

Appendix 1: History of medication experience						
Medication	Reason for use (if known)	Duration (if known)	Knowledge, efficacy, compliance, goals, safety assessment*			
Telmisartan 80 mg/d	CAD; MI/angioplasty 15 yr earlier	?	BP, mm Hg	Day 1	Day 2	Day 3
			• Lying:	115/55	118/61	127/70
			• Standing:	83/42	102/54	97/64
Metoprolol 50 mg/d	CAD; MI/angioplasty 15 yr earlier	15 yr	<ul style="list-style-type: none"> • Reported feeling weak and having little energy • ECG on admission showed sinus bradycardia (52 beats/min) 			
Escitalopram 10 mg/d	Depression	~ 2 mo	<ul style="list-style-type: none"> • Stated that medication is helping; appetite improving in last week 			
Lorazepam 1 mg at bedtime as needed	Insomnia	Within last several mo	<ul style="list-style-type: none"> • Reported taking medication nightly, but still takes 1.5–2 h to fall asleep; naps up to 6 h during the day 			
Tamsulosin CR 0.4 mg at bedtime	Nocturia	~ 2 yr	<ul style="list-style-type: none"> • Stated that urination is easier but nocturia not improved 			
Pantoprazole 40 mg twice daily	GI bleed 7 mo earlier	7 mo	<ul style="list-style-type: none"> • No current symptoms of ulcer or reflux 			
Prednisone 5 mg twice daily	Bullous pemphigoid	~ 2 yr	<ul style="list-style-type: none"> • Prescribed by dermatologist; symptoms currently controlled 			
Loperamide 1 mg as needed	Diarrhea	~ 2 mo	<ul style="list-style-type: none"> • Reported having diarrhea every 4–5 d; relieved with loperamide 			
Note: BP = blood pressure, CAD = coronary artery disease, CR = controlled release, ECG = electrocardiogram, GI = gastrointestinal, MI = myocardial infarction. *No known drug allergies.						