

History Themes		Tasks				
Nature of Injury	Chief Complaint	0	1	n/a		
	Date of Injury/When Did Injury Occur	0	1	n/a		
	MOI/Recreation of MOI	0	1	n/a		
	Previous Injury to this Site	0	1	n/a		
	Previous Injury to joint above/below	0	1	n/a		
	Functional Limitations	0	1	n/a		
	History Back or Neck Injury/Pain	0	1	n/a		
	Subjective/patient SHARP	0	1	n/a		
	Unusual Sounds/Sensations	0	1	n/a		
	Nature of Injury Global Rating Scale	0	1	2	3	4
Patient Information	Age	0	1	n/a		
	Primary Sport/occupation	0	1	n/a		
	Level of Sport	0	1	n/a		
	Training for Sport	0	1	n/a		
	Weight Training for Sport/occupation	0	1	n/a		
	Change in anthropometrics	0	1	n/a		
	Psycho/Emotional Stress	0	1	n/a		
	Training Surface	0	1	n/a		
	Equipment or Footwear	0	1	n/a		
	Activities of Daily Living	0	1	n/a		
	Other Sports/Activities	0	1	n/a		
Patient Information Global Rating Scale	0	1	2	3	4	5

Global Pain Questions	Pain: Pain Location	0	1	n/a				
	Pain: Describe Pain	0	1	n/a				
	Pain: Pain Scale	0	1	n/a				
	Pain: Relieves Pain	0	1	n/a				
	Pain: Exacerbates Pain	0	1	n/a				
	Pain: Morning or night Pain	0	1	n/a				
	Pain: Pain before, during or after activity	0	1	n/a				
	Pain: Radiating Pain Proximal or Distal	0	1	n/a				
	Pain: Increase with coughing, sneezing or bearing-down	0	1	n/a				
	Pain: Sleeping and Position	0	1	n/a				
Global Pain Questions Global Rating Scale		0	1	2	3	4	5	

Safety/Rehab/Understanding	Treatment	0	1	n/a				
	Reviewed by Physician	0	1	n/a				
	X-rays/diagnostic imaging	0	1	n/a				
	Medications	0	1	n/a				
	Allergies	0	1	n/a				
	Goals for RETURN	0	1	n/a				
	Overall Health	0	1	n/a				
	Medical Conditions	0	1	n/a				
Family History of Medical Conditions	0	1	n/a					

Safety/Rehab/Understanding Global Rating Scale		0	1	2	3	4	5	
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Did the student employ differential diagnosis strategy(ies) in the history to identify/eliminate other possible injuries/conditions?		0	1					
Did the student list at least three potential anatomical structures/injuries as an index of suspicion ?		0	1					
Did the student hone into their index of suspicion in their history?		0	1					

Overall History Global Rating Scale		0	1	2	3	4	5	
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Observation									
Swelling	0	1	n/a						
Heat	0	1	n/a						
Altered Function	0	1	n/a						
Redness	0	1	n/a						
Discoloration	0	1	n/a						
Lower Extremity:									
Pelvic Height	0	1	n/a						
ASIS	0	1	n/a						
PSIS	0	1	n/a						
Medial Malleoli	0	1	n/a						
Patellae	0	1	n/a						
Genu Valgum/Varum	0	1	n/a						
Tibial Valgum/Varum	0	1	n/a						
Foot - Static	0	1	n/a						
Foot - Dynamic (Gait)	0	1	n/a						
Symmetry									
Foot rotation/position	0	1	n/a						
Posture									
Observes from side/side	0	1	n/a						
Observes from rear/front	0	1	n/a						
Observes Pelvic Position/Tilt	0	1	n/a						
Scars, cuts, abrasions	0	1	n/a						
Other	0	1	n/a						
Other	0	1	n/a						
Did the student employ differential diagnosis strategy(ies) in the observation to identify/eliminate other possible injuries/conditions?	0	1							
Did the student specifically OBSERVE for their index of suspicion identified after the history?	0	1							
Overall Observation Global Rating Scale	0	1	2	3	4	5			

