

Additional file 1

English version of the Subjective Health Complaints Inventory.

As presented in Eriksen HR, Ihlebaek C, Ursin H. A scoring system for subjective health complaints (SHC). Scand J Public Health. 1999 Mar 1;27(1):63–72.

Ordinary health problems and complaints last month (circle the correct number)	Not at all	A little	Some	Serious	Number of days
1. Cold, flu	0	1	2	3
2. Coughing	0	1	2	3
3. Shoulder pain	0	1	2	3
4. Neck pain	0	1	2	3
5. Upper back pain	0	1	2	3
6. Arm pain	0	1	2	3
7. Headache	0	1	2	3
8. Low back pain *	0	1	2	3
9. Leg pain during physical activity *	0	1	2	3
10. Migraine	0	1	2	3
11. Anxiety	0	1	2	3
12. Sadness/depression	0	1	2	3
13. Sleep problems	0	1	2	3
14. Tiredness	0	1	2	3
15. Extra heartbeats	0	1	2	3
16. Heat flushes	0	1	2	3
17. Dizziness	0	1	2	3
18. Stomach discomfort	0	1	2	3
19. Heartburn	0	1	2	3
20. Ulcer/non-ulcer dyspepsia	0	1	2	3
21. Stomach pain	0	1	2	3
22. Gas discomfort	0	1	2	3
23. Diarrhoea	0	1	2	3
24. Obstipation	0	1	2	3
25. Asthma	0	1	2	3
26. Breathing difficulties	0	1	2	3
27. Allergies	0	1	2	3
28. Eczema	0	1	2	3
29. Chest pain	0	1	2	3

* The items 8. *Low back pain* and 9. *Leg pain during physical activity* were excluded in all analyses.