

## List of potentially suitable projects

### Method of identification

1= Suggested by key informants

2= Suggested by other professionals

3= Inventory of previous overviews and existing databases

4= WHO inventory 2008

5= Cochrane review of prevention projects (reference: 8)

Country	Potentially suitable projects	Method of identification	Response	Eligible
<b>Austria</b>	1 X-team	1		
	2 KIG Kinder im Gleichgewicht	1		
	3 teen power 10/14	1		
	4 Durch Dick und Dünn	1		
	5 Rundum gesund	1		
	6 Down and up	1		
	7 In.Form	1		
<b>Belgium</b>	1 Fitte School	3,4		
	2 VIASANO (EPODE methodology)	3	X	
	3 Middle School Intervention	3,5		No (8)
	4 Tutti Frutti-project (fruit distribution in schools)	4		
	5 My active food triangle	4		
	6 Introducing healthy nutrition in special youth care centers	4	X	
	7 Healthy behaviour at school Promotion plan	4		
	8 Gezondwerken (www.gezondwerken.be)	1		
	9 www.hartelijkebuurt.be	1		
	10 Zahnhygiene und gesunde Ernährung in Schulen	1	X	
	11 Idefics	2		
<b>Bulgary</b>	1 Health 4 schools	3		
	2 Healthy eating in the kindergartens	4		
	3 Food and Nutrition Action Plan	1		
<b>Cyprus</b>	1 Cyprus Healthy Children Program	1		

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<b>Czech Republic</b>	1 "Little Pyramid man"	1	X	No
	2 Healthy Teeth	1		
<b>Denmark</b>	1 Diet in a nutshell (national initiative)	1	X	
	2 Shape Up lab	3		
	3 The Municipalities Plan against Obesity	3,4	n.a.	Not able to contact
	4 Danish: Aktiv rundt i Danmark	3		
	5 "Boost - Frugt og grønt"	4		
	6 Spaces to move children. Local & Facilities Fund	4		
	7 Copenhagen School Child Intervention Study	4	X	
	8 6 a day ("6 om dagen")	4		
	9 Whole Grain Campaign	4		
	10 Get moving	4		
<b>Estonia</b>	1 Shape Up lab	3	n.a.	Not able to contact
	2 Camps for obese children	1		
<b>Finland</b>	1 Attention to Weight! - Weight Control Program	1		
	2 Children's Welfare Project (HYVIS)	1		
	3 MUUVIT	2		
<b>France</b>	1 Together let's prevent childhood obesity"	3		
	2 Shape Up lab	3		
	3 Program in the Aquitaine region	3	X	No
	4 Prevention overweight in preschool children	3		
	5 ICAPS	3,5	X (8)	
	6 "Health Behaviour in School-Aged Children"	4	n.a.	Not able to contact
	7 Plan obésité	1	X	
	8 Programme national nutrition santé	1		
	9 EPODE	2	X	
	Jouret 2009	5	n.a. (8)	
Lazaar 2007	5	n.a. (8)		
Paineau, 2008	5	n.a. (8)		
<b>Germany</b>	1 Besser essen. Mehr bewegen.	1	X	
	2 peb Projekt Junge Eltern - Ludwigsburg	1		
	3 FördeKids	1		

