Pharmacologic Therapy for Pulmonary Arterial Hypertension in Adults

CHEST Guideline and Expert Panel Report

Darren B. Taichman, MD, PhD, FCCP; Joe Ornelas, MS; Lorinda Chung, MD; James R. Klinger, MD, FCCP; Sandra Lewis, PhD; Jess Mandel, MD; Harold I. Palevsky, MD, FCCP; Stuart Rich, MD, FCCP; Namita Sood, MD, FCCP; Erika B. Rosenzweig, MD; Terence K. Trow, MD, FCCP; Rex Yung, MD, FCCP; C. Gregory Elliott, MD, FCCP; and David B. Badesch, MD, FCCP

CHEST 2014; 146(2):449-475

Recommendation #'s	Panelists with Conflicts	Description of Conflicts
1-9	No panelists with conflicts	
10-74	David Badesch, MD	Dr. Badesch has received honoraria for service on steering committees or advisory boards (or as a consultant) to the following companies working in the area of pulmonary hypertension: Actelion/CoTherix, Gilead/Myogen, Encysive, Pfizer, Mondo-Biotech/Mondogen, Biogen IDEC, United Therapeutics/Lung Rx, GlaxoSmithKline, Lilly/ICOS, Bayer, Ikaria, and Arena. He has received grant support for clinical studies from GlaxoSmithKline, Actelion/CoTHerix, Gilead/Myogen, Pfizer/Encysive, United Therapeutics/Lung Rx, Lilly/ICOS, Bayer, and Novartis. He has provided expert legal assistance to Actelion.
75-79	No panelists with conflicts	

e-Table 1 - COI Information by Recommendation

e-Table 2 – Evidence Profile by Recommendation

<u>Rec.</u> <u>#</u>	<u># of</u> <u>Studies</u> (Subjects)	<u>Risk</u> of Bias	Inconsistency	Indirectness	Imprecision	Publication Bias	<u>Effect</u> Estimate (95% CI)	Strength of Evidence (SOE)	<u>Downgrades</u>
10	2 (393)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Not Serious (-0)	Undetected	MD -42.86 (-60.24, -25.49)	Low - C	Downgraded two levels due to indirectness. Patient population from pooled studies is not specific to functional class. Also, the dosing of Ambrisentan was different between the two studies.
14	2 (542)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Not Serious (-0)	Undetected	MD -36.34 (-53.91, -18.77)	Low - C	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class, and the intervention from the PACES study included an intervention with Sildenafil plus Epoprostenol.

Online supplements are not copyedited prior to posting.

Section CHEST Online Supplement

21	2 (245)	Not Serious (-0)	Not Serious (-0)	Not Serious (-0)	Serious (-1)	Undetected	MD -47.66 (-69.29, -21.01)	Moderate - B	Downgraded one level due to indirectness because of the patient population from pooled studies is not specific to functional class.
22	2 (398)	Not Serious (-0)	Not Serious (-0)	Serious (-1)	Serious (-1)	Undetected	OR 0.30 (0.11, 0.78)	Low - C	Downgraded one level due to indirectness because of the patient population from pooled studies is not specific to functional class, nor is the outcome specific to the short-term. Downgraded only level due to imprecision because of low sample size.

Section Supplement **Section** Supplement

24	2 (393)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Not Serious (-0)	Undetected	MD -42.86 (-60.24, -25.49)	Moderate - C	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class and the dosages of Ambrisentan is different between the two studies.
27	2 (542)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Not Serious (-0)	Undetected	MD -36.34 (-53.91, -18.77)	Low - C	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class, and the intervention from the PACES study included an intervention with Sildenafil plus Epoprostenol.
39	2 (130)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Serious (-1)	Undetected	MD -86.95 (-143.67, -30.23)	Insufficient	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class and epoporstnol was tested as a combination therapy in the two studies. Downgraded one level due to imprecision because combines sample size was low.

Online supplements are not copyedited prior to posting.

