

SUPPLEMENTARY TABLE S1. CHARACTERISTICS OF PARTICIPANTS IN NHANES 2005–2010

	<i>Prevalence (95% CI) or N (weighted %)</i>					
	<i>All</i>	<i>Men</i>	<i>Women</i>	<i>NHW</i>	<i>NHB</i>	<i>MEX</i>
Sample size	5395 (100)	2684 (48.23)	2711 (51.77)	2726 (70.95)	942 (10.55)	999 (8.22)
<High school	17.1 (15.5–18.8)	18.4 (16.0–20.8)	15.9 (14.5–17.4)	11.6 (9.3–13.9)	22.7 (18.8–26.7)	48.1 (44.0–52.2)
High school	24.2 (22.5–25.9)	24.6 (22.2–27.0)	23.8 (21.8–25.9)	25.3 (23.1–27.5)	25.4 (22.6–28.1)	21.9 (18.5–25.3)
>High school	58.6 (55.8–61.5)	57.0 (53.2–60.7)	60.2 (57.5–62.9)	63.1 (59.1–67.1)	51.9 (48.5–55.3)	29.9 (25.5–34.3)
Nonpoverty	71.5 (69.5–73.6)	73.2 (70.9–75.5)	70.1 (67.6–72.5)	78.2 (75.3–81.2)	56.2 (51.4–61.0)	42.3 (38.1–46.4)
Obesity	32.1 (30.5–33.7)	30.8 (28.2–33.4)	33.3 (31.5–35.2)	30.6 (28.5–32.7)	45.6 (42.0–49.1)	33.3 (29.6–37.0)
Hypertension	25.7 (23.8–27.7)	25.9 (23.4–28.4)	25.6 (23.6–27.5)	27.4 (24.9–29.9)	31.5 (28.1–34.8)	12.5 (10.1–15.0)
Current smoker	22.5 (20.6–24.3)	25.9 (23.4–28.5)	19.2 (17.1–21.4)	22.9 (20.5–25.4)	24.2 (21.3–27.1)	16.4 (13.5–19.3)
Low HDL	26.3 (24.7–27.9)	24.9 (22.6–27.3)	27.5 (25.6–29.5)	25.8 (23.8–27.9)	20.8 (17.1–24.6)	32.7 (29.1–36.4)
High TC	14.6 (13.4–15.8)	12.7 (11.1–14.3)	16.4 (14.8–18.0)	15.8 (14.2–17.3)	11.1 (9.2–13.0)	12.5 (10.2–14.9)
High TG	26.8 (25.3–28.2)	31.7 (29.3–34.0)	22.2 (20.2–24.1)	28.0 (26.1–29.9)	13.5 (11.0–15.9)	31.1 (27.1–35.2)
Hb ≤9.5 grams/dL	0.7 (0.4–1.1)	0.3 (0.0–0.6)	1.1 (0.7–1.6)	0.4 (0.1–0.7)	2.1 (1.0–3.2)	1.3 (0.4–2.2)

To convert total cholesterol and HDL mg/dL to mmol/L, multiply by 0.0259; for triglycerides, multiply by 0.0113.

NHANES, National Health and Nutrition Examination Survey; NHW, non-Hispanic white; NHB, non-Hispanic black; MEX, Mexican American; Nonpoverty, poverty index ratio >1.85; obesity, body mass index (BMI) ≥ 30 kg/m²; hypertension, diagnosed with hypertension, or mean systolic blood pressure ≥ 140 mmHg, or mean diastolic blood pressure ≥ 90 mmHg; low HDL, high-density lipoprotein cholesterol <40 mg/dL for men and <50 mg/dL for women; high TC, total cholesterol ≥ 240 mg/dL; high TG, fasting triglycerides ≥ 150 mg/day; Hb, hemoglobin.