

	Study group				Comparison test
	Tailored		Control		
	Median	IQR	Median	IQR	
Self-efficacy at discharge	5.0	2.0	5.0	2.0	K-S Z=0.505, p=0.521, r=0.09
Self-efficacy at 1 month after discharge	5.0	2.0	5.0	1.0	K-S Z=0.709, p=0.273, r=0.16
Self-efficacy at 3 months after discharge	5.0	2.0	5.5	2.0	K-S Z=0.667, p=0.365, r=0.15

