

**Figure S10** Diffusion approximation to the sojourn-time density of  $A_1$  under quasi-linkage equilibrium for a polymorphic continent. Comparison of the sojourn-time density (STD)  $t_{2,QLE}(p;p_0)$  (thin curves, Eq. 7b) to the approximation valid for small  $p_0$ ,  $\tilde{t}_{2,QLE}(p;p_0)$  (dashed curves, analogous to Eq. 109 in File S1) and the one based on the additional assumption of  $\rho \gg 0$ ,  $\tilde{t}_{2,QLE,\rho\gg0}(p;p_0)$  (dotted curves, Eq. 119b) assuming a polymorphic continent. The continental frequency  $q_c$  of  $B_1$  increases from light to dark grey, taking values of 0.2, 0.5, and 0.8. The STD for the one-locus model,  $\tilde{t}_{2,OLM}(p;p_0)$ , is shown in orange as a reference. Vertical lines give the deterministic frequency  $\hat{p}_+$  of  $A_1$  at the respective fully-polymorphic coefficients, and moderate migration. (C) Recombination ten times stronger than selection at locus B. In all panels,  $p_0 = 0.005$ , which corresponds to an island population of size N = 100 and a single initial copy of  $A_1$ . Panels (A), (B) and (C) correspond to Figures 5C, 5D and 5E for a monomorphic continent ( $q_c = 0$ ), respectively.