

Appendix A. Supplementary Tables.

Table A1. Annual doses (μSv) from natural radiation sources to red bone marrow at three ages.

	Age group (years)		
	1	10	Adult
Terrestrial gamma rays	420	380	330
Directly ionizing cosmic rays	270	250	210
Cosmic ray neutrons	90	80	70
Cosmic rays during air travel	30	30	30
Food and drink	600	530	340
Radon (^{222}Rn) and decay products in the home	80	80	80
Thoron (^{220}Rn) and decay products	20	15	10
Total from natural sources	1520	1350	1070
Sum of gamma, directly ionizing cosmic rays and domestic radon (components measured in epidemiological studies)	770	710	620