

Overview



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Title: An Open-Label Phase II Study Evaluating the Safety and Efficacy of Ramucirumab Combined With mFOLFOX-6 as First-Line Therapy for Metastatic Colorectal Cancer

Authors: Rocio Garcia-Carbonero,^a Fernando Rivera,^b Joan Maurel,^c Jean-Pierre M. Ayoub,^d Malcolm J. Moore,^e Andres Cervantes,^f Timothy R. Asmis,^g Jonathan D. Schwartz,^h Federico Nasroulah,^h Shaila Ballal,^h Josep Tabereroⁱ

^aHospital Universitario Virgen del Rocío, Instituto de Biomedicina de Sevilla (center affiliated with the Red Temática de Investigación Cooperativa en Cancer, Instituto Carlos III, Spanish Ministry of Science and Innovation), Sevilla, Spain; ^bHospital Universitario Marqués de Valdecilla, Santander, Spain; ^cHospital Clinic i Provincial, Barcelona, Spain; ^dCentre Hospitalier de l'Université de Montréal, Montréal, Quebec, Canada; ^ePrincess Margaret Hospital and University of Toronto, Toronto, Ontario, Canada; ^fDepartment of Hematology and Medical Oncology, Biomedical Research Institute INCLIVA, University of Valencia, Valencia, Spain; ^gThe Ottawa Hospital, Ottawa, Ontario, Canada; ^hImClone Systems (a wholly-owned subsidiary of Eli Lilly and Company), Bridgewater, New Jersey, USA; ⁱVall d'Hebron University Hospital and Institute of Oncology, Universitat Autònoma de Barcelona (center affiliated with the Red Temática de Investigación Cooperativa en Cancer, Instituto Carlos III, Spanish Ministry of Science and Innovation), Barcelona, Spain

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Principal Investigator: Rocio Garcia-Carbonero

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Fernando Rivera: Roche, Amgen, Celgene, Sanofi, Bayer (C/A); Roche, Amgen, Sanofi, Imclon, Bayer (RF); **Malcolm J. Moore:** Imclone (RF); **Timothy R. Asmis:** Sanofi, Lilly (C/A, RF); **Jonathan D. Schwartz:** Imclone/Lilly (E, OI); **Federico Nasroulah:** Eli Lilly and Company (E); **Shaila Ballal:** ImClone, Lilly (E, OI); **Josep Taberero:** Lilly, Imclone (C/A). The other authors indicated no financial relationships.

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Author Summary: Abstract and Brief Discussion

Background

Vascular endothelial growth factor (VEGF) and VEGF receptor 2 (VEGFR-2) are believed to mediate angiogenesis in colorectal cancer (CRC). Ramucirumab (RAM; IMC-1121B) is a human IgG1 monoclonal antibody that inhibits VEGF ligand binding to VEGFR-2, inhibiting VEGFR-2 activation and signaling.

Methods

Patients with metastatic CRC, Eastern Cooperative Oncology Group performance status 0–1, and adequate organ function who had not received chemotherapy for metastatic disease received RAM and the modified FOLFOX-6 regimen every 2 weeks. Endpoints included progression-free survival (PFS), objective response rate, overall survival, and safety. The sample size was based on a potentially improved median PFS from 8 months to 11 months.

Results

Forty-eight patients received therapy. Median PFS was 11.5 months (95% confidence interval [CI]: 8.6–13.1 months). The objective response rate was 58.3% (95% CI: 43.21–72.39). The disease control rate (complete or partial response plus stable disease) was 93.8% (95% CI: 82.8–98.7). Median overall survival was 20.4 months (95% CI: 18.5–25.1 months). The most frequent grade 3–4 adverse events included neutropenia (grade 3: 33.3%; grade 4: 8.3%), hypertension (grade 3: 16.7%), and neuropathy (grade 3: 12.5%). Two patients died during the study due to myocardial infarction and cardiopulmonary arrest.

