

Supplementary Appendix Table 1. Adjusted Hazard Ratios and 95% CIs of Independent Predictors of Antihypertensive Medication Initiation Among Patients Aged 18 Years and Older with >6 Months Follow-Up After Meeting Clinical Criteria for Incident Hypertension (N=3,725)

Variable	Adjusted HR (95% CI)		P value*
PATIENT FACTORS			
Age			
18-39 years	0.57	(0.47–0.69)	<0.001
40-59 years	0.75	(0.65–0.87)	<0.001
≥60 years (reference)	1.0	—	—
Race/Ethnicity			
White	0.81	(0.68–0.98)	0.03
Non-White [†] (reference)	1.0	—	—
Marital status			
Single (reference)	1.0	—	—
Married/Partnered	0.96	(0.84–1.08)	0.48
Primary Spoken Language			
English (reference)	1.0	—	—
Other	1.06	(0.79–1.42)	0.69
Tobacco Use			
Current Tobacco Use (reference)	1.0	—	—
Former Tobacco Use	0.90	(0.74–1.09)	0.27
Never Used Tobacco	0.88	(0.74–1.05)	0.17
Unknown/Missing	1.41	(1.15–1.73)	0.001
Body mass index, kg/m²	1.012	(1.005–1.020)	0.001
On Medicaid Ever[†]	1.43	(1.14–1.78)	0.002
JNC 7 Stage of Hypertension[§]			
Stage 1: 140-159/90-99 mmHg	0.61	(0.54–0.70)	<0.001
Stage 2: ≥160/100 mmHg (reference)	1.0	—	—
Baseline Comorbid Conditions			
Anxiety	1.12	(0.93–1.35)	0.24
Depression	0.85	(0.66–1.10)	0.23
Hyperlipidemia	1.02	(0.89–1.18)	0.74
Diabetes mellitus	1.52	(1.21–1.90)	<0.001
Low prevalence condition	1.21	(0.98–1.50)	0.08
ACG Risk Score, young index	1.049	(1.003–1.098)	0.04
Baseline Ambulatory Visit Counts, annual mean			
Primary Care Visits	1.06	(1.03–1.09)	<0.001
Specialty Care Visits	1.07	(1.08–1.10)	<0.001
PROVIDER FACTORS			
Primary Care Specialty			
Internal Medicine (reference)	1.0	—	—
Family Medicine/Family Practice	0.95	(0.83–1.09)	0.49
Other [#]	1.02	(0.57–1.23)	0.80
Provider Age**, years	0.991	(0.986–0.996)	0.001

*Global p-value for proportional-hazards assumption $p=0.125$

†Non-White: Black (4.7%), Hispanic/Latino (1.6%), Asian (2.9%), Native Hawaiian/Pacific Islander (0.5%), American Indian/Alaska Native (0.3%); Unknown (1.9%)

‡On Medicaid at any point during the baseline or study period

§JNC 7 Stage of Hypertension = severity of blood pressure elevation at study entry

||Due to low prevalence, an indicator variable was created for the presence of any of the following: atrial fibrillation, congestive heart failure, stroke/transient ischemic attack, ischemic heart disease, peripheral vascular disease, collagen vascular disease, deficiency anemia, or chronic kidney disease

¶ACG = Adjusted Clinical Group Case-Mix Assessment System

#Other = Pediatrics/Adolescent Medicine, Obstetrics/Gynecology, and Geriatrics

**AMA is the source for the raw physician data (provider ages only); statistics, tables, or tabulations were prepared by User-Customer (M. Smith; PI: H. Johnson) using 2011 AMA Masterfile data.

Supplementary Appendix Table 2. Adjusted Hazard Ratios and 95% CIs of Independent Predictors of Antihypertensive Medication Initiation Among Young Adults (18-39 years old) with >6 Months Follow-Up After Meeting Clinical Criteria for Incident Hypertension (N=1,024)

Variable	Adjusted HR (95% CI)		P value*
PATIENT FACTORS			
Age			
18-29 years	0.70	(0.53–0.93)	0.01
30-39 years (reference)	1.0	—	—
Sex			
Male	0.65	(0.50–0.85)	0.001
Race/Ethnicity			
White	0.69	(0.49–0.97)	0.03
Non-White [†] (reference)	1.0	—	—
Tobacco Use			
Current Tobacco Use (reference)	1.0	—	—
Former Tobacco Use	1.14	(0.78–1.68)	0.50
Never Used Tobacco	0.93	(0.65–1.31)	0.66
Unknown/Missing	1.47	(0.96–2.26)	0.08
Body mass index, kg/m²	1.00	(0.99–1.02)	0.80
On Medicaid Ever[‡]	1.68	(1.20–2.34)	0.002
JNC 7 Stage of Hypertension[§]			
Stage 1: 140-159/90-99 mmHg	0.64	(0.49–0.86)	0.002
Stage 2: ≥160/100 mmHg (reference)	1.0	—	—
Baseline Comorbid Conditions			
Anxiety	1.05	(0.76–1.46)	0.77
Depression	0.86	(0.54–1.35)	0.50
Hyperlipidemia	1.02	(0.70–1.51)	0.90
Diabetes mellitus	1.51	(0.80–2.86)	0.21
ACG Risk Score, young index	1.09	(0.96–1.24)	0.18
Baseline Ambulatory Visit Counts, annual mean			
Primary Care Visits	1.06	(1.00–1.12)	0.05
Specialty Care Visits	1.10	(1.03–1.18)	0.005

*Global p-value for proportional-hazards assumption p=728

[†]Non-White: Black (7.8%), Hispanic/Latino (1.8%), Asian (3.0%), Native Hawaiian/Pacific Islander (0.9%), American Indian/Alaska Native (0.5%); Unknown (3.2%)

[‡]On Medicaid at any point during the baseline or study period

[§]JNC 7 Stage of Hypertension = severity of blood pressure elevation at study entry

^{||}ACG = Adjusted Clinical Group Case-Mix Assessment System