

1 **Supplementary Material**

2 Unless otherwise noted, reagents were obtained from Sigma-Aldrich (St. Louis, MO).

3 **Cell Isolation and Construct Culture**

4 Primary chondrocytes were isolated from articular cartilage of bovine calf (2 months old)
5 carpometacarpal joints digested with type IV collagenase (activity = 747 U/g) in high glucose Dulbecco's
6 Modified Eagle's Medium (hgDMEM) (Invitrogen, Carlsbad, CA) supplemented with 5% fetal bovine
7 serum (Invitrogen), amino acids, buffering agents, and 1% antibiotic-antimycotic (Invitrogen) at 37 °C on
8 a shaker for 6 hours (Lima et al., 2007). Cells were encapsulated in 2% agarose (type VII-A) at a density
9 of 30×10^6 cells/mL. Constructs were cored from the cell-agarose mixture ($\varnothing 4$ mm \times 2.3 mm thick) and
10 cultured under static conditions for 45 days in chemically-defined, chondrogenic media (hgDMEM, 100
11 nM dexamethasone, 100 μ g/mL sodium pyruvate, 50 μ g/mL L-proline, 1% ITS+ premix (Becton
12 Dickinson, Sparks, MD), 1% antibiotic-antimycotic, and 173 nmol/mL ascorbic acid 2-phosphate) at 37
13 °C under 5% CO₂ tension (Lima et al., 2007). Media were supplemented with 10 ng/mL TGF- β 3 (R&D
14 Systems, Minneapolis, MN) for either the entire culture period (β 3+ group) or for only the first 14 days of
15 culture (β 3- group). A control group was cultured without TGF- β 3 supplementation. Media were
16 changed three times per week and conditioned media aliquots were taken at each media change.

17 **Mechanical Characterization**

18 Constructs ($n = 4$ per group and time point) were removed after 14, 28, and 45 days of culture. At each
19 time point, constructs were mechanically tested in a custom device using unconfined compression with
20 impermeable metal loading platens. Sample thickness and diameter were measured prior to loading.
21 Samples were equilibrated under a creep load in a bath of phosphate buffered saline for 400 s. A stress
22 relaxation test was then performed by ramping the displacement at a constant rate to 10% of the original
23 thickness over 300 s, then relaxing for 1500 s. The stress relaxation data was curve-fitted to extract

24 mechanical properties similar to previous work (Cigan et al., 2013; Huang et al., 2012). This
25 optimization analysis, performed in FEBio (febio.org), models the CTE constructs as a biphasic material
26 consisting of both an intrinsically incompressible fluid and porous, solid matrix. Here, the solid matrix
27 was modeled as a mixture of a neo-Hookean ground material (e.g., representing the scaffold material and
28 GAG) and a continuous fiber distribution material (representing collagen) where fibers sustain tension
29 only, with a linear variation of stress with strain (Ateshian et al., 2009). These fits were able to extract the
30 equilibrium compressive modulus E_Y , the hydraulic permeability k , and the fiber modulus ζ . The
31 optimization results fit the experimental data with $R^2 = 0.95 \pm 0.05$ (for all samples), a result consistent
32 with prior results with similar engineered tissue constructs (Cigan et al., 2013; Huang et al., 2012).

33 Since fiber recruitment in a continuous fiber distribution model depends on the state of strain, the
34 parameter ζ does not represent the actual tensile modulus of the construct. Therefore, the construct tensile
35 modulus, E_T , was determined by modeling the equilibrium response to a homogeneous tensile
36 deformation of a material with the same E_Y and ζ determined from the curve-fitting of the unconfined
37 stress-relaxation response. In a prior study (Huang et al., 2012), it was shown that this method for
38 predicting E_T from unconfined compression stress-relaxation experiments produced a value statistically
39 not different from tensile test measurements.

