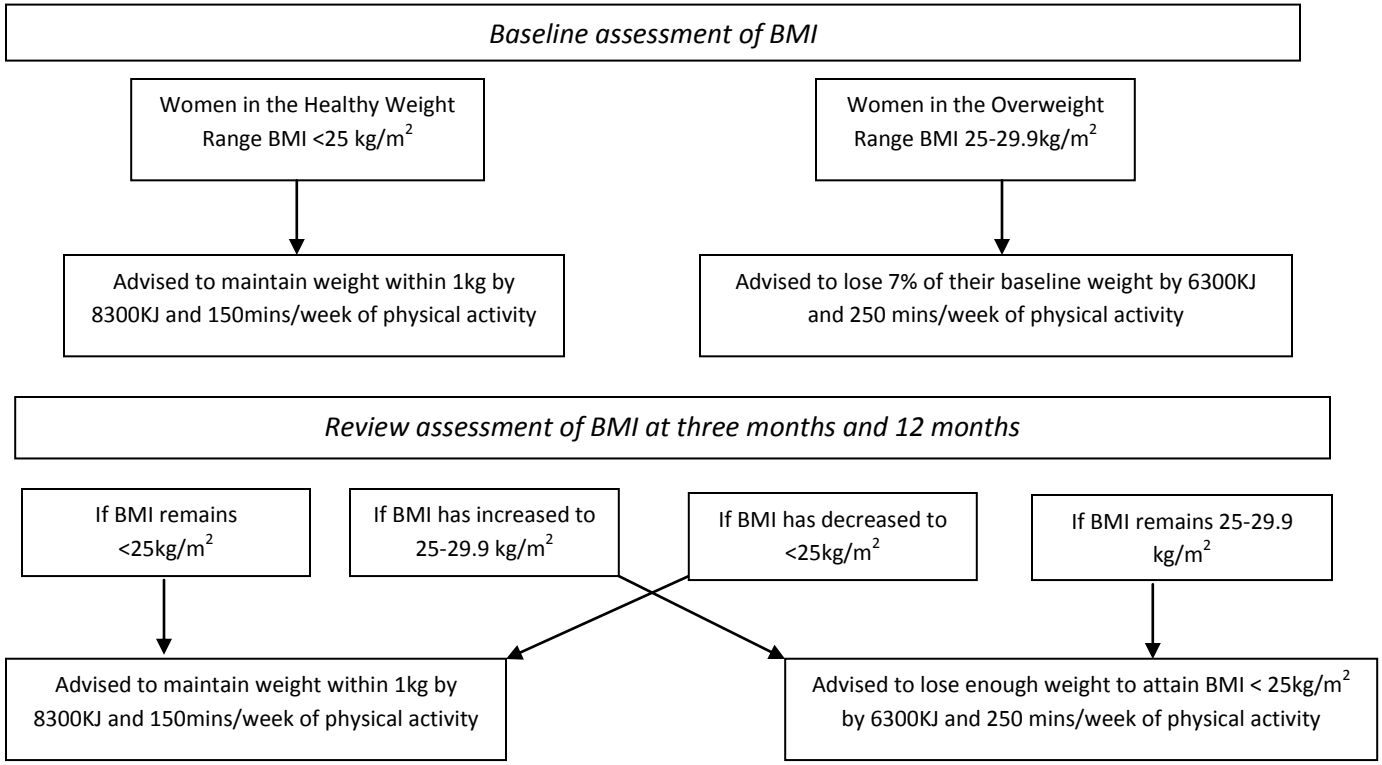
Additional file 1

Goals for Weight according to BMI