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	4 Lebenslust-Leibeslust	1	X	
	5 Aktionsplan Holsteinische Schweiz	1		
	6 Projekt T.A.F.F.	1,5	X (8)	
	7 CrescNet	1	X	No
	8 Kita Vital	1	X	
	Müller, 2001	5	n.a.	No (8)
<b>Greece</b>	1 The Vyronas study	1		
	2 The CHILDREN study	1	X	
	3 Paideiatrophi	2	X	
<b>Hungary</b>	1 HAPPY	1	X	
	2 Start with breakfast!	1		
	3 Go Healthy! Programme	1	X	
	4 Healthy kindergarten in Hungary	1		
	5 Eco-School Network	1	X	
<b>Iceland</b>	1 Everything affects us, especially ourselves!	3	X	
	2 6H.is	1	X	
	3 Physical activity of Icelandic children	1		
<b>Ireland</b>	1 Little steps to healthy eating/ living	4		
	2 National programmes "Irish Sports Council"	4		
	3 BeActive After-School activity programme	2	X	
	4 School Meals Project, Limerick Food Partnership	2		
	5 The Gardening Club, Surestart Shantallow	2		
	6 Healthy School Food Policy	2		
	7 Fresh Fruit in Schools Project	2	X	
	8 Pack a Punch	2		
	9 Breakfast Club	2		
	10 CAWT	2		
	11 Cook It	2	X	
	12 Action for life	2	X	
	Harrison, 2006 "switch off, get active"	5	n.a. (8)	
<b>Italy</b>	1 Crescere Felix	1	n.a.	Not able to contact
	2 Gaining health	1	X	No
	3 Health aging	1		

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	Amaro 2006 –Naples (school intervention)	5	n.a. (8)	
<b>Latvia</b>	<b>1</b> Project European Healthy Stadia Network	1	X	No
<b>Lithuania</b>	<b>1</b> Course of action for School-children Nutrition	1	X	No
<b>Luxembourg</b>	<b>1</b> Action plan GIMB	1		
<b>Malta</b>	<b>1</b> Girls on the Move	4		
	<b>2</b> Skolasport	4		
	<b>3</b> Summer on the Move	4		
	<b>4</b> Active Youngsters	4		
	<b>5</b> Afterschool sports	4		
	<b>6</b> Sportsbuzz	4		
	<b>7</b> Sportsfun	4		
	<b>8</b> Arti-Sport	4		
	<b>9</b> Sports for all Initiative	4		
<b>Netherlands</b>	<b>1</b> Communities in beweging	1		
	<b>2</b> JUMP-in: GGD Amsterdam.	1		
	<b>3</b> Lekker fit Rotterdam:	1,5	(8)	
	<b>4</b> B-fit	1	X	
	<b>5</b> GO-Utrecht	1	X	
	<b>6</b> Familie Lekkerbek	1	X	
	<b>7</b> Gezond Nijmegen	1		
	<b>8</b> Dik en doun in Grunn	1		
	<b>9</b> Voorkomen overgewicht bij kinderen	1		
	<b>10</b> Valthermond Gezond	1		
	<b>11</b> Slagkracht Winterswijk	1	X	
	<b>12</b> B.Slim	1	X	No
	<b>13</b> Gezonde Slagkracht van een Prachtstad	1		
	<b>14</b> Gezonde Slagkracht Woerden	1	X	
	<b>15</b> Lekker in je vel	1	X	
	<b>16</b> De Gezondheidsrace	1	X	
	<b>17</b> Gezond inrichten Gageldonk-West	1		
	<b>18</b> Raalte gezond!	1	X	
	<b>19</b> Wijkgezonder in Zeist	1	X	
	<b>20</b> Sociale activeringscampagne in de RNV	1	X	
	<b>21</b> Gezond in de buurt	1		

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	22 Samen gezond	1	X	
	23 Rivierenland in Balans	1		
	24 sCoolsport	1	X	
	25 Fit en food	1		
	26 On the move - Haarlemmermeer	1	X	
	27 JOGG	1		
	Hameling-Baksteen, 2008 - Rhenen-Elst	5	n.a. (8)	
	Singh, 2009 - Do-IT	5	n.a. (8)	
	Veldhuis 2009 – be active, eat right (youth health care)	5	n.a. (8)	
<b>Norway</b>	1 Physical activity and healthy meals at school programme	4		
<b>Poland</b>	1 National Programme for Prevention Overweight 2007-2011	1	X	
	2 Keep Fit	1	X	
<b>Portugal</b>	1 Shape Up lab	3		
	2 PASSE	4		
<b>Romania</b>	1 Increase access primary medical prevention services	1	X	
	2 I also live a healthy life!	1	X	
<b>Slovakia</b>	1 Feedback method – with evaluation of body posture	4		
	2 Program health at schools in Trebišov district	4		
	3 National obesity prevention program	4		
	4 School fruit schematic program "Skolske ovocie"	4		
<b>Slovenia</b>	1 Veter v laseh (Wind in your hair)	4		
	2 Razvoj pristopov za spodbujanje zdrave prehrane in gibanja v srednjih šolah	4		
	3 FIT Slovenia International	4		
	4 Zdrava prehrana, zdrava mladina	4	n.a.	Not able to contact
	5 Šole, ki promovirajo zdravo prehrano (NFSI)	4		
	6 Pro greens	4		
	7 Vzgoja za zdravje (Education for health)	4		
	8 Projekt Jabolko (Apple project)	4		
	9 Zlati sonček (Golden sun)	4		
<b>Spain</b>	1 Program Perseo / Programa Perseo	1		
	2 Educative Program "5 per day"	1		