41	2 (493)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Serious (-1)	Undetected	MD -16.77 (-28.2, -5.33)	Insufficient	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class and the Simmeneau 2002 study tested treprostinil plus conventional therapy. Downgraded one level for imprecision because McLaughlin 2003 study has wide confidence intervals
42	2 (493)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Serious (-1)	Undetected	MD -16.77 (-28.2, -5.33)	Insufficient	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class and the Simmeneau 2002 study tested treprostinil plus conventional therapy. Downgraded one level for imprecision because McLaughlin 2003 study has wide confidence intervals

45	2 (130)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Serious (-1)	Undetected	MD -86.95 (-143.67, -30.23)	Insufficient	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class and epoporstnol was tested as a combination therapy in the two studies. Downgraded one level due to imprecision because combines sample size was low.
47	2 (493)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Serious (-1)	Undetected	MD -16.77 (-28.2, -5.33)	Insufficient	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class and the Simmeneau 2002 study tested treprostinil plus conventional therapy. Downgraded one level for imprecision because McLaughlin 2003 study has wide confidence intervals

Section CHEST Online Supplement

49	2 (705)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Not Serious (-0)	Undetected	MD -17.93 (-26.27 to -9.59)	Low - C	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class and differences in dosages between the two studies.
53	2 (130)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Serious (-1)	Undetected	MD -86.95 (-143.67, -30.23)	Insufficient	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class and epoporstnol was tested as a combination therapy in the two studies. Downgraded one level due to imprecision because combines sample size was low.

Section CHEST Online Supplement

55	2 (493)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Serious (-1)	Undetected	MD -16.77 (-28.2, -5.33)	Insufficient	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class and the Simmeneau 2002 study tested treprostinil plus conventional therapy. Downgraded one level for imprecision because McLaughlin 2003 study has wide confidence intervals
56	2 (493)	Not Serious (-0)	Not Serious (-0)	Very Serious (-2)	Serious (-1)	Undetected	MD -16.77 (-28.2, -5.33)	Insufficient	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class and the Simmeneau 2002 study tested treprostinil plus conventional therapy. Downgraded one level for imprecision because McLaughlin 2003 study has wide confidence intervals
58	2 (245)	Not Serious (-0)	Not Serious (-0)	Serious (-1)	Not Serious (-0)	Undetected	MD -47.66 (-69.29, -21.01)	Moderate - B	Downgraded one level due to indirectness because of the patient population from pooled studies is not specific to functional class.

Online supplements are not copyedited prior to posting.

62	2 (493)	Not Serious (-0)	Serious (-1)	Serious (-1)	Serious (-1)	Undetected	MD -16.77 (-28.2, -5.33)	Insufficient	Downgraded two levels due to indirectness because of the patient population from pooled studies is not specific to functional class and the Simmeneau 2002 study tested treprostinil plus conventional therapy. Downgraded one level for imprecision because McLaughlin 2003 study has wide confidence intervals
65	2 (493)	Not Serious (-0)	Not Serious (-0)	Serious (-1)	Serious (-1)	Undetected	MD -16.77 (-28.2, -5.33)	Low - C	Downgraded one level due to indirectness because of the patient population from pooled studies is not specific to functional class. Downgraded one level for imprecision because McLaughlin 2003 study has wide confidence intervals

Recommendations not listed have no pooled data available

Online supplements are not copyedited prior to posting.

Section CHEST Online Supplement

e-Table 3 – Evidence Table

			-				
DCT Study	Sample	<u>Sample</u> Description	Setting Description	Intervention Name	Intervention	Outcomes	<u>Quality</u> Appraisal
<u>RCT Study</u>	<u>size</u>	Description	Description	name	Dose	6MWD - Epo Group: 270	<u>Appraisai</u>
						baseline, 316 at week	
		Patients with NYHA				12, +46 difference.	
		functional class III				Conventional Group:	
		(98%) or IV				240.0 baseline, 192 at	
		symptoms and a 6-		Epoprosteno IV		week 12, -48 difference.	
		min walk distance		plus		Difference week 12: -	
		(6MWD) of 200 to		conventional	Gradual	108 m (95% CI, 55.2 m	
		450 m while treated		therapy vs.	increase in	to 180.0 m), SE=26.94.	
Badesch		with bosentan		convention	infustion rate to	Mortality - 4/56	
2000 ¹	111	(70%) or sildenafil	12 weeks	therapy alone	week 12	treatment, 5/55 control	Fair
		Patients with NYHA					
		functional class III					
		or IV, despite			Infused at an		
		optimal medical			initial rate of 2		
		therapy which			ng per		
		consisted of the			kilogram of		
		administration of			body weight per		
		anticoagulants, oral		Epoprosteno IV	minute, with		
		vasodilators,		plus	increments of 2		
		diuretic agents,		conventional	ng per kilogram		
		cardiac glycosides,		therapy vs.	per minute	Mantality 0/41	
Barst 1996 ²	01	and supplemental	12 weeks	convention	every 15	Mortality - 0/41	Cood
Barst 1996	81	oxygen. Patients with WHO	12 weeks	therapy alone	minutes	treatment, 8/40 control 6MWD - increased by 51	Good
		functional classes			62.5 mg twice	m in patients given	
		III–IV, despite			daily for the	bosentan and decreased	
		previous treatment	12 weeks,		first 4 weeks,	by 6 m in those given	
		with vasodilators,	five centres		followed by the	placebo; the mean	
		anticoagulants,	in the USA		target dose of	change was 76 m (95%	
Channick		diuretics, cardiac	and one in		125 mg twice	CI 12–139, p=0.021)	
2001 ³	32	glycosides, or	France	Bosentan	daily	further for patients given	Good