Conclusion

RAM may enhance the efficacy of modified FOLFOX-6 chemotherapy with an acceptable safety profile in metastatic CRC.

Discussion

The combination of ramucirumab (RAM) and the modified FOLFOX-6 regimen (mFOLFOX-6) appears efficacious in the first-line treatment of patients with metastatic colorectal cancer (mCRC). The median progression-free survival (PFS) of 11.5 months (Fig. 1), an objective response rate of 58.3%, a disease control rate of 93.8% (stable disease defined as neither shrinkage sufficient to qualify for partial response nor increase sufficient to qualify for progressive disease, taking as a reference the smallest sum longest diameter since the start of treatment), and median overall survival (OS) of 20.4 months are encouraging and suggest that RAM may enhance the efficacy of mFOLFOX-6 in mCRC. Figure 2 shows that the majority of the study population experienced some tumor burden reduction, including patients with liver-only disease and those with more extensive patterns of metastases. Although many patients discontinued oxaliplatin after 5–8 months of therapy, 23% continued to receive RAM and 5-fluorouracil with ongoing disease control for more than 5 months after discontinuation of oxaliplatin. The median OS was 20.4 months.

The incidence of most adverse events in patients receiving RAM and mFOLFOX-6 was consistent with the known adverse event profile of mFOLFOX-6 in mCRC [1–6]. Hypertension (including 16.7% at grade 3 and no grade 4) and proteinuria (12.5% at grade 2 and one grade 4 nephrotic syndrome) were observed. Two patients experienced grade 5 potential arterial thromboembolic events (myocardial infarction and cardiopulmonary arrest), and three patients had grade 3–4 venous thromboembolic events (pulmonary embolism, deep vein thrombosis, jugular vein thrombosis).

Exploratory pharmacokinetic, pharmacodynamic, and correlative analyses were conducted in samples collected from nine patients. Mean trough levels after repeated dosing of 8 mg/kg of RAM every 2 weeks exceeded concentrations associated with antitumor activity in preclinical models. Higher baseline levels of soluble Flt-1 (soluble VEGFR-1) and VEGF-A and lower baseline levels of VEGF-D appeared to be associated with longer PFS and OS. Because this was a single-arm trial, no conclusions can be drawn regarding whether these potential associations are prognostic or predictive. Conclusions are also limited by the sample size and should be considered hypothesis generating.

In conclusion, RAM may enhance the efficacy of mFOLFOX-6 in mCRC. The overall adverse event profile of the combination appears to be largely consistent with the toxicity profile of the constituent chemotherapeutic agents and the known safety profile of RAM to date. However, the modest sample size and the single-arm design of the study preclude definitive assessment regarding these conclusions.

Trial Information

Disease:	Colorectal cancer
Stage of disease / treatment:	Metastatic / Advanced
Prior Therapy:	None
Type of study - 1:	Phase II
Type of study - 2:	Single Arm
Primary Endpoint:	Progression Free Survival
Secondary Endpoint:	Overall Response Rate
Secondary Endpoint:	Overall Survival
Secondary Endpoint:	Correlative Endpoint
Additional Details of Endpoints or Study Design:	Additional secondary endpoints: Safety, duration of response, pharmacokinetics, immunogenicity
Investigator's Analysis:	Active and should be pursued further.

Drug Information

Drug 1:	
Generic/Working name:	Ramucirumab
Company name:	Eli Lilly and Company
Drug type:	Antibody
Drug class:	VEGFR
Dose:	8 mg (mg) per kilogram (kg)
Route:	IV
Schedule of Administration:	Ramucirumab + mFOLFOX-6 every 2 weeks Ramucirumab 8 mg/kg iv Oxaliplatin 85 mg/m ² iv d1 Folinic acid 400 mg/m ² iv d1 (2 hour infusion) 5-Fluorouracil 400 mg/m ² iv d1 (2-4 minutes bolus infusion) 5-Fluorouracil 2,400 mg/m ² iv 46 h immediately following bolus d1 and d2

