

Table S2 Methodology quality assessment

Trial	Randomization	Blinding	Handling of withdrawals and dropouts	Jadad score	Allocation concealment	Crossover
Gattinoni2001(9)	2	0	1	3	adequate	YES
Guerin2004(10)	2	0	1	3	adequate	YES
Voggenreiter2005(18)	2	0	1	3	adequate	NO
Curley2005(17)	2	0	1	3	adequate	YES
Mancebo2006(22)	2	0	1	3	adequate	YES
Chan2007(19)	2	0	1	3	not used	NO
Fernandez2008(20)	2	0	1	3	adequate	YES
Taccone2009(25)	2	0	1	3	adequate	YES
Gu érin2013(14)	2	0	1	3	adequate	YES