Online supplements are not copyedited prior to posting.

		augual and a stal				becauten they there]
		supplemental				bosentan than those	
		oxygen. Patients				given placebo.	
		were included if					
		they had a baseline					
		6-min walking					
		distance of between					
		150 m and 500 m,					
		a mean					
		pulmonary artery					
		pressure of greater					
		than 25 mm Hg, a					
		pulmonary capillary					
		wedge pressure of					
		less than 15 mm					
		Hg, and a					
		pulmonary vascular					
		resistance of					
		greater than 240					
		dyn s cm-5.					
		Patients were	12-week,			6MWD - Placebo: 344	
		included if they had	double-blind,			baseline. 20mg 347	
		PAH (idiopathic,	placebo-			baseline, +45 at 12	
		associated with	controlled			weeks (p<0.001). 40mg	
		connective-tissue	trial			345 baseline, +46 at 12	
		disease, or	conducted in			weeks (p<0.001). 80mg	
		occurring after	53 centers in			339 baseline, +50 at 12	
		surgical repair of	the			weeks (p<0.001).	
		congenital	United			Functional Class -	
		systemic-to-	States,			Proportions of patients	
		pulmonary shunts	Mexico,			with an improvement of	
		that had been	South			at least one WHO	
		performed at least	America,			functional class: Placebo	
		five years	Europe,			7% 5/70, 20mg 28%	
		previously). PAH	Asia,			P=0.003 19/69, 40mg	
		defined as a mean	Australia,			36% P<0.001 24/67,	
		pulmonary-artery	South Africa,			80% 42% P<0.001	
Galie 2005		pressure of 25 mm	and Israel		20mg, 40mg,	30/71; 73/207 sildenafil	
SUPER ⁴	278	Hg or more and a	between	Sildenafil	80mg	(all)	Good

Online supplements are not copyedited prior to posting.

		pulmonary-capillary wedge pressure of 15 mm Hg or less at rest. Patients with a six-minute walking distance of less than 100 m or more than 450 m were excluded.	October 2002 and November 2003				
Galie 2008 AIRES 1 ⁵	201	Patients who had PAH (idiopathic or associated with connective tissue disease, HIV infection, or anorexigen use). Treatment with bosentan, sitaxsentan, sildenafil, epoprostenol, iloprost, or treprostinil was prohibited. Patients with a 6-minute walk distance <150 or >450 m were excluded.	46 centers in the United States, Mexico, South America, Australia, and Europe; conducted between December 2003 and February 2006,	Ambrisentan	5mg, 10mg	6MWD - Increase observed in ambrisentan dose group at week 4, and this effect was maintained at weeks 8 and 12, deterioration observed in the placebo group by week 12. Mean placebo-corrected treatment effects at week 12: 31 m (95% confidence interval [CI], 3 to 59; P=0.008) for ambrisentan 5 mg; 51 m (95% CI, 27 to 76; P=0.001) for ambrisentan 10 mg; 41 average. Mortality - 5mg: 1, 10mg: 1, Placebo: 2. Hospitalizatoin - 5mg: 2, 10mg: 2, Placebo: 2	Good
Galie 2008	201	Patients who had PAH (idiopathic or associated with connective tissue disease, HIV infection, or	41 centers in Europe, Israel, and South America: conducted	Ambrisentan	Sing, Long	6MWD - 32 m (95% CI, 2 to 63; P=0.022) for ambrisentan 2.5 mg; 59 m (95% CI, 30 to 89; P=0.001) for ambrisentan 5 mg; 45.5	0000
AIRES 2 ⁵	192	anorexigen use).	between	Ambrisentan	2.5mg, 5mg	average. Mortality -	Good

Online supplements are not copyedited prior to posting.