Patient Characteristics

Number of patients, male:	25
Number of patients, female:	23
Stage:	Not Collected
Age:	Median (range): 60.5 (28–81)
Number of prior systemic therapies:	Median (range): Not Collected
Performance Status:	ECOG 0 — 30 1 — 18 2 — 3 — unknown —
Other:	Not Collected

Primary Assessment Method

Experimental Arm: Total Patient Population

Number of patients enrolled:	48
Number of patients evaluable for toxicity:	48
Number of patients evaluated for efficacy:	48
Evaluation method:	RECIST 1.0
Response assessment CR:	2.1%
Response assessment PR:	56.3%
Response assessment SD:	35.4%
Response assessment PD:	2.1%
Response assessment other:	4.2%
(Median) duration assessments PFS	11.5 months, CI: 8.6–13.1
(Median) duration assessments OS	20.4 months, CI: 18.5–25.1
(Median) duration assessments response duration	11.0 months

Assessment, Analysis, and Discussion

Completion:	Study completed
Pharmacokinetics / Pharmacodynamics:	Not collected
Investigator's Assessment:	Active and should be pursued further

Discussion

Colorectal cancer is the third most common cancer worldwide [7]. Approximately 25% of patients with CRC have metastatic disease at the time of diagnosis; metastases may develop in up to 50% of patients with less advanced disease following potentially curative resection [8]. FOLFOX regimens (a combination of oxaliplatin, 5-fluorouracil, and leucovorin) are one of the standards of care in mCRC and are frequently utilized in first-line treatment with or without the addition of the anti-VEGF-A antibody bevacizumab. Median PFS for first-line FOLFOX is approximately 8 months, as recently reported in phase III evaluations [9, 10]. We hypothesized that the addition of RAM to mFOLFOX-6 would prolong PFS and other efficacy parameters when administered as a first-line regimen in patients with mCRC.

In this open-label, multicenter, multinational phase II trial, previously untreated patients with mCRC received RAM once every 2 weeks in combination with mFOLFOX-6. The primary objective was to evaluate PFS; secondary objectives included evaluation of objective response rate; OS; duration of response; safety; and pharmacokinetic, pharmacodynamic, and immunogenicity profiles of RAM. The sample size was based upon the assumption of uniform accrual over an 8-month period, with a follow-up of 20 months, no loss to follow-up, and a negative exponential distribution for the time to events. A sample size of 45 patients allowed differentiation of an expected increase in median PFS from 8 months (historical control; mFOLFOX-6) to 11 months with the addition of RAM.

All patients had metastatic disease. The liver was the most common site of metastasis (79.2%); 13 patients (27.1%) had liver-only metastases. The majority of patients (68.8%) had undergone previous surgery for colorectal cancer. At the time of enrollment, 45.8% of patients had a medical history of hypertension (Table 1).

The median PFS was 11.5 months (95% confidence interval [CI]: 8.6–13.1) (Fig. 1). The objective response rate was 58.3% (95% CI: 43.21–72.39) (Table 2). The duration of response was measured from the time measurement criteria were first met for complete response or partial response (whichever was first recorded) until the first date that the criteria for progressive disease were met, initiation of other or additional antitumor therapy was first reported, or death was objectively documented. Median duration of response was 11.0 months (95% CI: 6.9–12.6), and the median OS was 20.4 months (95% CI: 18.5–25.1) (Fig. 3).

Although many patients discontinued oxaliplatin treatment after the initial 5–8 months of therapy, a substantial subset continued to receive RAM and 5-fluorouracil with ongoing disease control, including 11 patients (22.9% of the overall population) who received this combination for 5 months or longer before discontinuing therapy due to disease progression or adverse events.