40 **Biochemical Analysis**

41 After mechanical testing, constructs were radially halved and both halves were weighed. The construct
42 masses were used to normalize the biochemical content and to calculate the swelling ratio for each group
43 where normalized disk volume = (average construct mass at time point)/(average construct mass on day
44 0). One half was digested with proteinase K (MP Biomedical, Santa Ana, CA) and the other half was
45 digested with guanidine. Samples were lyophilized prior to the proteinase K digestion (0.5 mg/ml) as
46 previously described (Hollander et al., 1994). Guanidine digestion was performed with 4 M guanidine
47 HCl at 4 °C for 16 hours. GAG, collagen, and pyridinoline content were measured from the proteinase K
48 digests. GAG content was assayed using the 1,9 dimethylmethylene blue dye-binding (DMMB) assay

49 (Farndale et al., 1986). Collagen and pyridinoline content were assayed after acid hydrolysis of the
50 digests using an ortho-hydroxyproline (OHP) assay (Stegemann and Stalder, 1967) and a pyridinoline
51 specific enzyme linked immunosorbent assay (ELISA; Quidel Corporation, San Diego, CA), respectively.
52 Pyridinoline content was not measured on day 0 due to the low collagen content (~ 0). A 1:7.64
53 OHP:total collagen mass ratio was used to determine collagen content (Hollander et al., 1994). COMP
54 was measured from the guanidine digests with a COMP specific ELISA (MDBiosciences, St. Paul, MN).
55 GAG and COMP were measured in the conditioned media samples directly, without digestion, using the
56 DMMB assay and COMP ELISA, respectively. Media samples were pooled between two media changes
57 for the COMP assay and the mass of COMP released into the media was averaged over the span of the
58 two sequential media changes. Collagen media concentrations were assayed via the OHP assay of acid-
59 hydrolyzed media samples. Pyridinoline content is presented both as a concentration and a molar fraction
60 to collagen: mol pyridinoline/mol collagen triple helix (collagen triple helix MW = 285 kDa) (Grant and
61 Prockop, 1972).

62 **Statistics**

63 The biochemical concentrations, equilibrium compressive modulus E_y , hydraulic permeability k ,
64 equilibrium tensile modulus E_T , and normalized disk volume (disk volume normalized to day 0 volume)
65 of the constructs were compared with a two-way analysis of variance (ANOVA) using Tukey's HSD
66 post-hoc test ($\alpha = 0.05$). Synthesis rates were compared with an analysis of covariance of the cumulative
67 mass per construct released to the media and the mass accumulated in the scaffold over the culture time
68 (day 0 to 45 for the control and $\beta 3+$ groups and day 14 to 45 for the $\beta 3-$ group) (Sokal and Rohlf, 1995).
69 Retention fractions for each matrix constituent were compared using an ANOVA of each group's mean,
70 uncertainty, and n (total number of constructs and media aliquots for each supplementation group)
71 (Cohen, 2002). Data are reported as mean \pm standard deviation (for GAG, collagen, mechanical
72 properties, and swelling ratio, $n = 4$; for COMP and pyridinoline, $n = 3$). For each group and constituent,
73 the fit between the experimental and binding kinetics model was determined by nonlinear regression for

74 both the construct matrix (sum of bound and soluble matrix within the construct) and cumulative matrix
75 media release.

76 **Human Patella-Sized Construct Model**

77 **Computational Anatomical Model**

78 Three-dimensional finite element model of the patella construct was constructed from the anatomical
79 human patella surfaces obtained using stereophotogrammetry (Ateshian et al., 1992; Ateshian et al., 1991;
80 Hung et al., 2003). The cellular agarose gel construct was modeled atop a porous bone scaffold. To
81 model the experimental conditions, in which the porous trabecular bone scaffold was filled with the
82 chondrocyte-embedded agarose gel, the scaffold was also modeled with a cellular component (Figure
83 S2A). The gel construct was seeded at 60×10^6 cells/mL; this cell density informs both the matrix
84 synthesis and nutrient consumption rates. Likewise, the consumption and synthesis parameters in the
85 bone scaffold region were based on trabecular bone having a porosity of 80% (trabecular bone porosity >
86 70%; (Schaffler and Burr, 1988)); therefore the effective cell density within the scaffold was 48×10^6
87 cells/mL. The model was analyzed with the FEBio finite element software (www.febio.org) which
88 incorporates transport mechanics and chemical kinetics. We have included a table outlining the salient
89 features of this model and the synthesis model presented in the manuscript here (Table S1).