		Treatment with bosentan, sitaxsentan, sildenafil, epoprostenol, iloprost, or treprostinil was prohibited. Patients with a 6-minute walk distance <150 or >450 m were excluded.	December 2003 and February 2006			2.5mg: 2, 5mg: 0, Placebo: 3. Hospitalizatoin - 2.5mg: 3, 5mg: 2, Placebo: 9	
Galie 2008 EARLY ⁶	185	Patients with WHO FC II PAH, aged 12 years or over with 6-min walk distance of less than 80% of the normal predicted value or less than 500 m associated with a Borg dyspnoea index of 2 or greater	52 sites in 21 countries. 32 weeks	Bosentan	62.5 mg twice daily, up- titrating to 125 mg twice daily after 4 weeks (or remaining at 62.5 mg twice daily if bodyweight <40 kg)	Mortality - Bosentan 1, Placebo 1. Hospitalizatoin - Bosentan: 1/93; Placebo 3/92	Good
McLaughlin 2003 ⁷	24	Patients with NYHA functional class III or IV despite conventional therapy, a mean pulmonary artery pressure greater than or equal to 25 mm Hg, a pulmonary capillary wedge pressure or left ventricular end diastolic pressure of less than or equal	10 tertiary care academic institutions, 8 weeks	Treprostinil	administered intravenously beginning at 2 ng/kg/min and increased every 15 to 30 minutes in 2-ng/kg/min increments to a maximum tolerated dose	6MWD - Difference 43.0 (-24.9, 110.9)	Good

Online supplements are not copyedited prior to posting.

		to 15 mm Hg, and a pulmonary vascular resistance of greater than 3 Wood units.					
McLaughlin 2010 TRIUMPH 1 ⁸	225	Patients with NYHA functional class III (98%) or IV symptoms and a 6- min walk distance (6MWD) of 200 to 450 m while treated with bosentan		inhaled treprostinil + either bosentan (70%) or sildenafil (30%) vs. inhaled placebo + either bosentan (70%) or sildenafil (20%)	up to 54 g, 4x	6MWD - Background sildenafil: +9 at 12 weeks. Background bosentan: +25 at 12 weeks. Mean difference at 12 weeks was 16 in favor of background bosentan. At 12 weeks, there was a placebo- corrected improvement of -20 m (8.0 to 32.8) at 12 weeks, SE calculated = 6.12. Hodges-Lehmann between-treatment median difference in change from baseline in peak 6MWD +19m at week 6 (p=0.0001) and +20m at week 12 (p=0.0004). Baseline	Good
	235	(70%) or sildenafil	12 weeks	(30%)	daily	346	Good

		Patients with					
		symptomatic,					
		severe PAH (WHO					
		functional class III					
		or IV) despite					
		treatment with					
		anticoagulant					
		drugs, vasodilators,					
		diuretics, cardiac					
		glycosides, or					
		supplemental					
		oxygen. Pulmonary					
		arterial					
		hypertension was					
		either primary or					
		associated with					
		connective-tissue					
		disease					
		(scleroderma or					
		systemic lupus					
		erythematosus).				6MWD - combined	
		6MWD between 150				bosentan groups = $+36$	
		and 450 m, a				placebo group = -8 ,	
		resting mean				mean difference of 44 m	
		pulmonary-artery				(95 percent confidence	
		pressure greater				interval, 21 to 67;	
		than 25 mm Hg, a				P<0.001). The placebo-	
		pulmonarycapillary			62.5 mg of	corrected improvement	
		wedge pressure of			bosentan twice	was more pronounced	
		less than 15 mm			daily for 4	for the dose of 250 mg	
		Hg, and pulmonary			weeks	twice daily than for the	
		vascular resistance	27 centers in		followed by	dose of 125 mg twice	
		greater than 240	Europe,		either of two	daily (54 m and 35 m,	
		dyn·sec·cm.	North		doses of	respectively). Mortality -	
		Patients were	America,		bosentan (125	250mg: 0, 125mg: 1,	
		excluded if they had	Israel, and		or	Placebo: 2.	
Rubin 2002		started or stopped	Australia. 28		250 mg twice	Hospitalization - 250mg:	
BREATHE ⁹	213	any therapy for PAH	weeks	Bosentan	daily)	3; 125mg: 3, Placebo: 9	Good