Clearing Joints Above and Below

Did the student clear the joint below the lesion site?	0	1	n/a
Did the student clear the joint above the lesion site?	0	1	n/a
Did the student change their index of suspicion appropriately after clearing the joints above and below the lesion site?	0	1	

Scanning Exams

Did the student ask inquire about radicular pain in the history?	0	1	n/a
Did the student clearly determine a mechanism of injury in the history? Did they establish the MOI was traumatic and not insidious ?	0	1	n/a
Did the student perform active ROM in the lower back ?	0	1	n/a
Did the student change their index of suspicion appropriately after completing the scanning exam ?	0	1	

Active ROM

Flexion	0	1	2	3	4	5	n/a
Extension	0	1	2	3	4	5	n/a
Adduction	0	1	2	3	4	5	n/a
Abduction	0	1	2	3	4	5	n/a
External Rotation	0	1	2	3	4	5	n/a
Internal Rotation	0	1	2	3	4	5	n/a
Did the student specifically test structures that were identified in their previous index of suspicions?	0	1					
Did the student change their index of suspicion appropriately after completing AROM ?	0	1					
Overall Active Range of Motion Global Rating Scale	0	1	2	3	4	5	

Passive ROM								
Flexion	0	1	2	3	4	5	n/a	
Extension	0	1	2	3	4	5	n/a	
Adduction	0	1	2	3	4	5	n/a	
Abduction	0	1	2	3	4	5	n/a	
External Rotation	0	1	2	3	4	5	n/a	
Internal Rotation	0	1	2	3	4	5	n/a	
Did the student specifically test structures that were identified in their previous index of suspicions?	0	1						
Did the student change their index of suspicion appropriately after completing PROM ?	0	1						
Overall Passive Range of Motion Global Rating Scale	0	1	2	3	4	5		

Isometric Resisted								
Flexion	0	1	2	3	4	5	n/a	
Extension	0	1	2	3	4	5	n/a	
Adduction	0	1	2	3	4	5	n/a	
Abduction	0	1	2	3	4	5	n/a	
External Rotation	0	1	2	3	4	5	n/a	
Internal Rotation	0	1	2	3	4	5	n/a	
Plantarflexion	0	1	2	3	4	5	n/a	
Did the student specifically test structures that were identified in their previous index of suspicions?	0	1						
Did the student change their index of suspicion appropriately after completing IR ?	0	1						
Overall Isometric Resisted Testing Global Rating Scale	0	1	2	3	4	5		

Special Tests								
Anterior drawer	0	1	2	3	4	5	n/a	
Apley's distraction / compression	0	1	2	3	4	5	n/a	
Brush/sweep test	0	1	2	3	4	5	n/a	
Clarke's sign	0	1	2	3	4	5	n/a	
Dermatomes	0	1	2	3	4	5	n/a	
Ely's	0	1	2	3	4	5	n/a	
Jerk test of hughston	0	1	2	3	4	5	n/a	
Kendall	0	1	2	3	4	5	n/a	
Lachman's	0	1	2	3	4	5	n/a	
McMurray's	0	1	2	3	4	5	n/a	
Myotomes	0	1	2	3	4	5	n/a	
Obers	0	1	2	3	4	5	n/a	
Patellar Apprehension	0	1	2	3	4	5	n/a	
Pivot Shift	0	1	2	3	4	5	n/a	
Posterior drawer	0	1	2	3	4	5	n/a	
Posterior sag	0	1	2	3	4	5	n/a	
Reflexes	0	1	2	3	4	5	n/a	
Slocum	0	1	2	3	4	5	n/a	
Straight leg raise	0	1	2	3	4	5	n/a	
Superior Tib-Fib Jt. Play	0	1	2	3	4	5	n/a	
Thomas	0	1	2	3	4	5	n/a	
Valgus stress	0	1	2	3	4	5	n/a	
Varus stress	0	1	2	3	4	5	n/a	
other	0	1	2	3	4	5	n/a	
other	0	1	2	3	4	5	n/a	
other	0	1	2	3	4	5	n/a	
other	0	1	2	3	4	5	n/a	
Did the student specifically test structures that were identified in their previous index of suspicions?	0	1						
Did the student change their index of suspicion appropriately after completing special tests?	0	1						
Did the student identify and complete special tests that permitted them to clearly eliminate structures that MAY be involved (i.e.; employ a differential diagnosis strategy(ies))?	0	1						