90 **Culture Conditions**

91 In the model, the construct was surrounded with a bath containing 75 mL of media (Supp. Figure 2B).
92 The media and construct glucose concentration was initially set at 25 mM and the soluble and bound
93 matrix concentrations were initially 0 (day 0). During the culture simulation the ‘cells’ within the
94 construct and scaffold consumed glucose and synthesized soluble matrix, thereby decreasing glucose
95 concentration and increasing soluble ECM product concentration in the construct and surrounding media.
96 Glucose was consumed according to the consumption rate measured experimentally as described below;
97 matrix was synthesized according to the rates measured as described in the main text. As the original

108 | patella construct experiment was performed in the absence of TGF-β3 supplementation, the synthesis and
109 | binding parameters found for the ‘control’ case (Table 1) were used in the model simulation. Consistent
110 | with the experiment, the media in the model was ‘changed’ three times per week (in a 2-2-3 day
111 | sequence) over the 35-day culture. Media changes consisted of resetting the media solution to 25 mM
112 | glucose concentration and 0 mM soluble ECM product concentration.

113 | **Matrix Synthesis and Glucose Consumption**

114 | Three chemical reactions were modeled in this finite element analysis. Both glucose consumption and
115 | GAG synthesis were modeled according to Michaelis-Menten kinetics according to the available glucose
116 | concentration:

$$\hat{c}^{\alpha} = \frac{R^{\alpha} \times c^{Glu}}{K_m + c^{Glu}} \quad (S1)$$

117 | where R^{α} is either the glucose consumption rate ($R^{Glu} < 0$; [nmol μL^{-1} s $^{-1}$]) or the GAG synthesis rate ($R^{GAG} > 0$; [nmol μL^{-1} s $^{-1}$]). Therefore, the three equations modeled were: (1) Glucose uptake by cells
118 | according to equation (S1) where $\hat{c}^{\alpha} = \hat{c}^{Glu}$; here the maximal cellular glucose consumption rate, R^{Glu} ,
119 | was experimentally determined (below) and the Michaelis constant, $K_m = 0.35$ mM, was taken from
120 | previous experiments on chondrocytes (Windhaber et al., 2003). (2) Soluble GAG synthesis was modeled
121 | according to equation (S1) where $\hat{c}^{\alpha} = \hat{c}^{GAG}$ and the maximal synthesis rate, R^{GAG} , was taken from the
122 | previous experimental synthesis results (scaled appropriately for the cellularity of both the gel construct
123 | and scaffold) and the Michaelis constant, K_m , was the same as the glucose consumption reaction.
124 | Additionally, based on our earlier finding that low levels of glucose results in no significant ECM
125 | deposition (Cigan et al., 2013), a nutrient threshold level was added to the synthesis equation, such that
126 | ECM synthesis was completely inhibited within regions where the glucose concentration was below the
127 | threshold level. (3) GAG deposition was modeled using standard reversible binding kinetics of the
128 | soluble GAG with the extracellular matrix, based on the parameters curve-fitted to the experimental data
129 | of this study.

121 The following additional experiments were performed to identify the remaining necessary parameters
122 (cellular glucose consumption rate and ECM nutrient threshold) for this system:

123 **Glucose Consumption Rate**

124 Constructs (\varnothing 4 mm \times 2.34 mm thick, 10×10^6 cells/mL in 2% agarose gel) were cultured as previously
125 described for 7 weeks. On weeks 1, 3, 5, and 7, media samples were taken 4, 8, 24, 48 and 72 hours after
126 a media change ($n = 3$ for each time) and assayed for glucose (Amplex Red Glucose Assay, Invitrogen)
127 and DNA content. The glucose consumption rate was calculated from the slope of the glucose media loss
128 over 72 h (Figure S2). The average glucose consumption rate was calculated to be $1.24 \pm 0.35 \times 10^{-13}$
129 mol cell⁻¹ hr⁻¹ during the seven week culture. This level of glucose consumption was similar to previously
130 measured consumption rates of bovine chondrocytes both in monolayer and three-dimensional culture
131 (Marcus, 1973; Obradovic et al., 1999).