The adverse event profile was largely consistent with what has been reported for FOLFOX and an antiangiogenic antibody targeting VEGF [3, 5, 11]. All 48 patients (100%) experienced at least one treatment-emergent adverse event (TEAE), and 45 patients (93.8%) experienced a TEAE related to RAM. The most common ($\geq 5\%$) grade 3 TEAE related to RAM was hypertension ($n = 7$, 14.6%). No grade 4 hypertension was reported. Other potential RAM-related TEAEs were grade 2 proteinuria (12.5%), with one case of grade 4 nephrotic syndrome, and eight epistaxis events (14.6% grade 1, 2.1% grade 2). Nine patients (18.8%) experienced infusion-related hypersensitivity reactions either during or immediately following the initial RAM infusions (all grade 1–2); eight of these nine patients were able to receive subsequent RAM without symptom recurrence with the use of premedication and/or reduced infusion rate. No grade 3 or higher infusion-related reactions were reported (Table 3).

Two patients died within 30 days of receiving a dose of the study treatment. One died due to an acute myocardial infarction after 111 days on the study, and the other had a cardiorespiratory arrest after 3 days on the study treatment. Both events were considered by the investigators as possibly related to RAM, whereas the death due to acute myocardial infarction was also considered possibly related to mFOLFOX-6 chemotherapy. Cardiotoxicity has been associated with fluoropyrimidine-containing regimens [12, 13]. Three patients had grade 3–4 venous thromboembolic events, including one patient who had grade 3 pulmonary embolism and deep vein thrombosis, one who had grade 4 pulmonary embolism, and one who had grade

3 jugular vein thrombosis in proximity to a central venous access catheter. Hematologic adverse events reported in $\geq 10\%$ of patients are listed in Table 4.

Thirty-eight patients (79.2%) received systemic anticancer treatment after study discontinuation. The most frequently used medication was irinotecan-based therapy (66.7%); 33% of patients received subsequent bevacizumab; EGFR inhibitors (cetuximab or panitumumab) were administered to 29.2% of patients (Table 5). Two patients who did not receive systemic anticancer treatment received radiotherapy and surgery, respectively.

Pharmacokinetic, pharmacodynamic, and correlative analyses were conducted on an exploratory basis in samples collected from a subset of nine patients. Mean trough levels after repeated dosing of 8 mg/kg of RAM every 2 weeks exceeded the target concentrations associated with antitumor activity in preclinical models. Higher baseline levels of soluble Flt-1 (soluble VEGFR-1) and VEGF-A and lower baseline levels of VEGF-D appeared to be associated with longer PFS and OS. Given that this was a single-arm trial, no conclusions can be made regarding whether these potential associations may be prognostic or predictive. Conclusions are also limited by the small sample size and should be considered hypothesis generating only.

In conclusion, first-line RAM with mFOLFOX-6 was associated with a median PFS of 11.5 months in patients with mCRC. The study met the primary objective of an increase in median PFS to 11 months or longer (relative to a historical median of 8 months with FOLFOX). Secondary objectives of objective response rate (58.3%), disease control rate (93.8%), and median OS (20.4 months) suggest that RAM may enhance the efficacy of mFOLFOX-6 in mCRC. These results support ongoing randomized phase II and III investigations with RAM in mCRC. A randomized global phase III trial is under way, evaluating RAM in combination with the FOLFIRI regimen following disease progression on first-line oxaliplatin and bevacizumab therapy [14].

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Figures and Tables

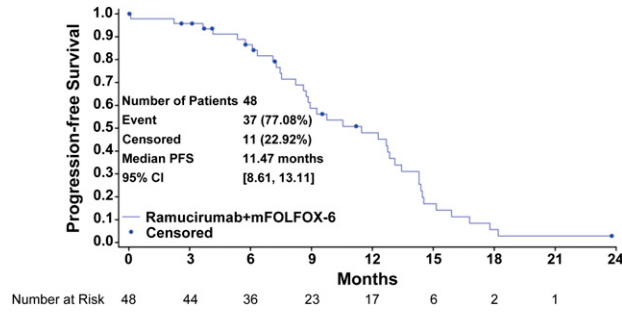


Figure 1. Progression-free survival curve: Kaplan-Meier plot for progression-free survival for all patients.
Abbreviations: CI, confidence interval; mFOLFOX-6, modified FOLFOX-6 regimen; PFS, progression-free survival.

