, Shepard AD, Kiell CS, Nypaver TJ. FOCUS-PDCA: A Quality Improvement Tool to Improve Efficiency in the Vascular Laboratory. *Journal of Vascular Technology*. 1993;17(5):243-6.
29. Meehan CD, Silvestri A, Street ED. Improving blood glucose monitoring in a hospital setting using the PDCA approach. *Journal of Nursing Care Quality*. 1993;7(4):56-63.
30. Miano B, Wood W. Implementation of the i.v. push method of antibiotic administration using the FOCUS/PDCA approach. *Home Healthc Nurse*. 1998 Dec;16(12):831-7.

31. Miller LJ, Clark GB. Quality improvement in the cutaneous micrographic surgery laboratory. *Clin Lab Manage Rev.* 1994 Nov-Dec;8(6):574-6, 8-86, 88-92.
32. Moran S. Improving palliative care. *Nurs Manag (Harrow).* 2009 May;16(2):14-7.
33. Nayeri ND, Zargar MT. An investigation into the effects of quality improvement method on patients' satisfaction: a semi experimental research in Iran. *Acta Medica Iranica.* 2011;49(1).
34. New SW, Gutierrez L. Quality improvement in the ambulatory surgical setting. *Nurs Clin North Am.* 1997 Jun;32(2):477-88.
35. Pace NM, Long JB, Elerding S, Lim H, Kelly M, Reed J, et al. Performance Model Anchors Successful Nutrition Support Protocol. *Nutrition in Clinical Practice.* 1997 December 1, 1997;12(6):274-9.
36. Pronovost PJ, Morlock L, Davis RO, Cunningham T, Paine L, Scheulen J. Using Online and Offline Change Models to Improve ICU Access and Revenues. *Joint Commission Journal on Quality and Patient Safety.* 2000;26(1):5-17.
37. Reid D, Glascott G, Woods D. Improving referral information in community mental health. *Nurs Times.* 2005 Oct 18-24;101(42):34-5.
38. Robarts S, Kennedy D, MacLeod AM, Findlay H, Gollish J. A framework for the development and implementation of an advanced practice role for physiotherapists that improves access and quality of care for patients. *Healthcare quarterly (Toronto, Ont).* 2008;11(2):67.
39. Sanchez I. Implementation of a Diabetic Visual Foot Assessment in a Primary Care Setting. *The Internet Journal of Advanced Nursing Practice.* 2009;10(2).
40. Simon NV, Heaps KP, Chodroff CH. Improving the processes of care and outcomes in obstetrics/gynecology. *The Joint Commission journal on quality improvement.* 1997;23(9):485-97.
41. Sorokin R, Gottlieb JE. Enhancing Patient Safety During Feeding-Tube Insertion: A Review of More Than 2000 Insertions. *Journal of Parenteral and Enteral Nutrition.* 2006 SEPTEMBER-OCTOBER 2006;30(5):440-5.
42. Stadt J, Molare E. Best practices: that improved patient outcomes and agency operational performance. *Home Healthc Nurse.* 2005 Sep;23(9):587-93.
43. Sumrall D, Douglas J. Achieving appropriate prophylactic antibiotic administration while simultaneously implementing an automated anesthesia record. *Ochsner J.* 2011 Spring;11(1):34-6.
44. Torkki PM, Alho AI, Peltokorpi AV, Torkki MI, Kallio PE. Managing urgent surgery as a process: Case study of a trauma center. *International Journal of Technology Assessment in Health Care.* 2006;22(02):255-60.
45. Varkey P, Sathananthan A, Scheifer A, Bhagra S, Fujiyoshi A, Tom A, et al. Using quality-improvement techniques to enhance patient education and counselling of diagnosis and management. *Quality in Primary Care.* 2009;17(3):205-13.
46. Wheatland B, Porter C, Gilles M, Greenfield C, Larson A. Initiating a PDSA cycle-Improving management of diabetes in rural WA. *Aust Fam Physician.* 2006;35(8):650.
47. Wojciechowski E, Cichowski K. A Case Review: Designing a New Patient Education System. *The Internet Journal of Advanced Nursing Practice.* 2007;8(2).