Online supplements are not copyedited prior to posting.

		within one month before screening or					
		if they had received					
		or had been					
		scheduled to					
		receive long-term treatment with					
		epoprostenol within					
		three months					
		before screening.					
		To avoid potential					
		drug interactions,					
		patients were also					
		excluded if they					
		were receiving glyburide					
		(glibenclamide) or					
		cyclosporine.					
		, ,				Mortality - Epo: 246m at	
						baseline, 378m at 2	
						months (p=0.011), 132	
						difference (49.8 to	
						212.6) Conventional Therapy: 205m at	
						baseline, 292m at 2	
						months $(p=0.022)$	
						87 difference (21.7 to	
						135.8). Mean difference	
						at 8 weeks (2 months)	
						45 in favor of epo.	
						6MWD - Epo: 246m at	
				Epoprosteno IV		baseline, 378m at 2 months (p=0.011), 132	
				plus	Doses	difference (49.8 to	
				conventional	determined by	212.6). Conventional	
		Patients with		therapy vs.	acute responses	Therapy: 205m at	
Rubin	24 (19	primary pulmonary		convention	during baseline	baseline, 292m at 2	
1990 ¹⁰	completed)	hypertension	8 weeks	therapy alone	catheterization	months (p=0.022) 87	Good

Online supplements are not copyedited prior to posting.

						difference (21.7 to 135.8). Mean difference at 8 weeks (2 months): 45 in favor of epo	
Simmonnea		Patients with primary pulmonary hypertension or pulmonary hypertension associated with connective tissue diseases or associated with congenital systemic to pulmonary shunts, Age between 8 and 75 yr, NYHA functional class II, III, or IV. Mean pulmonary arterial pressure 25 mm Hg at rest, mean pulmonary capillary wedge pressure15 mm Hg, Pulmonary vascular resistance 3 mm Hg/L/min, Ventilation perfusion lung scan or pulmonary angiography not indicative of thromboembolic	12 weeks, 24 centers in North America (Canada, Mexico, and the United States), and from 16 centers in the rest of the world (Australia, Austria, Belgium, France, Germany, Israel, Italy, Poland,	treprostinil plus conventional therapy vs. continuous infusion of placebo plus conventional	maximum allowable dose was 22.5	6MWD - At Week 12, treprostinil group by a median change of 10 m (-24 to 47 m; 25th-75th percentile) placebo group with a median change of 0 m(-44 to 32 m; 25th-75th percentile). The difference in median distance walked between the two groups. At Week 12, -16 m (95% CI, 4.4 m to 27.6 m), SE	
u, 2002 ¹¹	469	disease.	Spain, UK).	therapy	ng/kg/min	calculated = 5.92	Good

Online supplements are not copyedited prior to posting.

		Detients at least 10					1
		Patients at least 18					
		years of age (16					
		years of age in the					
		United States) and					
		had received a					
		diagnosis of PAH,					
		(idiopathic, familial,					
		associated with					
		anorexigen use or					
		connective tissue					
		disease, or	46 centers in				
		occurring after	11 countries				
		surgical repair of	were				
		congenital	involved in				
		systemic-to-	this study				
		pulmonary shunts	(United				
		done at least 5	States, 26;				
		years earlier).	Canada, 6;				
		Patients had to	France, 3;				
		have received	Netherlands,				
		longterm	2; Spain, 2;				
		intravenous	United				
		epoprostenol	Kingdom, 2;				
		(Flolan,	Belgium, 1;				
		GlaxoSmithKline,	Czech				
		Research Triangle	Republic, 1;				
		Park, North	Denmark, 1;				
		Carolina) therapy	Israel, 1;				
		for at least 3	and Italy, 1).				
		months, with a	All				
		stable dose for at	sites were		20 mg three		
		least 4 weeks	academic		times daily,		
		before	centers or		titrated to 40		
		randomization. We	hospitals,		mg and 80 mg	6MWD - Placebo: 341.6	
		excluded patients	and		three times	baseline, +1 at week 16.	
Simonneau		with a 6-minute	specialists		daily, as	Sildenafil 348.9 baseline,	
2008		walk distance less	cared for all		tolerated, at 4-	+29.8 at week 16.	
PACES ¹²	267	than 100 meters or	patients.	Sildenafil + Epo	week intervals.	(p<0.001)	Good
FACES	207		patients.		week intervals.	[(h < 0.001)	300u

Online supplements are not copyedited prior to posting.