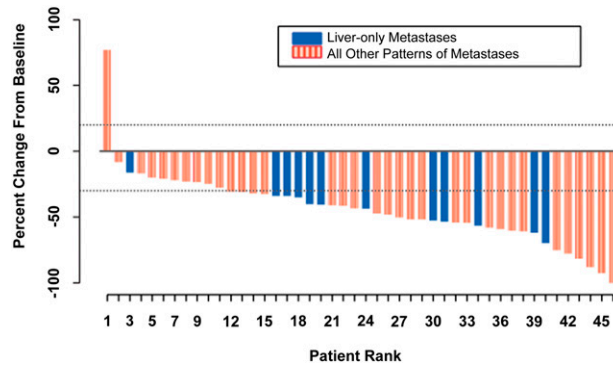


Figure 2. Waterfall plot of best percentage change from baseline in size of target tumor lesions. Best change in target-lesion size is maximum reduction from baseline or minimum increase in absence of reduction.

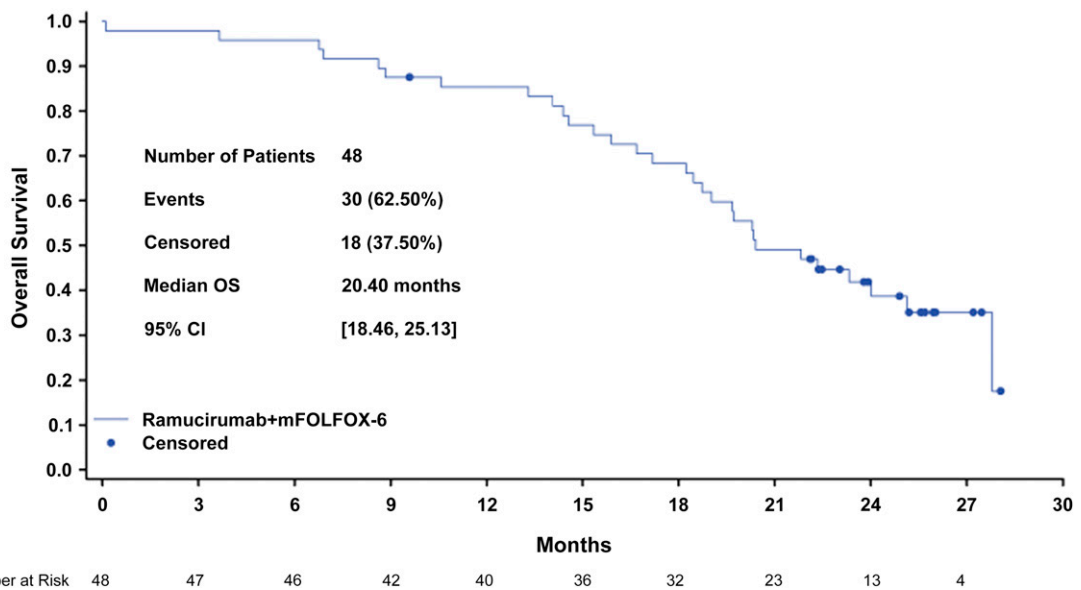


Figure 3. Overall survival curve: Kaplan-Meier plot for overall survival for all patients.
Abbreviations: CI, confidence interval; mFOLFOX-6, modified FOLFOX-6 regimen; OS, overall survival.