132 **ECM Nutrient Threshold**

133 Based on our prior work identifying glucose as a critical nutrient for this CTE system, it was necessary to
134 find the critical concentration of glucose needed to sustain normal ECM deposition. Constructs (\varnothing 4 mm
135 \times 2.34 mm thick, 30×10^6 cells/mL in 2% agarose gel) were cultured as previously described for 6 weeks.
136 Media were prepared using glucose-free DMEM, and glucose was supplemented to produce 0.17 \times , 0.5 \times ,
137 0.67 \times , 0.83 \times , and 1 \times the levels of glucose present in typical hgDMEM (4.5 mg/L = 25 mM). Constructs
138 were taken on day 42 for mechanical (E_Y) and biochemical testing (GAG, collagen, DNA) as previously
139 described. E_Y , GAG, collagen, and DNA were statistically similar between the 0.5 \times , 0.67 \times , 0.83 \times groups
140 and the 1 \times group after 6 weeks (Table S2). The 0.17 \times supplementation group, however, failed to
141 accumulate significant GAG and collagen, experiencing decreased cellularity, and exhibiting significantly
142 poorer mechanical properties. There was also a decrease in the construct cellularity in the 0.17 \times group,
143 which could also decrease the ECM synthesis capacity of GAG and collagen in addition to the low
144 nutrient availability of the treatment. Accordingly, for modeling the patella, we chose a level of 0.5 \times
145 (12.5 mM) as the critical glucose concentration necessary for ECM synthesis.

146 **Correlations between Mechanical Properties and Biochemical Composition**

147 E_Y showed a high correlation with GAG concentration (Figure S4A; $R^2 = 0.74$). Relatively low
148 correlations were found for E_Y versus collagen or COMP (Figure S4B; $R^2 = 0.31$ and Figure S4C; $R^2 =$
149 0.32 , respectively). E_Y was moderately correlated to pyridinoline concentration (Figure S4D; $R^2 = 0.47$).
150 The swelling ratio displayed a high correlation to GAG concentration (Figure S4E; $R^2 = 0.74$), a moderate
151 correlation to collagen concentration (Figure S4F; $R^2 = 0.48$), a poor correlation to COMP (Supp. Fig. 4G;
152 $R^2 = 0.27$), and a moderate correlation to pyridinoline (Figure S4H; $R^2 = 0.56$). E_T was moderately
153 correlated with GAG and pyridinoline (Figure S4I; $R^2 = 0.49$ and Figure S4L; $R^2 = 0.50$, respectively)
154 and poorly correlated with collagen and COMP (Figure S4J; $R^2 = 0.20$ and Figure S4K; $R^2 = 0.33$,
155 respectively).

156 **Figure Captions**

157 Figure S1: (A) Schematic for the experimental set-up idealized in the matrix-binding-diffusion model.
158 (B) A representative result of the bound matrix spatial distributions within the tissue phase of the
159 construct (GAG accumulation in the $\beta 3$ - group).

160 Figure S2: (A) Finite element mesh and geometric model of the anatomical patella construct supported on
161 the porous, chondral scaffold which is embedded with a cellular agarose gel, and (B) a cross sectional
162 image of the construct surrounded within the 75 mL bath.

163 Figure S3: The average depletion of media glucose due to chondrocyte consumption over a 72 hour
164 period (data represents the mean and standard deviations of the values from weeks 1, 3, 5, and 7 of
165 culture).

166 Figure S4: Correlations between the mechanical properties E_Y (A-D), swelling ratio (E-H) and E_T (I-L)
167 and the biochemical concentrations of GAG (A, E, I), collagen (B, F, J), COMP (C, G, K) and
168 pyridinoline (D, H, L).

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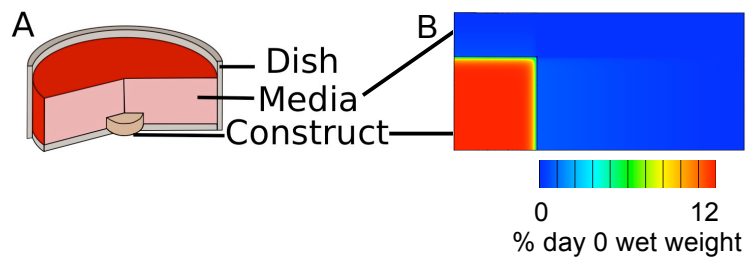