Section Supplement

greater than 450 meters or those whose 6-minute walk distance was affected by conditions other than pulmonary arterial hypertension.			
--	--	--	--

- 1. Badesch DB, Tapson VF, McGoon MD, et al. Continuous intravenous epoprostenol for pulmonary hypertension due to the scleroderma spectrum of disease. A randomized, controlled trial. *Ann Intern Med.* Mar 21 2000;132(6):425-434.
- 2. Barst RJ, Rubin LJ, Long WA, et al. A comparison of continuous intravenous epoprostenol (prostacyclin) with conventional therapy for primary pulmonary hypertension. *The New England journal of medicine.* Feb 1 1996;334(5):296-301.
- 3. Channick RN, Simonneau G, Sitbon O, et al. Effects of the dual endothelin-receptor antagonist bosentan in patients with pulmonary hypertension: a randomised placebo-controlled study. *Lancet.* Oct 6 2001;358(9288):1119-1123.
- 4. Galie N, Ghofrani HA, Torbicki A, et al. Sildenafil citrate therapy for pulmonary arterial hypertension. *The New England journal of medicine*. Nov 17 2005;353(20):2148-2157.
- 5. Galie N, Olschewski H, Oudiz RJ, et al. Ambrisentan for the treatment of pulmonary arterial hypertension: results of the ambrisentan in pulmonary arterial hypertension, randomized, double-blind, placebo-controlled, multicenter, efficacy (ARIES) study 1 and 2. *Circulation.* Jun 10 2008;117(23):3010-3019.
- 6. Galie N, Rubin L, Hoeper M, et al. Treatment of patients with mildly symptomatic pulmonary arterial hypertension with bosentan (EARLY study): a double-blind, randomised controlled trial. *Lancet.* Jun 21 2008;371(9630):2093-2100.
- 7. McLaughlin VV, Gaine SP, Barst RJ, et al. Efficacy and safety of treprostinil: an epoprostenol analog for primary pulmonary hypertension. *Journal of cardiovascular pharmacology*. Feb 2003;41(2):293-299.
- 8. McLaughlin VV, Benza RL, Rubin LJ, et al. Addition of inhaled treprostinil to oral therapy for pulmonary arterial hypertension: a randomized controlled clinical trial. *J Am Coll Cardiol.* May 4 2010;55(18):1915-1922.
- 9. Rubin LJ, Badesch DB, Barst RJ, et al. Bosentan therapy for pulmonary arterial hypertension. *The New England journal of medicine*. Mar 21 2002;346(12):896-903.
- 10. Rubin LJ, Mendoza J, Hood M, et al. Treatment of primary pulmonary hypertension with continuous intravenous prostacyclin (epoprostenol). Results of a randomized trial. *Ann Intern Med.* Apr 1 1990;112(7):485-491.
- 11. Simonneau G, Barst RJ, Galie N, et al. Continuous subcutaneous infusion of treprostinil, a prostacyclin analogue, in patients with pulmonary arterial hypertension: a double-blind, randomized, placebo-controlled trial. *American journal of respiratory and critical care medicine.* Mar 15 2002;165(6):800-804.
- 12. Simonneau G, Rubin LJ, Galie N, et al. Addition of sildenafil to long-term intravenous epoprostenol therapy in patients with pulmonary arterial hypertension: a randomized trial. *Ann Intern Med.* Oct 21 2008;149(8):521-530.