Did the student identify and complete special tests that permitted them to clearly identify structures that MAY be involved/lesion site(i.e.; employ a differential diagnosis strategy(ies))?	0	1						
Overall Special Testing Global Rating Scale	0	1	2	3	4	5		

Palpation								
Adductor tubercle	0	1	2	3	4	5	n/a	
Anterior Superior Iliac Spine	0	1	2	3	4	5	n/a	
Biceps femoris and lateral gastrocnemius tendons	0	1	2	3	4	5	n/a	
Fat pad	0	1	2	3	4	5	n/a	
Fibular head	0	1	2	3	4	5	n/a	
Gastrocnemius muscle bellies	0	1	2	3	4	5	n/a	
Gerdy's tubercle/IT Band Insertion	0	1	2	3	4	5	n/a	
Hamstring muscle bellies	0	1	2	3	4	5	n/a	
Iliotibial band	0	1	2	3	4	5	n/a	
Infrapatellar tendon	0	1	2	3	4	5	n/a	
Joint Play	0	1	2	3	4	5	n/a	
Lateral femoral condyle and epicondyle	0	1	2	3	4	5	n/a	
Lateral joint line	0	1	2	3	4	5	n/a	
LCL	0	1	2	3	4	5	n/a	
MCL	0	1	2	3	4	5	n/a	
Medial femoral condyle and epicondyle	0	1	2	3	4	5	n/a	
Medial hamstring and gastrocnemius	0	1	2	3	4	5	n/a	
Medial joint line	0	1	2	3	4	5	n/a	
Patella	0	1	2	3	4	5	n/a	
Patellar retinaculum	0	1	2	3	4	5	n/a	
Pes anserine insertion	0	1	2	3	4	5	n/a	
Plica	0	1	2	3	4	5	n/a	
Popliteal fossa	0	1	2	3	4	5	n/a	
Quadriceps (whole)	0	1	2	3	4	5	n/a	
Quadriceps (each individually)	0	1	2	3	4	5	n/a	
Sartorius	0	1	2	3	4	5	n/a	
Superficial bursa	0	1	2	3	4	5	n/a	
Suprapatellar pouch	0	1	2	3	4	5	n/a	

Suprapatellar tendon	0	1	2	3	4	5	n/a	
Tibial plateau	0	1	2	3	4	5	n/a	
Tibial tuberosity	0	1	2	3	4	5	n/a	
other	0	1	2	3	4	5	n/a	
other	0	1	2	3	4	5	n/a	
other	0	1	2	3	4	5	n/a	
other	0	1	2	3	4	5	n/a	
other	0	1	2	3	4	5	n/a	
other	0	1	2	3	4	5	n/a	
Did the student specifically test structures that were identified in their previous index of suspicions?	0	1						
Did the student change their index of suspicion appropriately after completing palpations?	0	1						
Did the student identify and palpate anatomical structures that permitted them to clearly eliminate structures that MAY be involved (i.e.; employ a differential diagnosis strategy(ies))?	0	1						
Did the student identify and palpate anatomical structures that permitted them to clearly identify structures that MAY be involved/lesion site(i.e.; employ a differential diagnosis strategy(ies))?	0	1						
Overall Palpation Global Rating Scale	0	1	2	3	4	5		

SOAT - Knee

Conclusion										
Is the conclusion/diagnosis correct?	0	1	2	3	4	5				
Did the student follow the correct (ie. thorough and accurate) PROCESS even though they may or may not have come up with the <u>correct</u> conclusion/diagnosis)?	0	1								
Did the student refer to a physician for a complete diagnosis?	0	1								

Overall Impression of the Student's/Examinee's Assessment Skills										
If you had to provide an overall grade out of 5, what would you give to the student/examinee?										
	0	1	2	3	4	5				