Figure S1

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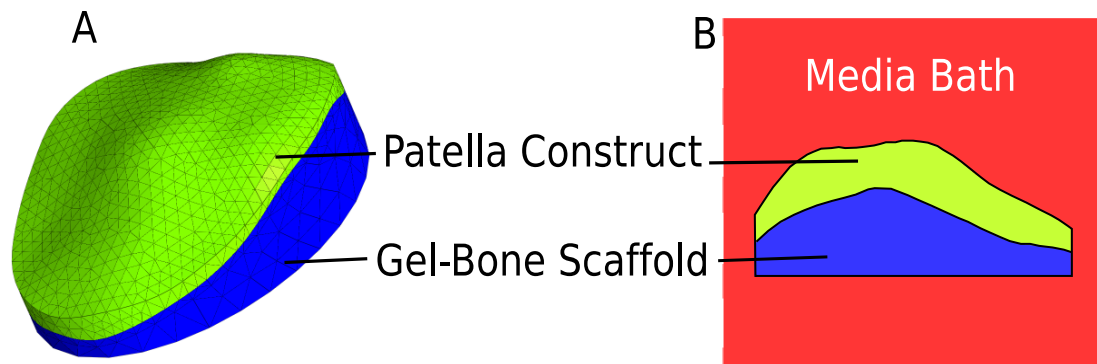


Figure S2

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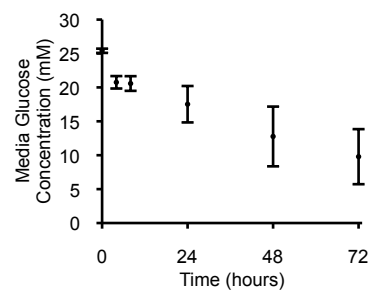


Figure S3

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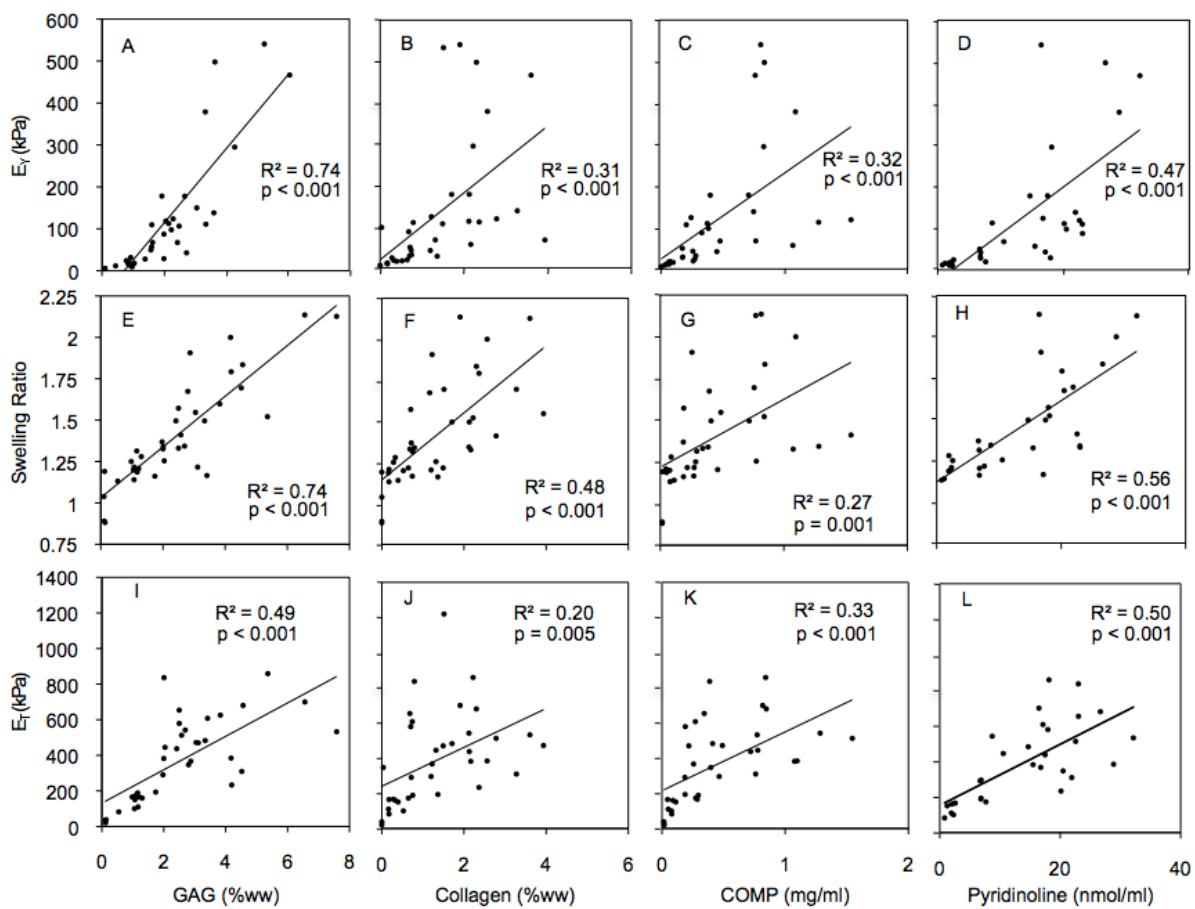