Online supplements are not copyedited prior to posting.

e-Figure 1 – Forest Plots by Recommendation

ecommendation #				<u>F</u>	orest Plot	
	Study or Subgroup	Mean Difference	SE	Weight	Mean Difference IV, Random, 95% (Mean Difference CI IV, Random, 95% CI
	Galie 2008 AIRES-1 Galie 2008 AIRES-2				-41.00 [-63.89, -18.1 -45.40 [-72.09, -18.7	,
10	Total (95% CI) Heterogeneity: Tau ² = Test for overall effect:				-42.86 [-60.24, -25.4) 1); I ² = 0%	9] -100 -50 0 50 10 Favours [experimental] Favours [control]
	Gude or Coherous	Mean Difference		Weight	Mean Difference IV. Random, 95% CI	Mean Difference IV. Random, 95% CI
	Study or Subgroup Galie 2005 SUPER Simonneau 2008 PACES	-47	10.71	41.4%	-47.00 [-67.99, -26.01]	-
14	Total (95% CI) Heterogeneity: Tau ² = 7! Test for overall effect: Z	9.39; Chi ² = 1.92, d	f = 1 (P	100.0%		
	Study or Subgroup	Mean Difference	SE 1	Weight	Mean Difference IV, Random, 95% CI	Mean Difference IV, Random, 95% CI
	Channick 2001 Rubin 2002 BREATHE	-76	32.65	11.4% -	76.00 [-139.99, -12.01] -44.00 [-66.99, -21.01]	
21	Total (95% CI) Heterogeneity: Tau ² = 0 Test for overall effect: Z		= 1 (P			-100 -50 0 50 100 avours [experimental] Favours [control]
21	Total (95% CI) Heterogeneity: Tau ² = 0	.00; Chi ² = 0.85, df	= 1 (P	100.0%	-47.66 [-69.29, -26.02] = 0%	-100-50 0 50 100

22	Study or Subgroup Experimental Events Control Total Odds Ratio Weight Odds Ratio M-H, Random, 95% CI Odds Ratio M-H, Random, 95% CI Rubin 2002 BREATHE 6 144 9 69 81.8% 0.29 [0.10, 0.85] M-H, Random, 95% CI Gale 2008 EARLY 1 93 3 92 18.2% 0.32 [0.03, 3.16] Image: Control Image:
24	$\begin{tabular}{ c c c c c c c c c c c c c c c c c c c$
27	$ \begin{array}{c c c c c c c c c c c c c c c c c c c $
39	$\begin{tabular}{ c c c c c c c c c c c c c c c c c c c$

Online supplements are not copyedited prior to posting.

41	$\begin{tabular}{ c c c c c c c c c c c c c c c c c c c$
42	Study or Subgroup Mean Difference SE Weight Mean Difference Mean Difference Mean Difference Simonneau 2002 -16 5.92 97.2% -16.00 [-27.60, -4.40] IV, Random, 95% CI IV, Random, 95% CI McLaughlin 2003 -43 34.6 2.8% -43.00 [-110.81, 24.81] Image: Comparison of the state of
45	$\begin{tabular}{ c c c c c c c c c c c c c c c c c c c$
47	$\begin{tabular}{ c c c c c c c c c c c c c c c c c c c$

Online supplements are not copyedited prior to posting.

49	$ \begin{array}{c c c c c c c c c c c c c c c c c c c $
53	Study or Subgroup Mean Difference SE Weight N, Random, 95% CI Mean Difference N, Random, 95% CI Rubin 1990 -52.5 46.99 37.9% -52.50 [-144.60, 39.60] N, Random, 95% CI N, Random, 95% CI Badesch 2000 -108 36.73 62.1% -108.00 [-179.99, -36.01] Image: Comparison of the second se
55	Study or Subgroup Mean Difference SE Weight N, Random, 95% CI N, Random, 95% CI N, Random, 95% CI Simonneau 2002 -16 5.92 97.2% -16.00 [-27.60, -4.40] IV, Random, 95% CI IV, Random, 95% CI McLaughlin 2003 -43 34.6 2.8% -43.00 [-110.81, 24.81] IV Total (95% CI) 100.0% -16.77 [-28.20, -5.33] IV IV IV Heterogeneity: Tau ² = 0.00; Ch ² = 0.59, df = 1 (P = 0.44); l ² = 0% Test for overall effect: Z = 2.87 (P = 0.004) Favours [experimental] Favours [control]
56	Mean Difference Mean Difference Mean Difference Mean Difference Study or Subgroup Mean Difference SE Weight IV, Random, 95% CI IV, Random, 95% CI Simonneau 2002 -16 5.92 97.2% -16.00 [-27.60, -4.40] IV, Random, 95% CI McLaughlin 2003 -43 34.6 2.8% -43.00 [-110.81, 24.81] IV Total (95% CI) 100.0% -16.77 [-28.20, -5.33] IV IV IV Heterogeneity: Tau ² = 0.00; Ch ² = 0.59, df = 1 (P = 0.44); P = 0% Total (P = 0.004) Favours [experimental] Favours [control]

Online supplements are not copyedited prior to posting.

