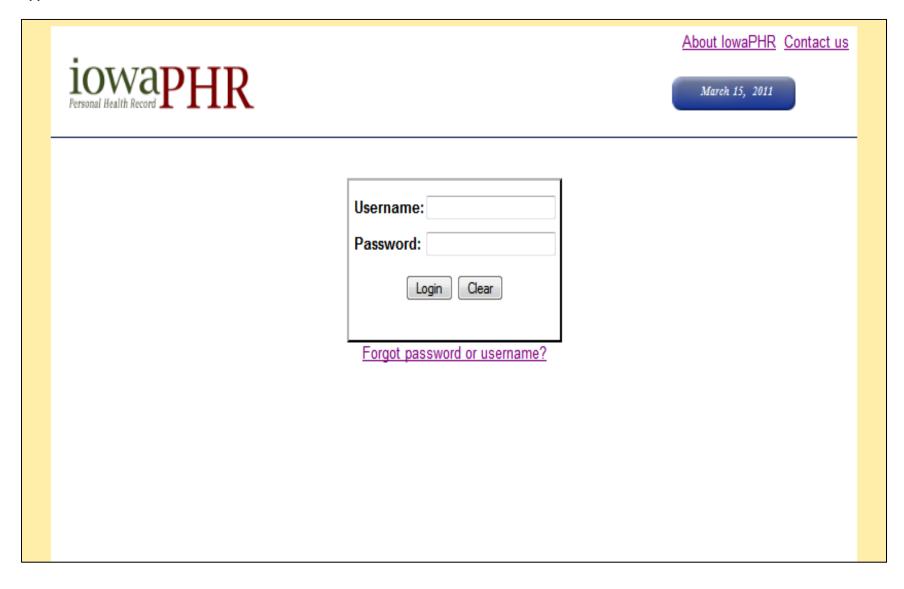
**Appendix 2: Screen Shots of Iowa PHR** 





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#### Did you know:

#### A comprehensive medication review should be done at least once each year.

A person's need for medications changes over time. A yearly review of your medication list by a healthcare provider can stop unneeded medications and find out if new medications are needed. It can make sure the doses you take and the times you take them are still right for you.

### What can you do?

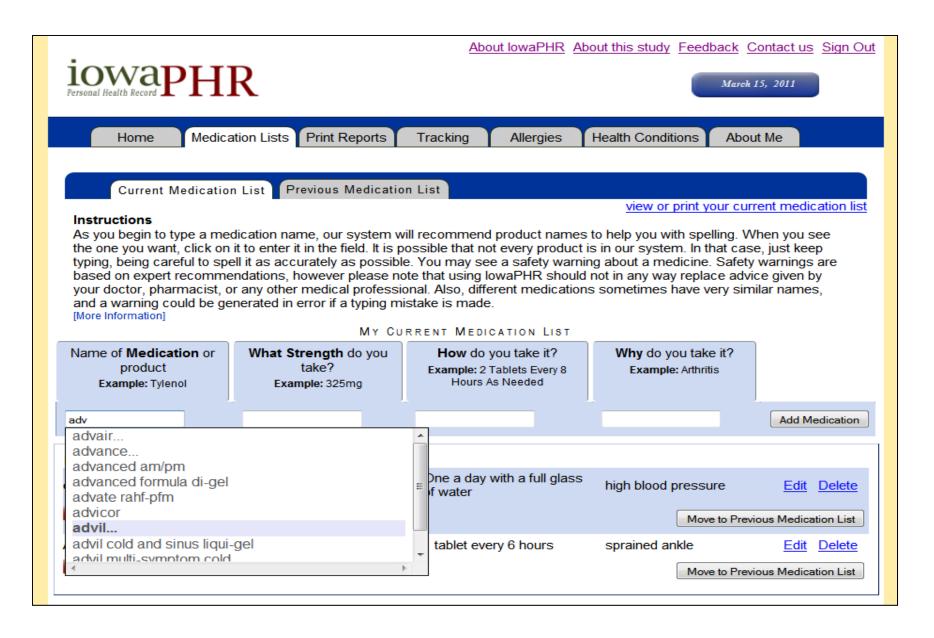
- Use IowaPHR to print your current medication list and ask your pharmacist or doctor to review your medications.
- Ask your pharmacist or doctor to review your list at least once per year.
- · Ask if there are medications that can be removed or changed.
- Ask if some medications should be added.

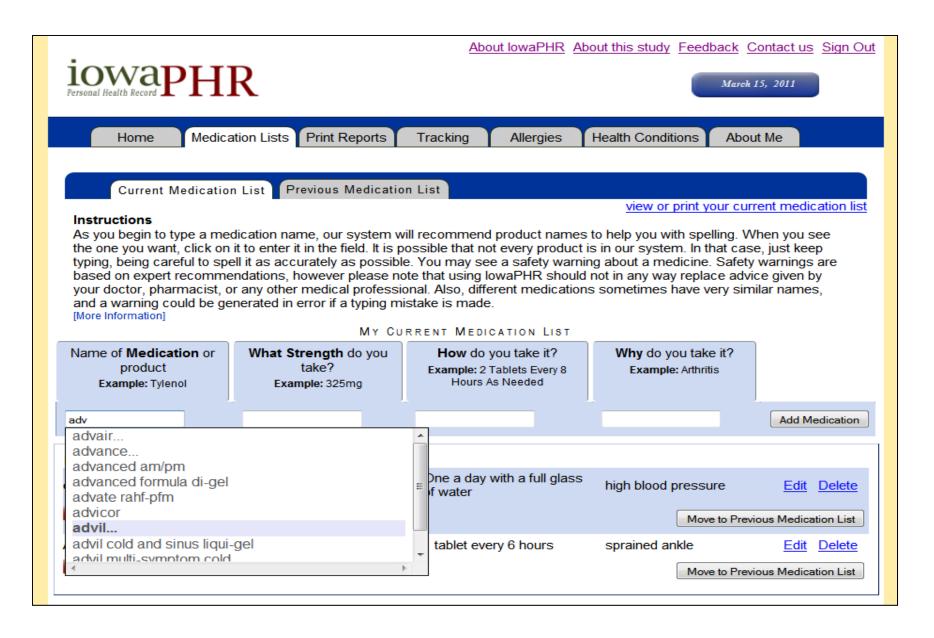
Please click play to view the tutorial video below.

# With the lowaPHR you can:

- Keep an up-to-date list of all your medications.
  - Record what each medication is supposed to do.
  - Get important warnings about the medications you are taking.
- <u>Print reports</u> to share with your healthcare providers, including:
  - · A list of your current medications
  - · Warnings for medications you are taking
  - o A wallet-sized card
- · Track your health, allergies and health conditions.









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Latest safety updates about your medications:

- warfarin Reduce your risk of serious bleeding side effects
- enalapril Reduce your risk of kidney and heart side effects

This product contains enalapril. It can cause low kidney function and high potassium. High potassium can cause heart problems.

• Talk to your doctor about getting a blood test to detect low kidney function and high potassium.

More about getting a blood test

Advil - Do you have risk factors for serious stomach bleeding?

Please note that using lowaPHR should not in any way replace advice given by a doctor, pharmacist, or any other medical professional. Please talk to your doctor or pharmacist before starting, stopping, or changing how you take any medication. Different medications sometimes have very similar names, and a warning could be generated in error. To verify that your medication contains the drug listed in a warning, check the label or ask your pharmacist.