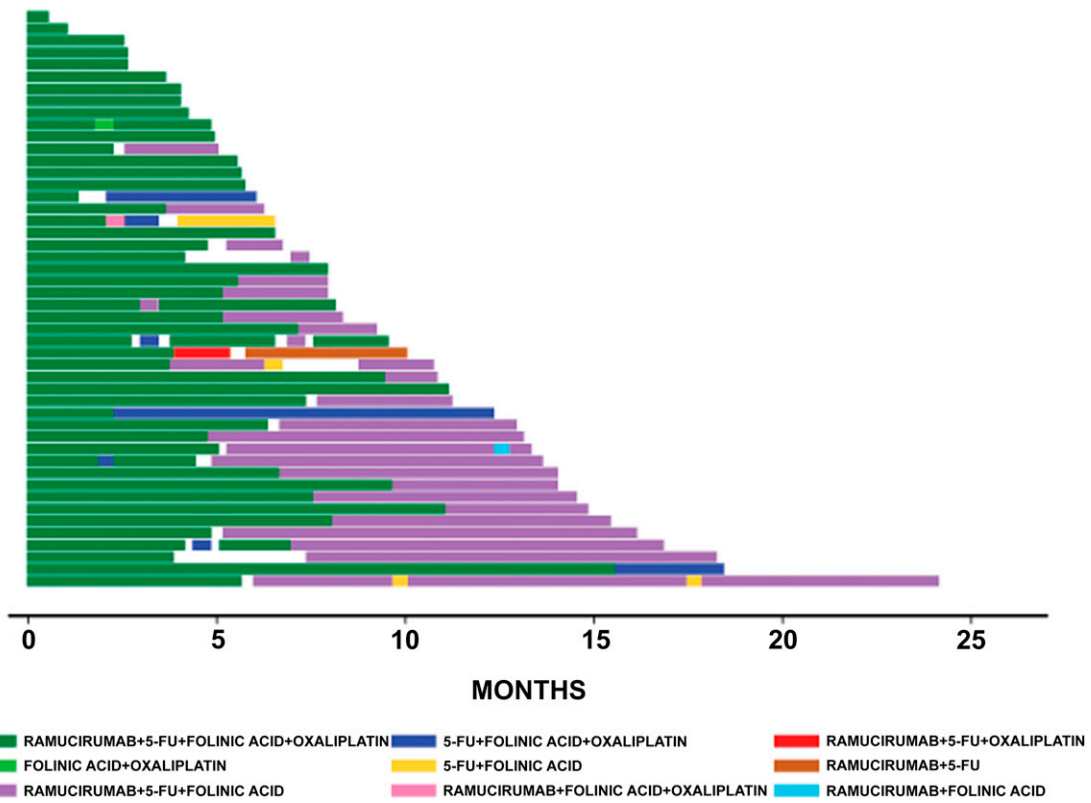


Figure 4. Treatment exposure.
Abbreviation: 5-FU, 5-fluorouracil.

Table 1. Baseline patient characteristics

Characteristic	<i>n</i>	%
Number of patients		
Enrolled	48	
Treated, ITT population	48	100.0
On study therapy as of August 2011	0	
Off study therapy as of August 2011	48	100.0
Gender		
Male	25	52.1
Female	23	47.9
Age (years)		
18 to <65	31	64.6
≥65	17	35.4
Median age (range)		60.5 (28–81)
ECOG PS		
0	30	62.5
1	18	37.5
Type of cancer		
Colon	32	66.7
Colorectal	7	14.6
Rectal	9	18.8
Metastases		
Patients with metastases	48	100.0
Patients with liver-only metastases	13	27.1
Patients with lung-only metastases	1	2.1
Site of metastatic disease (>5%)		
Liver	38	79.2
Lung	17	35.4
Lymph nodes (abdomen)	14	29.2
Peritoneal	11	22.9
Lymph nodes (thoracic)	9	18.8
Gastrointestinal tract	3	6.3
Other ^a	7	14.6
Number of metastatic sites (involved organs)		
1	17	35.4
≥2	31	64.6
Previous surgery		
Yes	33	68.8
No	15	31.3
Prior adjuvant therapy		
Chemotherapy	5	10.4
Radiotherapy	2	4.2
Comorbidities		
Patients with prior hypertension	22	45.8

All percentages may not add up to 100% due to rounding.