58	Mean Difference Mean Difference Mean Difference Mean Difference Mean Difference Study or Subgroup Mean Difference SE Weight IV, Random, 95% CI IV, Random, 95% CI Channick 2001 -76 32.65 11.4% -76.00 [-139.99, -12.01] IV, Random, 95% CI Rubin 2002 BREATHE -44 11.73 88.6% -44.00 [-66.99, -21.01] IV, Random, 95% CI Total (95% CI) 100.0% -47.66 [-69.29, -26.02] IV IV IV Heterogeneity: Tau ² = 0.00; Chi ² = 0.85, df = 1 (P = 0.36); l ² = 0% Test for overall effect: Z = 4.32 (P < 0.0001) Favours [experimental] Favours [control]
62	Mean Difference Mean Difference Mean Difference Mean Difference Mean Difference Simonneau 2002 -16 5.92 97.2% -16.00 [-27.60, -4.40] IV, Random, 95% CI IV, Random, 95% CI McLaughlin 2003 -43 34.6 2.8% -43.00 [-110.81, 24.81] Image: Comparison of the second seco
65	Mean Difference No.

Recommendations not listed have no pooled data available

e-Appendix 1: Grading

Grade of Recommendation	Benefit vs Risk and Burdens	Methodological Strength of Supporting Evidence	Implications
Strong recommendation, High-quality evidence (1 A)	Benefits clearly outweigh risk and burdens, or vice versa	Consistent evidence from randomized controlled trials without important limitations or exceptionally strong evidence from observational studies.	Recommendation can apply to most patients in most circumstances. Further research is very unlikely to change our confidence in the estimate of effect.
Strong recommendation, Moderate-quality evidence (1 B)	Benefits clearly outweigh risk and burdens, or vice versa	Evidence from randomized, controlled trials with important limitations (inconsistent results, methodological flaws, indirect or imprecise), or very strong evidence from observational studies.	Recommendation can apply to most patients in most circumstances. Higher quality research may well have an important impact on our confidence in the estimate of effect and may change the estimate.
Strong recommendation, Low or very low-quality evidence (1 C)	Benefits clearly outweigh risk and burdens, or vice versa	Evidence for at least one critical outcome from observational studies, case series, or from randomized, controlled trials with serious flaws or indirect evidence.	Recommendation can apply to most patients in many circumstances. Higher quality research is likely to have an important impact on our confidence in the estimate of effect and may well change the estimate.
Weak recommendation, High-quality evidence (2 A)	Benefits closely balanced with risks and burden	Consistent evidence from randomized controlled trials without important limitations or exceptionally strong evidence from observational studies.	The best action may differ depending on circumstances or patients' or societal values. Further research is very unlikely to change
Weak recommendation, Moderate-quality evidence (2 B)	Benefits closely balanced with risks and burden	Evidence from randomized, controlled trials with important limitations (inconsistent results, methodological flaws, indirect or imprecise), or very strong evidence from observational studies.	our confidence in the estimate of effect. Best action may differ depending on circumstances or patients' or societal values. Higher quality research may well have an important impact on our confidence in the estimate of effect and may change the estimate.
Weak recommendation, Low or very low-quality evidence (2 C)	Uncertainty in the estimates of benefits, risks, and burden; benefits, risk and burden may be closely balanced	Evidence for at least one critical outcome from observational studies, case series, or from randomized, controlled trials with serious flaws or indirect evidence.	Other alternatives may be equally reasonable. Higher quality research is likely to have an important impact on our confidence in the estimate of effect and may well change the estimate.
Non-Graded Consensus- based Suggestions		1	1
Consensus-based (CB)	Uncertainty due to lack of evidence but expert opinion that benefits outweigh risk and burdens or vice versa	Insufficient evidence for a graded recommendation	Future research may well have an important impact on our confidence in the estimate of effect and may change the estimate.

Online supplements are not copyedited prior to posting.