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	3 Program Thao - (Programa Thao- Salud infantil)	1	X	
	4 Delta Project	1	X	
	5 Children moving (Niños en movimiento)	1		
	6 Communitary project in Berriozar	1		
	7 DISFRUITA-LA	1		
	8 Prevention of obesity in school-age population	1	X	
	9 PAIDO	1	X	
	10 Program for schools' dining halls in Madrid Community	1	X	
	11 Plan Integral de Villanueva de la Cañada	1		
	12 Participative project in Extremadura	1	X	
	13 NEREU Program (Programa NEREU)	1		
	14 MOVI Program	1,5	X (8)	
	15 Prevention project obesity	1		
	16 PIMSE	1		
	17 Move with us: Exercise looks after you	1	X	
	18 Program in Molina de Segura	1	X	
	19 CAPSA	1		
	20 PASEA	1		
	21 Integral plan in Murcia	1	X	
	22 Córdoba for health	1		
	23 Attention in community health care centers	1	X	
	24 Plan for physical Activity, Sport and Health (PAFES)	1		
	25 Strategy PAAS (Estrategia PAAS)	1	X	No
	26 Project in Rioja	1		
	27 Estrategia NAOS	1	X	No
	28 Integral Plan in Andalucia	1		
	29 POIBA project Barcelona	1	X	
Sweden	1 Life in motion	4	X	No
	2 Skolmatsakademin (School meal Academy)	4		
	3 Runda barn (Överweight Children)	4		
	4 Enjoying Life - motion och mat för en friskare framtid	4		
	5 SECOPP	4		
	6 The Bunkeflo project	4		
	7 Familjeviktsskolan [Family Weight School]	4	X	No

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	8 Friska barn – förskolan	4	X	
	9 Föräldrastöd för goda mat	4	X	
	10 Implementing action plan 2004	4		
	11 PRIMROSE	4		
	12 SALUT	4	X	
	13 Viktiga barn och ungdomar	4		
	14 STOPP	3		
	15 IDEFICS	3		
	16 Pro Greens	3		
	17 Gå eller cykla till skolan!	3		
	18 Health Equilibrium Initiative	2	X	
	19 CBI (not specified)	2		
	20 Regional program Vastra Gotaland	2		
	21 Childhood obesity program in Jönköping County	2	X	
	22 SCIP-school	2	X	No
	Marcus, 2009	5	n.a.	No (8)
<b>Switzerland</b>	1 Ballabeina study	3,5	(8)	
	2 Cantonal Intervention Programms	4		
	3 Pedibus	4		
	4 Aktion Znüni-Box "Gesundes Znüni"	4		
	5 prevention project children 0-3 years	4	X	
	6 SchoolCatering for Children and Adolescent	4		
	7 Kinder-SportstudieKISS	4		
	8 Miges Balù	4	X	
<b>United Kingdom</b>	1 CHOPPS	3,4,5		No (8)
	2 Snack right	3		
	3 Physical activity to prevent obesity	3,4		
	4 Walk to School campaign	4		
	5 Bike it & Safe Routes to School	4		
	6 Dragon sport	4		
	7 RCTadapting US school obesity prevention to England	3		
	8 APPLES	3,5	X	No (8)