^aOther sites of metastatic disease included soft tissue, spleen, pleura, lymph nodes (cervical and other), and pelvis.

Abbreviations: ECOG PS, Eastern Cooperative Oncology Group performance status; ITT, intention to treat.

Table 2. Best overall response, disease control rate, objective response rate, and progression-free survival

Result	Ramucirumab + mFOLFOX-6 (N = 48)	
	n	%
Best overall response		
CR	1	2.1
PR	27	56.3
SD	17	35.4
PD	1	2.1
Not evaluable	2	4.2
Disease control rate (CR + PR + SD)	45	93.8
95% CI		(82.8–98.7)
Objective response rate (CR + PR)	28	58.3
95% CI		(43.2–72.4)
Progression-free survival		
Median, months (95% CI)		11.5 (8.6–13.1)
1-year rate, % (95% CI)		48.0 (31.9–62.5)

Abbreviations: CI, confidence interval; CR, complete response; PD, progressive disease; PR, partial response; SD, stable disease.

Table 3. Incidence and severity of treatment-emergent adverse events (reported in at least 10% of patients)

Preferred term	Ramucirumab + mFOLFOX-6 (N = 48)		
	All grades, n (%)	Grade 3, n (%)	Grade 4, n (%)
Fatigue	38 (79.2)	6 (12.5)	0
Asthenia	35 (72.9)	6 (12.5)	0
Fatigue	4 (8.3)	0	0
Neuropathy	31 (64.6)	6 (12.5)	0
Dysesthesia	23 (47.9)	4 (8.3)	0
Paresthesia	7 (14.6)	1 (2.1)	0
Peripheral neuropathy	5 (10.4)	1 (2.1)	0
Peripheral sensory neuropathy	5 (10.4)	0	0
Hypoesthesia	3 (6.3)	0	0
Abdominal pain	16 (33.3)	0	0
Abdominal pain	14 (29.2)	0	0
Abdominal pain upper	2 (4.2)	0	0

Grade 5 events were progressive disease, acute myocardial infarction, and cardiorespiratory arrest, each reported in one treated patient (detailed below). Fatigue, neuropathy, and abdominal pain are presented as consolidated adverse events terms in addition to the specific MedDRA terms based on investigator reporting; both consolidated and MedDRA terms are indicated.

Table 4. Incidence and severity of hematologic adverse events (reported in at least 10% of patients)

Preferred term	Ramucirumab + mFOLFOX-6 (N = 48)				
	All grades, n (%)	Grade 1, n (%)	Grade 2, n (%)	Grade 3, n (%)	Grade 4, N (%)
Neutropenia	27 (56.3)	1 (2.1)	6 (12.5)	16 (33.3)	4 (8.3)
Thrombocytopenia	17 (35.4)	6 (12.5)	10 (20.8)	1 (2.1)	0
Anemia	8 (16.7)	5 (10.4)	1 (2.1)	2 (4.2)	0
Leukopenia	8 (16.7)	1 (2.1)	6 (12.5)	1 (2.1)	0

Note: One patient (2.1%) experienced a grade 4 febrile neutropenia.

Table 5. Summary of poststudy anticancer systemic therapy: all treated patients

Poststudy therapy	Ramucirumab + mFOLFOX-6 (N = 48)	
	<i>n</i>	%
Any treatment ^a	38	79.2
Irinotecan-based therapy	32	66.7
Bevacizumab	16	33.3
EGFR inhibitors ^b	14	29.2
Other agents ^c	10	20.8
Oxaliplatin-based therapy	5	10.4
Fluoropyrimidines without subsequent irinotecan/oxaliplatin (5-fluorouracil, capecitabine, UFT)	3	6.3

^aExcludes two patients who received only radiotherapy and surgery.

^bCetuximab and panitumumab.

^cRaltitrexed, mitomycin, investigational drugs.

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