Figure S4

A. Small construct synthesis model

\hat{c}_{syn}^{α}	Matrix synthesis rate	[nmol $\mu\text{L}^{-1} \text{s}^{-1}$]
k_f^{α}	Matrix forward-binding rate	[mM ⁻¹ s ⁻¹]
k_r^{α}	Matrix reverse-binding rate	[s ⁻¹]
N_t	Matrix binding-site density	[mM]
D_o^{α}	Matrix diffusivity in free solution	[mm ² s ⁻¹]
D^{α}	Matrix diffusivity in construct	[mm ² s ⁻¹]
φ_s	Solid volume fraction of construct	[-]

B. Large patella-construct model

R^{GAG}	GAG synthesis rate	[nmol $\mu\text{L}^{-1} \text{s}^{-1}$]
k_f^{GAG}	GAG forward-binding rate	[mM ⁻¹ s ⁻¹]
k_r^{GAG}	GAG reverse-binding rate	[s ⁻¹]
N_t	GAG binding-site density	[mM]
K_m	Michaelis constant	[mM]
R^{Glu}	Glucose consumption rate	[nmol $\mu\text{L}^{-1} \text{s}^{-1}$]
c_o	Glucose concentration threshold for GAG synthesis	[mM]
D_o^{α}	Glucose/GAG diffusivity in free solution	[mm ² s ⁻¹]
D^{α}	Glucose/GAG diffusivity in agarose and agarose/bone construct	[mm ² s ⁻¹]
φ_s	Solid volume fraction of agarose and agarose/bone construct	[-]

175

176 Table S1: The model parameters for (A) the matrix synthesis model used to characterize the reversible
 177 binding rates ($\alpha = \text{GAG, collagen, COMP}$; $s = \text{agarose-gel scaffold}$) and (B) the large patella-construct
 178 featuring glucose concentration dependent GAG synthesis and reversible GAG binding ($\alpha = \text{GAG,}$
 179 glucose; $s = \text{agarose-gel and agarose-filled chondral scaffold}$).

180 | **Table S2**

		E_Y [kPa]	GAG [%ww]	Collagen [%ww]	DNA [μ g/disk]
<u>(1)</u>	<u>0.17×</u>	$30 \pm 28^{2,3,4,5}$	$1.51 \pm 0.32^{2,3,4,5}$	$0.64 \pm 0.19^{3,4}$	$7.08 \pm 1.47^{2,3,4,5}$
<u>(2)</u>	<u>0.5×</u>	481 ± 100^1	5.93 ± 0.27^1	1.33 ± 0.50	11.05 ± 0.50^1
<u>(3)</u>	<u>0.67×</u>	365 ± 170^1	5.90 ± 0.56^1	1.77 ± 0.62^1	9.86 ± 0.48^1
<u>(4)</u>	<u>0.83×</u>	482 ± 145^1	4.76 ± 1.66^1	1.74 ± 0.67^1	10.95 ± 0.54^1
<u>(5)</u>	<u>1×</u>	449 ± 158^1	4.76 ± 0.65^1	1.28 ± 0.33	11.50 ± 1.21^1

181
 182 | Table S2: Mechanical (E_Y) and biochemical (GAG, collagen, and DNA content) results after 6 week
 183 culture of constructs supplemented at each media change with either 0.17×, 0.5×, 0.67×, 0.83×, or 1×
 184 glucose levels (1× corresponds to typical 25 mM supplementation). The superscripts within each
 185 outcome indicate the treatments between which there is a significant difference ($p < 0.05$).

186

186 **Reference:**

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