Table S3

Liver functional test. C57BL/6 mice at age 8-12 weeks old were administrated orally with control PBS or with various concentrations (125 mg/kg, 250 mg/kg and 500 mg/kg) of complex 5. n= 6 (3 male and 3 female mice)/group. After two weeks, sera were collected from the mice for liver functional test. Note that for most of tests performed (total protein, albumin, total and conjugated bilirulin, and G-glutamyl transferase) showed no marked changes between control mice and of complex 5-treated mice. However, some parameters, such as ALP level were elevated from  $163.00 \pm 7.18$  IU/L in the control mice to 219.50  $\pm$  4.95 IU/L in mice treated with a high dose of complex 5 at 500 mg/kg. On the contrary, a marked reduction of AST level from control  $453.00 \pm 76.29$  to  $316.50 \pm 78.49$  were observed in mice treated with high dose of Complex 5 at 500 mg/kg. Shown were mean  $\pm$  SD. TBIL: Total Bilirubin, BC: Conjugated Bilirubin, ALP: Alkaline Phophatase, ALT: Alanine Aminotransferase, AST: Aspartate Transaminase, GGT: G-Glutamyl Transferase.

	Total Protein (g/L)	Albumi n (g/L)	Globuli n (g/L)	TBIL (umol/ L)	BC (umol/ L)	ALP (IU/L)	ALT (IU/L)	AST (IU/L)	GGT (IU/L)
Control	59.00 ± 0.97	17.00 ± .070	42.00 ± 0.37	3.00 ± 0.00	<1	163.00 ± 7.18	91.00 ± 3.06	453.00 ± 76.29	<3
125 mg/kg	60.00 ± 2.12	18.00 ± 0.57	42.00 ± 1.06	3.00 ± 0.45	<1	192.00 ± 3.52	69.00 ± 7.11	$421.00 \pm 40.81$	<3
250 mg/kg	59.00 ± 1.08	17.00 ± 1.41	42.00 ± 0.00	2.50 ± 0.70	<1	195.00 ± 5.66	70.00 ± 4.10	414.00 ± 79.20	<3
500 mg/kg	53.50 ± 0.70	16.00 ± 1.41	37.50 ± 2.12	$3.00 \pm 0.00$	<1	219.50 ± 4.95	70.00 ± 8.49	$316.50 \pm 78.49$	<3