

SUPPLEMENTARY DATA

Supplementary Table 1. mRNA Expressions of Key Lipid Metabolism Genes in Human Skeletal Muscle Tissue and Myotubes.

Skeletal Muscle Tissue			
Gene	Control	T2D	p-value
ATGL	1.35 ± 0.23	1.42 ± 0.21	0.8381
HSL	3.04 ± 0.59	3.54 ± 0.54	0.5515
DGAT1	1.52 ± 0.26	1.48 ± 0.23	0.9258
SCD1	0.02 ± 0.01	0.03 ± 0.01	0.5615
PLIN5	3.88 ± 0.65	4.63 ± 0.57	0.4186
PGC1 α	6.08 ± 0.55	5.15 ± 0.51	0.2486
PPAR δ	0.88 ± 0.10	0.83 ± 0.10	0.7169
CPT1 β	4.11 ± 0.67	4.49 ± 0.61	0.6805
Myotubes			
Gene	Control	T2D	p-value
ATGL	0.75 ± 0.17	0.70 ± 0.17	0.8537
HSL	0.35 ± 0.07	0.28 ± 0.06	0.4988
DGAT1	0.90 ± 0.17	0.77 ± 0.16	0.5878
SCD1	1.03 ± 0.37	0.88 ± 0.37	0.7867
PLIN5	-	-	-
PGC1 α	0.05 ± 0.04	0.03 ± 0.03	0.6978
PPAR δ	1.14 ± 0.24	0.96 ± 0.23	0.6093
CPT1 β	0.04 ± 0.01	0.04 ± 0.01	0.9021

Data are presented as mean ± SEM. N=6 per group. T2D, Type 2 Diabetes; ATGL, adipose triglyceride lipase; HSL, hormone sensitive lipase; DGAT1, diacylglycerol acyl-transferase 1. SCD1, stearoyl-CoA desaturase 1; PLIN5, perilipin 5; PGC-1 α , peroxisome proliferator activated receptor coactivator-1 alpha; PPAR δ , peroxisome proliferator activated receptor delta; CPT1 β , carnitine palmitoyltransferase 1 beta. All data are normalized to an internal control gene, RPL26, ribosomal protein L26. “-“ means that the mRNA expression was not detectable.

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Supplementary Table 2. Associations of PGC1 α mRNA Expressions with Key Lipid Metabolism Endpoints in Human Skeletal Muscle Tissue and Myotubes.

mRNA	Lipid Metabolism Endpoint	<i>r</i>	p-value
PGC1 α (myotubes)	PA incorporation into TAG (myotubes)	0.5818	0.0604
PGC1 α (myotubes)	OA incorporation into TAG (myotubes)	0.6091	0.0467
PGC1 α (myotubes)	DGAT activity (myotubes)	0.6573	0.0202
PGC1 α (muscle tissue)	PLIN5 mRNA (muscle tissue)	0.7000	0.0165

Data are simple correlations among all 12 participants (Control and T2D). T2D, Type 2 Diabetes; PGC-1 α , peroxisome proliferator activated receptor coactivator-1 α ; DGAT1, diacylglycerol acyl-transferase 1. PLIN5, perilipin 5; All mRNA data are normalized to an internal control gene, RPL26, ribosomal protein L26.

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Supplementary Table 3. Oligonucleotide sequences for primer/probe sets used for qRT-PCR.

Gene	Accession number	Forward primer	Probe	Reverse primer
ATGL	NM_020376.2	CCACGGCGCTGGTCA	TTGGCACCAGCCTCACCCAGG	GGGCCTCTTTAGATACCTCAATGA
HSL	NM_005357.2	ACGCTGCATAAGGGATGCTT	AGTTCACGCCTGCCATCCGGC	CCTGTCTCGTTGCGTTTGTAGT
DGAT1	NM_012079	CGTGAGCTACCCGGACAATC	ACCTACCGGATCTCTACTACTTCCTCTTCGC	AAAGTTGAGCTCGTAGCACAAGG
SCD1	NM_005063	TGGCATTCCAGAATGATGTCTATG	CGTGACCACCGTGCCCACCA CA	GGAATTATGAGGATCAGCATGTGT
PLIN5	NM_001013706.2	GAGCCATGCTGTGGATGTTGTA	TGGATCACTTCCTGCCCATGACGG	CAGTGCCCGAGCTCTTC
PGC1 α	NM_013261.3	TGCTGAAGAGGGAAAGTGAGCGATTAGTTGA	CATGTAGAATTGGCAGGTGGAA	AGGTGAAAGTGAATACTGTTGGTTGA
PPAR δ	NM_006238.3	TCTACAATGCCTACCTGAAAACTTC	ACATGACCAAAAAGAAGGCCCGCAG	GGCTTTGCCGGTGAGGAT
CPT1 β	NM_152247.1	CCAGAGCAGCACCCCAAT	CATCTGCTACAGGGCCAAAGCCACCT	CTGCAATCATGTAGGAAACTCCATAG

For all gene expression assays the ribosomal protein L26 gene, RPL26, was used as the internal control. ATGL, adipose triglyceride lipase; HSL, hormone sensitive lipase; DGAT1, diacylglycerol acyl-transferase 1. SCD1, stearoyl-CoA desaturase 1; PLIN5, perilipin 5; PGC-1 α , peroxisome proliferator activated receptor coactivator-1 alpha; PPAR δ , peroxisome proliferator activated receptor delta; CPT1 β , carnitine palmitoyltransferase 1 beta.

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Supplementary Figure 1. Correlation of the ratio ^{14}C -palmitate oxidation to CO_2 :ASMs with (A) the VO_2 max and (B) the fasting plasma glucose levels in obese individuals with T2D and BMI-matched controls.