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	9 MEND Program (Mind, Exercise, Nutrition... Do It!)	3	X	
	10 The Children's Orchard	3	n.a.	Not able to contact
	11 Fit 4 Life – Rushmore Healthy Living	3	X	
	12 Shape Up Lab	3		
	13 Change4Life	4		
	14 The East Midlands Declaration – Change4Life”	3		
	15 Appetite for life	4	X	No
	16 Convenience Stores	3,4		
	17 Get Active Northumberland	1		
	18 On the Go	1	X	
	19 Healthy4Life	1		
	20 Healthy weight communities	1		
	21 DASH (Do Activity Stay Healthy)	2		
	22 What's in Yours?' Healthy lunch boxes	2		
	23 Healthy Schools Plus - 'Food Factor'	2		
	24 Barnardo's Healthy Schools Play Projects	2	n.a.	Not able to contact
	25 Why Weight Matters?	2		
	26 Food for Life Partnership (FFLP)	2	X	
	27 HENRY	2		
	28 Bike It	2		
	29 Villa Vitality	2	X	
	30 Active Play and Travel: Tackling Obesity	2		
	31 Antenatal Obesity Pilot	2		
	32 Activ8 Community Gym	2	X	No
	33 B Active Scheme	2		
	34 Care Pathway for Children under 3	2		
	35 Change for Life	2		
	36 Child Obesity Clinic: "Mandometer" technology	2	X	No
	37 Early Years Family project	2	n.a.	Not able to contact
				Not able to contact
	38 Fit for Life	2	n.a.	
	39 Health & Well-being	2		
	40 Healthy Kids Programme	2		
	41 Healthy Weight, Healthy Lives	2		



<b>Country</b>	<b>Potentially suitable projects</b>	<b>Method of identification</b>	<b>Response</b>	<b>Eligible</b>
42	LEAPActive	2		
43	Looking after me - Change4Life	2		
44	Result!	2		
45	Settling In Sessions	2	n.a.	Not able to contact
46	Step Up	2		
47	Tiger Teams	2		
48	Walk to School	2		
49	Schools4Life	2		
50	Tutors models.	2		
51	Fun, Food and Fitness Project	2	X	
52	NCMP team (national childhood measurement programme)	2	X	
53	Bath and North East Somerset	2		
54	Healthy Schools Plus South West	2		
55	Bath and North East Somerset	2		
56	Gloucestershire	2		
57	Poole	2	n.a.	Not able to contact
58	Somerset Healthy Schools Plus programme	2	n.a.	Not able to contact
59	Five/60	2	X	
60	Nottinghamshire county	2		
61	Fit and active families - Catch 22	2		
62	Family Lifestyle club (FLIC)	2	X	
63	GO4it	2		
64	Fun 4 Life	2	X	
65	Make it count	2		
66	Weight Management Centre- lutton	2		
67	Integrated obesity Care Pathway	2	X	
68	NHS Dudley MEND	2	X	
69	Leisure Services	2		
70	School Travel Programme	2		
71	Community Health Champions	2		
72	A live and Kicking	2	X	
73	FRESH	2	n.a.	Not able to contact
74	Fit to Play	2	n.a.	Not able to contact
75	Exercise Referral	2	n.a.	Not able to contact

<b>Country</b>	<b>Potentially suitable projects</b>	<b>Method of identification</b>	<b>Response</b>	<b>Eligible</b>
<b>76</b>	Skip4Life	2	n.a.	Not able to contact
<b>77</b>	Sport & Play Development	2	n.a.	Not able to contact
<b>78</b>	Healthy Schools Programme	2	n.a.	Not able to contact
	Reilly, 2006	5	n.a. (8)	
	Warren, 2003	5	n.a. (8)	No
	Kipping, 2008	5	n.a. (8)	
	Adab, 2008- Beaches	5	n.a. (8)	
	Barlow, 2008 – EMPOWER program	5	n.a. (8)	

n.a. = not applicable