

- This is the first evidence-based real world data in Chinese hypertensive patients which demonstrates the efficacy and safety of Val/Aml (80/5 mg) single pill combination.
- This study is a prospective, multicenter, open-label, post-marketing observational study including 11,422 Chinese adults (≥ 18 years) with essential hypertension from 238 sites of 29 provinces.
- The results showed compared with levels in baseline, a significant reduction of 27.1 mm Hg in mean sitting systolic blood pressure and 15.2 mm Hg in mean diastolic blood pressure at week 8.
- The blood pressure-lowering efficacy of valsartan/amlodipine single-pill combination (SPC) was independent of age and comorbidities.
- The outcomes of this SPC were found to be safe and tolerable with low incidences of adverse events.

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